

一、阅读理解

1. Habits in Russia

There is an old saying that says when in Rome, do as the Romans do. I learned the meaning of this when I stayed in Russia as a visiting scholar(学者).

One day I invited some of my Chinese friends to a famous local restaurant in Moscow. My guests and I were excited about our meeting. We had a lively talk until the waiter told me that we were too loud. We lowered our voices. 1 The waiter came over to us two more times with the same message.

How bad an impression(印象) we must have left on the local people! In China, it's natural for a host(主人) to make a lively atmosphere(氛围). However, in Russia and Western countries, having a meal in a public place means you must keep your voice low. 2

I felt bad about this. 3

4 My Russian friend Andrew always looks around and thinks for a while before leaving home. I asked him why he did this. Andrew said, "In Russia, people always spend about a minute going over things and plans in their minds before leaving home. So they won't leave anything necessary behind."

5 I like to keep my eyes and mind open.

- A. But this didn't last long.
- B. Russians have their own special habits, too.
- C. Russian people are usually careful and polite.
- D. You need to be polite to others.
- E. Luckily, people in Russia usually don't mind that.
- F. Even though we tried our best, it's very difficult to fight against habits.
- G. Finding the differences between cultures is so much fun.

2. We've heard about several "poor students" in the past year. Cui Qingtao, a student from Yunnan, working with his parents on a building site when he got an admission letter (录取通知书) from Peking University. 1 She is a student from Hebei. She was doing her part-time job in a different city when her family got her admission letter from Peking University.

2 For example, they are all strong and optimistic (乐观的). Li hui said in an interview, "As long as we are alive, there are no problems that cannot be solved, and many people don't have my experiences. 3" Such an idea makes many adults feel embarrassed. He refused to accept donation money and decided to make money by himself. This is also the common thing that "poor students" have.

Whatever kind of values you hold, such personalities are necessary for growth. 4 Not everything goes well all the time. Only being strong and optimistic can one go through difficulties. In fact, living in poor families doesn't promise such good personalities, and living in happiness doesn't promise optimistic attitudes (态度). We like such "poor students" because they are strong and optimistic.

For them, few can choose their lifestyles. 5 That's why they are highly praised. Every one of us should learn from them.

- A. Life is full of ups and downs.
- B. A girl named Wang Xinyi is another example.
- C. "Poor students" are usually hard-working and caring.
- D. And these experiences make me grow and become better.
- E. Born in poor families, these students have a lot in common.
- F. However, all of them can choose their attitudes towards life.
- G. We can learn a lot from these "poor students".

文章大意：本文是一篇说明文，主要介绍了科学家们对珠穆朗玛峰的微塑料研究。科学家们指出塑料污染存在于地球的任何角落，人们应该减少塑料使用，使用更多环境友好型材料。

3. Mount Qomolangma stands as the world's highest mountain. At a height of 8848.86 meters, it must be free of plastic waste, isn't it? 1

Last year, scientists collected eleven snow samples (样本) on Mt. Qomolangma, starting from 5,300 meters all the way up to its top. They found microplastics (微塑料) in all of them. The sample that had the most micro plastics was collected around Base Camp (大本营). 2 Quite a few scientists think the microplastics came from the clothing, tents and ropes that were used by mountain climbers. The new research was led by Napper, a scientist. "I have always considered Mt. Qomolangma a pretty clean place," she said. "It really surprised me to find microplastics in every single snow sample." In May, 2018, plastic was discovered at the Mariana Trench the deepest point on Earth. 3

Tons of plastic are thrown into the natural environment every year. As time goes by, plastic waste breaks down into microplastics. Microplastic

pollution is less than 5 mm in size. It is too small to be picked up. Plastic waste carries harmful materials. Wild animals might fall ill because they easily mistake the waste for food. 4 It is still unknown how microplastics may influence human health. Napper said it was time to care for our planet. 5 Besides, many microplastics come from clothing made using unnatural materials. Napper said a focus on better materials was needed. Whenever possible, we should use natural materials such as cotton.

- A. It is the place where climbers spend the most time.
- B. People also take in microplastics through food and water, and breathe them in.
- C. The answer might make you disappointed.
- D. Plastic can be widely used in our life.
- E. Paper bags can take place of plastic bags.
- F. It was important to reduce, reuse and recycle plastic waste, she added.
- G. It is now clear that no place on our planet is safe from plastic pollution.

文章大意：本文主要介绍了中国24节气之一——立夏，以及与立夏节气相关的四个传统习俗，比如人们会进行称重、吃鸡蛋、孩子们会将煮蛋挂在胸前，此外人们在这一节气还会吃些清凉可以润心的食物。

4. 请认真阅读下面短文，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。



The traditional Chinese solar calendar divides the year into 24 solar terms (节气). Start of Summer, the 7th term of the year, signals the transition of seasons. On this day, the sun rays reach an angle of 45 degrees to the earth. 1. But in northern China weather remains fine.

Here are four things to learn about the Start of Summer.

The custom of weighing people at the Start of Summer originated from the Three Kingdoms Period (220-180). 2. After lunch on the day of Start of Summer, the young and old took turns to get weighed while the person calculating the weight would offer good wishes.

In ancient China, a round egg symbolized a happy life. And people believe eating eggs on the day of Start of Summer would bring good health. 3. That's how the original "tea egg" was created. Today tea egg has become a traditional snack in China.

On the day of Start of Summer, parents will prepare boiled eggs and put them in a knitted bag before hanging them on their child's chest. They believe that it will help the children stay away from summer diseases. When at school, children gather together to play egg competitions. 4.

According to Chinese traditional medicine, Start of Summer is a key time to moisten (使湿润) the heart. 5. Vegetables, such as cucumber, tomato and celery and fruits that include watermelon, pear and strawberry are top choices.

- A. It is an important time for the harvest of summer crops like wheat
- B. They crash each other's eggs in pairs and the one whose egg is not broken wins
- C. Food rich in vitamins and cool in nature is highly recommended
- D. And the temperature will rise quickly during this period
- E. They put leftover tea into boiled water together with eggs
- F. Later people added spices to the eggs to make them taste delicious
- G. It was thought this practice would bring health and good luck to the people weighed

文章大意：本文主要讲述了新的文化和旅游五年计划，列举了一些文化事业的发展。

5. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

The year 2021 marks the first year of China's 14th Five-Year Plan (2021-2025) period, and the country is achieving stable progress in the cultural field. 1

China releases (发布) new five-year plan for culture and tourism.

