

一、阅读理解

文章大意：本文主要介绍了几种如何让别人高兴起来的方法。

1. Everybody gets upset from time to time. If you want to know how to cheer someone up, here are some easy steps to help you.

Listen to them

Those people aren't really looking for an answer. 1 They need a chance to express their feelings. Do you know why they're upset? Pull up a chair, offer a smile, and give them a shoulder to cry on.

Give them advice if they ask for it

After finding out just what the problem is, take a little bit of time to think over how to deal with it. Let them know you have an idea of what they could do. If you don't, be honest to yourself and them. 2 Take them to a person who has a better fix for the problem than you do.

3

Jokes and funny stories are always ice-breakers after you've talked about a problem for a long time. Don't be afraid to make fun of yourself. Talk about a time when you embarrassed yourself or did something stupid. Your friend will enjoy the humor.

Give them a gift

Can you remember the time when someone gave you a gift? How warm did you feel inside when it happened? In fact, the gesture of giving the gift is more important than the gift itself. 4

Change their environment

5 If you need to get someone out of his or her upsets, get them out! Having a different set of environment will encourage new and better ways of thinking.

- A. **Have a rest**
- B. **Make them laugh**
- C. It can brighten their whole day.
- D. Make sure you don't lie.
- E. Most of the time they just want to be heard.
- F. Think about what the person loves the most in the world.
- G. The environment has a great influence on the feelings.

文章大意：本文主要介绍了中国的“新四大发明”——高铁、电子支付、共享单车和网上购物。

2. The four great inventions in ancient China are well-known by everyone. 1 They show their abilities to change the world. They are high-speed railways, electronic payments, shared bicycles and online shopping.

Marcus talked about his experience of travelling by Chinese high-speed train from Beijing to Tianjin. 2 But it used to take him 3 hours.

“3 I can buy and eat whatever I want with Alipay (mobile payment) on the phone,” said a Chinese student, adding that “even pancake sellers are using Alipay.”

The bikes themselves are not new, but the model of bike-sharing is a combination(结合) satellite navigation system(卫星导航系统), mobile payment and other high technologies.

4 And they are making public transport(交通) more convenient, and encouraging people to be more active.

With the development of the Internet, shopping on the Internet has become popular in our life. Shopping on the Internet has a lot of advantages, of which the most important point is perhaps its convenience. 5

These are the new four great inventions in our modern times. These services have increased national development at the same time. More and more foreigners hope to promote (促进) economic development in their countries by learning from China's innovation(创新).

- A. My wallet is no longer in use.
- B. the Four Great Inventions in China had a great influence on the whole world.
- C. The journey takes only half an hour.
- D. Today China has its “new four great inventions”.
- E. Shared bikes are bringing riding back to people's life.
- F. People don't have to waste a lot of their energy or time to choose the goods they like.
- G. As a whole, all the Chinese are proud of their four new inventions.

文章大意：本文讲述了大约50年前，当电视首次问世时，人们认为收音机不再有用，看电视比听收音机更真实、更有趣。然而，50年后的今天，收音机仍然很受欢迎。

3. About fifty years ago, when television first came out, people thought that radio was no longer useful. ____1____ It is much more real and interesting to watch television than to listen to the radio.

However, fifty years later radio is still very popular and it will be here for a long time. One reason is that we don't need to see pictures when we listen to the music on the radio. In fact, listening with your eyes closed is the best way to listen to a piece of music. ____2____ In other words, you can create your own images.

Moreover, while listening to the radio, you don't have to take your eyes off your work. ____3____ Or you can read a book and listen to the radio. Television, on the other hand, doesn't have this advantage.

____4____ You can take a radio anywhere and turn it on anytime you want. In a quiet place you can use headphones to listen to the news or music on the radio. In this way you won't disturb anybody. Also, a radio is much cheaper than a television. ____5____ Which is better, radio or television?

- A. Radio doesn't have pictures but sounds.
- B. Television has both sounds and pictures.
- C. A radio is much smaller than a television.
- D. You can put yourself in a sofa, eat snack and listen carefully.
- E. For less than \$20 you can buy a small radio and have fun with it.
- F. You can think yourself on a sandy beach or up high on a mountain.
- G. For example, you can listen to the radio and drive at the same time.

文章大意：本文主要讲述了新的文化和旅游五年计划，列举了一些文化事业的发展。

4. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

The year 2021 marks the first year of China's 14th Five-Year Plan (2021-2025) period, and the country is achieving stable progress in the cultural field. ____1____

China releases (发布) new five-year plan for culture and tourism.

China's Ministry of Culture and Tourism released the 14th five-year plan. ____2____ Detailed measures include advancing social civility, establishing artistic creation systems, and improving the modern tourism system.

____3____

Set during the War to Resist US Aggression and Aid Korea (1950-53), the film reflects soldiers' iron will and great spirit to safeguard (守卫) the newly founded People's Republic of China. Enhancing the audience's pride, the film became hugely popular, breaking a total of 26 records, mainly in terms of box office(票房) and admission numbers.

New finds at Sanxingdui Ruins site revealed ancient culture.

____4____ Among the important cultural finds are gold and bronze masks, bronze ware and textiles at the legendary Sanxingdui Ruins site in Southwest China's Sichuan province.

Dance show on Tang Dynasty wins hearts.

The dance show *Tang Gong Ye Yan* (Night Party in Tang Dynasty Palace) shown on Henan TV, became a big hit earlier. The show presents the process from making preparations to performing at a party in the Tang Dynasty. In addition, Henan TV has continued exploring new series. ____5____ For example, the underwater dance titled *Rhapsody*(狂想曲) on the *Luo River Goddess*(洛河女神) got great favor online.

- A. The plan states (阐述) the major tasks of developing culture and tourism.
- B. Let's look back on some of them and look forward to the coming year!
- C. TV series related to CPC (中国共产党) history become popular.
- D. Archaeologists (考古学家) found more than 1,000 significant relics (遗址).
- E. *The Battle at Lake Changjin* (长津湖): top earner at China's box office.
- F. It brought forward (推出) other Chinese traditional festival-themed programs.
- G. The dance show *Tang Gong Ye Yan* was directed and practiced hard.

