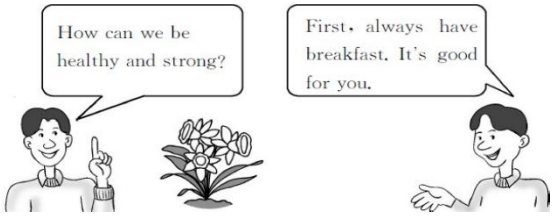
UNIT 2 GOOD HEALTH TO YOU!

Lesson 7: Always Have Breakfast! 课堂同步练习

姓名：_____　　班级：_____

要点图解秀



基础碰碰车

Ⅰ. 请帮它们找到自己的家。

1. es　　A. br__ _ kfast
2. ay　　B. alw_ s
3. ea　　C. w_k
4. ce　　D. on__ _
5. ee　　E. Wedn_day

Ⅱ. 单词大变身。

1 one（表倍数或次数的词）_____
2 egg（复数形式）_____
3. health（形容词）_____
4. have（过去式）_____
5. eat（过去式）_____

Ⅲ. 根据图片，选择答案。

(　　)1.

A. Danny ate breakfast at seven yesterday.
B. Danny ate breakfast at seven thirty yesterday.

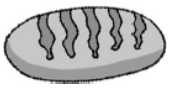
(　　)2.

A. This flower is weak.
B. This flower is strong.

(　　)3.

A. Today is Monday.　B. Today is Sunday.

(　　)4.



A. I usually eat bread.
B. I usually eat soup.

Ⅳ. 选出每组中不同类的一项。

(　　)1. A. once　B. twice　C. three
(　　)2. A. usually　B. week　C. often
(　)3. A. Monday　B. breakfast　C. lunch
(　　)4. A. healthy　B. flower　C. strong

升级跷跷板

Ⅴ. 选择难不住我。

(　　)1. Milk is good_____you.
A. for　B. to　C. in　D. of (
)2. Everyone wants_____strong.
A. is　B. to is　C. be　D. to be
(　　)3. —_____did you eat breakfast last week?
—Six times.
A. How often　B. How much
C. How many　D. How

(　　)4. What do you usually eat_breakfast?

A. on　　B. with　　C. of　D. for

(　　)5. We are going to learn what_____.

A. do　　B. did　　C. to do　D. does

Ⅵ. 根据汉语提示完成句子。

1. 什么是健康强壮？

What's_____and_____?

2. 她通常在七点十五吃早饭。

She usually_____at 7:15.

3. 金，做得好。

_____ _____,Kim.

4. 这盆花是强壮的。

This flower is_____.

5. 她什么时候吃的早饭？

_____did she have breakfast?

Ⅶ. 找朋友。

(　　)1. Why do you always eat breakfast?

(　　)2. Do you want to be healthy and strong?

(　　)3. Is the flower strong?

(　　)4. What do you usually have for breakfast?

(　　)5. How often do you watch TV?

A. Because it is good for me.
B. Yes, it is.
C. Five times a week.
D. Yes, I do.
E. I eat a donut and drink a glass of milk.

Ⅷ. 看表格，填空。

How often did they have breakfast last week?

	Danny	Kim	Li Ming	Jenny	Tom
Sunday		√		√	
Monday		√	√		
Tuesday	√	√	√	√	
Wednesday		√	√	√	
Thursday		√		√	
Friday	√	√		√	
Saturday		√			

1. Danny_____has breakfast.

2. Kim_____has　breakfast.

3. Li Ming_____has breakfast.

4. Jenny_____has breakfast.

5. Tom_____has breakfast.

always usually sometimes never

Unit 2 Good Health to You! 课堂同步练习答案

Lesson 7:Always Have Breakfast!

答案 :

Ⅰ .1—5 EBADC

Ⅱ .1.once 2.eggs 3.healthy 4.had 5.ate

Ⅲ .1—4 ABBA

Ⅳ .1—4 CBAB

Ⅴ .1—5 ADADC

Ⅵ .1.healthy;strong 2.has breakfast 3.Good work 4.strong 5.When

Ⅶ .1—5 ADBEC

Ⅷ .1.sometimes 2.always 3.sometimes 4.usually 5.never

UNIT 2 GOOD HEALTH TO YOU!

Lesson 8: Always Brush Your Teeth! 课堂同步练习

姓名：_____ 班级：_____

要点图解秀

基础碰碰车

Ⅰ. 看图补充单词。

1. brush your_____

2. wash your_____

3. _____your clothes

4. _____breakfast

5. go to_____

Ⅱ. 单词大变身。

1 wake（现在分词）_____

2 brush（第三人称单数形式）_____

3 tooth（复数形式）_____

4. after（反义词）

Ⅲ. 淘淘猫正在和迷你鼠玩连连看的游戏。你也来连一连吧！

1. 穿上 A. after supper
2. 吃早饭 B. get up
3. 回家 C. work hard
4. 起床 D. put on
5. 努力学习 E. eat breakfast
6. 晚饭后 F. go home

Ⅳ. 这儿填什么最恰当？

(　　)1. Jenny, please answer_____questions.

