

高中英语

选择性必修第二册 北师大版



词汇 1 **insist** *v.* 坚称; 坚持主张

...Comenius, insisted that when teaching, the subject matter should be adapted to learners' interests... 夸美纽斯坚持认为,在教学时,主题应该适合学习者的兴趣.....(教材P111)

情景导学

But she insists on us eating healthy food. 但她坚决要求我们吃健康的食物。 (2020全国III)

He insist on playing music late at night. 已是深夜,他却依然在放音乐。

He insisted that he was innocent. 他坚持说他是无辜的。

My family insisted that I (should) not give in, but stay and fight. 我家人坚持认为我不应该屈服,而应该留下来斗争。

用法归纳

①insist on/upon (doing) sth. 坚决要求(做)某事

②insist on sb. doing sth.坚决要求某人做某事

③insist on doing sth.执意继续做某事

④在“insist that...”结构中,insist表示“坚持说”时,that引导的宾语从句用_____ **陈述**
__语气;insist表示“坚决要求”时,that引导的宾语从句用 虚拟 语气,即谓语动词用
“(should+)动词原形”形式。

词汇拓展

①insistent *adj.*坚决要求的;坚持的

②insistence *n.*坚决要求;坚持



词汇 2 tendency n.倾向;偏好;趋势;趋向

She was sometimes troublesome, stubborn and angry, and had a tendency to break things when no one understood her.她有时很烦人、固执且易怒,没有人理解她时,她总爱摔东西。(教材P30)

情景导学

African governments are more welcoming to Chinese companies because they have a tendency to understand local needs and respond quickly.非洲政府更欢迎中国公司,因为它们倾向于了解当地需求并迅速做出反应。 (*China Daily*)

In recent years, there is a growing tendency for people to shop online, and most people more or less have the experience of shopping online.近年来,人们网购有增长的趋势,大多数人或多或少都有网上购物的经历。(写作·网上购物)



There is a tendency that more and more people choose overseas destinations for their holidays, 越来越多人趋向于选择海外目的地来度假。 (写作·生活方式)

用法归纳

① have a tendency to do sth. 倾向于做某事

② there is a tendency (for...) to do sth. (.....) 有做某事的趋势

③ there is a tendency that... 有.....趋势

词汇拓展

tend v. 往往会; 倾向; 照料

tend to do sth. 往往会/倾向于做某事

tend to/towards sth. 趋于/趋向某事物

tend (to) sb./sth. 照料某人/某物

• Often due to various pressures, we tend to ignore our health. 经常由于各种压力, 我们往往忽视自己的健康。 (2022北京)



词汇 3 relate *vi.*理解;相联系 *vt.*使有联系

She'd had eyesight problems early in life as well so she could relate to Helen's difficulties.她早年也有过视力问题,所以她能理解海伦的困难。(教材P30)

情景导学

We should relate new ideas to our past experience.我们应该将新想法和我们以往的经历相联系。

We shall discuss the problem as it relates to our specific case.我们应针对我们的具体情况来讨论这个问题。

用法归纳

①relate A to B 把A和B联系起来

②relate to ...涉及.....,与.....相关;能够理解并同情.....

词汇拓展

① related *adj.* 相关的, 有联系的

be related to... 与……有关

• Word came that our school was going to hold a class meeting whose topic is related to traditional Chinese customs. 有消息称我们学校要开一个主题与中国传统习俗有关的班会。 (写作·主题班会)

② relative *adj.* 相对的; 有关系的 *n.* 亲戚

③ relation *n.* 关系; 亲属

④ relationship *n.* 关系; 关联



词汇 4 disappointed *adj.*失望的,沮丧的

When her teacher said that it wasn't, she was confused and disappointed.当她的老师说不是时,她感到困惑且失望。(教材P31)

情景导学

Professor Williams is greatly disappointed to see so many people absent from the lecture.威廉斯教授看到这么多人缺席讲座,感到非常失望。(读后续写·心理描写)

I was disappointed at the result of the basketball game because we played so well yet still lost.我对这场篮球赛的结果感到失望,因为我们表现得很好,但还是输了。