文章大意：本文是一篇记叙文。文章主要讲述了学校花园的优缺点。

5. 请先阅读下面短文，掌握其大意，然后根据短文内容从下面方框内的七个选项中选择五个还原到文中，使短文意思通顺、结构完整，一空一句。

Many schools today have gardens. School gardens are planted by students and teachers. Whether the garden is large or small, the students and school that care for the plants have a valuable experience.

___1___ For example, math teachers can take their students out to the garden to measure the heights of different plants. Science teachers can use a school garden to help students learn how plants grow. Art teachers can ask students to create signs for each type of plant in the garden. The education possibilities are endless.

There are just as many benefits (好处) for the students who work in the school gardens. ___2___ By being in charge of a section, they learn how to care for their plants. Students also see the results when they fail to do the work. Gardens also provide lots of chances for teamwork. Students work together to prepare the soil, plant the seeds. And they care for the plants as they grow. ___3___

A school garden not only benefits the whole school, it also benefits the whole community. By allowing community members to help care for the garden, students can get to know the people in their community. The food grown in the garden can be given away to local food banks. ___4___

However, there are some disadvantages to school gardens. A school garden can be fun and educational, but it also takes a lot of time and requires a lot of space. ___5___ A garden can be a good to a school, but it may not be right for every school.

- A. Students might hurt themselves.
- B. They will have to plant rice for the neighbors.
- C. And they can also sell the food for money to have a party.
- D. One of the most important things they learn is responsibility.
- E. That will make students feel proud about helping their neighbors.
- F. Teachers can find many ways to use school gardens as part of their lessons.
- G. They see a whole process that depends on the class working together as a team.

文章大意：本文就如何养成一种好习惯提出了几点建议。

6. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

People often say that hold on for a few more days and keep good habits. You'll learn that it takes only 21 days to develop a good habit. Or maybe 18, 28 or even more days. ___1___ By taking the following advice, you'll succeed in making your new habit stick.

Set small goals (目标).

Before you can develop a new habit, you'll need to make a small goal. For example, instead of speaking English well, try practicing speaking English every morning. ___2___ That's because it's a behavior that you can do over and over again until it becomes a habit.

Make it easy for yourself.

Let's say you want to eat a healthier meal, so why won't the habit stick? ___3___ Instead of getting disappointed (失望的) about yourself, find ways to deal with the things that stop you. Make the habit development process (过程) easier.

Get a partner.

___4___ If you decide to build an exercise habit, find a friend who wants to go with you. You may be lazy about exercising, but friends' waiting will change your idea. When you just want to stay in bed, the thought of disappointing a friend will be enough to get you out the door.

___5___

Remember, habit development is not an easy road. If you fall down one day, don't be nervous. One small mistake doesn't mean you have done nothing. Developing new habits takes time, but with a smart and good way, your habits will last for life.

- A. This goal works.
- B. Give yourself time.
- C. To achieve your goal, you need listen well.
- D. Maybe you're too tired to cook after work.
- E. We hate disappointing our friends and family.
- F. The numbers change, but the advice does not.
- G. You can always break your goal when developing a habit.

7. Have you ever seen black smoke out of factories, turning the sky a dirty gray? ___1___ Cars, trucks, buses pollute the air too. Smoke from fires pollutes the air.

Land pollution, water pollution, and even noise pollution are also big problems. Both factories and common families may thoughtlessly dump (倾倒) rubbish and waste on land or in water. When farm chemicals (化学品) that help crops grow sink into the ground and water, they pollute too.

___2___

Ocean life isn't safe from pollution. Ships carrying oil sometimes have accidents that dump their oil into the ocean.

___3___ Dirty air, or smog, is hard to breathe and makes people and animals sick. Dirty water makes people and animals sick when they drink it or

wash or live in it. It also kills plants. If land takes in too much waste, nothing will grow on it, and it becomes unfit to live on.

___4___ Most people find it hard to change the way they live, even if they want to. And governments and big factories find it even harder to change, since the changes are often unpopular or costly (代价高的).

Even small changes help, however. Reusing things instead of throwing them away helps. ___5___ So does recycling. And perhaps the future will find people using cleaner forms of energy, such as wind power and solar energy.

- A. This is air pollution.
- B. Stopping pollution isn't easy.
- C. Using less water each day helps.
- D. Dirty air, water and land are dangerous.
- E. Everyone must do something to reduce pollution.
- F. You should stay at home to keep away from dirty air.
- G. And noise pollution is created by loud machines and cars.

8. Starting senior high school can be difficult. Everyone is nervous and nobody knows where to go for classes. Thinking about making new friends may make you feel nervous, too. But don't worry, because you are not alone. ___1___ Here we have several tips for you to follow.

___2___ Don't be afraid to approach (接近) people. Introduce yourself and start a conversation about something that you have in common. Sit in the middle of the classroom with as many new friends around you as possible.

Join clubs. ___3___ If you don't join in anything, you will just go to classes and then go home. Being in a club makes you more sociable.

Stay clean. No one likes a bad smell that could knock someone over. ___4___ You're supposed to make yourself look clean and tidy.

Respect people's differences. Everyone has his or her own opinion of the world. And everyone believes in different things. ___5___

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。(共5小题，每小题1.5分，满分7.5分)

- A. Senior high school life is always full of happiness and sadness.
- B. Take a shower every day, and wash your hair.
- C. Take part in after-school activities that interest you.
- D. You are going to school with a group of students of your age.
- E. It's not necessary to take a shower every day.
- F. Forget your fear and just talk to someone.
- G. It's a good thing to have different friends with different opinions.

9. ___1___ Perhaps he began by making sounds like those made by animals. Perhaps he grunted(发出哼声) like a pig when he lifted something heavy. Perhaps he made sounds like those he heard all around him—water splashing, bees humming, a stone falling to the ground. Somehow he learned to make words. As the centuries went by, he made more and more new words. ___2___

People living in different countries made different kinds of words. Today there are about fifteen hundred different languages in the world. ___3___ A very large English dictionary, for example, contains four or five hundred thousand words. But we do not need all these. ___4___

The words you know are called your vocabulary. You should try to make your vocabulary larger. ___5___ There are plenty of books written in easy English for you to read. You will enjoy them. When you meet a new word, find it in your dictionary. Your dictionary is your most useful book.

