

一、阅读理解

1. At sunrise, parks and other public areas across China fill up with people doing Taijiquan. ____1____ So, what exactly is Taijiquan and where does it come from?

Taijiquan, also known as Tai Chi, is one of China's most famous traditional forms of martial arts (武术). Martial arts can be different. Take Shaolin Wushu for example. It has a clear goal—to win a fight. ____2____ One careless move can cause serious injury (受伤). ____3____ It focuses on relaxed movements. Anyone who is good at it is able to move easily, just like water.

____4____ Wudang Tai Chi is one. It is said to have been invented by Zhang Sanfeng. It's said that he once watched a snake and a bird fighting. He was so impressed by the skills used by each animal. Then he made use of them to develop his own martial art.

It's our pride that China's Taijiquan has been added to *UNESCO's Representative List of Intangible Cultural Heritage of Humanity* (非物质文化遗产) in December, 2020. ____5____

根据短文内容，从选项中选出能填入文中空白处的最佳选项，选项中有两项为多余选项。

- A. Who invented Wudang Tai Chi?
- B. However, Taijiquan is very different.
- C. The action looks slow and comfortable.
- D. There are different styles of Taijiquan.
- E. The main focus is on developing strength and speed.
- F. Many think it's a sport, while others call it a martial art.
- G. So far, China has topped the list in the world with a total of 42 items.

2. New Names

When you get a pet, the first thing you might do is to give it name. The name should be one you'll remember. It might also describe the pet. For example, if you get a brown puppy, you might call her Honey.

When a new product is invented, people need to give it a name, too. ____1____ Sometimes people make up new words for a new invention. Sometimes they use older words and combine them in new ways.

Lots of electronic products are invented every year, so new computer words are invented all the time. ____2____ The word Internet was invented in the 1980s to describe the system that links computer networks around the world. Originally, it was called the internetwork.

The World Wide Web (the Web) is a huge collection of documents that you can access (存取) through the Internet. ____3____ Browser (浏览器) is a good name for this software application because you use it to browse, or look around, on the Web.

Two words were invented to describe Internet journals: blog and vlog. Blog is a form of web log. ____4____ Blogs contain words and sometimes pictures, while vlogs contain videos.

Another new computer word is e-mail, which is a shortened form of electronic mail. You get your e-mail in a mailbox. ____5____ Before e-mail, mailboxes were simply boxes where people put paper letters inside to be delivered by letter carriers.

The next time you see a new invention, look carefully at its name. Do you see any words or words parts you know? By looking for familiar words, you can often guess what an invention does.

- A. The Internet is an example.
- B. Vlog is a shortened form of video log.
- C. The name helps others remember it – and buy it.
- D. You use a Web browser to find texts and images.
- E. You can write an e-mail to the magazine.
- F. While mailbox isn't a new word, it's a new use of an older word.
- G. Dingding is the name of my cat.

文章大意：本文是一篇说明文，研究表明，人类的粪便中含有塑料，我们丢失的塑料最终还是“物归原主”，本文对此现象做出阐述并呼吁人们不要乱扔塑料，要保护环境。

3. We have found plastic in the ocean and in animals like birds, fishes and whales. But for the first time, scientists have found plastic in human poop (粪便), reports *USA Today*.

The findings come from a pilot study (初步研究) by scientists from Environment Agency Austria(EAA).

The researchers followed eight healthy volunteers from different parts of the world. The volunteers wrote down what they ate for a week, then

provided samples of their poop for testing.

___1___ An average of 20 small plastic *particles* (颗粒) were found in every 10 grams of poop. The particles were 50-500 micrometers (微米) in size.

“The smallest plastic particles are able to enter the bloodstream, *the lymphatic system* (淋巴系统), and may even reach the *liver* (肝脏),” Philipp Schwabl, who took part in the research, said to The Guardian.

___2___ They’re not sure how the plastic got in the volunteers’ bodies, either. But most of the volunteers said they drank from plastic bottles and also ate seafood that could include plastic from ocean pollution.

___3___ According to *National Geographic*, an average of 8 million tons of plastic waste go into the oceans each year. There, sunlight and waves break the plastic down to the size of rice grains. Most of these particles stay in the ocean. Others can spread into the soil and air. ___4___

Previous studies may also give us a clue (线索). ___5___ Even some tap water has been found to have tiny plastic particles in it.

- A. However, the scientists aren’t sure if this plastic is harmful to humans.
- B. How could people avoid eating plastic?
- C. They reported nine different types of plastic in the samples.
- D. Could plastic in the air fall onto food and get into the human body?
- E. In fact, plastic is everywhere around us.
- F. It is tested that plastic particles aren’t harmful to human bodies.
- G. *USA Today* says that 90 percent of sea salt sold globally contains plastic.

4. Confidence is very important in daily life. It can help you to develop a healthy attitude. A study shows that the people who are more confident are much happier. They can have more chances to make themselves successful. ___1___

Speak aloud

When you are not confident, you can’t do well what you want to do. ___2___ Try to speak aloud so that people can hear you clearly. The high voice can help you become more confident.

___3___

Physical exercise makes you tired but completely relaxed. When you are playing sports, you will be full of confidence.

Encourage yourself

Write down a list of things you did during the day to see how many things you have done well. ___4___ You helped your mother with the housework. You told a joke that made someone laugh. Give yourself praise for the good things you’ve done.

Get rid of (消除) fear

Fear comes along with failure (失败). But it’s easy to overcome if you know that failure is a part of your life. ___5___ Try to start again and believe you can do better.

Pick up a hobby

If you like singing, sing as much as you can. In some ways, a hobby can make you outstanding. And it will make you happy and confident.

- A. There are some suggestions.
- B. Play sports
- C. Don’t hide your head just because you said something stupid last time.
- D. You speak in a voice so low that other people can hardly hear you.
- E. Exercise is very interesting.
- F. You finished your homework.
- G. I want to be confident.