用法归纳

①be disappointed at/with/by sth.对某事感到失望

②be disappointed in/with sb.对某人感到失望

③be disappointed to see /hear...看到/听到.....,(某人)感到失望

词汇拓展

①disappoint *vt.*使失望;使破灭;使落空

•The bad weather disappointed my plan of playing tennis with my friends.糟糕的天气使我和朋友们打网球的计划落空了。

②disappointing *adj.*令人失望的

•The study was praiseworthy in seeking to enrich our knowledge, but the results were a little disappointing. 这项研究在试图丰富我们的知识方面是值得称赞的,但是结果有点令人失望。
(2021浙江1月改编)

③disappointment *n.*失望;沮丧

to one's disappointment令某人失望的是

词汇 5 contribute *vi.& vt.* 奉献, 捐献

Obviously, certain kinds of knowledge are necessary not only to pursue certain careers but also to contribute to the world. 显然, 某些种类的知识是必要的, 不仅是为了追求某些职业, 而且是为了对世界做出贡献。(教材P113)

情景导学

Each worker contributed a dollar to the Red Cross. 每个工人捐献了一美元给红十字会。

Race walking shares many fitness benefits with running, research shows, while most likely contributing to fewer injuries. 研究表明, 竞走和跑步在健身方面有很多共有的好处, 同时很可能会减少受伤。(2020全国 I)

It will show you that you often need to rely on others for your success and, similarly, that you also have a responsibility to contribute to the success of others. 它会向你表明, 你的成功往往需要

依赖他人,同样,你也有责任为他人的成功做出贡献。

用法归纳

① contribute... to ... 为..... 捐献.....; 为..... 奉献.....

② contribute to ... 促成; 导致; 为..... 做出贡献; 为..... 撰稿

词汇拓展

contribution *n.* 贡献

make contributions/a contribution to... 对..... 做贡献

• The young are determined to make a significant contribution to our nation. 年轻人决心为我们的国家做出重大贡献。

词汇 6 expose vt.使接触;使体验;使暴露;揭露

...we need to be able to read, so that we are able to communicate and expose ourselves to new things.……我们需要能识字,这样我们才能交流,才能接触新事物。(教材P113)

情景导学

It is important to expose children to more good books.让孩子们接触更多的好书是很重要的。

(写作·建议信)

They are less exposed to stress caused by external factors.他们较少遭受外部因素造成的压力。

(2020北京)

He did not want to expose his fears and insecurity to anyone.他不想向任何人显露他的恐惧与不安。(读后续写·心理描写)



用法归纳

① expose sb./sth./oneself to sth. 使……面临/遭受……

② expose sb. to sth. 使某人接触/体验……

③ expose sth. to sb. 向某人显露某事

词汇拓展

① exposed *adj.* 无遮蔽的; 无保护的

be exposed to... 接触到……, 暴露于……

• Being exposed to English as much as you can is regarded as the best way to learn English well.

尽可能多地接触英语被认为是学好英语的最好方法。(写作·学习方法)

② exposure *n.* 面临, 遭受; 暴露

exposure to... 面临/遭受……

词汇 7 *circumstance* *n.*境况,状况;情况,情形

It makes people behave with integrity, regardless of background and circumstances.它使人们无论背景和环境如何,都能正直地行事。(教材P113)

情景导学

Recently,I conceptualized a new approach to timekeeping that's connected to circumstances on our planet,conditions that might change as a result of global warming.最近,我构思了一种新的计时方法,它与地球上的环境有关,这些环境可能会因全球变暖而改变。(2021北京)

Under the circumstances, it seemed better not to tell him about the accident.在这种情况下,不告诉他有关这次事故的情况似乎更好。

Under no circumstances should youngsters follow negative information in the mass media blindly.无论如何,年轻人都不应盲目地跟从大众传媒上的负面信息。(写作·建议信)

用法归纳

- ① under/in the circumstances在这种情况下;既然如此
- ② under/in certain circumstances在某些情况下
- ③ under/in no circumstances决不;无论如何都不(该短语置于句首时,句子要部分倒装,即把谓语中的助动词、系动词be或情态动词提到主语之前)

词汇拓展

表达“决不”的介词短语有in no way, by no means, in no case, on no condition和on no account等。



词汇 8 conclusion *n.* 结论; 结果

In conclusion, education is important not only because it facilitates individual development, but also promotes social and national development. 总之, 教育是重要的, 因为它不仅促进个人的发展, 而且促进社会和国家的发展。(教材P113)

情景导学

He came to the conclusion that the machine was out of order. 他得出结论, 那台机器出了毛病。

In conclusion, positive thinking is a powerful and effective tool for dealing with hard times and improving the quality of one's life. 总之, 积极思考是应对困难时期和提高一个人的生活质量的有力且有效的方法。(2020北京)

When he brings his speech to a nice conclusion, Whaley invites the rest of the class to praise him.