- A. It's useful to human.
- B. Read as many books as you can.
- C. Things were a bit better this time.
- D. This is what we mean by language.
- E. Each contains many thousands of words.
- F. No one knows how man learned to make words.
- G. Only a few thousand words are used in everyday life.

10. Here is a famous story about the Great Wall of China. The story happened in the Qin Dynasty. ___1___ Do you want to know more about the love story? One day, the emperor, Qin Shi Huang, ordered his soldiers (士兵) to capture (俘虏) some young men. He sent the young men to build the Great Wall of China.

A young man named Fan Xiliang didn't want to get captured. ___2___ He had nowhere to go and didn't know where to hide. When he heard the soldiers coming towards him, he was terrified.

At that time, a young woman named Lady Meng Jiang was passing by Fan Xiliang. She saw the poor man and saved him. Fan Xiliang said thanks to Lady Meng Jiang. 3 Later on they got married.

Unfortunately, Fan Xiliang was found and captured. He was sent to the Great Wall and worked there.

Lady Meng Jiang waited for her husband day and night. Winter came, but Fan Xiliang failed to return. 4 She took the warm clothes to the Great Wall, but she didn't find Fan Xiliang.

Someone told her that Fan Xiliang had died and that he was buried in the Great Wall. 5

She cried so sadly that a part of the Great Wall collapsed (倒塌) and she finally found Fan Xiliang's body.

- A. Lady Meng Jiang stayed by the wall and kept crying day and night.
- B. Fan Xiliang has already been dead for several years.
- C. He ran away from his home and planned to hide somewhere.
- D. It was a moving love story.
- E. Lady Meng Jiang prepared some warm clothes for her husband.
- F. Lady Meng Jiang didn't believe it, she tried to find him everywhere.
- G. They fell in love with each other.

二、阅读理解

文章大意：本文主要介绍了中国古琴的历史、结构及与其有关的故事。

11. 阅读下面短文，从所给选项中选出能填入空白处的最佳选项，使短文通顺，结构完整，其中有一项是多余选项。



It has wandering sounds, irregular rhythms and carries gentle emotions. 1 It is a plucked (弹拨) seven string instrument created in ancient China.

The earliest piece of guqin in China was found in Hubei province which could date back to the Zhou Dynasty. 2 Unlike its simple appearance, making a good guqin is hard. An outstanding piece can need two to several decades to make. It is a crystallization (结晶) of art and time.

3 Vibrations (震动) are suppressed to produce an undulating (波浪起伏的) and lasting flavor, with empty notes in between. As the listener enjoys the music, a connection is formed between music and man.

The guqin was liked by many ancient Chinese. 4 As he played his guqin in the mountains, a woodcutter named Zhong Ziqi heard the music and understood exactly what Yu wanted to express. This deep understanding formed a strong bond between them, and they became close friends. This is the famous tale behind the guqin masterpiece, Flowing Water, High Mountains. The piece has been passed down through generations. 5 This graceful dialogue, flowing from brushed fingertips and travelling for thousands of years, is continuing to this day.

- A. The sound of guqin is quiet and distant.
- B. This is the musical language of guqin.
- C. The most renowned guqin musician was Yu Boya.
- D. It is known by many Chinese because of its long history.
- E. Its body was made of wood and the strings of twisted silk.
- F. It is one of the most famous compositions in Chinese guqin music.

文章大意：本文讲述了在生活中有时我们感到没有价值或者不被爱，这种消极情绪不利于人身心健康发展，因此我们应该采取措施来改进。文章就如何与消极情绪作斗争给出了几点建议。

12. Sometimes, it's easy to feel that nobody cares about you. Learn how to overcome these moments of doubt, and value yourself for who you are. If you often feel worthless or unloved, take steps to improve your life.

1. People who feel worthless can't often accept that anyone cares about them. Remind yourself that you are worth caring about, no matter how you feel or what anyone says to you. Let negative (消极的) thoughts go.

2. If your close friends and family aren't there for you, think back to people who were kind in the past. Find the contact (联系) information for old friends. Share your feelings with them.

3. For times when you have no one to talk to, find a supportive (给予帮助的) stranger to talk with on the Internet. He or she can offer you some advice.

___4___ When you're depressed (沮丧的), it's hard to notice the positive (积极的) events in your life. Hugs or supportive conversations may not even feel real to you, or you might forget them a few hours later. When you're feeling better, write down as many happy memories as you can. Keep these in a box of papers. Add to this whenever someone sends you a happy message or does something nice for you.

___5___ Pets can be great friends during hard times, especially dogs. If you don't have a pet yourself, ask a friend or neighbor whether you can walk his dog or visit his cat.

Choose the best topic from A to F according to the meaning of the passage.

- A. Share feelings with old friends
- B. Keep a collection of happy memories
- C. Fight feelings of worthlessness
- D. Find support online
- E. Find new hobbies and friend circles
- F. Spend time with animals

文章大意：本文介绍了青少年要想在生活中取得成功，要学会使用适当的电话礼仪。

13. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有一个是多余的。

Many teens know how to use a phone to text and make calls. ___1___ To make sure they are successful in life, it is important to teach teens phone etiquette (礼仪).

Teach your teens to be respectful (恭敬的). ___2___ They should always use language that does not make the other speaker angry, and wait their turn to talk. These are all important habits of developing good communication on the phone as well as off.

___3___ If the teens are trying to call a business, or get information from an official (官方的) organization, they should use a more formal language. In this way, they could be taken seriously by people.

___4___ Show them that they can say, "Hello, this is ... May I please speak to ...?" If the person is unavailable, they should always ask, "___5___" or "When would be a good time to reach him/her?" Tell them to always state their name, number, and reason for calling when leaving a formal message. Also, teach your teens to thank the person they speak to before ending calls.