文章大意：本文主要讲述了电影《绿皮书》获得了“最佳影片奖”以及受欢迎的原因，并且讲述了故事的内容以及来源。

5. The 91st Academy Awards were held on February 25th. The film *Green Book* directed by Peter Farrelly won Best Picture, the biggest award of the night. ___1___ Part of the reason is that it speaks openly about the problem of racial discrimination (种族歧视).

The film is made by a true story. ___2___ In the movie, a white man named Tony is looking for part time work. Don, a black jazz musician, needs a driver to take him on tour. Although Tony doesn’t like black people, he takes the job. He drives Don all over the southern United States.

___3___ Their own bias (偏见) toward each other’s races start to disappear as they learn more about each other. For example, in one scene, Don helps Tony write a love letter to his wife Dolores. ___4___

As time passes, they realize how much they are similar to each other. At the end of the film, Don comes to Tony’s home to celebrate the festival

together. That's the final picture Green Book wants to really express.

The 1960s was a hard time for black people in the US. Discrimination was usual especially in the south. 5 Though the road was hard, people could still find the way out.

- A. When did the story happen?
- B. How did the film touch so many people's hearts?
- C. But *Green book* shows people how to fight against it.
- D. In another scene, they share their love of fried chicken.
- E. During the trip, the two men come to understand each other more deeply.
- F. The story is set in the 1960s.
- G. They don't like each other.

6. For Grade 9 students, they will leave school soon. Students in a school in Suzhou get a chance to make a class magazine. 1

Sun Han is the chief editor (主编) of the magazine. 2 "We have been preparing for the magazine for a long time. During the winter holiday, everyone chose articles they wrote and provided them to the editors," Sun said, "3"

Xu Lei, another student, wrote about a sports meeting where several boys who were not very athletic(运动的) pushed themselves hard to fight for the class.

Many students say that the articles remind them of the important moments they shared together.

4 "I found my articles written in the past were very naive (幼稚的). I used to complain a lot. But now I feel I can look at things in a more positive (积极的) way," Han said.

Apart from articles, photos are also very interesting. 5

"When we go to university or start working in the future, the magazine will remind us of our happy time at school," Sun said.

- A. I shared some of the poems I wrote.
- B. The photos show many firsts, such as the first sports meeting, the first dance performance.
- C. They are saving their memories by showing articles and photos of school activities.
- D. It's also a great chance to look back on their growth at school.
- E. The articles are all about their hometown.
- F. His classmates recommended him for the job.
- G. The photos show us different cities.

7. How to build self-confidence

These tips could help anyone who is trying to build self-confidence (自信). Remember to always love yourself and love others as you love yourself. Try not to be so hard on yourself or others.

Choose to deal with those who can lift you up. Talk to and hang out with friends and family. Make new friends with those who love you and really care about you. 1 Choose your friends carefully. Be careful of people who may make you feel bad or unhappy about yourself.

Get to know yourself. What are your values, your beliefs, your morals (道德观), your wants, your needs and your tastes? 2

3 You can not be perfect, you can only be the best you can be. No one in this world is perfect, so don't blame (指责) yourself for making a mistake or not being perfect. Also, stop comparing yourself to others. 4

Be kind to others and do nice things for them. This will help to build your self-confidence. 5 You will realize that by making other people happy, you yourself will also become happy with your life and yourself.

- A. Tell others "I love you".
- B. Stop trying to be perfect.
- C. The better you know yourself, the easier it will be to love yourself.
- D. You will never be them and they will never be you.
- E. This is what you can truly do to make people happy.
- F. They can accept you for who you are and only want the best for you.
- G. Accept yourself and love yourself for who you are.

8. Napoga is a 12-year-old girl in Ghana(加纳), Africa. It is hard for her family to get clean water. Every morning, she leaves home at half past five to get clean water for her family in a village far away. 1 She has no time to go to school or to play with her friends. Millions of people in the world are facing the problem of water shortage like Napoga. They can't get enough clean water to keep healthy.

Earth Day is April 22. 2 The water we use is the most important natural resource(自然资源) on the earth. Water covers 70% of the earth's surface. 3 We can't use it for very many things. Fresh water covers only 1% of the earth's surface.

4 But that doesn't mean you don't have to worry about water. We all face serious water problems. One of them is water pollution. All kinds of things from cars, factories, farms and homes make our rivers, lakes, and oceans dirty. Polluted water is very bad for people to drink. And dirty water is bad for fish, too. Now, 34% of all kinds of fish are dying out. 5 First, they pollute the air. Then, when it rains, the rain water comes down and makes our drinking water dirty. Dirty rain, called acid rain, is also bad for plants, animals and buildings.

Scientists say that in 30 years, more than half of the people in the world won't have enough clean water. We have to learn how to save more water for ourselves and our children.

- A. How do cars and factories make our water dirty?
- B. Unfortunately, most of that is sea water.
- C. Pollution has led to serious problems of water shortage.
- D. But on all other days, we must also remember it.
- E. The water Napoga gets from far away is too salty to drink.
- F. You probably feel lucky that your life isn't as hard as Napoga's.
- G. It takes her six hours to get enough clean water for daily cooking and drinking.

文章大意：本文主要介绍了一种新的生活方式——水上生活。

9. 阅读下面短文，从短文后所给的选项中选出能够填入短文空白处的最佳选项，使短文通顺连贯，其中有两项是多余选项。

There are at least 3,000 miles (about 4,828 km) of waterways in Britain. On these canals (运河) and rivers, there are over 30,000 "houseboats"—boats that people use as homes. 1

Houseboats communities are typically made up of people who are looking for a slower way of life and who want to be in touch with nature.

Living on the water sounds romantic. 2 There are daily things that need to be done, like bringing fuel and water on board and dealing with "waste " water from the kitchen sink (水槽) , shower and toilet. 3 And there is always feeling of being wet. Of course, most boats are quite small inside, so you don't have much space, especially if you are a couple, family or group of friends.

