

2010-2023 历年浙江余姚梨洲中学八年级上 期中英语试卷（带解析）

第 1 卷

一. 参考题库(共 25 题)

1. Everyone knows that exercise is important. We need to exercise. Doctors say it is good for us. It keeps our bodies strong.

When the daytime comes, we must get up. This is the time for exercise. Exercise means doing things with the body. There are many ways to exercise. You can walk, run, swim, skate, or play ball games. Make sure you exercise in the following ways: you have to like what you're doing. Exercise enough---but not too much. It is good to exercise twice each week. Thirty minutes each time is enough. Try all kinds of things until you find one, two or three sports that feel right for you.

Exercise can be fun. Friends can exercise together at fitness center, or they can play sports together. How do you exercise?

【小题 1】 In the passage the writer tells us that we all need to_____.

- A. drink
- B. relax
- C. exercise
- D. work

【小题 2】 Which of the following sports can't we find in the passage?

- A. Fishing
- B. Running
- C. Swimming
- D. Walking

【小题 3】 What can exercise do to the body?

- A. It can make the body weak
- B. It can make us sleep more
- C. It can make the body sick
- D. It can make the body healthy

2.任务型阅读（共 5 小题，每小题 1 分，满分 5 分）

The Secrets of Happiness

【小题 1】 _____ Money and success alone do not bring lasting (长久的) happiness.

Happiness depends on ourselves. In other words, we make our own happiness. Here are a few ways to help you be happier.

【小题 2】 _____ We spend so much time thinking about the future, for example, getting into college or getting a good job that we fail to enjoy the present. You should enjoy life's simple pleasure, such as reading a good book, listening to your favorite music or spending time with close friends. 【小题 3】 _____

Another secret to have a happy life is to be active. And having hobbies will help you forget your problems. Many people do this by dancing or playing a sport such as going skating or playing soccer. 【小题 4】 _____

Finally. Many people find happiness in helping others. People feel good when they use their time to help others. 【小题 5】 _____ You can help a friend with his or her lessons, go shopping to buy food for your family members, or simply help out around the house by washing the dishes.

- A. If you want to feel happier , do something nice for someone.
- B. The first secret of happiness is to enjoy the simple things in life.
- C. Most people want to be happy. But few know how to find happiness.
- D. People who have a few close friends live happier and healthier lives.
- E. You can forget about your problems, and only think about the activity.

3.书面表达 (15 分)

请根据以下内容及提示, 写一篇介绍你的美国笔友 Lucy 的文章, 要求 70 词左右, 所写内容须包括所有所给信息, 可适当发挥。开头已给, 不计入总词数。

1.Lucy 很健康, 因为她经常锻炼, 她每星期吃蔬菜和水果三到四次, 她从不吃垃圾食品。

2.Lucy 的家离学校约 8 公里 (It is 8 kilometers from---), 骑自行车上学需 30 分钟 (It takes her---to---)

3.她和双胞胎姐妹 (twin sister) Lily 长得很像 (look the same), 但 Lucy 更活跃, 网球打得更好, Lily 学习更努力。

4.Lucy 很喜欢中国, 上星期天她和 Lily 一起看了京剧 (Beijing opera) 。

I have a pen pal Lucy. She is 14 years old. She is from America.

4.— Do you often play computer games?

—No, _____. I don't like it at all.

- A. always
- B. sometimes
- C. usually
- D. never

5.I live in a busy town, and there are many kinds of shops in the town. There are also three restaurants. They are Mr Li's, Mr Cool's and Mrs Zhao's.

People have different views about the three restaurants. I think Mr Li's has the friendliest service and the seats there are the most comfortable. However, it has the worst noodles. The color of the wall in Mr Cool's is pink. And it has the cheapest hamburgers, but the service of it is the worst of the three. And it has the hardest(最坚硬的) seats. Mrs Zhao's has the best food, and it is the most expensive. Though the seats are not very comfortable, it has the mostcustomers.

【小题 1】 _____ restaurant has the friendliest service.

- A. Mr Li's.
- B. Mr Cool's.
- C. Mrs Zhao's.
- D. Both Mr Li's and Mrs Zhao's.

