

# 基于学生心理健康的高校安全管理

## 摘要

安全和发展是人类社会永恒追求的主题，安全是发展的前提条件。高校是国家建设人才的培养输送基地和科学成果的孵化中心，高校校园的安全和稳定工作显得尤为重要。随着社会的发展、高校规模的扩大，高校安全形势越来越严重，危害学生安全的事件频繁发生。因此本文从系统工程的角度对影响高校校园学生安全的因素、评价模型的构建及管理对策作了相关研究，希望能为我国高校校园学生安全管理提供参考和借鉴。本文结合多种研究方法和理论进行研究。本文主要分为五个部分，第一部分介绍了基于学生心理健康的高校安全管理的意义和研究方法、技术路线。第二部分作为文献综述部分，介绍了高校和学生安全的相关概念，同时简要概述了国内外关于学生心理健康的高校管理的研究现状。第三部分为本文重点部分，以数据分析的形式详细分析了大学生心理异常的表现和相关数据，同时对可能影响大学生心理健康的因素进行了全面分析。第四部分则从内外因素分析了影响高校学生心理健康的因素。从内部因素来说，影响高校学生心理健康的因素主要是个体生理因素和心理因素。从外部因素来说，环境因素可以分为家庭因素和社会因素。第五部分则重点介绍了培育大学生健康心理的相关对策。

关键词：高校；高校校园；学生安全；安全评价；安全管理

## **The psychological health of students in Colleges and Universities Based on safety management Abstract**

Security and development of human society is the eternal pursuit of the theme, safety is a

prerequisite for development. The university is the incubation center delivery base and scientific achievements of national construction of talent training, safe and stable work of university campus is very important. With the expansion of the development of the society, the scale of universities, the situation of college security become more and more serious, the harm the safety of students events occurred frequently. So in this paper, factors of influence on campus student safety from the view of system engineering construction and management strategy evaluation model for related research, hoping to provide reference for campus students safety management in china. In this paper, combined with a variety of research methods and theory to study. This paper is divided into five parts, the first part introduces the significance and research method, the psychological health of students in Colleges and Universities Based on the technical route of safety management. The second part is the literature summary part, introduces the related concepts of universities and the safety of the students, at the same time, a brief overview of the current research situation about the management of College Students' psychological health both at home and abroad. The third part is the focus of this paper part, with data analysis form a detailed analysis of the performance of abnormal psychology of college students and the related data, at the same time that may impact on the mental health of college students conducted a comprehensive analysis of factors. The fourth part from the inside and outside factors analysis of factors influencing college students' psychological health. From internal factors, the main influence factors of College Students' psychological health is the individual physiological and psychological factors. From external factors, environmental factors can be divided into the family factor and social factor. The fifth part focuses on the relevant countermeasures to cultivate college students' psychological health.

**Keywords: colleges and universities; university students; safety; safety assessment; safety management**

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