4 But the number of people living on Britain's waterways has increased by around 50 percent over the past ten years. This is not only because they like the idea of life on water but also because it is much cheaper to buy or hire a boat than a flat or house. 5 Houseboat neighbors often become friends for life. This is quite a different story from people who live in flats or houses and may hardly know the people next door at all.

- A. But it is also hard work.
- B. In winter, living on boat can be very cold.
- C. Houseboats are a traditional lifestyle in Britain.
- D. Around 10,000 of them are located (坐落) in London.
- E. There is a great sense of community on the waterways.
- F. More than 10,000 houseboats are open to British people.
- G. There are many difficulties for people to live on the water.

文章大意：本文是一篇说明文。文章从四个方面告诉我们当我们失败的时候可以如何做。

10. What Can Help Us When We Fail?

Failure is a part of life since our earliest moment of life. We often think of failure as something bad. But failure is a normal and natural part of life. So it is neither bad nor good. 1

·Don't be afraid of failure.

2 If we never fail at something, we probably haven't learned all that life has to teach us. So failure means taking something away from the experience.

·Never stop trying.

Trying or learning something new is often half the battle (战斗) . 3 You may get disappointed because of failure. But if you give up, your progress will come to an end.

· 4

Nobody can be our safety nets all the time in our lives. Only we can act as our own safety nets. So we should learn to be independent and do everything for ourselves.

·Don't look back.

We spend too much of our lives looking back. There's nothing back there to see. 5 And I'm sure that you'll find yourself in a better position.

根据短文内容，从以下选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

- A. Failure is a friend.
- B. Don't give up trying.
- C. Failure is how we learn.
- D. Maybe you want to give up.
- E. Learn to depend on ourselves.
- F. However, what can help us when we fail?
- G. Spend more time looking forward to your life in the future.

二、阅读理解

11. WeChat groups between parents and teachers were supposed to be an easy communication channel. 1 Some parents said they've even been asked to help their children clean the classroom and help with food service in the school canteen.

2 In the group, they have to answer questions and requests from parents at any time. One teacher Mr Liu said that he felt "afraid" of WeChat because there were always a lot of unread messages from parents.

Local authorities and educational institutions (机构) have come up with possible solutions. On Nov 11, Liaoning province banned teachers from asking parents to grade their students' homework. Taiyuan and Beijing also issued similar rules forbidding teachers to ask parents to help with homework. 3

This move has been welcomed by parents and teachers alike. A 35-year-old father agreed that teachers, parents and school need to make some changes. Teachers are already overworked and don't want to spend their free time being bothered by parents. 4 A high school biology teacher held that parents should make sure their kids finish their homework on time and that's enough. 5

- A. However, he added that parents still need to join in some school activities with their kids.
- B. However, many said that some teachers are transferring (转移) their work to the parents.
- C. After the work is done, group chats related to school homework will have to disappear.
- D. WeChat groups have increased the worries of parents and teachers.
- E. In fact, many teachers are not happy with the chat groups either.
- F. Every coin has two sides.

文章大意：本文讲述立冬时，人们遵循的一些旧的传统习俗和现在新的习俗的出现。

12. 阅读下面的短文，根据短文内容，从短文后的选项中选出能填入文中空白处的最佳选项。（每个选项只用一次，选项中有一项为多余选项）

Falling leaves and cold winds mean the arrival of another season. Lidong is a Chinese word for one of the 24 solar terms (节气) of China. 1

To welcome lidong, people have many colorful customs that light up the cold days. 2 Winter is believed to be a season for storage (储藏). Eating well helps people store energy to beat the cold in winter, and prepare for growth in the coming spring. In the north, people prefer eating dumplings. The Chinese word for dumpling, has a similar pronunciation as the word "change", "jiao (交)". 3 In the south, eating chicken, duck and fish is common.

From history, lidong was also a time for people to store vegetables. 4 Therefore, around lidong, some people in the north began to store vegetables like cabbages and green onions in a cellar (地窖) underground.

However, some of these customs disappeared. Most people buy fresh vegetables at the supermarket. 5 In Harbin, experienced swimmers choose to swim in the winter waters during lidong. How cold it must be!

- A. Eating dumplings means celebrating the change of autumn to winter.
- B. There were not many fresh vegetables to eat during winter.
- C. The most important thing is to make a plate of dumplings with different shapes.
- D. Instead, new winter customs are being created in certain places.
- E. It means the beginning of winter.
- F. One of the most popular customs is to have a big meal.

13. You've been learning words since you were a tiny baby. At first, you learned them only by hearing other people talk. Now that you're a reader, you have another way to learn words. What should you do when you come to a word and you think you don't know what it means? 1.

Say it

First sound it out. Then say it to yourself. 2. Sometimes you know a word in your head but you don't know what it looks like in print. So if you match up what you know and what you read - you have the word!

Use context

If this doesn't work, take the next step: look at the context — the other words and sentences around it. Read this sentence: *When it rained, the dog looked for shelter in the doorway.* 3. *Rain* and *in the doorway* might give you helpful information.

4

If the context doesn't help, look at the parts of the word. Does it have any parts you know? These can help you understand what it means. If you don't know the meaning of *miner*, try looking at parts of the word. You might know that a *mine* is a place underground where people get coal and other valuable things. A lot of times, *-er* at the end of a word means "a person who does something". So a *miner* might be someone who works in a mine.

Look it up

If the three steps above don't work, you can look it up. 5 — either a book or online.

Nobody knows the meaning of every word, but good readers know how to understand words they don't know.

- A. Use word parts
- B. Look at the words
- C. It might sound like a word you know
- D. You can find the word in a dictionary
- E. Following some easy steps can help you
- F. If the word *shelter* doesn't look familiar, look at the words around it

文章大意：本文主要介绍了学习外语的几个建议。

14. Learning a Foreign Language

There are many aspects (方面) to language learning, such as how words are said, which words are chosen and what forms of words are used. All of these aspects together can make learning a foreign language difficult. 1

◆ Don't worry too much about pronouncing words the wrong way.