China's Ministry of Culture and Tourism released the 14th five-year plan. 2 Detailed measures include advancing social civility, establishing artistic creation systems, and improving the modern tourism system.

3

Set during the War to Resist US Aggression and Aid Korea (1950-53), the film reflects soldiers' iron will and great spirit to safeguard (守卫) the newly founded People's Republic of China. Enhancing the audience's pride, the film became hugely popular, breaking a total of 26 records, mainly in

terms of box office(票房) and admission numbers.

New finds at Sanxingdui Ruins site revealed ancient culture.

____ 4 ____ Among the important cultural finds are gold and bronze masks, bronze ware and textiles at the legendary Sanxingdui Ruins site in Southwest China's Sichuan province.

Dance show on Tang Dynasty wins hearts.

The dance show *Tang Gong Ye Yan* (Night Party in Tang Dynasty Palace) shown on Henan TV, became a big hit earlier. The show presents the process from making preparations to performing at a party in the Tang Dynasty. In addition, Henan TV has continued exploring new series. ____ 5 ____ For example, the underwater dance titled *Rhapsody*(狂想曲) on the *Luo River Goddess*(洛河女神) got great favor online.

- A. The plan states (阐述) the major tasks of developing culture and tourism.
- B. Let's look back on some of them and look forward to the coming year!
- C. TV series related to CPC (中国共产党) history become popular.
- D. Archaeologists (考古学家) found more than 1,000 significant relics (遗址).
- E. *The Battle at Lake Changjin* (长津湖): top earner at China's box office.
- F. It brought forward (推出) other Chinese traditional festival-themed programs.
- G. The dance show *Tang Gong Ye Yan* was directed and practiced hard.

文章大意：本文主要讲述了孩子应该有一些兴趣爱好，并推荐了一些可培养的兴趣爱好。

6. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Children are born with a natural interest in everything. They are known to have several interests and high energy levels. And they always find certain activities more interesting than others. As such hobbies for little kids are a great way to keep them focused and busy. In fact, certain really cool hobbies can add a great deal of value to their time and energy. But what kinds of hobbies are good for children? ____ 1 ____

____ 2 ____ Now many children don't love reading, but what one needs to understand is that reading is a learning experience and it can help to shape your children's life.

____ 3 ____ If they aren't interested at first, you can give them books with a lot of pictures.

A coin collection is great for children. ____ 4 ____ It is also great to make them more responsible, as they need to keep their collections.

____ 5 ____ This will make children more confident. Music has its way of calming down a person. And it will give kids something to do in their free time.

All in all, if kids develop useful hobbies, they'll help them pass their time nicely. Besides, they'll help them grow and develop in an amazing way.

- A. Reading makes children bored.
- B. There are plenty of books that can make your children interested.
- C. Reading is a must for all age groups.
- D. It can really make kids realize the value of money and its importance.
- E. Help kids learn to exercise.
- F. Let kids learn to play a musical instrument.
- G. Here are some active hobbies to share.

7. Have you ever seen black smoke out of factories, turning the sky a dirty gray? ____ 1 ____ Cars, trucks, buses pollute the air too. Smoke from fires pollutes the air.

Land pollution, water pollution, and even noise pollution are also big problems. Both factories and common families may thoughtlessly dump (倾倒) rubbish and waste on land or in water. When farm chemicals (化学品) that help crops grow sink into the ground and water, they pollute too.

____ 2 ____

Ocean life isn't safe from pollution. Ships carrying oil sometimes have accidents that dump their oil into the ocean.

____ 3 ____ Dirty air, or smog, is hard to breathe and makes people and animals sick. Dirty water makes people and animals sick when they drink it or wash or live in it. It also kills plants. If land takes in too much waste, nothing will grow on it, and it becomes unfit to live on.

____ 4 ____ Most people find it hard to change the way they live, even if they want to. And governments and big factories find it even harder to change, since the changes are often unpopular or costly (代价高的).

Even small changes help, however. Reusing things instead of throwing them away helps. ____ 5 ____ So does recycling. And perhaps the future will find people using cleaner forms of energy, such as wind power and solar energy.

- A. This is air pollution.
- B. Stopping pollution isn't easy.
- C. Using less water each day helps.
- D. Dirty air, water and land are dangerous.
- E. Everyone must do something to reduce pollution.
- F. You should stay at home to keep away from dirty air.
- G. And noise pollution is created by loud machines and cars.

文章大意：本文主要向我们科普了人们在紧张的情况下，身体机能的变化及原因。

8. We usually feel nervous and our hands shake when we talk in front of the public or are about to take part in a very important activity. 1

A little shake is a natural body action when we feel nervous. 2 When we meet something difficult, especially when we think we can't deal with it, our body will use all of our energy to solve the difficulties in front of us. Then under the influence of the erector pili (竖毛肌), we behave with hands shaking.

3 If someone is very patient, his body action will not behave so hard. So it's not quite common for him to have hands shaking. Instead, if somebody is not so good at facing or dealing with some difficult problems, his action will act too hard and it's easier for him to have hands shaking.

When people are physically (身体上的) unhealthy or in mental (精神的) stress, if they meet something difficult, they will have more difficulties in controlling their physical actions. 4 As a result, we will feel more nervous and are more likely to have hands shaking.

When people feel that they are unable to face and solve the problems at hand, they will be more nervous. 5 Their hands are also more likely to shake under that situation.

- A. It could happen to everyone.
- B. Actually the physical stress will also rise.
- C. So why do our hands shake when we're nervous?
- D. Everyone may have similar behaviors when they get nervous.
- E. But when they can solve the problems, their physical stress may rise.
- F. In this process, our body will lose its balance of brain activities.
- G. People with different characters (性格) behave differently when they are nervous.

9. Our country used to be very poor in technology, but great changes have taken place these years. Lots of our technology is much better than those of foreign countries. 1

We learned about high-speed railway technology from foreign countries. 2 Our high-speed railway technology is advanced. 3 China has become the world's high-speed railway construction (建设) and operation of the largest, the most comprehensive technology (技术最全), management experience of the most abundant (丰富的) countries.

