

一、阅读理解

文章大意：本文主要介绍了妈妈对孩子的爱。

1. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Only mother's love is true love. It gives everybody everything in all his life. When you are still a baby, Mother takes good care of you as much as possible. 1. When you are ill, she stops her work right now to look after you day and night but forgets about herself. 2, she feels very happy. When you are old enough to go to school, Mother still looks after you all the time. On cold winter days, she always tells you to put on more clothes. 3. When you hurry to leave home for school with little breakfast, she always feels worried about you at home. She usually knows about your study and spends much money on your school things. 4, you will see the bright sweet smile on her face.

5, not to receive. What true love it is in the world! We will remember Mother's love forever.

- A. She always stands in the wind waiting for you back from school
- B. When you are growing up day by day
- C. Mother is always ready to give everything she has to her children
- D. Mother always helps us with our lessons at home
- E. In your walking hours, she always holds you in her arms
- F. When you do well at school
- G. Mother's love is not as good as father's

文章大意：本文主要讲述了作者今年夏天第一次参加音乐节的经历和感受。

2. This summer I attended my first music festival. 1 Instead, we volunteered as festival stewards (管理员). We each worked 3 shifts—each shift was 8 hours long—in exchange for a free ticket to the festival.

Leeds Festival is a large music festival which takes place yearly at the end of August. 2

There were several different stages, each catering for a different music taste: rock, pop, alternative and dance. As well as the fantastic music on offer, there were also funfair rides, food outlets and a silent disco. I loved silent discos: everyone had a set of headphones with two channels and music was played through the headphones. 3

4 We saw a wide variety (种类) of artists across the weekend. I really enjoyed seeing Imagine Dragons, Vampire Weekend and, of course, Arctic Monkeys.

5 However, we had a really nice campsite (露营). I had a great time and would definitely be returning the next year!

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项，选项中有两项为多余选项。

- A. As a result, people could dance and sing along to completely different songs!
- B. We all wish we had just a bit more time.
- C. Unlike most of the festival-goers, we didn't buy tickets.
- D. We camped for five nights and it was freezing every night!
- E. And thousands of people attend it each year.
- F. So, I realized that was completely not going to work.
- G. While we weren't working, we were free to enjoy the festival.

3. I have met many excellent teachers in my school life. I love them all because they have given me so much help in my study and in my life. But the one that I will never forget is my English teacher—Mrs. Gao. I am thankful for what she has done for me. 1 she could always help me in time. She was the best teacher in my eyes because she gave me much help, and she even gave me something special.

In my junior years I was considered (被看作) as a silly girl, because I was always silent in class, but Mrs. Gao usually praised me. Her words were very important to me. 2 With her encouragement, I began to believe in myself. As a result, 3 In my eyes, she was not only an English teacher but also a kind mother. She cared for me just like my own mother.

4 But I loved and respected (尊敬) her very much. We usually played games or sang songs and did other activities together. Mrs. Gao often helped me patiently after class, taught me important knowledge and skills, and taught me how to be an outstanding (杰出的) person. 5 Because of her help, I was completely moved (感动) and touched.

On the journey of life, Mrs. Gao has not only lighted the light of hope for me, but also given me a strong heart to face any difficulty.

- A. Mrs. Gao was a strict teacher.

- B. She gave me confidence (自信) and courage.
- C. Mrs. Gao is beautiful and cool.
- D. When I was in trouble,
- E. What she only wanted to see was my improvement.
- F. I got very high marks (分数) at the end of that term.
- G. She would like you to know about the old days.

文章大意：本文主要介绍了牙膏的由来。

4. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Long ago, as people got older, there was something wrong with their teeth and it would be very painful. 1

Later people learned that cleaning their teeth was important, but they didn't have toothpaste(牙膏) at that time. 2

About 100 years ago someone finally created a kind of cream to clean teeth. Not long after that, the toothpaste tube(管子) was invented, so people could press the toothpaste right onto the toothbrush! 3

The army gave brushes and toothpaste to all the soldiers, and they learned to brush teeth twice a day. At that time toothpaste tubes were made of metal. 4

Today there are plenty of toothpaste choices; lots of colors and tastes to choose from, and some kinds of toothpaste are made just for children. When you're choosing a kind of toothpaste, make sure it has fluoride(氟化物). 5 When you brush your teeth, you don't need a lot of toothpaste: just press out a bit.

- A. They used lemon juice, salt or other things to clean their teeth.
- B. Tooth brushing became popular during the World War I.
- C. Fluoride makes your teeth strong and healthy.
- D. Fluoride does harm to your teeth.
- E. Today they're made of soft plastic and are much easier to use!
- F. To avoid toothache, they had their teeth pulled out.
- G. Make sure that your teeth are cleaned three times a day.