Pronunciation is important, of course. 2 But the most important step in learning a new language is to practice speaking it. As for learning any new skill, practice makes perfect. And most of the time, the native (本地的) speaker is glad to help improve the pronunciation of the words.

◆ Don't be afraid to guess the meaning of what someone says.

3 It is impossible to know all of them. You may use context (上下文) and body language to guess what others say. For example, when a person says "Hola" and waves his hand, one might guess that the person is giving a greeting. Whether it means "Hello" or "Good morning", it is not necessarily important at that moment to know the exact meaning.

◆ 4

Learning a new language or skill always takes time. Many will give up learning because it is too hard or boring. Some may think that other people will make fun of them for making mistakes. But it's OK to make mistakes. Nobody is perfect, after all. Don't lose hope and keep trying.

In the end, learning a new language can be difficult, but remember that it can give great advantages. 5 Don't forget that learning a language can also include making new friends, experiencing new cultures and tasting new foods!

根据短文内容，从选项选出能填入文中空白处的最佳选项，选项中有一项为多余选项。

- A. Don't give up.
- B. Don't waste time.
- C. There are tens of thousands of words in English.
- D. It helps listeners to understand what someone says more clearly.
- E. But some advice might make learning a new language easier—and more fun.
- F. Learning a language doesn't just mean the ability to speak in that different language.

15. Smart wristband(智能手环), a new welcoming product, is changing our lifestyle. 1 And there are also many different brands to choose, such as Apple or Huawei.

Here are the reasons why people choose a wristband.

2 The wristband can also be connected to the mobile phone. You are able to use it to answer the phone, but a traditional watch can never do that.

Besides, the smart wristband looks fascinating. 3 We often see teenagers wearing wristbands.

Thirdly, at present many people have realized the importance of health. Some people play sports every day to keep healthy. 4 The wristband shows the results every day and you'll know whether you achieve your aim or not. However, some parents are still against using it. 5 They think the teenagers are under the radiation(辐射) all the time.

Each coin has two sides. Use it or not, it's up to you.

- A. It's helpful to know how far they have run or how many steps they have got with a wristband.
- B. First of all, it can tell the time like a normal watch.
- C. In their opinion, wearing wristbands for a long time may cause cancer (癌症).
- D. People don't need a normal watch anymore.
- E. More and more people prefer to choose a smart wristband in their daily life.
- F. It's very popular among teenagers because it's cool enough.

文章大意：本文主要讨论了食物浪费对于环境造成的危害，倡导人们要节约食物，按量索取，共同努力造就更美丽的城市居住环境。

16. 根据短文内容，从短文后方框中的A-F选项中，选出适当的选项补全短文，并将其编号字母涂在答题卡上相应的位置。选项中有一项为多余选项。

The next time you sit down to a delicious dinner, ask yourself, "How much food will I be able to eat?" If you think about only taking as much food as you can eat, it will help cut down waste. 1 This is very sad when we consider that many people can't even afford to have one meal every day and some of them even die from hunger. The problem of waste happens all over the world. 2

First, 3 Only take as much food as you can eat, buy things in environmentally friendly packaging such as paper or cardboard. Second, leave rubbish in its proper place. If every person could cut down waste, even just a little, the whole effect would be great.

4 If rubbish or food is left in the streets in our city, it can make the city dirty and may also lead to a bad smell in the streets. So 5. In this way, we will feel more comfortable living in the city.

- A. the most important thing for us to remember is to be friendly to the environment.
- B. Some actions must be taken to reduce food waste.
- C. Every day, plenty of food goes uneaten and turns into rubbish.
- D. Rubbish and waste can be a big problem in large cities.
- E. we should try our best to work out the problem and make the city more beautiful.
- F. People often want more than what they really need.

文章大意：本文主要介绍了一些学会感恩的建议。

17. 请阅读全文，并从下列的六个句子中选择五个还原到原文中，使原文的意思完整、连贯。

There is good reason to believe that people who learn to be grateful are happier and healthier than those who don't. Grateful people feel pleased with what they have instead of complaining about what they lack. They see each day as a new opportunity for happiness, rather than another challenge to take on. 1

Take a minute to be thankful for your life.

2 At school, step outside for a short walk to breathe the fresh air and think about how thankful you are for the chance to take a break and feel the sun. At home, the things you're thankful for can be your morning cup of milk or the soft pillow you sleep on at night.

3

Life gets so busy that you often forget to tell people how much they matter (要紧) to you. Expressing your thanks to others will create an atmosphere of thankfulness that can spread out gradually. For example, if your mother packs your lunch for you, say something like "Mum, thank you for your effort to make my day less busy."

Talk about gratitude with family.

Find the time to talk about the things you are grateful for every day. 4 For example, instead of saying "I'm thankful for all of you being

there for me,” you could say “I’m thankful that you all help me care for the garden every weekend.”

Learning to be thankful doesn’t mean bad things won’t happen, or that you won’t be affected by the things that do happen. 5

- A. Tell someone you appreciate (感激) them.
- B. Let each family member have a turn for discussion and try to be as specific (具体的) as possible.
- C. Sometimes it can be really hard to be thankful in your life.
- D. Here is some advice for you to be more grateful (感激的).
- E. It can simply help to make those things easier to deal with and make you feel better.
- F. Sometimes a good way to feel better is to take a break and find something that you are grateful for.

文章大意：本文是一篇说明文，主要介绍了一些人类现在使用的几种能源，讲述了能源的使用以及和环境相关的知识。

18. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有一项为多余选项。

The modern world runs on energy. However, in the past human society used very little energy like wind, water and fire could provide. There are many different ways to create energy, but some ways are harmful to the environment.