【小题 2】 The color of the wall in Mr Cool's is _____ .

- A. white
- B. red
- C. pink
- D. blue

【小题 3】 The writer thinks the hamburgers in Mr Cool's are _____.

- A. the worst
- B. the cheapest
- C. the best
- D. the most expensive

【小题 4】 Which of the following is Not right?

- A. Mr Li's has the worst noodles and the most comfortable seats.
- B. Mr Cool's has the hardest seats and the worst service.
- C. Mr Zhao's has the best food and the most comfortable seats.

D. These three restaurants are in a busy town.

【小题 5】 The underlined word “customers” means _____ in Chinese.

A. 游客

B. 乘客

C. 顾客

D. 宾客

6. My favorite _____ is, “A friend is like a mirror.”

A. telling

B. saying

C. speaking

D. talking

7.— What did you do last Sunday?

— _____.

A. I am doing my homework.

B. I was busy.

C. I have a good time.

D. I stayed at home and watched TV.

8.—What does your father think of Up Up Day?

— _____.

A. He loves it.

B. He can see it.

C. He doesn't see it.

D. That's all right.

9.完形填空（每小题 1 分，共 15 分）

Sam lived in a small village. His mother was often ill and he had to spend much money on ___. And when he was 28, he borrowed some ___ from his friends and married. His wife was beautiful but came from a poor ___. So she could not help him. She had to tell her husband to find work in the town. She hoped he would get ___ money to pay off his debt (债务). The young man thought she was right and had to say ___ to her and started to find a job.

The young man could neither read nor write. Of course ___ would employ (雇用) such a man like him in the town. He had to go to an island and ___ trees for a farmer there. The island was small and there were only three men on it. They lived a ___ life and Sam missed his mother and wife very much. He wanted to ___ them, but he couldn't. Luckily, Charlie, who was ___ for five years, helped him. He asked the farmer to post the letter for him. From then on he ___ the answer every day. About two months later the farmer

brought his wife's letter to the island. He was very__but he couldn't read it. He had to ask Charlie to help him again.

When the farmer came out of the house, he found Sam was covering(覆盖)

Charlie's__while he was listening to the young man reading. It__ him and he said,

“What are you doing it for, Sam?”

“I can't let him__my wife's words!”

【小题 1】

- A. fruit
- B. medicine
- C. drinks
- D. food

【小题 2】

- A. houses
- B. cotton
- C. money
- D. clothes

【小题 3】

- A. hill
- B. office
- C. school
- D. family

【小题 4】

- A. enough
- B. few
- C. little
- D. several

【小题 5】

- A. good morning
- B. goodbye
- C. sorry
- D. hello

【小题 6】

- A. somebody

- B. everyone
- C. nobody
- D. anyone

【小题 7】

- A. buy
- B. break
- C. burn
- D. plant

【小题 8】

- A. hard
- B. light
- C. safe
- D. sad

【小题 9】

- A. played with
- B. write to
- C. look after
- D. talked with

【小题 10】

- A. at the factory
- B. at home
- C. in school
- D. in hospital

【小题 11】

- A. looked up
- B. heard from
- C. looked for
- D. waited for

【小题 12】

- A. happy
- B. careful
- C. afraid

D. sorry

【小题 13】

- A. head
- B. ears
- C. mouth
- D. eyes

【小题 14】

- A. interested
- B. worried
- C. surprised
- D. pleased

【小题 15】

- A. write
- B. see
- C. touch
- D. hear

10.词汇运用（共 15 小题；每小题 1 分，满分 15 分）

(A) 根据下列句子及所给汉语注释，写出空缺处各单词的正确形式，每空只写一词。

【小题 1】 I know my parents _____(关心) about me.

【小题 2】 The weather was cool, so we _____(决定) to play tennis.

【小题 3】 Tom 's home is the _____ (接近的) to school in his class, so he often walks to school.

【小题 4】 My sister wants to be a tennis player like Li Na because she is _____(有才能的) in tennis.

【小题 5】 We all want to reach the _____(顶部)of Longquan Hill to have a picnic there.