5. There is a seed (种子). He is so small that nobody wants to look at him. 1

One day, a wind brings him to a field in the sun. He looks around and a spatter of rain comes to him. Then he grows up. Four years later, a man sits under him. The man says, "Thank you for this. 2."

"What are you talking about?" the seed asks. 3 No one speaks to him like that.

"Who is this?" the man asks.

"It's me. I'm a seed."

"A seed?" the man looks at the big tree. "4 You are a tree, a big tree!"

"Really?"

"Yes! People come here to have a rest under your shade (树荫)." ."

Hearing this, the seed, now a tree, is very happy. "Oh! That means I'm not a small seed anymore. 5 Wow! Everybody comes to me for my shade because I am a big tree now!"

- A. I can help people.
- B. You are not a seed.
- C. The man feels unhappy.
- D. I really need some rest.
- E. The seed is planted in a field.
- F. He thinks the man is laughing at him.
- G. So the seed doesn't think he is important.

6. When is the best time for us to enjoy the bright moon? Of course, it is Mid-Autumn Festival, one of the most important festivals in China. This year, the festival is on September 15th. 1 The tradition is thousands of years old.

2 We enjoy and admire it. We use the round and crescent moon(新月) to describe reunion(团聚) and separation(离别).

Our admiration to the moon can date back to ancient times. The legend(传说) of Chang'e flies to the moon is the most famous story about the moon. What's more, many Chinese poets(诗人) connect the moon with nostalgia(乡愁). For example, "3 Is it hoarfrost on the ground?" from

Thoughts in the Silent Night by Tang Dynasty poet Li Bai.

Today, the moon is still important to Chinese people. 4 The Miao nationality(苗族) in Guizhou province has a special custom. On the night of Mid-Autumn Festival, young people dance under the moon to find their other half.

However, Western people see the moon differently. In their legends(传说), the full moon is somewhat scary to people. 5 A werewolf(狼人) usually looks like a human, but changes into a wolf-like creature(生物) when there is a full moon. Also, if someone is very excited or even crazy about something, others may joke, "It must be a full moon."

根据内容，从短文后的七个选项选出五个能填入空白处的最佳选项，并将所选句子的字母标号在答题卡上涂黑（5小题）

- A. Beside my bed a pool of light.
- B. Especially in some parts of China.
- C. When will the moon be clear and bright?
- D. The most well-known legend is the werewolf.
- E. We sing songs, dance and make dumplings with our families.
- F. The moon, the key part of the festival, is special to most Chinese people.
- G. We look at the moon, eat moon cakes, and get together with our families.

文章大意：本文讲述了一座连接外国人和淘宝网上购物的桥梁——Baopals。

7. 根据短文内容，从短文后的选项选出能填入各小题的正确答案。

Charlie Erickson, Jay Thornhill and Tyler McNew are three American entrepreneurs (企业家). 1 They created Baopals, a bridge between foreigners and online shopping on Taobao.

Charlie who used to be a teacher at Fudan High School liked to buy things from Taobao. Every time he wanted to buy products from Taobao, he had to ask help from his students. 2 Then he thought why not start a website to help other foreigners like himself. So he invited Jay and Tyler to create Baopals, a website through which they translate foreign customers' address and orders into Chinese and then buy things from Taobao.

Baopals was set up in Shanghai in July 2015. 3 They needn't worry any more about shopping on Taobao. When they buy a product on Baopals, they are buying it directly from Taobao. Baopals has product information and customer reviews which have been translated into English from Taobao. It really makes foreigners' online shopping in China convenient.

Erickson and Thornhill said, "Our goal of creating Baopals is not just to make shopping online in China easier for foreigners. 4 Foreigners can exchange their ideas in this community. Foreign buyers may have some doubts about online products. 5 The goal of this community is to build trust," said Thornhill.

Many American friends asked Charlie why he had stayed in China for five years. He said, "When you return to the west, you realize that chances are still in China".

- A. Taobao is the largest e-trade company in China.
- B. It helps international customers to buy Chinese products from Taobao easily.
- C. We also want to create a community.
- D. That was because he had difficulty in reading Chinese.
- E. They have achieved their Chinese dream by helping foreigners buy products from Taobao.
- F. However, if a product is supported by other foreigners, people are more likely to buy it.
- G. Foreigners in China have made more money through Baopals.

文章大意：本文作者回忆了学校的黄金时光，表达了对老师和同学们的感谢。

8. 请先阅读下面短文，掌握其大意然后根据短文内容从文后的七个选项中选择五个还原到文中，使短文意思通顺、结构完整。

The saying that school years are golden years is true for me. I enjoyed them a lot. 1 I owe (归因于) my life's success to my school days.