- A. Encourage them to speak loudly.
- B. Remind your teens to be polite.
- C. Can I leave a message?
- D. How to make a formal (正式的) call?
- E. However, they might not know proper phone etiquette.
- F. Offer simple examples the teens could use.

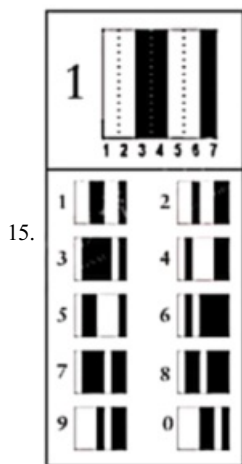
14. How can you as a family member, caregiver, or educator help your child or teen read and write more outside school? There are some simple things you can do to help develop a lifelong love of reading and writing:

___1___ Let your child or teen see you be busy with everyday reading and writing abilities activities, like reading the newspaper or making a store list, and talk about what you do.

___2___ Holding a book together with your child before bed. Share books on tape with your teen or read aloud on car trips. ___3___ Leaving short notes on the refrigerator, a nighttime message on a pillow, or a letter expressing your pride in an achievement encourages reading and proves the power of words.

___4___ Read some of the books, magazines, or websites your child or teen is reading and then discuss them together. ___5___ You can even write group e-mails or letters to family and friends.

- A. Share a love of reading and writing together.
- B. Write a journal, scrapbook, or blog as a family, taking time to record daily events.
- C. Get caught reading and writing.
- D. Leave a note in reading.
- E. Read and write to your child or teen.
- F. And don't forget writing.



15.

The invention of barcodes (条形码) is based on a very simple idea. We only need to give each product a specific number and print it. 1 It can simply print the number itself. But this can cause problems. For example, an unclearly printed “seven” could look like a “one” to a computer. It’s also true for “three” and “eight”. 2 We need a better way of printing numbers so that they can be read correctly at high speeds. That’s the problem barcodes solve.

Each number in a barcode is shown by seven blocks of the same size. 3 For example, the number “one” is shown in turn by two white stripes (条), two black stripes, two white stripes, and one black stripe. 4

A barcode includes different parts and each one provides a specific meaning. The first part of a barcode tells you the country where the product was made. For example, 690—692 is the barcode for China. 5 The final part is about the product itself. This is how barcodes work.

- A. Then computers can read it directly.
- B. All information can be shown by barcodes.
- C. The next part tells you who produced the product.
- D. And “nine” looks similar to “six” if you turn it upside down.
- E. Even if you turn it upside down, it isn’t similar to any other number.
- F. These are colored either black or white to show the number zero to nine.

文章大意：本文主要介绍了微信流行的原因，并给我们提出了使用微信的建议。

16. 1 No matter where we are, on the light train, in a coffee shop, even in the street, we always find people using WeChat around us.

2 First of all, it is easy to use. You can log in (注册) to it with your phone number and start a conversation by tapping the speak button.

3 Using WeChat, you can also have group chats, pay, play online games, send lucky money or find new friends nearby to talk to.

4 When using WeChat, people may forget time and some may even get addicted (上瘾) to it, which will affect their study or work. At the same time, spending too much time on the screen does affect eye health, which may cause trouble. Worse still, people may give away their personal information while using it, which may lead to crime.

5 We shouldn’t spend too much time on it. And it’s very important for us to protect ourselves when we use it.

- A. WeChat provides some service like ordering hotels, Didi travel, take-out-food on meituan and so on.
- B. One the other hand, some people think that although WeChat benefits (对……有益) us a lot, it has some disadvantages.
- C. According to some people, there are lots of reasons for the popularity of WeChat.
- D. Nowadays, WeChat is becoming more and more popular in the world.
- E. I think that everyone should use WeChat within limits.
- F. In a word, WeChat is a wonderful platform for people to share a great deal of information.

17. We all want to protect our environment. The following simple habits in your everyday life are helpful to the protection of the environment.

1 It is true that fluorescent light bulbs(荧光灯泡) are more expensive, but they last much longer and they can save energy. However, your electricity bill(电费) will also fall.

2 When you do not use a house device, turn it off. For example, if you don’t watch TV, turn it off. Turn off the light when you leave a room. It’s an easy habit to take up which will help you save a lot of money.

3 Driving is one of the biggest causes of pollution. If you want to use your car, ask yourself the following question: do I really need my car? Walk or use your bike if the journey is a short one.

___4___ Make sure water taps(水龙头) work well. Broken taps can cause an increase in the the water bill. Too much water can be wasted because of a broken tap.

___5___ Think of recovering rainwater. This water can be used for different purposes. This list is far from being exhaustive(详尽的), but in addition to(除了.....之外还) saving the environment, all these tips will help you save money.

Choose the best topic from A to F according to the meaning of the passage.

- A. Walk or ride
- B. Use water for free
- C. Use enough electricity
- D. Save energy
- E. Turn off your devices
- F. Try to save water

18. Wake up, boys and girls! Put up your hand if you try to repair your tired body by sleeping in (睡懒觉) on weekends. ___1___

The ten-day study came out in the magazine Current Biology. Volunteers were divided into three groups. The first group enjoyed nine hours' sleep each night. The second group was allowed to sleep only five hours each night. The third group was given five hours' sleep Monday through Friday. ___2___ But they were put back on the short sleep schedule the next Monday.

Both the second and third groups ate more snacks at night and put on weight. They also saw a decrease (减少) in insulin sensitivity (胰岛素敏感性), a warning sign for diabetes (糖尿病). Researchers have long known a lack (缺乏) of sleep can increase health risks. ___3___

"Even though people in the third group slept as much as they could on the weekend, it was not enough," said Dr. Kenneth Wright, who led the study." When they went back to the short sleep schedule the next week, their body failed to control blood sugar. ___4___" So what should we do if sleeping in over the weekend is not a good choice? ___5___ Cut out the "sleep stealers" such as watching television shows or spending time on computers or mobile phones. Always remember: Getting enough sleep is as important as having good eating habits or doing exercise regularly.