当他完美地结束演讲后, 惠利让班上其他同学表扬他。(2019全国 I)

While many have long warned about the danger of wildlife circulating viruses, scientists shouldn't jump to conclusions. 尽管很多人早就针对野生动物传播病毒的危险发出警告,但科学家不应该草率地下结论。 (China Daily)

用法归纳

- ① In conclusion 最后;总而言之
- ② jump to conclusions 匆忙下结论;贸然断定
- ③ come to /reach/lead to/draw a conclusion 得出结论
- ④ bring ...to a conclusion 结束.....

词汇拓展

conclude v. 得出结论;(使)结束

conclude with sth. 以某事结束

conclude (from sth.) that...(从某事中)得出.....的结论

- The performance concluded with the chorus of our teachers.演出以我们老师的合唱结束。
- With our study, we think we can now confidently conclude that at least some dogs can distinguish human facial expressions.通过我们的研究,我们认为我们现在可以自信地得出结论,至少一些狗可以分辨人类的面部表情。 (2021浙江)



词汇 9 responsibility n.责任

Let's first talk about teachers' responsibility.让我们首先来谈谈教师的责任。(教材P113)

情景导学

It's every citizen's responsibility to keep the city clean.保持城市清洁是每个公民的责任。(写作·环境保护)

It is believed that helping parents do household chores can foster children's sense of responsibility.人们相信帮助父母做家务可以培养孩子的责任感。(写作·家庭生活)

You are saying that everyone should take equal responsibility for the disaster, and this is where I disagree.你说每个人都应该对这场灾难负同等的责任,这是我不同意的地方。

用法归纳

①take/have/assume responsibility for...对.....负责

②a sense of responsibility 责任感

③take on/shoulder the responsibility 承担责任

④It's one's responsibility to do sth. 做某事是某人的责任。

词汇拓展

①responsible *adj.* 负责的; 负有责任的

be responsible for... 对……负责

• It is individuals that should be responsible for their own diet and health. 是个人应对自己的饮食和健康负责。

②responsibly *adv.* 认真负责地; 可靠地

③irresponsible *adj.* 不负责任的

情景助记

blame others for
your own mistakes



take responsibility
for my failures



词汇10 *worthy* *adj.* 有价值的;值得尊敬的;值得.....的

...his true interest was not the day-to-day, slow and inefficient working style of the government, but the worthy search for knowledge.他真正感兴趣的不是政府日复一日拖拉的、低效的工作作风,而是对知识的有价值的探索。 (教材P36)

情景导学

His behaviour is worthy of being praised/to be praised. 他的行为应得到赞扬。

If you are very interested in Chinese painting, the exhibition is worthy of a visit. 如果你对中国画非常感兴趣,这个展览值得一看。 (写作·艺术展览)

He gave a speech that was worthy of Martin Luther King. 他做了一次典型的马丁·路德·金式的演讲。

用法归纳

①be worthy of sb./sth. 值得/应得……的;有某人/某物的典型特征

②be worthy of being done =be worthy to be done ……值得被做

词汇拓展

①unworthy *adj.* 不值得的;格格不入的

•Put into words why you feel unworthy, why you don't feel good enough.用言语表达为什么你觉得不值得,为什么你觉得不够好。(2020全国 I)

②worthless *adj.* 无价值的,品质坏的



易混辨析

worthwhile	表示“值得的,值得做的;值得花时间/金钱/精力的”,可作定语、表语或宾补。作表语时,常用形式主语it,构成“It is worthwhile do-ing/to do sth.”
worthy	作定语时意为“有价值的;值得尊敬/敬仰的”;作表语时意为“值得……的;应得……的”,不能用it作形式主语,后接不定式或“of+名词/动名词”
worth	意为“值得;值……钱”,可作表语或后置定语。后常接名词、代词或动名词,接动名词时要用主动形式表示被动含义,常构成be (well) worth sth./doing

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