From the first day to the graduation day, my school days are a vivid recollection (生动的回忆) in my memory. Whenever a friend from school contacts (联系) me, I am taken back to those happy days of my life.

2 I made many good friends at my school. I experienced social skills first-hand. I was taught how to read, write and think critically (批判地). I learned to play sports and exercise to keep healthy.

My teachers and my classmates helped me. 3 They shared their experiences and guided me. They were my models of success which I was thirsty for. They helped me in discovering my life's path. They supported, encouraged and inspired me a lot. My classmates were an immense blessing

(巨大的福气) as well. 4 They raised me up when I couldn't stand up, they cheered me up when I was down, and they helped me stay on track with (与.....保持一致) class progress when I got sick. I never could have made it through my school days without their friendships.

5 I will never forget those happy days.

- A. My school days were a treasure box of valuable lessons and experiences.
- B. Never fail to be thankful to the people around you.
- C. My classmates were my true partners in all moments of life.
- D. My teachers taught me much of what I know about life.
- E. I've grown up after these years.
- F. All these experiences made my school days golden in my life.
- G. It shaped me as the person I am today.

文章大意：本文主要介绍了一些让你振作起来的有用方法。

9. Some Useful Ways to Cheer You Up

No one can be happy all the time. 1 Here are some suggestions for you when you are in a bad mood.

2 Friends can help each other by realizing (意识到) that they are not alone in their feelings. Talking to parents is important, too. Parents can share their own experiences of dealing with bad moods. Teachers are also there to talk with you and make you feel better.

Do some exercise. Go for a run, play some tennis, ride your bike, or punch a punching bag (打沙袋). They can help you get over from your bad moods.

Get enough sleep. Though it can be hard to find enough time, getting enough rest is very important. 3

Make your feelings on paper. Writing can help you express (表露) your thoughts and feelings. Don't worry about grammar or spelling. 4 Do the same thing with painting, music or other art forms.

Feel easy to cry. 5 In fact, it often makes a person feel better. If you find that you are sad, bored, or hopeless much of the time, or if you just can't seem to feel happy, you can have a cry. It can help you feel relaxed.

- A. Talk to people you know well.
- B. You should stay happy all the time.
- C. You can be unhappy sometimes.
- D. There's nothing wrong with crying.
- E. Being tired can cause more sadness.
- F. You can wait a moment until the bad mood goes away.
- G. The important thing is just to get your thoughts on paper.

10. China's national anthem (歌曲), March of the Volunteers, is a song that we learn at the beginning of primary school and sing while raising the National flag. 1

In September, the government passed the National Anthem Law, which began to take effect (生效) on Oct 1. It tells us how we should sing or play the song, requiring all citizens to honor it.

According to the new law, the anthem is only allowed to be played on certain time and places, such as during important sporting events or when raising the National flag. 2

Primary and middle schools must teach the anthem to their students and make them understand the song's spirit and history. The law also requires citizens to be serious when singing the song. 3 If someone breaks the law, he or she can be detained (拘留) for up to 15 days, or even punished more strictly in more serious situations.

4 It is the symbol of our country. The law makes sure people will be more serious when playing or singing the song.

5 For example, US school children should put their right hand over their heart while singing their country's anthem at school. In Russia, the national anthem must be played on television and radio before the start and end every day. And in the Philippines, people are required to sing the national anthem loudly when it's played in public.

- A. It shouldn't be played during private activities or as background music in public places.
- B. We can neither joke about it nor change the song's words or music.
- C. Parents should educate kids to sing China's national anthem correctly.
- D. And now, there's even a law to protect it.
- E. We can even sing March of the Volunteers from very young age!
- F. The national anthem is different from other songs.

G. Many foreign countries also have laws for their national anthems.

二、阅读理解

11. 阅读全文，并从下列的六个句子中选择五个还原到原文中，使原文的意思完整、连贯。

A news reporter interviewed Olga Kotelko, a 96-year-old athletic champion. She is an amazing old lady. Here is what she said about herself.

After 70 years of competitions, I have over 750 gold medals. And two years ago, I took part in my last competition in a group aged from 90 to 94. 1 And I know these records will be broken by someone else in the future.

I did spree sprints — 100 metre, 200 metre, 400 metre. I did three jumps. I did long jump, high jump and triple jump. And I did five throws — shot put, discus, javelin, hammer and weight. 2

Some people often say that they are too old to try new things. But I think our age is just a number. 3 Even when we are in our nineties, we shouldn't think we are old. I mean, if we're active and we're working and we're enjoying, that's how we grow.