Fossil fuels (化石燃料) are the most common kind of energy. They include coal, oil, and natural gas. First, people have to dig them from the ground. 1 However, scientists are creating cleaner and better ways to do that these days. So the environment is not harmed as much as before. But when people burn these fossil fuels, they can give off a lot of harmful gases, which is considered to be one of the greatest causes of global warming. This might harm the environment.

Tidal (潮汐) energy is another way to make electricity. It uses the ocean tides to make electricity. But some kinds of tidal energy can kill many fishes and other sea animals. Also dams(堤坝) can create lakes and lots of clean energy, but they change the way that rivers run. 2

Nuclear energy is a very powerful form of energy. 3 However, many people are afraid of it because there have been some very serious accidents in the past which caused great harm both to humans and nature. 4 Many countries are starting to use nuclear energy more.

5 Whatever kind of energy we use, it should be good for people and environment.

- A. It is cheap and very clean.
- B. So they can do great harm to the balance of nature.
- C. But the technology is much better these days.
- D. This can sometimes harm the environment.
- E. Scientists will make it better.
- F. We live in an age when it is possible to use different kinds of energy.

文章大意：本文讲述了音乐对人们的重要性。音乐可以使我们放松，音乐是一种治疗，音乐可以帮助我们学习。

19. 根据短文内容，从短文后的A-F选项中，选出适当的选项补全短文。选项中有一项为多余选项。

In the modern world, all of us won’t live well without music. According to the scientific research, music can change how you feel. 1 Let’s read the report.

Music makes you relax

Most stores play “background” music. The longer customers stay in a store, the more possible it will be for them to buy something. 2 Finally, most customers go home with many things happily.

Music is a healer

When you’re sick, try listening to soft and relaxing music. If you’re feeling sad, play the music you like. Then tell someone how it makes you feel. 3 Each teen explained why he or she liked the song. After talking about it, the teens said they felt better.

4

Many recent studies have tried to explain how music and learning go together. Some experts suggest playing slow music to help you pay attention when you study. 5

So music is the key to our life and study.

- A. Music helps you to learn.
- B. It may even help improve your memory.
- C. She likes music that can make her relaxed.
- D. So stores try to play music that their customers enjoy.
- E. Different kinds of music can influence you in different ways.
- F. A group of teens who had depression (抑郁症) shared their favorite songs with each other.

文章大意：本文主要讲述了音乐的力量。

20. 补全短文。根据短文内容，从短文后的A-F选项中，选出5个适当的选项补全短文。

Everyone enjoys music. But do you know it can improve the lives of sick kids? 1 In fact, music has changed the world a lot. In Australia, a scientist Catherine, has made a music program. 2 “Music can make you happy, music can make you sad, music can make you relaxed and take away any stress,” said Catherine.

For thousands of years people has believed that music has a great effect on both the mind and the body, but it was only about 70 years ago that scientists began to study its medical benefits (益处). 3 Since then, people has used music to help patients. It's even been used to help kids in schools get better marks because it allows them to relax and pay more attention.

Now music is being used in a special program called Music Therapy (疗法). 4 It includes listening to music, playing instruments, singing, song writing and other games. Sophia is 11. She got cancer five months ago, but playing music, learning new songs and singing have become part of her life. She said, “It takes my mind off feeling sick. While I am listening to music, it tells me not to give up hope. 5”

It seems that a few minutes of music a day can help keep the doctor away!

- A. It helps people improve their quality of life in different ways by using music.
- B. So soon music became popular all over the world.
- C. It feels like my life will soon turn around and I'll be strong again.
- D. A famous musician once said music could change the world!
- E. They found that playing music in hospitals helped sick soldiers feel better.
- F. The program has been putting smiles on the faces of kids in hospitals across the country.

三、阅读理解

文章大意：本文主要介绍了筷子的起源，与其有关的传说以及它的象征意义。

21. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。并在答题卡上将该项涂黑。



When you use a knife and fork, you have to take the knife with your right hand and the fork with your left hand, or you can't put food into your mouth. But with chopsticks, you can solve the eating problems with just one hand. 1

Chopsticks were called zhu or jia in ancient China. It is said that they were invented by Da Yu, who successfully controlled the heavy flood (洪水). One day he was busy dealing with the flood. In order to save time when eating, he used two sticks from a tree to take the hot food. That was how chopsticks came into use. 2

In fact, the earliest chopsticks found in China were made of bronze (青铜), which were unearthed from Yinxu in Anyang city, Henan Province.

Many people probably haven't realized the cultural meanings of chopsticks. 3 Do you notice that one end of chopsticks is square and the other end is round? So, why? According to our ancestors, the round end symbolized (象征) Heaven and the square end symbolized Earth. 4 In Chinese culture, it shows the perfect combination (结合) of yin and yang.

The influence of Chinese culture has stretched (延伸) far and wide. 5 So it's unbelievable that foreigners cannot use chopsticks.

- A. Besides, chopsticks are used in pairs.
- B. It's convenient and efficient (有效率的).
- C. It was one of the legends (传说) about chopsticks.
- D. At least 1.8 billion people are using chopsticks around the world.
- E. They are regarded as one of the symbols of Chinese food culture.

文章大意：本文讲述生活中的酸甜苦辣。

22. Experiences in life can teach us something and make us better people.

Love and hate

1 Love makes us feel wanted. Our parents give us all of their love and care, but we don't always realize that. Without love, a person treats others badly.

2

Some kinds of happiness are short-lived. But things like helping others can give us long-lasting happiness. 3 But these things don't last forever.

Failure and success

Failure is the way to success. 4 Success brings money and other things. The only way to say thanks for success is to be kind to others.

Hope and despair (绝望)

5 Life teaches us not to despair, because after every night there is another day. We have only one choice to keep moving through life and be hopeful.

补全短文

- A. Happiness and sadness.
- B. Hope keeps life going.
- C. It teaches us to live through difficulties.
- D. Love plays an important role in our lives.
- E. Sadness is often caused by the death or some failure.