China Railway Corp (CRC) (中国铁路集团) is fully prepared to sell a full supply (提供) of high-speed railway technology. 4 and progress is being made in a number of countries. We have a major advantage. We are able to sell whole railway technology. It isn't very good to buy some technology from one country and other technology from another.

The selling plan for our high-speed railway technology will follow the Silk Road Economic Belt and the 21st Century Maritime Silk Road.

5 our high-speed railway technology could be an important project to help sell our technology in the future.

- A. But now we have mastered and developed the key technology
- B. High-speed railway technology is one example
- C. A new railway operating plan has increased the country's passengers
- D. It can not only have a high speed but also be used in different environment and the cost is lower
- E. The company said selling of railway technology and building railway for other countries are going very well
- F. Like the US made Boeing 737 and France's Airbus
- G. The new railway line is still under construction

10. 任务型阅读 阅读短文，按要求完成各题。

In the middle of my home country there are very large places. They are hot and dry land called deserts 1 Families live a long way from other people. Sometimes they are the only people for thousands of kilometers. 2

About 65 years ago these people found that using strong radios was a possible way for families living far away to communicate with each

other. They decided they could use the radios for school. In this way, children could talk to each other like at school. 3

The children each spent about 30 minutes a day on the radio. They talked to their teacher about their work and difficulties. The teacher designed some exercises and tasks based on what they learned and posted them to the children. After finishing their work, the children sent it back to their teacher to mark. 4 He tried to visit each child twice each year. This was sometimes difficult. The journey was very long and could be dangerous. In addition, the school held camps once a year. The children could all meet each other and shared their learning experience.

5 The government provides families with computers so that the children can use the Internet to talk to their teachers and classmates by e-mail now. The teachers enjoy their work very much because they get to know the children and their families very well. It is an interesting way to learn; don't you think so?

- A. The teacher also travelled around the country.
- B. All over the deserts are farms and small towns.
- C. Children in poor areas can't go to school.
- D. These families' children cannot go to school like you.
- E. With the development of technology, computers are becoming popular.
- F. This was how the first "School of the Air" started.
- G. It is impossible to do so.

二、阅读理解

文章大意：本文主要讲述了大多数人很难想象孤儿在成长过程中会感受到什么样的痛苦，并以《心灵捕手》的主角为例说明。

11. 阅读全文，并从下列六个句子中选择五个还原到原文中，使原文的意思完整连贯，并在答题卷上将相应的字母编号涂黑。

Most people can hardly imagine what kind of pain orphans (孤儿) feel while growing up, disliked, and laughed at. Will Hunting, the main character in the US film *Good Will Hunting*, is a good example.

The story is simple. 1 Professor Gerald Lambeau, a math professor, discovers that Hunting has a talent for math. 2 However, Hunting gets into a fight and is arrested (逮捕) after he attacks a police officer. But Lambeau doesn't give up. He sends Hunting to see a wise doctor. Dr. Sean Maguire, to see if he can help the troubled young man. 3

"It is not your fault," he repeats the words while staring at Hunting. He says Hunting no longer has any place to hide. 4 Orphans often feel that no one loves them, and in order to avoid harm, they refuse people's kindness. 5 We should pay more attention to orphans, not out of sympathy, but out of love.

- A. After a period of treatment, Hunting opens up to the doctor and talks about his problems.
- B. They are words that all orphans should hear.
- C. It is normal to love our own kids, but much harder to love those of other people.
- D. Hunting is an orphan who works as a cleaner at the Massachusetts Institute of Technology in the US.
- E. He wants him to make better use of his talent.
- F. Everyone should respect children.

文章大意：本文主要讲述了选择积极和感恩的态度会决定你怎样生活。

12. 阅读短文，从短文下面方框中的六个句子中选择五个还原到短文中，使短文通顺完整、衔接自然。

Choosing to be positive (乐观) and having a grateful attitude is going to determine (决定) how you're going to live your life. Never be afraid to try something new, 1 It's easy to see the negative (消极), but every person, every situation, has something special about it. 2

Being a positive person does not mean your life is perfect, please understand that. 3 And you love and value what you have, and what you're trying to be. Never stop believing in what you can do. It's not miracles (奇迹), it's attitudes. Change your attitude, and you will change your life. If you believe you can, then you will.

"I am strong because I've been weak. I am brave because I've been afraid. I am wise because I've been foolish. 4 Correct them, learn from them and understand what you need to do so that you never repeat them. I advise you to remind yourself: 5 Life extends beyond our wishes and far beyond the goals of our lives. Enable the attitude to change and the ability to change what doesn't suit you."

- A. Don't run away from your mistakes.
- B. Success is a result and attitude is the way to achieve it.
- C. Develop a habit of finding the positive points in every situation.
- D. An old saying says: Where there is a will, there is a way.
- E. It simply means that you have hope and strength.
- F. because life gets boring when you stay within the limits of what you already knew.

文章大意：本文是一篇说明文，给我们如何创建一个情绪板，控制自己的情绪。

13. 阅读下面的短文，从所给的A~F六个选项中，选出正确的答案填空，使短文通顺，内容完整，其中选项中有一项是多余的。

A fun way to put yourself in a good mood(情绪) is by creating a mood board. What's that? 1 Susie Moore, a life coach, often guides people at mood-board-making classes. At the end of a class, each person has built a collection that puts him or her in an active mood.

To create your own mood board, you'll need a soft board or a cardboard. 2 Go through them, cutting out photos for your board. Use your feelings to choose what works best. Here, Shay Maunz uses Moore's tips to create a mood board and offers tips on how you can make your own.

3 Anything that makes you feel good, use it. I used photos of my favorite food watermelon, and my favorite animal, penguins.

You might use your mood board to set goals for things you'd like to achieve. I want to read at least 30 books this year.

4 Maybe it's your classroom, a playground, or a comfortable corner at home. You can put photos of that place on your mood board, or choose photos that remind you of it. I used this photo of West Virginia, where I grew up.

Not everything on your mood board has to serve a purpose or be connected to your life. Choose some photos just because you like them. 5

- A. This is also a good time to think about happy things.
- B. It's anything that encourages you or makes you happy.
- C. One step to start is with some of your favorite things.
- D. Every time I look at these photos, they make me smile.
- E. Think about a place that makes you feel safe and happy.
- F. You'll also need old magazines, greeting cards and photographs.