I think genes play an important role in our life, and then, of course, we need to practise in order to have skills for any special activity, like athletic activity. 4

I never stop trying in my life. Some people think it is time for me to stop at a certain point, but I am enjoying my choice and I am having fun. Why should I stop? I am doing what I like. 5 I will keep trying until the last day of my life. That is when I'll have to stop.

- A. What makes the difference is not how old we are, but how we get old.
- B. I made 26 world records.
- C. Work harder if you are not active.
- D. I like traveling a lot, and I just want to keep on going.
- E. I also like swimming, but I have no chance to try it.
- F. But I think, it's our spirit that may play the most important role in our life.

文章大意：本文是一篇说明文，主要介绍了电影《青春变形记》（*Turning Red*）的主要内容。

12. 补全短文：根据短文内容，从短文后的A~F选项中，选出5个适当的选项补全短文。



It's not unusual for us to change friends, change schools or change the way we dress as we're growing up. 1 That's the life of Meilin Lee, the perfectly imperfect main character of Disney-Pixar's new film *Turning Red*.

2 Set in Toronto, Canada in the year 2002, Meilin is a confident 13-year-old Chinese-Canadian girl who is going through puberty(青春) troubles. However, one morning, after a frightening dream, she discovers that she has turned into a giant red panda, later learning that her ancestors have a shared history with the species. Whenever she gets too excited or stressed, she turns into the red panda.

Actress Rosalie Chiang, 16, lends her voice to Meilin. "3 The panda represents her insecurity(不安全感) and fear," Rosalie says. "The movie gives a new view on Asian family life." Rosalie says Asians in films before have often been shown as examples of success. 4 *Turning Red* is hoped to have a good influence on other movies focusing on Asian characters.

Accept your insecurities. For Rosalie, that's the message to take away from Meilin's adventures. "All these insecurities and these differences are what make people who they are," Rosalie adds. "5"

Turning Red was released on March 11, 2022.

- A. But what about changing into a giant red panda?
- B. The film tells a coming-of-age story like no other.
- C. This movie presents Meilin as an imperfect person.
- D. But do you know the film which is about changing colors?
- E. Find out who you are, not what other people want you to be.
- F. This movie can put pressure on local audiences to live up to high expectations.

文章大意：本文介绍了为了减少污染，人们想出了各种各样的办法。

13. Each of us shares this planet with seven billion others. People and products need to move from city to city and country to country. However, most cars, motorcycles, boats and planes cause air pollution. 1. This is a serious problem. So inventors are coming up with creative ideas to

reduce the pollution and noise.

Motorcycles are a faster and cheaper way to get around a city than cars. 2 To solve this problem, a company designed an environmentally friendly motorcycle. It uses electricity so there is no air pollution.

3 There are no cars in the city center. Instead of cars, water taxis and buses carry people around the city. However, they cause pollution. English engineers Dick and Jem designed a solar-powered water taxi.

Planes also cause air and noise pollution. 4 Some airplane companies have started to solve the problems. Swiss engineers have gone one step further. 5 This plane holds the world record for the longest solar powered flight—1,541 kilometers.

- A. They developed a solar airplane.
- B. Designing an environmentally friendly airplane is a real challenge.
- C. Yet air pollution is a growing problem.
- D. They are also noisy.
- E. The Italian city of Venice is a city with only a few roads.
- F. You can come to the company, too.

14. Recycling has become more and more important. As time goes by, it is rapidly changing around the world. 1.

More goods will be made of reused materials. You'll find more clothing, toys, park benches that are made of recycled water bottles. Buildings and furniture are made of renewable wood and steel. 2.

Consumers (消费者) will become cleverer. Shoppers will turn to companies that produce green products. 3. They want to know how the materials come from, how food is grown and so on.

Less plastic packaging (包装). We find it difficult to open a bottle of pills or a new toy and it's a waste of resources. Don't use plastic bags when we go shopping. 4. Everyone should be a greener person though it will probably take longer for all plastics to disappear.

Actions speak louder than words 5. Companies should make efforts to reduce materials for packaging as well. The government will take measures to change the situation. In the next ten years, we'll still have a long way to go.

- A. Do you pick up plastics every day?
- B. We should take a cloth bag instead.
- C. Everyone should use reusable products.
- D. What will recycling be like in ten years?
- E. Waste is finally treated as a material.
- F. These consumers care a lot about the environment.

文章大意：本文为一篇说明文。文章主要阐述了好的睡眠对我们很重要，并介绍了拥有好睡眠的方法。

15. 以下是一则短文，请阅读短文，并从下列六个句子中选择五个还原到原文中，使原文的意思完整、连贯。

Sleep is very important. Can you think of a time when you can't fall sleep? That feeling is really terrible. When you don't get enough sleep, you're not at your best. 1

Be active (活跃的) during the day.