23. 阅读下面短文，根据短文内容，从短文后的A—E选项中选出适当的选项补全短文，使短文通顺，完整。

Have you heard about "Survival (生存) Holidays"? 1 Now about 1,000 companies are allowed to take children into the great outdoors with no parents following.

Why do people like "Survival Holidays"? It is because they think being close to nature is important to children. Many children in big cities spend all time watching TV and playing computer games. 2

Is "Survival Holidays" a wonderful idea? Children need more free time to play. 3 Parents care too much about their children. They like to see the children being busy with activities under the control of adults, but children don't know what to do when they are in trouble. Even something like crossing a small river or falling down seems very terrible to them.

4 Even years later, they will still remember what they have learned. Some have learned to stay cool in different times. Some have learned how to keep safe. 5 All these skills will help them a lot in their lives..

- A. Many people think the survival activities are important to children.
- B. So "Survival Holidays" gives them an important chance.
- C. Others have learned how to work in a team.
- D. "Survival Holidays" is for children to go into the lonely place for exciting activities.
- E. They also need to live and learn by themselves.

24. I like reading books in the library. 1 Yesterday when I walked past her, I decided to go to talk to her.

The old woman looked happy and excited. 2 Her father was an artist. She went to many wonderful places and had many funny experiences. I was happy to see a smile on her face while she was describing her happy moments. We sat there for an hour.

3 The last person she had a talk with was a nurse, but she found another job and then there wasn't anyone for her to talk to. 4

Old people are lonely, and sometimes this is bad for their health. 5 In fact, the old woman was very wise (睿智的) and I learned a lot from her in just an hour.

阅读短文，把A-E五个句子填入文中空缺处，使短文内容完整。

- A. She told me that she felt nice to talk to someone for so long.
- B. We should try to spend some time talking to the old.
- C. Every time on my way to the library, I saw an old woman sitting alone.
- D. Most people were too busy to talk with her.
- E. She told me about her family.

文章大意：本文主要介绍了人工智能ChatGPT的好处以及弊端，以及GPTZero是如何运作的。

25. Have you heard of the APP ChatGPT? 1 It offers private and group chats, emojis, stickers, images, and videos, and makes conversations more interesting and attractive. The dialogue format makes it possible for ChatGPT to answer questions, admit its mistakes and refuse improper requirements. 2 However, an APP named GPTZero can help to prevent that.

Edward Tian is a computer science student at Princeton University. The 22-year-old created GPTZero in response to (作为回应) the widespread use of ChatGPT. According to the student, the software is able to respond quickly and correctly. In only a few seconds, it can tell you if a given text is written by AI or a human.

3 These texts help it to find out whether an article is the work of AI or not. To examine one article, the APP will check how familiar it is with the given article based on the texts he has seen during training. The less familiar it is, the more likely it is to be the work of a human. GPTZero then scans the article to see how different it is. A human-written article usually differs a lot. 4

Mr. Tian is an AI supporter. 5 He says that ChatGPT is useful in helping him to write computer code and solve other problems. At the same time, he adds, it is important to develop safeguards (防护措施) for new technologies.

- A. After these two steps, it will give a final score.
- B. GPTZero has been trained with different texts.
- C. It is a free online chatbot that can perfectly write almost anything.
- D. He believes that AI will surely be a great help to life and work if used properly.
- E. Since its launch, it has been used by students and workers to cheat by creating written work for them.

文章大意：本文主要介绍了中国二十四节气中的惊蛰。

26. 阅读下面短文内容，从短文后的选项中选出能填入空白处的最佳选项。每个选项仅使用一次。

As the spring comes, the weather warms up. The rain falls and the thunder roars (雷声轰隆隆). The world comes back to life. 1 or the Awakening (唤醒) of Insects. This year, it falls on March 5th.

For the animals that sleep through the winter, it's time to get up and find food! Farmers start the year's work. 2. There is more sunshine and rain. That's good for plants to grow. As the Chinese saying goes, "The whole year's work depends on a good start in spring (一年之计在于春)."

Everyone seems to be ready for the new year's work. How about you? 3?

Feed the "white tiger"

4. People draw the white tiger on paper, and then put some meat in its mouth. This way, the tiger is fed (喂) and will not bite people. Go away, bad luck!

5

Some stories are about the god of thunder (雷神). He beats his drum to make spring thunder during Jingzhe. To show their respect (尊敬), people on earth also beat drums.

Eat pears

It's getting warmer around Jingzhe. Pears are sweet and juicy. People believe that eating pears can stop us getting coughs (咳嗽).

- A. In some old Chinese stories, a white tiger always bites people during Jingzhe
- B. During this time, most parts of China warm up quickly
- C. Beat the drums
- D. Chinese people call this time of the year Jingzhe (惊蛰)
- E. What do we do around Jingzhe

文章大意：本文主要介绍了作者的梦想——把信息技术和人工智能带给人们。

27. What I like most to study is computer science.

1 First, I have been interested in computers since I was a child. I like playing games and drawing and editing pictures using computer software, so I think that a computer science major would allow me to build on this interest. Second, I have found that I turn to the Internet when I have a problem that people around me can't help with. It's a goldmine of answers.

2 We use the net to shop, chat with friends who live far away, and book tickets and hotel rooms when we travel. The net is so wonderfully convenient that I doubt if modern life would be possible without it.

If I do study computer science and Internet technology as my major, I want to develop artificial intelligence (人工智能) products after college. They would add convenience to life. 3 They can facilitate our communication so that society can meet people's demand for higher living

standards.

If I could, I'd even like to develop my own games. 4

However, it's not easy to enter the world of IT. 5 Nevertheless, I am going to put in every effort to achieve the high standard that is required. I firmly believe that one day my dream will come true.