A. me　B. my　C. I　D. mine

(　　)2. Jenny_____to school five times a week.

A. goes　B. go　C. went　D. going

(　　)3. Saturday and Sunday_____different.

A. is　B. be　C. are　D. do

(　　)4. —_____do you go to school?

—Five times a week.

A. How　B. How many

C. How much　D. How often

(　　)5. —_____?

—Because I want to have strong, healthy teeth.

A. Why　B. Where　C. What　D. Who

升级跷跷板

Ⅴ. 选词填空难不倒我。

on in for at from to

1. Jenny works hard_____school.
2. She puts_____her clothes and goes out.

3. Jenny goes to school_____Monday Friday.

4. She gets up at 7:00_____the morning.

5. What do you eat_____breakfast?

Ⅵ. 用所给单词的适当形式填空。

1. Jenny is_____(wash)her hands.

2. He brushes his_____(tooth)after breakfast.

3. Jenny always_____(do)her homework before supper.

4. Danny brushes his teeth_____(two)a day.

5. Look! Jenny is_____(get)up.

Ⅶ. 根据汉语提示完成句子。

1. 李明在早饭前洗手。

Li Ming_____before breakfast.

2. 詹妮从星期一到星期五上学。

Jenny goes to school_____ _____ _____ _____.

3. 早饭后你做什么？

_____do you do_____?

4. ——你多长时间打一次篮球？

——一周三次。

—_____do you play basketball?

—_____a week.

Ⅷ. 连词成句。

1. face, she, her, hands, washes, and (.)

_____

2. do, do, breakfast, what, you, before (?)

_____

3. at, Li Ming, eats, in, the, breakfast, 7:00, morning (.)

_____

4. is, bad, teeth, that, for your (.)

_____

5. to, go, Jenny, doesn't, on, days, school, those (.)

_____

Ⅸ. 阅读对话，判断正（T）误（F）。

Mr. Wood: Jenny, please answer my questions. What do you do before supper?

Jenny: I do my homework.

Mr. Wood: Why?

Jenny: Because I want to watch TV after supper.

Mr. Wood: How often do you watch TV?

Jenny: Once a day.

Mr. Wood: What time do you go to bed?

Jenny: At about 9:00.

(　　)1. Jenny does her homework after supper.

(　　)2. She watches TV once a day.

(　　)3. She goes to bed at about 9:00.

(　　)4. Jenny isn't a good girl.

Unit 2 Good Health to You! 课堂同步练习答案

Lesson 8:Always Brush Your Teeth!

答案 ：

Ⅰ .1.teeth 2.face 3.put on 4.have 5.school

Ⅱ .1.waking 2.brushes 3.teeth 4.before

Ⅲ .1—6 DEFBCA

Ⅳ .1—5 BACDA

Ⅴ .1.at 2.on 3.from;to 4.in 5.for

Ⅵ .1.washing 2.teeth 3.does 4.twice 5.getting

Ⅶ .1.washes his hands 2.from Monday to Friday 3.What;after breakfast 4.How often;Three times

Ⅷ .1.She washes her hands and face 2.What do you do before breakfast

3.Li Ming eats breakfast at 7:00 in the morning

4.That is bad for your teeth

5.Jenny doesn't go to school on those days

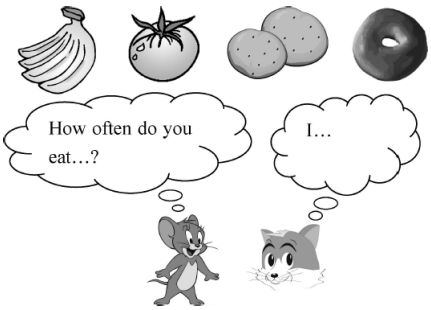
Ⅸ .1.F 2.T 3.T 4.F

UNIT 2 GOOD HEALTH TO YOU!

Lesson 9: Eat More Vegetables and Fruit! 课堂同步练习

姓名：_____　　班级：_____

要点图解秀



基础碰碰车

Ⅰ．看图片写单词。

1.

_____

2.

_____

3.

_____

4.

_____

Ⅱ．淘淘猫 正在和迷你鼠 玩连连看的游戏。你也来连一连吧！

1. on	A. k _p(使保持在)
2. ee	B. m__th(月)
3. i	C. th__k(感 谢)
4. o	D. tw_ce(两次)
5. an	E. m_re(更多的)

Ⅲ．选择正确答案。

(　　)1. eat vegetables

A. 吃蔬菜　B. 吃水果　C. 吃苹果

(　　)2. twice a week

A. 一周两次　B. 一周一次

C. 一周三次

(　　)3. be good for

A. 对……有用　B. 对……有利

C. 对……有害

(　　)4. how often

A. 多 长　B. 经常　C. 多长时间一次

(　　)5. after lunch

A. 午饭前　B. 午饭后　C. 午饭中

(　　)6. play sports

A. 进行体育活动 B. 运动员

C. 运动会

Ⅳ．这儿填什么最恰当？

(　　)1. —_____is the cabbage?