You may see how much running around little kids do and how well they sleep. 2 It can help you relax. But don't play sports too close to bedtime.

Get into a good sleep habit.

3 It can help your body get into a habit. If you don't go to sleep in 20 minutes, leave your bedroom and do something to relax. 4

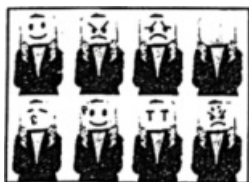
Watch what you eat and drink.

Eat a simple meal for dinner and stay away from hot food. 5 This can help you sleep better. Be sure not to have tea or coffee at night.

- A. So get at least 60 minutes of exercise a day.
- B. For example, you can do some reading or listen to music.
- C. So let's talk about how to have a good sleep.
- D. Say "Tonight, I will sleep well" during the day.
- E. Go to bed and get up at the same time every day.
- F. You can also drink milk before going to bed.

文章大意：本文主要讲述了我们要摆脱坏情绪，放下负担，通过原谅自己和他人能让我们活得更开心。

16. Do you often have strong feelings? How do you deal with bad emotions?



We feel angry or guilty (内疚的) about the things we did or did not achieve, about the things we cannot have, and many other things. It seems that everyone carries their own bad emotions. But neither guilt nor anger can help us. Over time, 1

These bad emotions don't do anything good for us at all. 2—is it possible to put down this heavy burden (负担) and give yourself a break? It is quite possible.

Start by actually looking at your feelings. How do they get inside of us? Why do we carry them for so long instead of putting them down? 3

By thinking about our bad emotions, we can find healthy ways to deal with them. Unhealthy behaviors are not the way to do this. They provide no relief (宽慰). Instead, there are better ways to deal with them. One of the best ways is forgiveness (原谅).

4 We should forgive ourselves first. We shouldn't keep bad emotions inside. We must also forgive others who have made us guilty or angry. This is not always easy. But when we learn to forgive ourselves, it becomes easier to forgive others as well.

There is nothing good about carrying years of emotional burdens. By forgiving ourselves and others, we can put down our burdens and feel better about ourselves. The moment you do this, you will start to feel a lot lighter. 5 You'll start to feel like you have more energy and you'll be much happier with your life.

- A. Can we live without them?
- B. Look at the picture on the right.
- C. Years of heaviness will be magically lifted!
- D. they can be heavy weights on our shoulders.
- E. So you might ask yourself.
- F. Forgiveness is a powerful tool.

文章大意：本文主要介绍了保护环境的四种方法。

17. 阅读下面短文，从短文后的选项中，选出可以填入空白处的最佳选项。选项中有一项为多余选项。

Environment is important for all of us. 1, we've got some good ways for going green.

Avoid food waste

Go green and know the importance of finishing your meals to avoid food waste. 2

Try more plant-based meals

Try to eat less meat. 3. It's a simple way we can all use to help to save the planet.

Cut down on the air-conditional

Usually Singapore is called the "air-conditioned nation"! 4. If you can't live without your AC, set it at between 25 °C and 27 °C for the most energy-efficient(节能的) temperature.

Wise up to recycling

5. Becoming a less "throw away" society is a great message to pass on on Earth Day and beyond.

- A. If you want to help protect the environment and save the planet
- B. Whether it's raining or sunny, you can know about the environment
- C. Whenever you can, go green and open the window for some natural air
- D. You don't need us to tell you how important it is to reduce, reuse and recycle
- E. If we eat less, more and more animals will not be eaten and live longer
- F. Try to save the planet as well by planning your meals, so you only buy what you need

18. 根据短文内容，从方框中的六个句子中选出五个句子还原到短文中，使短文通顺、完整。

This year 2,300 teenagers from all over the world will spend about ten months in US homes. They will attend US schools, meet US teenagers, and form impressions of America. 1 They will learn new languages and gain a new understanding of the rest of the world.

2 Fred, nineteen, spent last year in Germany with George's family. In turn, George's son Mike spent a year in Fred's home in America.

Fred, a lively young man, knew little German when he arrived, but after two months' study, the language began to come to him. 3 Students rose respectfully when the teacher entered the room. They took fourteen subjects instead of the six that are usual in the United States. There were almost no outside activities.

4 The father's word was law, and all activities were around the family rather than one of the members. Fred found the food too simple at first. Also, he missed having a car.

"Back home, you pick up some friends in a car and go out and have a good time. In Germany, you walk, but you soon learn to like it."