- A. Adults don't need too much sleep.
- B. Dr. Wright gave advice in two words: sleep longer.
- C. A new study says the habit might not be a good idea for your health.
- D. That was partly because their biological clock (生物钟) had been changed.
- E. And then they were allowed to sleep as much as they liked over a weekend.
- F. But it was surprising that the third group had been worse than the second one.

19. Here are some good suggestions for you to learn English well.

___1___ Even if there is no one around to speak to, talk to yourself. Name things as you pass them. This simple language learning skill will help you understand these everyday words.

Talk to your friends you know in English. ___2___ They may understand you even if they don't speak it. Simple expressions like "Good morning!" in English will make those sentences more natural to you. Your friends may even start to learn a few sentences as well.

___3___ You'll hear the language used in a real situation and this will help you judge (判断) the pronunciation even better. You will also come to further understand and better enjoy the culture behind the language.

The easiest language learning skill is to try! Don't be afraid to make mistakes when you speak and write English. In fact, you will learn as much from your mistakes as you will learn from your success. ___4___

It's a good way to find an English club. It's helpful to speak with other people who are still going through the course of learning English. ___5___

- A. Explain to them you are practicing it.
- B. They will give you lots of learning skills.
- C. You can speak Chinese with your friends.
- D. Listen to English songs when you are free.
- E. The best way to get better at English is to speak it.
- F. Never let the fear of making any mistakes hold you back.

文章大意：本文主要讲了汉服的流行。

20. Hanfu Is Making a Comeback

2024初中英语中考阅读理解高频考点必刷专项练习卷

When Zhang Lingshan was a child, she would watch Chinese period dramas (古装正剧) on television. 1 She didn't know what these clothes were called. She only knew they were from some distant past.

"When I saw it, I really liked it," she said. "I was completely drawn by the beauty."

"Of these clothes, and I even wear them on regular days openly. Wearing it in public can make people learn about it" Zhang told *China Daily*. "The return of Hanfu is not about turning back the clock. 2"

3 There are Hanfu shops, designers and researchers, and even photography studios that rent Hanfu. In a recently published report by online shopping platform Tmall (天猫购物平台), more than 2 million Hanfu clothes were sold in 2020. If you walk through major cities, you may see a fan dressed in the sweeping robes, crossed collars (衣领) and wide sleeves (袖子) of Hanfu.

Many people like Hanfu because they see Hanfu as a way to celebrate Chinese culture and find national belonging. 4 A growing number of young people are now looking to the past for fashion advice. Christine, fashion researcher based in Shanghai, said "So it's the confidence of the younger people. 5"

- A. It's also the confidence of the country.
- B. However, it seems strange to some people.
- C. It's about passing down our culture.
- D. For years, China has looked to the West for their wardrobes (衣柜).
- E. She was deeply impressed by the characters' ancient clothing.
- F. Nowadays, the number of Hanfu fans grows rapidly.

三、阅读理解

文章大意：本文讲述生活中的酸甜苦辣。

21. Experiences in life can teach us something and make us better people.

Love and hate

1 Love makes us feel wanted. Our parents give us all of their love and care, but we don't always realize that. Without love, a person treats others badly.

2

Some kinds of happiness are short-lived. But things like helping others can give us long-lasting happiness. 3 But these things don't last forever.

Failure and success

Failure is the way to success. 4 Success brings money and other things. The only way to say thanks for success is to be kind to others.

Hope and despair (绝望)

5 Life teaches us not to despair, because after every night there is another day. We have only one choice to keep moving through life and be hopeful.

补全短文

- A. Happiness and sadness.
- B. Hope keeps life going.
- C. It teaches us to live through difficulties.
- D. Love plays an important role in our lives.
- E. Sadness is often caused by the death or some failure.

文章大意：本文主要讲了作者被同桌嘲笑之后，爸爸给了他一些建议，最后他明白了这些建议终身受用。

22. 阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。每个选项只能用一次。

When I studied in Nanyang No. 1 Middle School, I had a classmate. Her name is Chen Lulu. She always pointed out my weak points in front of me. Sometimes she said I was a lazy student and I didn't finish my homework on time. 1 Sometimes she said I was unfriendly and so on. I tried to put up with (忍受) her as long as I could. 2 I had to run to my father with tears in my eyes.

My father listened to me quietly, and then he asked me, "Are the things what she said true or wrong? Mary, didn't you ever wonder what you're really like? Go and make a list of everything she said and mark the points that are true. 3"

I did as my father told me. 4 I brought the list back to my father. He didn't accept it. "That's just for you," he said, "Correct mistakes if

you have made and guard against them if you have not. When you listen to something is true, you'll find that it will be helpful to you."

___5___ Chen Lulu's words often appear in my mind. In fact, in our life we are in trouble. Often someone gives you some advice. For some advice you will remember all your life.

- A. Many years have passed.
- B. At last, I became very angry.
- C. Sometimes she said I wasn't an honest boy.
- D. To my surprise, I found that about half the things were true.
- E. Pay no attention to the other things she said.

文章大意：本文讲述生活中寻求快乐的七种方法和建议。

23. 阅读短文及文后选项，选出可以填入空白处的最佳选项。

Are you truly happy? Do you ever know what it means to be happy and what it takes to achieve happiness?

___1___ The following are a few tips that I follow to create happiness in my life.

◎ Make a plan for attaining goals that you believe will make you happy. Your mood will be better if you are going after something you value.

◎ Surround yourself with happy people. It is easy to begin to think negatively when you are surrounded by people who think that way. ___2___

◎ When something goes wrong try to figure out a solution instead of being absorbed in self-pity. Truly happy people don't allow setbacks to affect their mood because they know that with a little thought they can turn the circumstances back to their favour.

◎ ___3___ These few minutes will give you the chance to focus on the positive things in your life and will lead you to continuous happiness.

◎ ___4___ Whether you treat yourself to lunch, take a long, relaxing bath or simply spend a few extra minutes on your appearance, you will be subconsciously (下意识地) putting yourself in better mood.

◎ Finding the humor in situations can also lead to happiness. Find a way to make light of a situation that would otherwise make you happy.

