

2010-2023 历年陕西省三原县北城中学高三 上学期第四次月考英语试卷（带解析）

第 1 卷

一. 参考题库(共 20 题)

1. When he woke up, he found himself _____ in bed and _____ by some children.

- A. laying; surrounded
- B. laid; surrounding
- C. lying; surrounded
- D. lied; surrounded

2. Once upon a time in a land far away, there was a wonderful old man who loved everything : animals, spiders, insects.

One day while walking through the woods, the nice old man found a cocoon (茧) of a butterfly. He took it home. A few days later, a small opening appeared; he sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could and it could go no farther. Then the man decided to help the butterfly, so he took a pair of scissors and cut off the remaining bit of the cocoon.

The butterfly then appeared easily.

But it had a swollen body and small, fragile wings. The man continued to watch the butterfly because he expected that, at any moment, the wings would enlarge and expand to be able to support the body, which would be smaller in time. Neither happened! In fact, the butterfly spent the rest of its life crawling (慢慢爬行) around with a swollen body and fragile wings.

It never was able to fly.

What the man in his kindness and hurry did not understand was that the limited cocoon and the struggle required for the butterfly to get through the tiny opening were Nature's

way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our life. If we were allowed to go through our life without any obstacles and difficulties, it would disable us. We would not be as strong as what we could have been. And we could never fly.

【小题 1】 The butterfly could never fly because _____.

- A. it was too fat and strong.
- B. it loved crawling around.
- C. it got out of the cocoon easily.
- D. it didn't get through the cocoon.

【小题 2】 The text is most likely to be found in a book about _____.

- A. popular science
- B. humorous stories.
- C. successful people
- D. philosophy events

【小题 3】 What is the implied meaning of the passage?

- A. Life without any obstacles and difficulties is perfect.
- B. Obstacles and difficulties contribute to success.
- C. Never help a butterfly to get out of the cocoon.
- D. A butterfly can never fly without going through the cocoon

3. Having one of those days—or weeks—when everything seems to annoy you? Even if you do nothing about it, your bad mood(心情) will probably go away after some time. But with a little effort, you can forget it much faster—often within a day or two.

Walk it off

Exercise is the most popular bad mood buster. A person who's in a bad mood has low energy and high tension. Taking a fast ten-minute walk, or doing some quick exercises can do wonders towards changing the bad mood.

Tune it out

Listening to your favorite music for a while can also make tension go away quickly, because music starts connection with past positive experiences we've had.

Give yourself a pep talk

Stop and listen to what's on your mind. Bad moods are often started by too many negative thoughts. Write them all down on paper, the pessimistic(悲观的) messages you've been giving yourself, and then give optimistic answers. (“I still don't have a job.” vs “I have two interviews next week.”)

Reduce your stress

Relaxation techniques are wonderful moodlifters. These include deep breathing, stretching and visualizing(想像), all of which sound complicated(复杂的) but aren't.

One easy way to visualize: close your eyes and picture a favorite place, such as the beach. Another simple way to distress is to make a todo list. One reason for being in a bad mood is feeling you have no options. By taking control over certain areas, you realize you're not helpless. You can make changes in your mood and life.

Avoid things that won't improve your mood

TV may not help much: you need to increase your energy level and stimulate(刺激) your mind—something that the TV show “Neighbors” won't do. And before you reach for that piece of cake and coffee, think about how mood and food are linked. Sugar and caffeine contribute to depressed moods. The better choice? Research shows that carbohydrates, such as potatoes and pasta(面食), produce calming effects in people who have a desire for them.

【小题 1】 Which of the following may help us stop a bad mood?

- A. Doing nothing about it
- B. Exercising and enjoying music.
- C. Writing down negative thoughts
- D. Talking about it with neighbors.

【小题 2】 Why is it suggested that you close your eyes and picture the beach?

- A. It helps remove bad mood.
- B. It brings us a new technique.
- C. It is not complicated to do so.
- D. It is an area to be easily controlled.

【小题 3】 TV may not improve your mood because it _____.

- A. shows what happens around you
- B. does not energize you
- C. reminds you of eating and drinking
- D. produces a calming effect

【小题 4】 Which would be the best title for this passage?

- A. Energy Level and Stress
- B. How to Beat a Bad Mood
- C. Bad Mood and Our Life
- D. How to Control Your Feeling

4. We must do what we can to _____ the river _____.

- A. protect; against polluting
- B. stop; polluting
- C. keep; being polluted
- D. prevent; from being polluted

5. New technologies have made _____ easier to enjoy life than ever before.

- A. that

- B. this
- C. one
- D. it

6.高三阶段学习比较紧张，正确的学习方法尤为重要。下图显示了两位同学李明和王莹不同的学习方法，请简述并发表你的观点。



注意: 1.字数不少于 100 词，文章开头已给出，不计入总词数；

2.根据漫画可合理想象，适当发挥，使行文连贯；

3.书写务必清晰，工整，保持卷面整洁。

Li Ming and Wang Ying are two students of Senior Three. They both work hard but they have different learning methods. _____

7.The newcomer went to the library the other day in search of _____ he could find about Mark Twin.