根据材料内容，从下面五个选项中选出能填入文中空缺处的最佳选项，使文章意思通顺、内容完整。

- A. There are a lot of reasons.
- B. This is why some people round me think that my dream is unrealistic.
- C. I want to improve the various social platforms.
- D. What's more, now the Internet enters every aspect (方面) of life.
- E. That's something that would make me really proud and add real value to my life.

文章大意：本文主要介绍了一些“爱情语言”。

28. Love is not a single feeling. Although we love our family and friends, sometimes we just don't know how to show our love to them. In fact people give love in different ways. Each way can be called a "love language." 1

First, offering praise. 2 Praise means attention and care. "You've done a good job." "These shoes look nice on you"...Such praise will make others pleased.

3 A gift means "I care about you." The gift does not have to be expensive. Perhaps a piece of chocolate is OK.

Third, spending time together. Have a relaxing time and do things we all enjoy. Don't be busy all the time. Have a picnic with the family. 4

Fourth, being a good learner. 5 When someone is down, what he wants is to understanding. Don't talk about ourselves too much.

These love languages help us to express love. They also make us understand love form others.

根据短文内容，将下面的句子还原到文中空白处，使短文内容完整、通顺。（每个选项只能用一次）

- A. This kind of language uses words to show love.
- B. Or visit grandparents to talk to them.
- C. Second, giving gifts.
- D. Be ready to listen and try to understand.
- E. Here are some love languages.

29. The story goes that some time ago, a man shouted at his 3—year—old daughter for wasting a roll of golden wrapping paper. Money was tight and he became angry when the child tried to decorate a box to put under the Christmas tree. However, 1 and said, "This is for you, Daddy. "

The man was embarrassed by his earlier overreaction, but 2 He shouted. , " Don't you know when you give someone a present, there is supposed to be something inside?" The little girl looked up at him with tears in her eyes and cried, " Oh, Daddy, it's not empty at all. 3 They're all for you, Daddy. "

The father was shocked. He put his arms around his little girl, 4

Only a short time later, 5 It is also told that her father kept that golden box by his bed for many years and, whenever he was discouraged, he would take out an imaginary kiss and remember the love of his child. So appreciate what you have now, or you'll be sorry when you lose it.

根据材料内容，从下面五个选项中选出能填入文中空缺处的最佳选项，使短文意思通顺，内容完整，并将其标号填写在下面题号后的横线上。

- A. and begged for her forgiveness.
- B. I blew kisses into the box.
- C. an accident took the life of the child.
- D. he became angry again when he found out the box was empty.
- E. the little girl brought the gift to her father the next morning

文章大意：本文主要介绍了音乐产生的影响。

30. Music is in every part of our lives. Research suggests music can influence you a lot. Music can change how you feel. 1

First, music makes you relax. Most stores play background music. The longer customers stay in a store, the more possible it will be for them to buy something. 2 If you want to relax at home, try listening to soft music or music produced by your favorite musical instrument.

3 Many recent studies have tried to explain how music and learning go together. Don Campbell, an expert, believes music can make people, even babies, more creative, smarter, healthier and happier. Some experts suggest playing slow music to help you pay attention when you study. It may even help improve your memory.

Third, music is a healer (良药). When you are sick, try listening to soft and relaxing music. 4 Then tell someone how it makes you feel. A group of teenagers who have depression (抑郁症) shared their favorite songs with each other. 5 After talking about it, they said they felt better.

No matter what style of music you like, you can use it to help.

根据短文内容，将下面的句子还原到文中空白处，使短文内容完整，通顺（每个选，项只能用一次）。

- A. So stores try to play music that their customers enjoy.
- B. Each teenager explained why he or she liked the song.
- C. Different kinds of music can influence you in different ways.
- D. If you are feeling sad, play the music you like.
- E. Second, music helps you to learn.

四、阅读理解

文章大意：本文是一篇议论文。文章论述了哭虽然不能使处境变得更好，但可以使人感觉更好。

31. What makes you cry? Being moved by a movie, seeing a loved one off, or being angry about something can all cause tears to roll down our faces. We all have the power to cry, but is that a good thing?

When you think about it, *shedding* (流泪) tears is a strange thing to do. But it seems to be normal when we get sad, upset or even when we're very happy. 1 However, the feeling is the same. Your eyes *tighten* (变紧) and before you know it, tears are streaming down your face. Some of us may *sniffle* (抽鼻子) a little while others may cry like a baby.

Some people suggest that it's women who cry more than men. It is true. A study in the UK found that women did cry more than men. 2 Or are they just uncomfortable about showing their true feelings?

One place where *emotions* (情绪) run high is in the workplace. Someone might be stressed. 3 A scientist, Joanna Cross, told the BBC, "Crying is often a build-up of failure and bad situations." She explained how someone might start crying when they were just asked to make a cup of tea, "Actually that's often a *backlog* (积压) of situations."

Though crying doesn't change situations for the better, it can actually make you feel better. 4 So perhaps more of us, especially men, should cry more often if it is necessary. It isn't a bad thing.

根据短文内容，从方框中选出四个选项填入文中空缺处，使短文内容通顺完整。

- A. Their work might be too much.
- B. It can clear the bad feelings you've had.
- C. The reasons why people cry are different from each other.
- D. Crying and laughing come from the same part of the brain.
- E. But does this mean men don't get as upset or sad as women?

文章大意：本文主要介绍了在过去，包括医生在内的人都不知道病菌是如何传播的。于是在1619年，有医生发明了鸟形的面罩来阻止病菌传播。事实上，由跳蚤和啮齿动物传播的瘟疫并不是依靠面罩，而是依靠包裹医生全身的外套、手套、靴子和帽子来阻止的。

32. The Bird Mask



Today, doctors know a lot about how to stop germs (病菌) from spreading. They suggest people cover their mouths when they cough. Washing your hands often also helps.

However, people haven't always known about germs. For many years, even doctors didn't really understand how illnesses spread. 1 Some doctors even tried dressing like birds.