◎ Keeping healthy is another way to achieve happiness. ___5___

- A. On the contrary, if you are around people who are happy, their emotional state will affect you.
- B. There are important questions for anyone who is seeking happiness to ask themselves.
- C. It is also important to take some time each day to do something nice for yourself.
- D. Spend a few minutes each day thinking about the things that make you happy.
- E. Being overweight or not eating nutritious foods can have a negative effect on your mood.

文章大意：本文介绍了几个自我接纳的小技巧。

24. 阅读下面短文，从短文后所给的五个选项中选出能填入短文空白处的最佳选项，使短文通顺、连贯，意思完整。

We all want it—to accept and love ourselves. But at times it seems too difficult and too far out of reach. ___1___ Here's a handful of ways that will set you in the right direction.

___2___ Do not follow the people who make you feel not good enough. Why do you follow them? Are you hoping that eventually you will feel empowered because your life is better than theirs? Know that it's your life and you are the only you in this world.

Forgive yourself for mistakes that you have made. We are often ashamed (羞愧的) of our mistakes and our failures. ___3___ You will make mistakes, time and time again. Rather than getting caught up in how you could have done better, why not offer yourself a compassionate (有同情心的) response? That didn't go as planned, but I tried my best.

Recognize all of your strengths (优势). Write them down in a journal. Begin to train your brain to look at strengths before weaknesses. List all of your accomplishments (成就) and achievements.

___4___ Now that you've listed your strengths, list your imperfections. Turn the page in your journal. Put into words why you feel unworthy, why you don't feel good enough. Now, read these words back to yourself. ___5___ Turn to the page that lists your strengths and achievements and see how amazing you are.

- A. If you feel upset again?
- B. Where do you start?
- C. Nothing is too small to celebrate and feel good about yourself.
- D. Remember, you are only human.
- E. Stop comparing yourself with others.

文章大意：本文是一篇新闻报道。主要讲述中国空间站核心舱航天员王亚平为地球上的人们献上了一场零重力的音乐表演，以庆祝元宵节。

25. 阅读短文及文后A-E选项，选出可以填入各题空白处的最佳选项。

Wang Yaping, a taikonaut onboard China's space station, offered people on Earth a zero-gravity musical performance to celebrate the Lantern Festival.

The space show was shared at an annual TV gala for the festival celebration. 1 She played a popular Chinese traditional song "Jasmine Flower"

2 People usually hang colorful lanterns, play riddles and express their wishes and hopes for the future.

The crew members, who traveled to the space station on the Shenzhou-13 mission, kept some joyful traditions alive as they continued to move around the Earth. Zhai Zhigang wrote riddles on red paper with a brush pen. He showed the calligraphy (毛笔字) together with taikonaut Ye Guangfu and made festival greetings to the audience. They also sent blessings to athletes at the Beijing Winter Olympics. "3"

The video of the space performance was received with great interest after it was shared on social medias. 4

The Lantern Festival also marks the last day of the lunar New Year celebration. 5 Donning new clothes, the crew members enjoyed the traditions of eating dumplings and pasting spring couplets on walls.

- A. It drew nearly 2 million hits in one hour on Sina Weibo.
- B. Though far from home, the cheerful feelings in space were the same.
- C. We wish that you all get success, friendship and harvest your best Olympic experience.
- D. The Lantern Festival falls on the 15th day of the first month of the Chinese lunar calendar.
- E. In the video, Wang was seen floating in the space module while playing a guzheng, or Chinese zither.

文章大意：本文主要介绍了中国传统音乐与现代音乐的差异。

26. Music has always been an important part of Chinese people's lives. However, there are some differences between traditional and modern Chinese music.

1 The pipa has four strings and looks like a pear, while the erhu is a small instrument with two stringer. Modern Chinese music, on the other hand, is not the same. 2

Modern Chinese music is also different from traditional Chinese music in the way people listen to it. 3 The best musicians were very busy, so it was difficult and often expensive to hear really good music. For most people: the best chance to hear good music was during a festival or at a wedding. Today, people hear music all the time. 4

Whether music is traditional or modern, Chinese or international makes no difference. 5 Music changes and styles come and go, but nothing changes our love for good music.

- A. Before radio and TV, people had to go to the places where musicians were performing.
- B. Music seems to be a universal language that everybody can understand and enjoy.
- C. Traditional Chinese music is played with traditional instruments such as the pipa and the erhu.
- D. Most of it is played with drums, guitars and keyboards.
- E. Radio and TV stations play songs day and night, and one can even hear music played on the street.

27. Online payment(在线支付) develops so fast that the age of non-cash(无现金) has come. In China, more and more people use Alipay and WeChat to do shopping, 1. According to the research, most people leave little cash in their wallets, 2. Non-cash age brings great convenience.

As the heat topic of Belt and Road(一带一路) has caught the foreigners' attention, they are very curious about China and they are surprised to find the differences here. The foreign people name the new four inventions of China, 3. The new four inventions have something in common. 4. Online payment is used not many years ago and it is accepted by the public soon. Now, even the small business like the street peddlers will ask you to pay online.

5. The most important thing is to bring convenience to human being.

- A. while Alipay was one of them
- B. some even don't use it for a long time
- C. The age of technology changes people's life
- D. no matter where they go
- E. They all can be operated with Alipay

文章大意：本文是一篇说明文，告诉我们如何处理压力。

28. 根据短文内容，从短文后的 A、B、C、D、E 五个选项中选出能填入空白处的最佳选项。



Dealing with Stress

Everybody gets stressed from time to time. 1

Some ways of dealing with stress — like screaming, crying or hitting a wall — don't solve much. But other ways, like talking to someone you trust, can start you on the road to solving your problem or at least feeling better.

Try taking these steps the next time you are stressed:

◆ **Let your feelings go wild when you're upset.** Firstly, notice your feelings, and name them — for example, "I am so angry!" And say or think about why you feel that way. 2

◆ **Take your stress out on yourselves.** But that's not a good idea. Remember that there are always people to help you. Be kind to yourself and ask for a helping hand or a pat on the back that you need.

◆ **Get support from adults and friends.** It's time to start business. 3 Even if you can't solve it, maybe you can begin by solving a piece of it.