Meanwhile, in America, Mike, a German boy, was also forming his idea. "I suppose I should criticize (批评) American schools," he said. "It is far too easy by our level. 5 In Germany we do nothing but study. Here we take part in many outside activities. I think that maybe your schools are better in training for citizens. There should be some middle ground between the two."

- A. Family life, too, was different.
- B. But I have to say that I like it very much.
- C. Here is a two-way student exchange in action.
- D. School was quite different from what he had expected-much harder.
- E. In fact, there are many differences between the two countries' cultures.
- F. At the same time, about 1,300 American teenagers will go to other countries.

19. Life is not perfect. It never has been and never will be. We often complain about the weather, the traffic, and the weeds in our yard. We complain about tight clothing, misplaced keys, delayed flight. 1 Here are some useful steps to help you complain less:

2 Many of us complain only because we never considered there may be a better way. But when given the choice, most of us would prefer to give life rather than drain (耗尽) life with our words.

3 Life is not always going to serve up what we would like (or even expect) at every turn. There will be trouble. Again, this is okay. And the sooner we stop holding out for a world around us, the sooner we can embrace the fact that our contribution (贡献) is far more needed than our pleasure.

Avoid beginning conversations with a complaint. Take notice of how often we begin conversations with a complaint. Often, when we talk with a complaint, we'll begin complain too. So, try not to begin conversations with a complaint. 4

Notice your triggers (触发). 5 Morning, evening, or late afternoon? When you are drinking coffee or lunch with your friends? Maybe it is around the water cooler with your co-workers? Take notice. Then, avoid triggers if possible.

Complaining serves little purpose in our lives. We'd live happier without it. Moving forward, let's embrace the positive instead.

根据短文内容，选出能填入文中空白处的最佳选项。其中有一项为多余选项。

- A. Embrace (拥抱) an imperfect world.
- B. Consider the importance of accepting the change.
- C. Is there a time period of the day you want to complain more than others?
- D. It isn't enjoyable to spend time around people who often complain.
- E. How might we begin to overcome the habit of complaining?
- F. And try spreading some cheer with your opening line instead.

文章大意：本文主要讲述了在退休前，尽力去培养一些爱好，这对于我们来说是有很多好处的。

20. 阅读全文，并从下列方框里的六个句子中选择五个还原到原文中，使原文的意思完整、连贯。

Many people think they should wait until they have free time before they get into a new hobby, but I think that's a mistake. There are many benefits to already having a developed hobby when you retire. 1

Interest in a new hobby might not be sustainable (可持续的). You may find you don't actually want to spend as much of your retirement time with the activity as you first thought. I've done many activities in my life, including baseball, soccer, biking, golf and many more. 2 Part of these is due to my interests, while other hobbies have been dropped due to my physical ability.

I like going to the golf course and hearing the sound of the ball going in the cup, but it took me a few years of consistently (始终如一地) playing to realize that I enjoy the game more when I don't play that often. When I play too much, I tend to lose focus. 3

It's easier to change hobbies when you have a job. Changing hobbies is often expensive. When I first got into road biking, I knew about the costs of the bike and helmet (头盔). 4 The costs of a nice road bike alone can be thousands of dollars. Then, there are shorts with shoes, pedals,

pumps, tools to make bike adjustment (调整). There was so much I needed to buy just to get the bike going, and then I needed water bottles while I ride.

___5___ But if I started after I retired, I don't know if there would be enough in the budget(预算) to try a new hobby like this.

- A. I still love biking, and one of the main reasons is due to its health benefits.
- B. I just don't try as hard, because the score doesn't matter to me as much as when I often play the same holes.
- C. But that's just the beginning of the costs of being a road bike owner.
- D. Here's why you shouldn't wait until retirement to find out how you will spend your time.
- E. Only a few of these will remain my hobbies in retirement.
- F. Because I am not good at these physical exercises.

三、阅读理解

文章大意：本文主要对组建读书俱乐部的几个小建议。

21. There are many kinds of book clubs all over the world. The book clubs always organize different activities for its members every year. Have you thought of starting one? Starting a book club is easy. ___1___ Here are some suggestions to show you how to get yours off to a start.

When you set up your book club, the first thing you should do is of course to get members for your club. ___2___ A small group of seven to ten people is usually an ideal (理想的) size for a book club. Too many make discussions difficult. Once you have a group, agree on how often you want to meet—usually clubs meet monthly. Pick a date and stick with it. ___3___ Send out emails a week before the meeting to give people a written reminder. Set meeting time length. An hour is a good start. Two hours usually does the trick.

Then, you need a good place. Libraries, parks and restaurants all make good meeting places. ___4___ Noisy public places can make talking hard. If members bring a plate of food or a bottle, it can help start conversation.