文章大意：本文介绍了为了减少污染，人们想出了各种各样的办法。

14. Each of us shares this planet with seven billion others. People and products need to move from city to city and country to country. However, most cars, motorcycles, boats and planes cause air pollution. 1. This is a serious problem. So inventors are coming up with creative ideas to reduce the pollution and noise.

Motorcycles are a faster and cheaper way to get around a city than cars. 2 To solve this problem, a company designed an environmentally friendly motorcycle. It uses electricity so there is no air pollution.

3 There are no cars in the city center. Instead of cars, water taxis and buses carry people around the city. However, they cause pollution. English engineers Dick and Jem designed a solar-powered water taxi.

Planes also cause air and noise pollution. 4 Some airplane companies have started to solve the problems. Swiss engineers have gone one step further. 5 This plane holds the world record for the longest solar powered flight—1,541 kilometers.

- A. They developed a solar airplane.
- B. Designing an environmentally friendly airplane is a real challenge.
- C. Yet air pollution is a growing problem.
- D. They are also noisy.
- E. The Italian city of Venice is a city with only a few roads.
- F. You can come to the company, too.

文章大意：本文主要介绍了AI聊天机器人ChatGPT的相关信息及教育界人士对ChatGPT的看法。

15. 根据短文内容，从短文后的A-F选项中，选出5个适当的选项补全短文。

Can you imagine an AI chatbot (聊天机器人) competing with you in an examination? Do you think you could get higher scores than it? A new AI chatbot called ChatGPT recently passed a law school exam! Sounds crazy? 1

ChatGPT was developed by US company Open AI. 2 You can ask it to write stories and emails, translate languages, and answer all kinds of questions. According to a US survey of more than 1000 students, over 89 percent of them have used ChatGPT to help with homework. 3 For example, New York City public schools don't allow students and teachers to use ChatGPT on the district's networks and devices (设备).

The measure (措施) comes out of worries that the tool could make it easier for students to cheat on homework. 4

"It does not develop thinking quality and problem-solving skills, which are necessary for studying and lifelong success," said Jenna Lyle. Apart from bans (禁令), teachers are making changes to their classes to prevent the use of ChatGPT. Some college teachers in the US try to include more speaking exams and handwritten papers instead of typed ones.

5 Some Canadian universities are making rules on its use, for both students and teachers. They have no plans to completely ban the tool so

far. Some people said that bans on AI software like ChatGPT are not wise. “We have to know that AI is a tool people will use,” What we need to do is “change our learning, teaching and examinations”. In that way we can “have integrity (诚信) while recognizing the use of the tool”.

- A. It is a powerful tool.
- B. So it is very popular among students.
- C. However, not all educators say “no” to ChatGPT.
- D. Some schools in the US do not allow students to use it.
- E. The use of ChatGPT has raised heated discussions in the education world.
- F. Some also worry that ChatGPT could be used to spread incorrect information.

文章大意：本文向读者介绍了从古至今人们都使用何种方法来知晓时间，并对这些方法进行了大概的说明。

16. Time is of great importance to our lives. English is full of expressions describing the passage of time. There is an expression “beat the clock”, which means finishing a task quickly in order to meet a deadline. However, many years ago there were no clocks. 1 Over the centuries, people have developed different ways of telling the time.

About 5,500 years ago, the Egyptians invented the sun clock. 2 Its shadow (影子) showed the movement of the sun. So people were able to know midday. After that, the Egyptians made a sundial (日晷) about 3,500 years ago. It was smaller and could let people know the time for half a day. And the ancient Chinese also invented the equatorial (赤道的) sundial to tell the time about 3,000 years ago. But on cloudy days or at night it was impossible to tell the time with a sun clock or a sundial.

3 The idea is simple. Water flows from one bottle to another. When the water reaches a certain level, it shows the hours. The Egyptians used water clocks about 3,400 years ago. These clocks were popular in the Middle East and China. But they failed to make people know the exact time.

In the 13th century, the mechanical (机械的) clock was invented. This was more exact, but it was expensive to make one. Over the next few centuries, it was developed. In 1927, the first quartz (石英) clock was created. 4 It became possible for common people to own a clock. People began depending on the clock more and more to run businesses, markets and so on. More recently, in 1956, came the digital clock. And nowadays, satellites send our mobile phones the time to the exact second.

There has been a lot of progress in timekeeping. 5 Many of us still have trouble getting out of bed on time and not being late for school or work.

- A. It was a tall stone building.
- B. Clocks became cheaper to make.
- C. So knowing the time was not so easy.
- D. People also used burning candles to tell the time.
- E. Water clocks were the first clocks not to use the sun.
- F. Clocks are always changing but some things never change.

文章大意：本文主要介绍了中国文化中的“天人合一”的思想。

17. 阅读短文，根据短文内容，从其后所给的六个选项中选出能填入空白处的最佳选项，选项中有一项为多余选项。



The Unity (和谐) of Man and Nature

The “unity of man and nature” is necessary and important in the cultural tradition of China. The Chinese believe in the unity of man and nature, a basic way to their philosophy (哲学) of life. 1 They are also celebrated for nature.

2 Zhuangzi, for example, believed “Heaven (天) and earth are parents to all things in the world”. The beauty of nature is to “give birth to all things” and “let all things grow”, while the duty of humans is to “make all things perfect”. Heaven, earth, and humans should be one in unity. 3 They are necessary to each other, so they should treat each other with kindness.

The idea of unity of man and nature has been in the heart of Chinese people. 4 In most provinces of China, some rules have been made to reduce pollution. Many power stations that produce and provide safe and clean electricity have been built. 5

Most of the Chinese, especially the young, are willing to protect the natural environment. China is now working with all other countries to make the earth a better place to live.

- A. Each of the three has its own way.
- B. The power is from water, wind, and sunlight.
- C. There are plenty of great people in the history of China.
- D. The ancient Chinese never placed themselves above nature.
- E. It encourages modern Chinese to take action to protect natural environment.
- F. Most traditional Chinese festivals build a right order of relationships among humans.

文章大意：本文主要介绍了中国人喜欢种蔬菜的原因和中国种蔬菜的历史。

18. 请阅读下面短文，根据短文内容，从所给的选项中选出能填入空白处的最佳选项，使短文意思通顺，并在答题卡上将该项涂黑。选项中有一项为多余项。

It is said that Chinese people have “one thousand” ways to cook vegetables. In fact, Chinese people don’t just love cooking delicious vegetable dishes. 1 Chinese people have grown vegetables in their backyards for centuries. Now, they have also grown them in the Antarctic, and even in space! Why do they have deep love of vegetables? Here are some reasons.