◆ 4 It may not seem like it when you're under stress, but stress does go away, often when you know the problem and start working on solving it.

These steps aren't magic — and you might have to do some steps more than once, but they do work (起作用). And if you can stay positive as you make your way through a hard time, you'll help yourself feel better and even stress will go faster. 5

- A. And it feels so good when stress is gone.
- B. Make sure stress is temporary (暂时的).
- C. Different people feel stress in different ways.
- D. You need to find out what the problem is.
- E. Then, find a way to calm down and forget bad feelings.

文章大意：本文主要介绍了第二次世界大战后，人们着装时尚的变化。

29. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。

What is fashion all about? Why is it so important in our lives? What does it say about us? 1 But we can learn a lot about people and their culture from the clothes they wear.

During World War II, women in England and America wore simple clothes. This was because many men were away at war. And women had to work at men's jobs. After work, women wore short, straight skirts because the government needed all the extra material for the war.

2 The French designer Christian Dior started designing clothes that were very feminine (女性化). The dresses were long and full and designers used a lot of cloth to make them. Women in England, America and all over the world loved these dresses. 3

Later, women grew tired of wearing long, full dresses, though. Skirts started getting shorter and tighter (紧的) once again. By the 1960s, teenagers, especially in England and America, began wearing mini-skirts. Mini-shirts showed women's legs above the knees for the first time in history. 4

By the early 1970s, fashion changed once again, and skirts became longer. Trousers also became very fashionable in the 1970s, and for the first time, women started wearing trousers suits when they went out. 5 They said they looked like men! Another problem was that men wore their hair long during this period. And people complained it was difficult to tell the difference between men and women.

Today many different types of clothes are in fashion for both sexes (性别). In fact, many clothes are suitable for both men and women.

- A. Soon women of all ages wore mini-skirts.
- B. Many people didn't like to see women in trousers.
- C. It made them feel very good to wear such feminine clothes.
- D. After World War II, fashion in these countries changed greatly.
- E. For most people, the word "fashion" just means clothes.

文章大意：本文是一篇说明文，讲述了迪士尼重拍《灰姑娘》的故事，导演解释困境中的灰姑娘让我们看到了她做出的坚强，乐观的选择。她才是自己命运的主人。

30. Almost everyone knows the story of Cinderella—a servant girl who wears a glass shoe and wins the heart of a prince. Disney has produced the classic fairy tale into a new movie.

We are first introduced to a beautiful girl named Ella. 1 Then Ella welcomes her stepmother and her daughters. But when Ella's father unexpectedly dies too, she finds herself living with a terrible new family. 2 They even change her name into Cinderella because she is often covered in cinders(煤灰) due to sleeping by the fireplace.

Most people might become angry in such a situation. But Ella doesn't. 3 One day, Ella meets a stranger in the woods. She doesn't know he is a prince. Soon an invitation to a palace party comes. Ella might see the young man again. 4 As in all good fairy tales, a fairy appears. She uses her magic to help Ella and changes her life forever.

Kenneth Branagh, director of the movie, believes people love Cinderella because they will connect the experience of Cinderella with theirs. "Cinderella is certainly placed in a hard situation, but she chooses not to be the girl in pain and we see she believes in herself instead of losing hope in life," he told people. "5" Wish that every girl could make similar choices and hold their own lives.

根据短文内容，将下面的句子还原到文中空白处，使短文内容完整、通顺（每个选项只能用一次）。

- A. Her mother dies and her father marries again.
- B. However, her stepmother won't let her go.
- C. She tells herself to stay strong and be kind instead of just being angry.
- D. She is the master of her own life.
- E. Her stepmother and stepsisters make her into a servant girl.

四、阅读理解

31.



These days so many things are going digital(数字化), and books are too. People can buy e-books or cheap books online. This means that some bookstores have a hard time staying open. 1

Bookstore sales in the US went 2.5 percent from 2014 to 2015. They have found success by trying new things, such as holding events, adding a coffee shop and food and creating a fun experience for book lovers.

"That's what small bookstores have to offer," Nicole Sullivan, owner of Denver's BookBar, said. "a more personalized(个性化的)experience and a sense of community." 2 The Shakespeare and Company Bookstore in New York is adding the Espresso Book Machine, which can print any book you want in five minutes at the store. This special machine is great for people looking for books which are hard to find.

And sometimes, if you can't beat them, it's okay to join them. 3 Second Story Books in Washington DC is one of them. It sells books on Amazon and makes more money.

While bookstores still face difficulties, it seems there are ways for them to succeed. 4 You are sure to enjoy a really special experience.

- A. And these good ideas work.
- B. Many have already closed down.
- C. So why not pay a visit to a bookstore next time?
- D. This isn't a new problem, but things are finally turning around.
- E. Many bookstores also sell books online.
- F. Also bookstores are trying to bring in new shoppers in cool ways.

文章大意：本文主要介绍了中国剪纸的历史、内容以及发展。

32. 阅读下面短文，根据短文内容，从短文后所给的六个选项中选出可以填入空白处的最佳选项，使短文意思完整、连贯。有两项为多余选项。

Chinese paper cutting is an art of cutting out pictures from paper with a pair of scissors. It has been around for over 1,500 years.

The most common pictures of paper cutting are flowers, animals and things about Chinese history. The paper cuttings are so vivid (生动的) that they look like real ones. 1 During the Spring Festival, people usually put the Chinese character "Fu" on windows, walls and doors for good luck and a happy new year.

2 Fang Jianguo has made paper cutting for over 30 years. "This art was invented for decoration (装饰) from the very beginning," said Fang. "Before doing it, you have to learn how to draw well. Without good drawing skills, you can't make good paper cuttings."

Paper cutting also has new development. Li Baofeng is a 55-year-old artist. "Traditional paper cuttings are often made with red paper. 3 So I want to make something new," said Li. She has made works in different colors.

Now paper cutting has changed from decoration to a kind of art. More and more people love paper cuttings. 4 The next time you see a paper cutting, take a moment to enjoy it.

