

雅思写作必备短语及精彩句型

雅思写作核心语料库

Part 1

1 offer a sense of job satisfaction and security 带来工作的满意感和安全感

2 lay a solid professional working experience 积累扎实的工作经验

3 reduce/cut down expenditure 削减支出

4 increase/generate job opportunities 创造就业机会

6 promote talent introduction and exchange 促进人才的引进与交流

7 keep skills fresh and up-to-date 保证技术的不落伍

9 lay a solid foundation for 奠定坚实的基础

10 pave the way for the future/development 为未来铺平了道路

11 foster a sense of competition and cooperation 培养合作感与竞争感

12 cultivate the spirit of team working 培养团队合作精神

13 master interpersonal skills 掌握人及关系技巧

14 widen one's knowledge 拓宽知识面

15enrich one's social and life experience 丰富社会与人生经历

16enlarge one's view/broaden one's horizon 拓宽视野

17realize the value of life 实现人生价值

18surmount/overcome/win over /master difficulties 克服困
难

19grasp good communication skills 掌握人际交流技巧

20remove misunderstanding and discrimination 消除误解
与歧视

21keep balance between work and family 保持事业与家庭
的平衡

22raise the standard of living 提高生活水平

25enrich people's spiritual life 丰富人们的精神生活

26promote social skills and competence 提高社交技巧与能
力

27strengthen the family ties 促进家庭团结

28cultivate a strong sense of responsibility 培养强烈的责
任感

29bring joys and comforts to sb 带来愉悦与舒适

30usher in a brand-new life-style 引入全新的生活方式

31relieve the pressure of 缓解压力

32maintain the community stability 保持社会的稳定

33improve the utilization rate of energy resources 提高能源
的利用率

34make full use of 充分利用

35satisfy people's needs/meet the demands of people 满

足人们的需求

36promote the development of relative industries 促进相关产业的发展

37stimulate domestic needs 刺激国内需求

38impel economic development 促进经济的发展

39generate jobs, income and tax revenues 扩大就业机会，提高收入

40enhance mutual understanding 促进相互的理解

41boost local development 促进当地的发展

42promote cultural exchange and cooperation 促进文化的交流与合作

43enrich one's experience of life 丰富人生经历

44strengthen the ties with outside world 加强与外面世界的联系

46foster a climate of peace and prosperity 营造和平繁荣的气氛

47stimulate our feelings of togetherness 激发团结

48maintain a natural balance 保持自然平衡

49reduce the labor intensity 降低劳动强度

50stimulate one's imagination and interest in sth 刺激人们的想象里与兴趣

51accelerate the flow of information 加速信息的流动

52prvide more business opportunities 提供商机

53increase the productivity 提高生产力

54create more opportunities for education 创造受教育的机会

55improve educational conditions 改善教育条件

56release people from hard manual work 使人们从繁重的体力劳动中解脱出来

57speed up technical innovation 加速技术革新

58better the development of human society 完善人力资源的发展

60bring immeasurable economic benefits 带来巨大的经济效益

Part2 弊端

1put sb or sth at risk 使---冒风险

3be lack of a sense of job security 缺乏工作的安全感

4distract sb from doing sth 是某人从某事中分心

5impose a heavy strain on 带来巨大的压力

6be exaggerated and cheating 夸大且欺骗的

7be the invasion of privacy 侵犯隐私

8violate rights of free speech 侵犯言论自由的权利

9endanger social stability and safety 危害到社会的稳定与安全

10restrain sb from doing 限制某人做某事

14go astray 误入歧途

15undermine local culture 破坏当地文化

16jeopardize the safety and stability of the society 破坏社会的安全与稳定

17set a bad example to 树立坏的榜样

18lead to the extinction of some species 导致一些物种的灭绝

19result in shortage of energy and natural resources 导致能源的短缺

21 to cause the estrangement/isolation/alienation between A and B 导致了 A 与 B 之间的疏远

22bring disgrace on sb 为---带来耻辱

23suffer heavy losses 损失惨重

24easily cause stress-related illnesses 容易导致与压力相关的疾病

25lack basic infrastructures 缺乏基础设施

26break the ecological balance 破坏生态平衡

27lead to extravagant waste of public funds 导致公共资金的极度浪费

28make... in disorder 使混乱

30be harmful to our physical and mental and health 损害身心健康

31lead to degradation of social atmosphere 世风日下

32further widen the gaps between the rich and the poor 进一步加大贫富之间的差距

33be the drying up of our limited natural resources and the deterioration of the environment 有限的自然资源的枯竭和环境的恶化

34contaminate environment 污染环境

37 be a root of all evils 万恶之源

38be easily taken in by 容易被欺骗

39aggravate the traffic jams and worsen the crowdedness
使交通堵塞和拥挤更为恶化

40will pay a high price for this negative development of
为。。的负面发展付出高昂的代价。

Part 3

1. to cultivate one's independence 培养独立性

2. to develop a strong sense of responsibility 培养强烈的责任感

3. to foster a sense of competition and cooperation 培养竞争和合作感

6. to enhance one's social awareness/consciousness/realization 提高人们的社会意识

7. to become more socially adaptable 更具社会适应性

8. to keep pace with the outside world 跟上外面世界的步伐

9. to build up/ establish one's confidence 建立自信

10. offer somebody a sense of achievement/accomplishment 给与成就感

13. to form a good habit of frugality/thrift 养成勤俭的习惯

14. to provide a chance/opportunity for sb 提供机会

**21. to ease/lessen/relieve financial strain/burden 缓解经济
压力和负担**

**22. to enjoy a more colorful and interesting campus life 享
受多彩和有趣的校园生活**

24. to shape one's character 塑造性格

**25. to exert a negative/adverse impact on one's study and
life 对学习很生活产生负面的影响**

**26. to have a positive influence on sth/sb 对学习很生活产生
正面的影响**

27. take up/occupy one's space and time 占用时间和空间

**29. to make the best of/ to make full use of/ to take the
advantage of 充分利用**

**30. be essential to/be fundamental to/ be basic to 对----是很
根本的**

**35. to tell/distinguish/differentiate right from wrong 明辨是
非**

36. distinguished and outstanding 特点鲜明的

37. It is unavoidable that ...是不可避免的
38. to become money-oriented/money-pursuing/money worship 变成拜金主义
39. be spiritually contaminated/poisoned/polluted 精神污染
42. It is no use doing sth 做----没有用
43. to raise /revoke/arouse doubt about the necessity/feasibility of sth 质疑----的有用性
44. at the cost/price of 以----为代价
45. demonstrate/illustrate/display one's ability in sth 展示在---的能力
46. distract one's attention to sth 使人分心
47. to keep/strike a good balance between A and B 保持 A 和 B 之间的平衡
48. lag behind 落后
49. give priority to sth/ attach importance to sth/ lay emphasis on sth 优先---

Part four

1. to shoulder/assume the responsibility 承担责任
4. refrain sb from sth/ prevent sb from sth 限制---做某事

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