●Suitable natural conditions are necessary.

China has so much land, 9.6 million square kilometers. 2 Many places have the light, soil and water that vegetables need.

●Eating and planting vegetables has a long history.

Most of today’s vegetables were once wild plants. Chinese people started to eat and plant them quite early. *The Book of Songs* (《诗经》), written 2,500 years ago, mentions vegetables. 3 Potatoes, peppers and tomatoes were all from other places, but Chinese people planted them, making them common vegetables in China.

● 4

In ancient times, poet Tao Yuanming lived in the countryside and did farm work. This surely included planting vegetables. He loved this peaceful life away from the royal court (朝堂). 5 Planting vegetables is a good way to get away from the hustle and bustle (熙熙攘攘) of city life.

- A. They also love planting vegetables.
- B. Planting vegetables is an enjoyable job.
- C. And now, many videos of country life are popular.
- D. Chinese people were also open to foreign vegetables.
- E. Its natural environment is good for growing vegetables.
- F. Chinese believe eating vegetables is good for their health.

文章大意：本文介绍了围棋现在变得越来越受欢迎，以及跨文化交流在围棋的发展方面的帮助。

19. 阅读下面短文，从所给选项中选出能填入空白处的最佳选项，使短文通顺，结构完整，其中有一项是多余选项。

Go, known in China as *weiqi*, is a board game for two players. The players must use black or white playing pieces named stones to surround (包围) more areas. 1

The game was invented in China more than 2,500 years ago. It’s one of the four Chinese traditional fine arts, along with playing *guqin*, writing and painting, so it owns a wide fan base in China. 2 In Germany, the Berlin Go Association has worked together with the China Cultural Center to host the China Cup, which sees about 50 to 100 players each year. As the cooperation (合作) between China and Germany deepens, many Go training courses are offered. 3

Andreas Urban, the chairman of Berlin Go Association, discovered a book on Go accidentally. “I tried to understand the rules, but failed.” said Urban Schreiber, the vice chairman was introduced to the game 16 years ago by a classmate. “The first time I played Go, I even couldn’t understand the rules.” he said. But both of them found the game more and more interesting after practice. “4 They can learn that there is always someone stronger and it’s OK to lose. They can also learn how to improve from their mistakes and say tomorrow will be better than today.” said Schreiber.

5 When two players meet on the Go board, they follow the same rules, but may carry completely different methods. One of the best ways to improve is to play against a stronger player, as well as from different cultural backgrounds. It is not just for fun, but also has a deeper cultural ground.

- A. I advise children to learn Go.
- B. In this way, they can win the game.
- C. It's not difficult to understand the rules of Go.
- D. Now it is also popular in other parts of the world.
- E. This kind of cross-cultural communication helps the development of Go.
- F. Sometimes professional players from China are invited to give talks to German Go lovers.

文章大意：本文主要介绍了去海滩旅游的建议。

20. 请阅读下面的短文，并从文后的六个选项中选择五个还原到原文中，使原文的意思完整、连贯。

Beach is a relaxing place to catch waves, get some sun, enjoy picnic, spot wildlife and go exploring. Here are tips from experts on how to be a better beachgoer.

Use safer sunscreens

Many sunscreens say that they are “environmentally-friendly”, which has no firm definitions (定义), and their usage isn't controlled by governmental bodies. 1 Only buy mineral-based sunscreens so that they won't do harm to the sea environment.

Clean up rubbish

2 If you forget to bring one, find a used bag at the beach. It may seem a little gesture, but it will help remove rubbish. By working together, people can really make a big difference.

Thoughtful toys for kids

It's fun for your little ones to play with plastic toys in the sand. 3 They end up polluting the environment and can be accidentally eaten by animals, causing them serious harm or even killing them. Pack metal or wooden toys instead.

Read the signs

Signs at the beach are must reading. They tell you where you can't go and what you can't do, so you don't mess with the local ecosystem. 4 They are storm barriers (屏障) and home to many animals.

Destroy what you build

It doesn't matter how much time and effort your children spent building sand castles or digging tunnels: if you are on a beach marked as a sea turtle habitat (栖息地), knock down the structures. Sea turtles have heavy bodies and they can die if they fall into a hole and get trapped. 5

- A. So it's best to read the fine print carefully.
- B. Beachgoers are usually advised to stay off sand hills.
- C. However, plastic toys break easily, leaving behind bits and pieces.
- D. Sand structures also can prevent them from reaching birthing areas.
- E. Bring a reusable bag to clean up while you're walking on the shore.
- F. Have your children pick up rubbish with you when walking on the beach.

三、阅读理解

21. Suppose you're in London and trying to find the bus to take you to Hyde Park. This should be easy. But if you can't speak the language, it can be a problem. What will you do? 1

◆ Know the place you want to go.

You can always tell others the name of the place where you want to go. 2 Whatever it is, if you do a little homework to remember its name, you can ask the way much more easily.

◆ 3

If you're not sure about your pronunciation when asking the way, you'd better take a map or a picture of the place where you want to go. As the old saying goes, “ 4 ”

◆ Use body language.

5 For example, you can draw the shape of the Eiffel Tower in the air. It gives people an idea of where you are going.

Most important of all, be polite when asking the way. Finally, you'll find your way.

2024初中英语中考阅读理解高频考点必刷专项练习卷

根据短文内容，将下方方框内的句子还原到文中空白处，使短文内容完整、通顺，每个选项只能用一次。

- A. It may be a place of interest, or simply a street.
- B. A picture can say a thousand words.
- C. Body language can be helpful in making others understand where you want to go.
- D. Here is some advice on how to ask the way in a foreign country.
- E. Take a map or a picture.

文章大意：本文介绍了一些高中生不过于依赖别人的建议。

22. You have been familiar with the learning environment in your middle school, and it feels like home. So it is not always easy to say “bye-bye” to middle school.

After entering high school, you may face some new challenges. The schoolwork may become more difficult and require greater skills. Most students need support. Teachers and parents may give you a hand. 1 What can you do? Here are some suggestions.