Please don't forget the most important thing—the book! Think about the books your club will enjoy. ___5___ You can take turns to recommend (推荐) books. Let everyone discuss upon what book to read. Anyway, make sure to keep it light and fun.

After all this has been decided, your book club is ready. Now, it is time to hold the first meeting. Enjoy your reading.

请你根据材料内容，选择合适选项并在答题卡上将该项涂黑，使短文内容完整正确。

- A. Members can easily plan for it that way.
- B. Your club can choose books in different ways.
- C. All you and the club members need is to love reading.
- D. They could be friends, family or those you know through activities.
- E. For many clubs, homes are the best places as you don't have to get dressed up.

22. 阅读下面短文，从短文后的五个选项中选出能填入空白处的最佳选项。每个选项只能用一次。

Don't be too surprised if you see a car going down the road without a driver in Beijing these days. ___1___ Last month, Baidu began to test its self-driving cars on open roads in Beijing.

___2___ Since then, companies like Tesla, Uber and Baidu have been working to produce and test their own self-driving cars.

Self-driving cars are safer than regular cars. ___3___ They can remove the stress of driving and allow disabled or blind people to get around more easily.

___4___ In one test, researchers pointed a laser pointer(激光棒) at the car's sensors(传感器) while it was moving. The car mistakenly thought that the laser beam was in its way and slowed down or changed the direction.

The software that is used to direct the cars may not be safe enough. ___5___ When we use our computers or smartphones, they sometimes crash (崩溃) without any reason. But if this happened to a self-driving car, the results could be deadly. Improvements to the software could be a solution to this problem.

- A. At times, it may break down.
- B. Self-driving cars began to develop in 2010.
- C. It might be one of Baidu's self-driving cars.
- D. But self-driving cars have their own problems as well.
- E. And they are more environmentally friendly than regular cars.

文章大意：本文讲扇子在我们的日常生活中无处不在，详细地介绍了扇子的历史和发展情况。

23.



China is called the Kingdom of Fans. Fans are everywhere in our daily life. 1

It is said that fans were first used to cool the air during the Shang Dynasty. 2 Some of them were round, while others were square.

Folding paper fans first became popular during the Song Dynasty. There were usually beautiful pictures on the fans. 3 Many people, including Su Dongpo, a poet of the Song Dynasty, a scholar (学者) of the Song Dynasty, even painted and wrote poems on fans. 4 Many rich and important people liked holding fans.

5 During the 2008 Beijing Olympic Games, folding fans were given to leaders and officials from other countries, as well as audience (观众), they were also experiencing Chinese culture.

- A. Today, fans are popular gifts.
- B. This made the fans into art works.
- C. But how much do you know about them?
- D. At that time, they were made of feathers, bamboo or silk.
- E. Some were mountains and rivers, others were flowers and animals.

24. Carla 1

I know it's good to have hobbies, but I'm so busy. I haven't got time! My teachers give me so much homework, and my parents always want me to do housework. Please help! What do you do in your free time?

Jon2006 2

Join a club! I'm in a football club. It's great, and doing sports is a great way to have fun and make new friends.

Bookman 3

Some people haven't got hobbies, and that's OK. It sounds strange, but I like being on my own, and watching TV or reading. I rarely go out, and I hate being in clubs. I have fun by myself.

PaulaM 4

Do you like dancing? I'm learning to dance at the moment, and I'm having a lot of fun. The only problem is that I study all week, and then on Saturday, I go to ballet lessons. So, on Sunday, I always stay in bed until 11 o' clock!

Marcus 5

I really enjoy cooking. It helps me to relax. I enjoy collecting cooking books and recipes, and I always make something when I get home from school. I'm making a cake at the moment.

- A. This person doesn't need other people.
- B. This person hasn't got a lot of free time.
- C. This person loves making food.
- D. This person likes dancing.
- E. This person enjoys meeting other people.

文章大意：本文主要介绍了音乐产生的影响。

25. Music is in every part of our lives. Research suggests music can influence you a lot. Music can change how you feel. 1

First, music makes you relax. Most stores play background music. The longer customers stay in a store, the more possible it will be for them to buy something. 2 If you want to relax at home, try listening to soft music or music produced by your favorite musical instrument.

3 Many recent studies have tried to explain how music and learning go together. Don Campbell, an expert, believes music can make people, even babies, more creative, smarter, healthier and happier. Some experts suggest playing slow music to help you pay attention when you study. It may even help improve your memory.

Third, music is a healer (良药). When you are sick, try listening to soft and relaxing music. 4 Then tell someone how it makes you feel. A group of teenagers who have depression (抑郁症) shared their favorite songs with each other. 5 After talking about it, they said they felt better.