- A. wherever
- B. whatever
- C. whoever
- D. however

8.假定英语课上老师要求同桌之间交换个性作文，请你修改你同桌写的以下作文。文中共有 10 处语言错误，每句中最多有两处。错误涉及一个单词的增加、删除、或修改。

增加：在缺词处加一个漏字符号（∧），并在其下面写出该加的单词。

删除：把多余的词用斜线（\）划掉。

修改：在错的词下划一横线，并在该词下面写上修改后的词。

注意：1.每处错误以及修改均仅限一词。

2.只允许修改 10 处，多者从（第 11 处起）不计分。

Dear Mom,

Mother's Day is coming. I'm sorry that I am abroad and can't send your flowers. Mom, I know I have never expressed my thank to you before. But today, at this special time, I just want tell you loudly: I love you, Mom! Thank you so much by giving me life.

Thank you for all you had done for me. Mom, though I may not often say it, but I do love you. Nobody is much important than you in my heart. Whenever I am, I will always love you. Here I sincere hope you will be happy and healthy forever!

I'm looking forward to hear from you very often.

Your little girl,

Jennifer

9. I was about to get on the bus _____ my wife phoned me to back home at once.

A. when

B. while

C. until

D. after

10. Dear Cary,

I'm writing because I've understood you've struggled with alcoholism (酗酒). I've been fighting mine ever since I went through 9-11. After that, I've been more or less

useless professionally - I'm a lawyer - and have had to resien (辞职) from my job

because I was discovered passed - out drunk in front of my computer. I've taken some medicine and it has helped somewhat. I can manage about a month without drinking, but after that I end up having a crazy stage where nothing matters except drinking.

After a week or so of heavy drinking, I start having nightmares of people jumping.

After that, it's a week of not being able to get out of bed.

I was supposed to travel to a conference but didn't make it because I got so drunk at the airport that I fell down on my face and spent the rest of the day in the emergency room.

I have been hiding from my family since then. Fortunately they won't be expecting me to come back for a week or so. Otherwise, they would notice the bump on my forehead and two black eyes.

I don't really know what I'm asking you. Cary, I need a way out that doesn't involve causing pain to my family. I'm taking medicine, but I still have these attacks every few months. If there's alcohol in the house, I can't stay away from it. It seems that this will never end. I'm afraid of what will happen if something bad happens, like a family member dying, or getting fired again.

Thanks for reading.

Yours T

【小题 1】 The underlined sentence shows us all the following EXCEPT _____.

- A. the reason why the author had to resign
- B. that the author was once discovered drunk as a fish
- C. that the author is a lawyer by profession
- D. that the author is a lawyer and he never gets drunk

【小题 2】 The author writes to Cary in order to _____.

- A. ask for money
- B. ask for help
- C. offer advice
- D. tell a story

【小题 3】 What is the author worried about?

- A. Losing his job
- B. Giving up drinking
- C. Bring pain to his family
- D. Missing the conference

【小题 4】 We know from the passage that Cary _____.

- A. is probably a recovered alcoholic
- B. never suffered from alcoholism
- C. likes to talk about the details of his life
- D. is a doctor on treating alcoholism

11. With so much noise of the traffic, I couldn't _____ and do my research work.

- A. put down
- B. settle down
- C. break down
- D. take down

12. 根据对话情景和内容，从对话后的选项中选出能填入每一空白处的最佳选项，

选项中有两项为多余选项。注意：E 涂 AB F 涂 AC G 涂 AD

What seems to be the problem?

___ 【小题 1】 ___

How long have you been like this?

Since Saturday night.

___ 【小题 2】 ___

Yes, I also feel lighthearted.

Can you think of anything you ate Saturday that might have caused it?

All I can think of is the fish I had. It didn't taste quite right.

____ 【小题 3】 __ Now I'll give you some medicine. Take it and you should be feeling better soon.

____ 【小题 4】 __

I also suggest that you follow a special diet.

____ 【小题 5】 __

You should stick to eating lighter foods.

- A. What's that?
- B. That might be it.
- C. Thank you, doctor.
- D. Any other problems?
- E. I have a running nose.
- F. Have you seen a doctor?
- G. I have a terrible stomachache.