Understand what kind of learners you are. Do you need silence to focus? Then make sure the TV is not on when you are studying. 2 Some students focus better in the morning; others at night. Find the right time so that your efforts will work well.

3 It might be helpful when you get used to making a to-do list of all your schoolwork, and checking each item off when it is completed. Try to divide your work. This will create smaller, more manageable tasks out of the larger ones. Big projects seem less difficult if they are done step by step.

Form good reading habits. Read every day—the more, the better. It doesn't matter what you read. 4 Newspapers provide plenty of details and background. In addition, information you get from newspapers is usually official and true.

5 Old friendships might come undone and new ones will develop. Hope you will feel confident and perform well in high school!

根据材料内容，从下面五个选项中选出能填入文中空缺处的最佳选项，使文章意思通顺、内容完整。

- A. Learn to be better organized.
- B. High school life can be enjoyable.
- C. Reading newspapers regularly is a good choice.
- D. However, you can't depend on others all the time.
- E. Provide yourself with a quiet learning environment at home.

文章大意：本文主要介绍了科技发展给未来所带来的巨大变化。

23. Technology is developing fast and it has become an important part of our life. Then what will the world be like in the future?

3D food will be both delicious and nutritious (有营养的). 1 And we can go further. Scientists believe that we just need to turn on a printer in the kitchen and then we can enjoy our favourite food whenever we like.

5G network will allow many more people to get information. 2 It is said that 5G promises download speed 10 to 20 times faster than 4G. For example, we can download a film within just 1 second. 3 There will be much bandwidth (宽带) and we can get unlimited information.

Underwater cities will provide more space. 4 We may turn to underwater homes, which will be built as low as 15 kilometres below the sea. And the different temperatures at the different depths of the sea can be used to provide power for the homes.

Space tour will be a piece of cake. For us common people on the earth, the dream of traveling around space will come true. In the coming years, spacecraft will be as popular as buses, trains and planes. 5 And even we will get used to living there.

根据短文内容，将下面的句子还原到文中空白处，使短文内容完整、通顺。每个选项只能用一次。

- A. But with 4G network, it takes a few minutes.
- B. We can leave our home and enter space to take an adventure (冒险).
- C. We can use 3D printers to print some basic materials.
- D. The earth is becoming more and more crowded.
- E. Big companies like China Mobile and China Unicom will start to offer 5G.

文章大意：本文主要讲述了在奥运村种植蔬菜以及蔬菜在中国文化中所具备的含义。

24. 阅读下面短文，从短文后所给的五个选项中选出能填入短文空白处的最佳选项，使短文通顺、连贯，意思完整。

2024初中英语中考阅读理解高频考点必刷专项练习卷

2024初中英语中考阅读理解高频考点必刷专项练习卷

You may have seen vegetables on farmland, in greenhouses or even on balconies. 1

Recently it was said that the Beijing Winter Olympic Village has been completed. Interestingly, a rooftop farm covering 4, 620 square meters has been created inside the Village. 2

China has a large amount of available land for planting. 3 To live a better life, they took full advantage of their land and grew the food they needed, vegetables included. *The Book of Songs*(诗经) written 2, 500 years ago, records many kinds of vegetables.

4 You may find painting and small sculptures of different vegetables in some Chinese people's home, for example, Chinese cabbage. 5 There is also the gourd melon(葫芦). Because of its shape and pronunciation, it has many different cultural meanings, including happiness, having a large family and old age.

- A. To help them relax, athletes and coaches can try their hand at growing vegetables.
- B. In Chinese culture, some vegetables have good meanings.
- C. But how about growing them in an Olympic Village?
- D. Because of its pronunciation, it is seen as standing for wealth.
- E. For centuries, Chinese people made their living through farming.

25. Americans have contributed to many art forms, but jazz, a type of music, is the only art form that was created in the United States. 1 Many blacks were brought from Africa to America as slaves. The black slaves sang and played the music of their homeland.

Jazz is a mixture of many different kinds of music. It is a combination of the music of West Africa, the work songs, the slaves sang and religious music. 2 This means that the musicians make the music up as they go along, or create the music on the spot. This is why a jazz song might sound a little different each time it is played.

3 At that time they played in bars and clubs in many towns and cities of the South, especially in New Orleans.

New Orleans is an international seaport. People from all over the world come to New Orleans to hear jazz.

4 By the 1920s, jazz was popular all over the United States. By the 1940s, you could hear jazz not only in clubs and bars, but in concert halls as well. 5 Jazz musicians from the United States, Asia, Africa, South America, and Europe meet and share their music at festivals on every continent. In this way, jazz continues to grow and change.

请你根据材料内容, 选择合适选项并在答题卡上将该项涂黑, 使短文内容完整正确。

- A. Jazz became more and more popular.
- B. Jazz was created by black Americans.
- C. Improvisation (即兴创作) is an important jazz.
- D. Today people from all over the world play jazz.
- E. Jazz bands formed in the late nineteenth century.

26. 根据短文内容, 从短文后的选项中选出能填入空白处的最佳选项。(五选五)

Cormorant fishing (鸬鹚捕鱼) is a traditional skill in Asia. 1 The skill was invented in China more than 1,300 years ago. It then spread to Japan, Korea and India. In the 17th century, cormorant fishing was introduced into European courts. 2 French fishermen even dressed like Chinese fishermen when they were practicing cormorant fishing.

Today, cormorant fishing can still be seen in China and Japan. 3 In Japan, fishermen usually work at night under the light of torches. It requires lots of training to make cormorants catch fish for men. The best cormorants are those raised by the fisherman himself.

4 He talks to them every two to three hours. Fishermen must pay attention to the personality of their cormorants. 5 When it is done correctly, cormorants are fishing machines. Some birds can catch more than 150 fish in an hour.

- A. Chinese fishermen usually work in daylight.
- B. It is useful for catching fish from narrow rivers.
- C. They must make sure the birds don't fight against each other.
- D. The fisherman looks after his young birds carefully.
- E. Soon, it became popular all over Europe.

27. Films are everywhere. 1 Many young people like to go to the cinema, and the new film is often an important social event. There are film festivals in many big cities and some schools have their own film clubs.

2 They often tell an exciting or fantastic story and they can keep young people a lot of pleasure. 3 So they are useful if you don't have

time to read a very long book.

Sometimes they are also important to help young people learn new information. Films can help us understand the culture of our society or of another country's society. 4.