(B) 在下列各句的空格内填上一个适当的完整的单词，该词的首字母已给出。

【小题 6】 I finished all the homework this morning, so I have n_____ to do now.

【小题 7】 Her sister dances o_____ a week, only on Sunday morning.

【小题 8】 Lisa wants to be a w_____ like Mo Yan when she grows up.

【小题 9】 He was sad because his grandfather d_____ in “Feite” typhoon(台风).

【小题 10】 Li Qi won first p_____ in the singing competition “Voice of China”.

11. My math is the _____ of all the subjects. Can you help me?

- A. worse
- B. better
- C. worst
- D. best

12.—How can we read the letter “o” in the word “joke”? —It’s _____.

- A. / ə /
- B. / əu /
- C. / e /
- D. / æ /

13. I _____ what you are doing now.

- A. wonder
- B. act
- C. try
- D. feel

14. Mary is very kind and she always _____ everything with other kids.

- A. reaches
- B. shares
- C. touches
- D. seems

15. 根据短文内容，用方框中所给单词的适当形式填空，每词限用一次。

food tell trip later tired

Last August, our class did something very special on our school_ 【小题 1】 _____. We went to Mount Tai. We started at 12:00 at night. Everyone in our class took a bag with some_ 【小题 2】 _____ and water. After three ours, my legs were so_ 【小题 3】 _____ that I wanted to stop. My classmates_ 【小题 4】 _____ me to keep going, so I went on. At 5:00

a.m., we got to the mountain! Everyone jumped up and down. Twenty minutes 【小题 5】 _____, the sun started to come up. It was so beautiful that we forgot about the last five hours!

16. When Li Mochou _____ in the TV show, people were all very excited.

- A. appeared
- B. expected
- C. hoped
- D. watched

17. 完形填空（共 15 小题；每小题 1 分，满分 15 分）阅读下面短文，掌握其大意，然后从 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

Most people like the vacation. During the vacation, they go to _____ places, see many interesting things and _____ some people. They can _____ a lot from that. Frank is a student from New York, _____. During the last winter, he went to Beijing _____ vacation. First, he _____ his pen pal Wang Heng and lived in his home. The next _____, they got up early, they went to the Great Wall, they took many _____. On the _____ day, they went to Tian'an Men Square. There were many people there. They watched the national flag(国旗) _____. Then, they went to the Palace Museum. Frank liked it very much, _____ Wang Heng thought it was kind of boring. In the afternoon, they visited a Beijing Hutong. They went to a restaurant to _____ the Beijing Duck. Then after buying something _____ in Wangfujing Street, they went back home. On the last day, Frank visited Wang Heng's school and made some new friends there. People in Beijing were all _____ to him. He wanted to come to Beijing _____.

【小题 1】

- A. much
- B. a lot
- C. lots of
- D. a little

【小题 2】

- A. meet
- B. talk
- C. find
- D. watch

【小题 3】

- A. learn

- B. bring
- C. take
- D. teach

【小题 4】

- A. Japan
- B. America
- C. Australia
- D. Singapore

【小题 5】

- A. In
- B. at
- C. with
- D. on

【小题 6】

- A. looked
- B. named
- C. phoned
- D. cleaned

【小题 7】

- A. morning
- B. night
- C. week
- D. month

【小题 8】

- A. books
- B. sports
- C. money
- D. photos

【小题 9】

- A. first
- B. second
- C. third

D. last

【小题 10】

- A. go up
- B. make up
- C. get up
- D. dress up

【小题 11】

- A. so
- B. but
- C. and
- D. or

【小题 12】

- A. feel
- B. see
- C. eat
- D. drink

【小题 13】

- A. special
- B. serious
- C. similar
- D. successful

【小题 14】

- A. bored
- B. happy
- C. friendly
- D. scary

【小题 15】

- A. before
- B. after
- C. never
- D. again

18.—Where do you want to go to have dinner?

— I have no idea. _____.

- A. No problem.
- B. It's up to you.
- C. You're welcome.
- D. Let's go.

19.—Tomorrow is quite _____ for me. I have no time to play with you.

- A. full
- B. free
- C. fresh
- D. much

20.Chen Long and Zhen Zidan have much _____. And they often play similar roles in the movies.