13. 根据短文内容, 从下框的 A—F 选项中选出能概括每一段主题的最佳选项, 并在答题卡上将该项涂黑。选项中有一项为多余选项。注意: E 涂 AB F 涂 AC

- A. Take a bus instead.
- B. Have a look at the map.
- C. Consider buying a Metrocard.
- D. Locate the closest subway station.
- E. Follow the rules of the subway station.
- F. The best way of traveling in New York City

【小题 1】 _____

When traveling in New York City, often the best way to travel is by subway. The New York City subway system has over 800 miles of track, making it one of the most extensive subways in the world. At first, it may be complicated to ride the subway. However, after following a few tips, you can make it much easier.

【小题 2】 _____

You may worry about getting lost in this big and modern city. Firstly, you should figure out where you are coming from and where you want to go. Actually, the easiest way to do so is to view a map. At NYC Subway, org, you can find a route map, track map and historical maps. Simply go to the website and click on the map you want on the left side navigational panel (导航面板).

【小题 3】 _____

Another suggestion is to buy a special card for your traveling in New York City. You can buy a Metrocard you can recharge as you need it or you can buy an unlimited - use Metrocard. It will make riding the subway much more convenient. You can purchase Metrocards in subway stations or in stores which display a Metrocard sticker on their window.

【小題 4】 _____

If you get lost, don't worry. Stay calm and find out where you are. Then you should go to the nearest subway station. There are over 400 subway stations located in New York City. If you have any questions, you can ask the clerks at the subway stations. Subway maps list the subway stations, so just pick the one closest to you.

【小題 5】 _____

Like traveling by other means of transportation, you have to follow some rules while taking a subway. In some subway stations in New York, you may have your bags checked. Also be aware of other rules. The rules are posted at each subway station. If you are not clear, be sure to read the rules first.

14. There was a _____ look on her face because a _____ problem _____ the little girl.

- A. puzzled; puzzled; puzzled
- B. puzzling; puzzling; puzzled
- C. puzzled; puzzling; puzzled
- D. puzzling; puzzled; puzzling

15. The top leaders of the two countries are holding talks in a friendly _____.

- A. atmosphere
- B. state
- C. situation
- D. phenomenon

16. If you let pressure benefit _____ upset you, much more can be accomplished than you thought possible.

- A. more than
- B. rather than
- C. other than
- D. less than

17. An old man found a sparrow with a broken wing. He brought it home and nursed it back to 26. Afterwards, though it could fly, the sparrow 27 to leave the house. The old man's wife asked her husband to get rid of the bird as it was 28 the house. But he wouldn't listen.

One day while her husband was asleep, the woman 29 the sparrow, took it far away from the house, and let it go, warning it never to 30. The old man missed his friend and

hoped it would come back, 31 it never did. Then one day, several weeks later, he was walking past an old house when he heard a 32 sound. He looked up and there was the 33, sitting on the gate. The sparrow gave the old man a gold 34 it had found in the house.

The old man did not 35 much about money, but his wife was 36 when she saw the coin, and made up her mind to get more from the sparrow. 37, early the next morning she slipped out of her house and made her 38 to the old house. When she saw the sparrow she 39 it to return.

“If you have found 40, bring it along and I’ll spend it all on you.” she promised.

The sparrow brought her an old 41 with the help of its friends. The basket was 42 but the woman did not wait to find out what was in it. She grabbed it and ran, 43 that the sparrow would follow and take up residence(住所) in her house again.

The moment she reached home, she 44 the basket, expecting it to be filled to the eaves(屋檐) with gold and silver. Instead, out 45 dozens of sparrows.

The woman spent the rest of her life trying to drive the sparrows out.

【小题 1】

- A. danger
- B. life
- C. health
- D. help

【小题 2】

- A. refused
- B. decided
- C. managed
- D. failed

【小题 3】

- A. cleaning
- B. sweeping
- C. building
- D. dirtying

【小题 4】

- A. fed
- B. noticed
- C. caught
- D. killed

【小题 5】

- A. return
- B. fly
- C. stay
- D. cry

【小题 6】

- A. and
- B. if
- C. but
- D. until

【小题 7】

- A. strange
- B. sweet
- C. loud
- D. familiar

【小题 8】

- A. cat
- B. sparrow
- C. basket
- D. stick

【小题 9】

- A. coin
- B. watch
- C. ring
- D. cup

【小题 10】

- A. bring
- B. take
- C. care
- D. put

【小题 11】

- A. afraid
- B. sad

- C. nervous
- D. excited

【小题 12】

- A. However
- B. Therefore
- C. Instead
- D. Luckily

【小题 13】

- A. way
- B. mark
- C. picture
- D. sign

【小题 14】

- A. forbade
- B. forced
- C. begged
- D. helped

【小题 15】

- A. food
- B. treasure
- C. rooms
- D. plant

【小题 16】

- A. bowl
- B. box
- C. chair
- D. basket

【小题 17】

- A. covered
- B. empty
- C. big

D. small

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