However, some people are not film fans. Films sometimes show blood or fighting, or the people in them use bad words. 5. Other people feel that reading more books would be better for students because it will help them think more clearly and improve their imagination.

- A. Films are certainly important for many teenagers
- B. Many teachers say that modern films have a bad influence on young people if they watch the wrong types
- C. We can see things about films in newspapers and on TV every day.
- D. Many students in China like to watch foreign films to help them improve their English
- E. Films can also tell a complete story in just a few hours

文章大意：本文主要介绍了如何保护环境的方法。

28. Everybody knows that protecting the environment today will prepare for a better tomorrow. Kids can also be taught to do their bit for helping the environment.

A large number of people just have the water running when they are washing faces or brushing teeth. 1 Another thing kids can do is taking a shorter shower.

Video games use a lot of energy. Encourage kids to go out to play in the fresh air or finish their homework instead of playing these video games. 2

Teach kids to turn off lights when they are not in use. 3 Since kids are not told about environmental problems, they do not know they are wasting electricity.

4 Try not to use paper cups and plates whenever possible. Cutting down on use of paper wherever possible will help to save more trees. Use recycled paper.

Kids must be educated about saving the environment at a young age. 5 And we can together make a great effort to have a cleaner and greener earth.

- A. In this way, kids can save energy.
- B. Ask your kids to try to save paper.
- C. If kids can also play a role in helping to save the earth, it will be great.
- D. Kids should be taught to turn off the tap when they do the same things.
- E. Most of the time, kids will leave the lights on when they leave the classroom.

29. In China, each year we produce about 150 million tons of city waste according to a report. Where does the waste go? People usually burn or bury (埋) it. On the other hand, we receive waste from some developed countries. 1 What about the useless part? Still burned or buried. But is it a proper way?

Waste pollutes the environment, harms people's health and causes animals to die. It also gets in the way of green and sustainable (可持续的) development. 2 We should leave clean water and green mountains to our next generations (一代人).

China is getting really serious about waste now.

3 From January 2018, China started to stop 24 kinds of waste coming into our country. And more laws and rules about dealing with waste have been made. Anyone who breaks the law will be punished.

China also tries to put waste into good use. One example is the waste electricity factories. 4 No harmful gases or water will get into the environment.

The Chinese government is encouraging people to do waste sorting (分类). Cities like Shanghai, Chongqing and Beijing have their own sorting systems. More will join them soon. As President Xi Jinping said during visit to Shanghai, waste sorting is new fashion (时尚). 5

- A. We get useful materials from it.
- B. We are taking less waste from developed countries.
- C. They burn waste to make electricity in a green way.
- D. We can't make money at the cost of the environment.
- E. More and more people are forming the habit of separating their waste.

文章大意：本文主要介绍了一些“爱情语言”。

30. Love is not a single feeling. Although we love our family and friends, sometimes we just don't know how to show our love to them. In fact people give love in different ways. Each way can be called a "love language." 1

First, offering praise. 2 Praise means attention and care. "You've done a good job." "These shoes look nice on you"...Such praise will make others pleased.

3 A gift means "I care about you." The gift does not have to be expensive. Perhaps a piece of chocolate is OK.

Third, spending time together. Have a relaxing time and do things we all enjoy. Don't be busy all the time. Have a picnic with the family. 4

Fourth, being a good learner. 5 When someone is down, what he wants is to understanding. Don't talk about ourselves too much.

These love languages help us to express love. They also make us understand love form others.

根据短文内容，将下面的句子还原到文中空白处，使短文内容完整、通顺。（每个选项只能用一次）

- A. This kind of language uses words to show love.
- B. Or visit grandparents to talk to them.
- C. Second, giving gifts.
- D. Be ready to listen and try to understand.
- E. Here are some love languages.

四、阅读理解

文章大意：本文主要讲述人类取得了一些惊人的成就，体现在科技、通信领域及艺术等方面。

31. Humans' Greatest Achievements

The Earth is 4.5 billion years old, but the human race has lived on it for just 200,000 years. In that short time, we have achieved some amazing things.

Many of humans' great achievements are in science and technology. The list is almost endless. The discovery of antibiotics (抗生素) has saved the lives of millions of people. 1 Can you imagine living without electricity? What about the printing press (印刷术)? Without the printing press, you wouldn't be reading this. In the last 50 years, there have been great achievements in communication, such as radios, TVs, computers, the Internet, and smart phones. We could probably live without them, but life wouldn't be as interesting.

What about the arts? 2 But are the Beatles (甲壳虫合唱队) and Bach (巴赫) more important than antibiotics? And is Mickey Mouse as important an achievement as going to space?

Finally, we must not forget humans' early achievements. 3 We can't imagine modern life without cooked food and cars.

What are humans' great achievements? To answer the question, we need to decide what we mean by "great". 4 Or is it just something that makes us say "Wow"? What do you think?

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

- A. Is it something that makes us rich or happy or saves lives?
- B. We don't enjoy these things because they are too expensive.
- C. They used fire for cooking and heating and invented the cars.
- D. The invention of the airplane has changed our lives.
- E. The arts have brought pleasure to many people.

32. What do you think of a scientist looks like? Take out a pencil and draw a picture of a scientist. 1

Some people from north-western University did 78 "Draw- A- Scientist" studies of over 20,000 children from kindergarten students to high school students in 50 years. 2 The results showed less than 1% of that children drew a female(女性的) scientist. Most drawings showed a man in a lab coat. With glasses and very few boys drew female scientists.

3 They found more female scientists appeared in kids drawings. In later studies from 1985 to 2016, 28% of children drew a female scientist. With both girls and boys drawing women more often over time, girls still drew female scientists much more often than boys though. Anyway it was a good start.

Now US children say scientists in a different way. 4 Also, children can learn more about female scientists from television shows, newspapers and magazines. Take Highlights, a kids magazine, for example. In the 1960s, only 13% of its science stories were about women. In the

2000s, the number jumped to 44%. All these will help girls today become more interested in science.

根据短文内容，选出四个句子填入文中空缺处，使短文内容完整正确。

- A. The first study started in 1966 and 5000 kids took part in it.
- B. These people did study again many years later.
- C. Will you draw a man or woman?
- D. More and more girls want to be scientists when they grow up.
- E. The main reason is that more women are becoming scientists.