—It's green.

A. What B. What colour

C. What sport　D. How

(　　)2. Here's the chart I_____for Danny.

A. maked B. making

C. makes D. made

(　　)3. Onions can make you_____.

A. cry　B. to cry

C. crying D. cryed

(　　)4. I like tomatoes_____than potatoes.

A. many　B. much　C. any　D. more

(　　)5. —Do you like noodles?

—_____

A. Yes, I do.　B. Yes, I don't.

C. No, I do.　D. No, I am not.

升级跷跷板

Ⅴ. 根据汉语提示完成句子。

1. 你需要多吃蔬菜。

You_____eat more vegetables.

2. 你多久吃一次蔬菜？

_____ _____do you eat vegetables?

3. 我从来不吃土豆。

I_____eat_____.

4. 伍德老师一个月吃两次豌豆。

Mr. Wood eats peas_____ _____

_____.

5. 你最喜欢什么食物？

What's your_____?

Ⅵ. 调皮的迷你鼠将下面句子中的单词顺序弄乱了，快来帮忙排排吧。

1. like /vegetables /I /much /very

_____.

2. do /like /eat /what /you /to

_____?

3. body /you /healthy /need /for /to /vegetables /eat /a

_____.

4. meat /I /like /don't

_____.

5. often /you /wash /how /face /your /do

_____?

Ⅶ. 我知道哪儿出错了。

1. Let's see how often Danny eat vegetables.

_____

2. I usually eat donuts two a day.

_____

3. They are good at you.

_____

4. You can to ask many other questions.

_____

5. Make a chart to one of your friends.

_____

Ⅷ. 根据表格回答问题。

How often does Danny...?				
	day	week	month	year
eat vegetables				1
play sports			2	24
take showers	1	7	30	365
brush his teeth	2	14	60	730

1. How often does Danny eat vegetables a year?

_____

2. How often does Danny take showers a week?

_____

3. Does Danny play sports twice a week?

_____

4. Does Danny brush his teeth twice a day?

_____

5. How often does Danny brush his teeth a year?

_____

Unit 2 Good Health to You! 课堂同步练习

Lesson 9:Eat More Vegetables and Fruit!

答案

Ⅰ.1.potatoes 2.tomato 3.donut 4.apple

Ⅱ.1—5 BADEC

Ⅲ.1—6 AABCBA

Ⅳ.1—5 BDADA

Ⅴ.1.need to 2.How often 3.never;potatoes 4.twice a month 5.favourite food

Ⅵ.1.I like vegetables very much

2.What do you like to eat

3.You need to eat vegetables for a healthy body

4.I don't like meat

5.How often do you wash your face

Ⅶ.1.C eats 2.C twice 3.C good for 4.A ask 5.B for

Ⅷ.1.Once a year. 2.Seven times a week. 3.No,he doesn't....4.Yes,he does.

5.Seven hundred and thirty times a year.

UNIT 2 GOOD HEALTH TO YOU!

Lesson 10: Exercise 课堂同步练习

姓名：_____ 班级：_____

要点图解秀

II

基础碰碰车

Ⅰ. 看图片写单词。

1.

_____a bike is exercise.

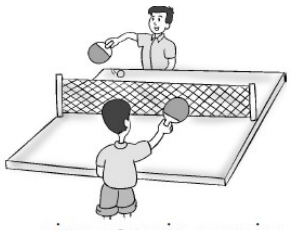
2.

_____is exercise.

3.

_____to school is exercise.

4.



____ping-pong is exercise.

. 单词大变身。

1 run（现在分词）_____

2. health（形容词）_____

3. hour（同音词）_____

4. minute（复数形式）_____

5. ride（现在分词）_____

6. much（比较级）_____

Ⅲ. 淘淘猫 正在和迷你鼠 玩连连看的游戏。你也来连一连吧！

1 walk home	A. 骑自行车
2. after school	B. 六十分钟
3. ride a bike	C. 必须
4. sixty minutes	D. 放学后
5. have to	E. 步行回家
6. walk to school	F. 步行上学

Ⅳ. 这儿填什么最恰当？

(　　)1. Exercise helps_____your body healthy and strong.

A. makes　B. make　C. making　D. made

(　　)2. How many_____a day do you clean the house?

A. minute B. time

C. minutes D. a minute

(　　)3. Running_____exercise.

A. be　B. are　C. am D. is

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