- A. in common
- B. in fact
- C. the same as
- D. such as

21.Taking care of small children is one of the ways to make money. It is also called babysitting. Most parents do not have relatives living with them. They need someone to watch the children if they want to go out. A babysitter may play games, draw pictures, or read stories to the children, and then put them to bed at the proper time.

Mowing (割) lawns (草坪) for the neighbors is another common job. When people do not have time to mow their lawns in the garden, they are glad to pay somebody to do this.

Boys and girls can also help deliver newspapers in the neighborhood. They can walk or ride bicycles to deliver newspapers from house to house. They must do this every day if they want to make money in this way.

Some old people who live by themselves need help. Let them know if you like to help with the clean-up work, or go out to mail letters or buy things for them. They will perhaps pay you something each time or every week.

There are many ways to make money. American children often look around to see what work they can do to earn their pocket money.

【小题 1】 What does the word “babysitting” mean?

- A. Taking care of small children.
- B. A baby sitting at home.
- C. A baby making money.
- D. A sitting baby.

【小题2】Most American children make money by doing the following EXCEPT (除了) _____.

- A. delivering newspapers
- B. doing what they dislike
- C. doing the clean-up work
- D. helping old people with some chores

【小题3】A young American is more likely(可能的) to find a job if _____.

- A. he has no pocket money.
- B. he likes studying .
- C. his neighbor is a doctor.
- D. his neighbor is old and lives alone(独自).

【小题4】The main idea of this passage is that_____.

- A. children are good babysitters.
- B. children can deliver newspapers.
- C. old people living alone need help.
- D. American children work to make pocket money

22.Mr. Johns and Mr. Brown worked in the same office. One day Mr. Johns said to Mr. Brown, "I'm going to have a small party at my house next Wednesday evening. Would you and your wife like to join us?"

Mr. Brown said, "Thank you very much. That is very kind of you. We are free that evening, I think. But I will telephone my wife and ask her. Maybe she wants to go somewhere else that evening." So Mr. Brown went to the other room and telephoned. When he came back, he looked very sorry.

"What's the matter?" said Mr. Johns, "Did you speak to your wife?"

"No," answered Mr. Brown, "She wasn't there. My small son answered the telephone. I said to him, 'Is your mother there, David?' and he answered, 'No, she is not in the house.' 'Where is she then?' I asked. 'She is somewhere outside.' 'What is she doing?' 'She is looking for me.'"

【小题1】A small party will be held _____.

- A. at David's house
- B. at Mr. Brown's house
- C. in the office
- D. at Mr. Johns' house

【小题2】Mr. Johns asked _____ to the party.

- A. Mr. Brown
- B. Mrs. Brown
- C. Mr. and Mrs. Brown

D. all his friends

【小题 3】 The telephone was _____.

- A. in the same office
- B. in a room next to the office
- C. in the post office
- D. near Mr. Johns' house

【小题 4】 Mr. Brown spoke to _____ on the phone.

- A. Mrs. Brown
- B. Mrs. Johns
- C. David
- D. David's friends

23. Running is becoming popular these days. Many of us run for health. Doctors say many health problems come from these bad habits: eating and drinking too much, smoking and not taking enough exercise. Doctors tell us. "Eat and drink less, don't smoke, and exercise more."

Running is a good way of exercise because it helps build a strong heart. It also helps most people lose weight. One 68-year-old woman runs three times a week. "I love to eat." She says. She runs to lose weight.

Running is good for health in other ways, too. Many runners say running keeps colds and other small health problems away. "Running is my doctor." says one man.

Running can also help people to relax. So today men and women of all ages enjoy running.

【小题 1】 Many people enjoy running because they want to ____.

- A. eat much
- B. keep healthy
- C. run fast
- D. make friends

【小题 2】 Doctors tell us ____.

- A. not to smoke
- B. not exercise
- C. to drink much
- D. to eat much

【小题 3】 The underlined word means "____" in Chinese.

- A. 疾病
- B. 体重
- C. 速度
- D. 健康

【小题 4】 The third paragraph(段)shows____.

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