- A. It seems to be a little boring.
- B. Paper cutting is all made by hand.
- C. How long does it take to learn paper cutting?
- D. Some even buy them as gifts for their friends.
- E. Paper cutting sounds easy, but it can be hard to do well.
- F. Red paper cuttings can show happy feelings and good wishes.

33. Littering is a big problem in cities around the world. People know it does harm to the environment, but few do something for years to make a difference. However, "Butt Lady" sets an example to all.

The true name of "Butt Lady" is Sally Dawly. She lives in Auburn, a city in California, US.

1 because she had spent most of her free time picking up cigarette butts (香烟头) from the streets of her city. After picking up one million cigarette butts in three and a half years, she has set a new goal for herself—two million cigarette butts.

Dawly got tired of going on her walks and seeing cigarette butts everywhere, so in 2014 she started to take action. Armed (装备) with a broom (扫帚), dustpan and a pair of tongs, the anti-littering activist walked down the streets in search of cigarette butts, picked them up and threw them in the trash can. To see how many butts she picks up, the Butt Lady has been using a counting device (装置). 2 after picking up as many as 3,000 butts a day. She said she wanted to shout "Come on people. Don't throw your butts. 3." Dawly knows it's not easy to completely solve her city's cigarette butt littering problem in no time, but she hopes her efforts will help smokers think twice before throwing away butts on the street. 4 as she has got more and more supporters in the city.

- A. She sometimes felt really tired
- B. In fact, her efforts have paid off
- C. Better yet, stop smoking
- D. She was so great
- E. She got a nickname(绰号)

文章大意：本文是一篇说明文，主要介绍了电影的发明及发展历程。

34. If you want to tell a story, or tell people about your ideas, a picture can often be better than words. 1 Everyone knows the most famous example of moving pictures— the cinema.

The cinema was invented at the end of the 19th century. In 1892, with his assistant, Edison invented the kinetoscope (活动电影机), a machine for looking at moving pictures. To see the pictures, you had to look through a small hole at the top of the machine. 2

Films developed quickly and became more popular. 3 The places to see films became bigger and more comfortable. At first, people could watch films only in cinemas. With the invention of television, people began to watch films in their own homes. Living rooms with large-screen TV sets were like small cinemas at home.

During recent years, companies began to develop new ways to record television programs with machines that had memory. 4 You can pay to download films and TV programs on the internet and watch them at any time.

The cinema has changed a lot. Will cinemas become a thing of the past? We can't be sure. Watching movies at home or in a cinema are both great fun, but some people think that cinemas are still the best places to watch movies.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

- A. And moving pictures can be much better.

- B. Only one person could look in each machine.
- C. Most people preferred traditional cinemas because the sound was clearer.
- D. This way your television set can save films, almost like a computer.
- E. People soon began to open places to show these new films to the public.

文章大意：本文介绍了清明时节人们举行的一些活动以及传统的习俗等。

35. Qingming is not only one of China's 24 solar terms, but also the time for Chinese people to honour the dead. Qingming, which falls in early April when the temperature begins to rise and rainfall increases, is the right time for spring cultivation (耕作). 1 Most of the time the whole family will bring food to the tombs and clean up wild grass around them.

Qingming was included as a Chinese public holiday in 2008. Chinese people call themselves the children of the Yan and Yellow emperors. A great ceremony (仪式) is held on Qingming every year in order to honour the Yellow Emperor, also known as the Xuanyuan Emperor. 2 This serves as a reminder of the roots of Chinese people and a chance to revisit the civilization (文明) of our ancestors.

This tradition is often accompanied (伴随) with an outdoor activity—spring outing. 3 And it's a good time to enjoy the beautiful scenes outside. The mild temperature and fresh air are comfortable, making spring outings another leisure (休闲) choice for those who lead a busy modern life.

4 It was originally an offering (供品) to ancestors during Qingming. But it is now regarded as a spring outing snack, especially popular among people living south of the Yangtze River.

- A. On this day, the Chinese from all over the world pay respects to this ancestor together.
- B. People like to go boating or visit relatives.
- C. Qingtuan, a round green dessert, is one of the must-have foods for the festival.
- D. At the same time, Chinese people will visit tombs of their ancestors around Qingming.
- E. The spring sunshine brings everything back to life.

文章大意：本文是一篇说明文。文章讲述了解决旧集装箱问题的方法，一些被钢铁公司回收，一些被建成了学生公寓，现在有很多学生住在集装箱的公寓里。

36. A problem is only a problem until there is a solution (解决办法). We find solutions by thinking creatively. 1 In other words, we think outside the box. Sometimes, thinking outside the box solves not just one, but two problems.

Amsterdam is one of the most crowded cities in Europe. As a result, housing is very expensive, especially for students. 2 However, finding this type of apartments was almost impossible until recently.

While the colleges in Amsterdam were trying to solve the housing problem, thousands of shipping containers (集装箱) were lying quietly in ports around the world. These huge steel containers carry products from one country to another. The life of each container is about 10 years. 3 Yet they can't recycle all of them because there are so many.

Back in Amsterdam, a company came up with an amazing idea. Why not reuse these shipping containers as student apartments? 4 They are all the same size and fit together perfectly. The steel is strong. Moreover, these containers are so widely available that they are quite cheap to buy. For all these reasons, they can be used to build apartments quickly and cheaply. Building began in 2005, and after only a few weeks, hundreds of Amsterdam students had new homes.

When students first heard about this idea, they thought the containers apartments would be small, noisy and cold. However, they were surprised when they saw them. Each container apartment has a kitchen, a bedroom with a study area, and a bathroom. The apartments are warm and quiet. They even have a high-speed Internet connection. Living in a shipping container has become popular. Today, over 3,000 Amsterdam students live in the container village.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

- A. Students need low-cost apartments.
- B. The containers are great for building apartments.
- C. In fact, these apartments are not in good condition.
- D. Steel companies recycle some of the old containers.
- E. We use our imagination and come up with creative ideas.

文章大意：本文讲述了在国外一些英语国家的人们会在圣诞节后第二天继续庆祝一个名叫“节礼日”的节日。节礼日上人们会分享钱或东西给穷人，许多人都热衷于

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/156235052145010055>