文章大意：本文主要讲述了生气对身体健康的影响，同时也告诉我们一些处理生气的方法。

33. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有两项为多余选项。

Doctors say anger can be an extremely damaging emotion, unless you learn how to deal with it. They warn that anger can lead to heart disease, stomach problems, headaches, emotional problems and even cancer.

___1___. Some people express anger openly in a calm reasonable way. Some burst with anger and scream and yell. But others keep their anger inside. They can not or will not express it. This is called repressing anger.

For years many doctors thought that repressing anger was more dangerous to a person's health than expressing it. They said that when a person is angry, the brain releases the same hormones(荷尔蒙). They speed the heart rate, raise blood pressure, or sugar into the blood, etc. ___2___

Some doctors say that both repressing and expressing anger can be dangerous. They believe that express anger violently may be more likely to develop heart disease, and they believe that those who keep their anger inside may face a greater danger of high blood pressure.

Doctors say the solution is learning how to deal with anger. They say the first step is to admit that you are and to recognize the real cause of the anger, then decide if the cause is serious enough to get angry about. They say, "___3___ Wait until your anger has cooled down and you are able to express yourself calmly reasonably."

Doctors say that a good way to deal with anger is to find humor in the situation that has made you angry. ___4___

- A. In general the person feels excited and ready to act.
- B. They said that laughter is much healthier than anger.
- C. Expressing anger violently is much harmful than repressing it.
- D. Anger may cause you a cancer.
- E. Do not express your anger while angry.
- F. Anger is a normal emotion that we all feel from time to time.

34. Do you often use plastic straws (吸管)? You probably use them to drink lots of things, such as cola or milk tea. Plastic straws are small but they are a big problem. They are made in 10 minutes, used in 20 minutes and remain on the earth for over 100 years since they can't be broken down easily.

But how do plastic straws get into the ocean? Through human mistakes, they are often thrown everywhere. The waste management in some areas is so poor. All gutters (排水沟) lead to our ocean. ___1___ Once a turtle (海龟) was found bleeding because a 12-centimeter long plastic straw was pushed into its nose. How terrible!

___2___ That is enough to circle nearly two-and-a-half times around our planet! If we didn't act now, there would be more plastic in the ocean than fish by 2050.

Luckily, more and more people around the world have realized this problem. They begin to consider if they really need to use plastic straws when drinking drinks.

So what can we do to reduce (减少) plastic pollution? ___3___ For example, next time if you go to a restaurant, make sure you order your drink without a straw. What if people need to use a straw? There are reusable straws that can be cleaned and reused instead.

Starbucks has started to offer strawless lids (盖子) and paper straws instead of plastic straws in almost 1,000 stores in Shanghai and Shenzhen. Starbucks is not alone. ___4___ It is hoped that more businesses and customers will play a part in protecting our environment.

根据短文内容，从下面选项中选出恰当选项填入文中空缺处，使短文内容通顺完整。

- A. McDonald's has also taken action to reduce the use of plastic straws
- B. So plastic straws mustn't be thrown into the ocean.
- C. The simplest way is to say "No" to single-use plastic, like straws.

- D. Even worse, plastic straws kill ocean life.
E. In fact, around 500 million plastic straws are used every day in the US alone.

文章大意：本文是一篇议论文。文章论述了哭虽然不能使处境变得更好，但可以使人感觉更好。

35. What makes you cry? Being moved by a movie, seeing a loved one off, or being angry about something can all cause tears to roll down our faces. We all have the power to cry, but is that a good thing?

When you think about it, *shedding* (流泪) tears is a strange thing to do. But it seems to be normal when we get sad, upset or even when we're very happy. 1 However, the feeling is the same. Your eyes *tighten* (变紧) and before you know it, tears are streaming down your face. Some of us may *sniffle* (抽鼻子) a little while others may cry like a baby.

Some people suggest that it's women who cry more than men. It is true. A study in the UK found that women did cry more than men. 2 Or are they just uncomfortable about showing their true feelings?

One place where *emotions* (情绪) run high is in the workplace. Someone might be stressed. 3 A scientist, Joanna Cross, told the BBC, "Crying is often a build-up of failure and bad situations." She explained how someone might start crying when they were just asked to make a cup of tea, "Actually that's often a *backlog* (积压) of situations."

Though crying doesn't change situations for the better, it can actually make you feel better. 4 So perhaps more of us, especially men, should cry more often if it is necessary. It isn't a bad thing.

根据短文内容，从方框中选出四个选项填入文中空缺处，使短文内容通顺完整。

- A. Their work might be too much.
B. It can clear the bad feelings you've had.
C. The reasons why people cry are different from each other.
D. Crying and laughing come from the same part of the brain.
E. But does this mean men don't get as upset or sad as women?

文章大意：本文是一篇说明文，主要介绍了电影的发明及发展历程。

36. If you want to tell a story, or tell people about your ideas, a picture can often be better than words. 1 Everyone knows the most famous example of moving pictures- the cinema.

The cinema was invented at the end of the 19th century. In 1892, with his assistant, Edison invented the *kinetoscope* (活动电影机), a machine for looking at moving pictures. To see the pictures, you had to look through a small hole at the top of the machine. 2

Films developed quickly and became more popular. 3 The places to see films became bigger and more comfortable. At first, people could watch films only in cinemas. With the invention of television, people began to watch films in their own homes. Living rooms with large-screen TV sets were like small cinemas at home.

During recent years, companies began to develop new ways to record television programs with machines that had memory. 4 You can pay to download films and TV programs on the internet and watch them at any time.

The cinema has changed a lot. Will cinemas become a thing of the past? We can't be sure. Watching movies at home or in a cinema are both great fun, but some people think that cinemas are still the best places to watch movies.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

- A. And moving pictures can be much better.
B. Only one person could look in each machine.
C. Most people preferred traditional cinemas because the sound was clearer.
D. This way your television set can save films, almost like a computer.
E. People soon began to open places to show these new films to the public.

37. If the three Rs (reduce, reuse and recycle) is a guideline to save the planet, garbage-sorting (垃圾分类) is where the efforts start.

Since May 1st, Beijing has the new rules to start garbage-sorting to better protect the environment. 1 People who fail to sort their garbage properly can be fined from 50 to 200 yuan, reported Xinhua. According to CGTN(中国国际电视台), online guidelines(指导方针) have been published in order to teach people how to practice waste management. 2

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