In 1619, the French doctor, Charles de Lorme, invented a special uniform. He hoped it could protect doctors who were treating plague (瘟疫) patients. The uniform had a long coat, gloves, boots (靴子) and a hat.

The doctors also carried sticks so they wouldn't have to touch the patients. The most special part of the uniform was the mask (面具).

2 It had a beak (鸟嘴) that was about 15 cm long. There were also two eyeholes covered in glass and two nostril (鼻孔) holes.

At that time, doctors believed the plague was spread by bad air. Any air that had a bad smell was dangerous. 3 They believed this could stop them from breathing the bad air and they wouldn't get sick because of the plague.

Did it work? Well, not really. Certainly the germs sometimes traveled through the air, and the flowers weren't able to stop them. 4

Some forms of plague only spread through certain animals such as mice. The doctors' uniform helped to protect them from this danger. However, largely the coat, gloves, boots and hat did the job, not the bird mask.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

- A. The bird mask helped to protect the doctors from this danger.
- B. Many doctors still got sick by breathing through the nostril holes in their masks.
- C. The mask made the doctors look like birds.
- D. So the doctors put flowers in the beak of their masks.
- E. They did many things to avoid getting sick.

33. Do you often use plastic straws (吸管)? You probably use them to drink lots of things, such as cola or milk tea. Plastic straws are small but they are a big problem. They are made in 10 minutes, used in 20 minutes and remain on the earth for over 100 years since they can't be broken down easily.

But how do plastic straws get into the ocean? Through human mistakes, they are often thrown everywhere. The waste management in some areas is so poor. All gutters (排水沟) lead to our ocean. 1 Once a turtle (海龟) was found bleeding because a 12-centimeter long plastic straw was pushed into its nose. How terrible!

2 That is enough to circle nearly two-and-a-half times around our planet! If we didn't act now, there would be more plastic in the ocean than fish by 2050.

Luckily, more and more people around the world have realized this problem. They begin to consider if they really need to use plastic straws when drinking drinks.

So what can we do to reduce (减少) plastic pollution? 3 For example, next time if you go to a restaurant, make sure you order your drink without a straw. What if people need to use a straw? There are reusable straws that can be cleaned and reused instead.

Starbucks has started to offer strawless lids (盖子) and paper straws instead of plastic straws in almost 1,000 stores in Shanghai and Shenzhen. Starbucks is not alone. 4 It is hoped that more businesses and customers will play a part in protecting our environment.

根据短文内容，从下面选项中选出恰当选项填入文中空缺处，使短文内容通顺完整。

- A. McDonald's has also taken action to reduce the use of plastic straws
- B. So plastic straws mustn't be thrown into the ocean.
- C. The simplest way is to say "No" to single-use plastic, like straws.

- D. Even worse, plastic straws kill ocean life.
E. In fact, around 500 million plastic straws are used every day in the US alone.

34. Certain things you do at one place are totally OK and understood. While it may not be proper to do the same thing in another place or it might even be totally misunderstood.

Just take Finland (芬兰) as an example. You might have seen this funny picture already about Finns waiting at the bus stop. 1 If you are standing too close to someone while talking, you will notice that the other person is trying to get a bit further from you. You should notice and respect it so that he or she can feel comfortable.

Finns do not like to make eye contact (接触) with strangers. 2 It might be a sign of rudeness in other cultures not to look each other in the eye when talking -in Finland it is simply just the opposite.

Also, touching strangers while talking to them might feel embarrassed to the other person. In Finland, for most people, physical contact while talking even among friends is not so common. In more southern cultures it is acceptable. 3

4 It is very uncommon to ask even friends about how much money they make. It is simply considered a part of their personal space.

- A. For example, to hit someone's shoulder lightly or hold his arm for a second as a sign of sympathy (同情).
B. Finns (芬兰人) respect the personal space of each other a lot.
C. People do not talk about their salaries (薪水).
D. Finland has a population of five million people spread over more than 130,000 square kilometers.
E. Even when talking to friends and family, continuous eye contact is not very common.

35. You've been learning words since you were a tiny baby. At first, you learned them only by hearing other people talk. Now that you're a reader, you have another way to learn words. What should you do when you come to a word and you think you don't know what it means? Following some easy steps can help you.

Say it

First sound it out. Then say it to yourself. 1 Sometimes you know a word in your head but you don't know what it looks like in print. So if you match up what you know and what you read-you have the word!

Use context (上下文)

If this doesn't work, take the next step: look at the context—the other words and sentences around it. Read this sentence: When it rained, the dog looked for shelter in the doorway. 2 Rain and in the doorway might give you helpful information.

3

If the context doesn't help, look at the parts of the word. Does it have any parts you know? These can help you understand what it means. If you don't know the meaning of miner, try looking at parts of the word. You might know that a mine is a place underground where people get coal and other valuable things. A lot of times, -er at the end of a word means "a person who does something". So a miner might be someone who works in a mine.

Look it up.

If the three steps above don't work, you can look it up. 4—either a book or online.

Nobody knows the meaning of every word, but good readers know how to understand words they don't know.

- A. Use word parts.
B. Look at the words.
C. It might sound like a word you know.
D. You can find the word in a dictionary
E. If the word shelter doesn't look familiar. Look at the words around it.

文章大意：本文是一篇说明文。这篇文章研究了音乐偏好与人的性格和环境的关系，通过调查50个国家的350,000人，发现不同类型的音乐与人的性格和工作态度有关，同时气候也会影响人们的音乐偏好。研究表明，音乐是一种强大的桥梁，能够跨越地理、语言和文化的差异，让人们更加相似。

36. 阅读下面短文，从短文后所给的六个选项中选出四个可以填入空白处的最佳选项。

Most people enjoy listening to music. But if you ask your classmates what kind of music they like, you may get many different answers. 1
What do these differences say about people?

Researchers from Cambridge University tried to answer the questions. They surveyed 350, 000 people from 50 different countries. 2

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