No matter what style of music you like, you can use it to help.

根据短文内容，将下面的句子还原到文中空白处，使短文内容完整，通顺（每个选，项只能用一次）。

- A. So stores try to play music that their customers enjoy.
- B. Each teenager explained why he or she liked the song.
- C. Different kinds of music can influence you in different ways.
- D. If you are feeling sad, play the music you like.
- E. Second, music helps you to learn.

26. 阅读下面短文，把A-E五个句子填入文中空缺处，使短文内容完整。

The world has been troubled by COVID-19 for over a year. Masks (口罩) are really important to everybody during the pandemic (疫情). We all wear masks every day. 1. This could become a big environmental problem.

In a study, scientists from the US and Denmark said that people around the world are now using 129 billion face masks every month. 2. What a large number it is!

According to Elvis Genbo Xu from the University of Southern Denmark, disposable (一次性的) masks are plastic products. 3. People think that they are a new kind of pollution.

4. But we can't recycle masks. Scientists have called for setting up mask-only trash cans (垃圾箱) to deal with mask waste. 5. We believe that we can solve this problem in the near future though there is still a lot of work to do.

- A. They also suggest that we use more reusable cotton masks.
- B. Other plastic products are often recycled.
- C. But we have to throw them away after a short time.
- D. That is to say, we use 2.8 million masks every minute!
- E. These used plastic masks can not only pollute the earth but also oceans.

文章大意：本文主要讲述了因为气候变化，种植更多的粮食变得更加困难，但是因为机器人的出现，可以帮助解决这个问题。

27. 阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。每个选项仅使用一次。



The human population on Earth grows larger each year. As a result, 1. Because of climate change (气候变化), growing more food is becoming even more difficult.

When farmers tried to grow more food in the past, they would use farming methods that weren't always healthy for the environment. To solve this problem, 2. They spent several years talking to farmers. They wanted to see what problems farmers were having and how these problems could be solved. 3. These special robots move around on farms and collect information about crops (庄稼). They can take pictures of plants, track (追踪) each plant's growth and measure (测量) its size.

In the past, though farmers did have information about the weather and the earth, they couldn't track each plant. 4.

By collecting information about plants, the robots can help farmers make predictions (预测) about how their plants will grow. 5. For example, if the robots find out which plants get sick, farmers can quickly throw them away before they are about to influence nearby plants. With the help of these robots, farmers can take better care of the plants in need.

- A. But now, with these robots, they can
- B. This led to the creation of special robots
- C. some scientists carried out a research project
- D. more and more food needs to be grown in order to feed everyone
- E. By studying each plant, the robots can also help farmers grow plants well

28. Are you familiar with making dough figurines (面人)? 1 But it was popular many years ago.

2. At the time, Datong people were controlled by foreign ethnic groups. During fights against rulers, the rebel group put notes inside the dough figurines to pass secret information.

Now it is listed as a provincial intangible cultural heritage (省级非物质文化遗产). People seldom see the dough figurines now. 3

2024初中英语中考阅读理解高频考点必刷专项练习卷

Gao Shan is 43 this year. He has been making dough figurines for over 10 years. Gao learned the traditional skill from his grandfather in his childhood. He said, "It is magical. 4 I am excited to see the beautiful and colorful figures are created in minutes."

Before making the figurines, Gao would spend time researching the characteristics of the figures. "The traditional art shows Chinese people's wisdom. Every figurine has its own story. Making dough figurines is part of my life. 5" He said with a smile.

- A. Now many young people don't know the folk art.
- B. And I hope my work will encourage more people to take part in.
- C. The custom of making dough figurines can date back to the late Yuan Dynasty.
- D. These small figures dance among my fingers.
- E. But folk artists make the art pass down from generation to generation (代代相传).

文章大意：本文是一篇说明文。主要介绍了世界野生动物保护日是在3月3日，文章还列举了我们在日常生活中能够做到的保护动物的方法。

29. World Wildlife Day falls on March 3 every year. It is a global celebration of all the wonderful wild animals and plants on the planet. What can we do to make the world a better place for them? 1

Learn more about the wildlife in your area. You can visit your local wildlife center and botanical garden(植物园). 2

If you find a wild animal or plant somewhere, don't take it home. 3 Wild animals and plants need to stay in their home environment to survive.

Don't feed wild animals human food. 4 Others may become dependent on your food and forget how to find food on their own.

5 Wild animals may be attracted to dangerous roads by the litter.

If you find an injured wild animal, call your local wildlife center. The staff there will help care for the animals.

- A. Check out the tips below!
- B. You can take a picture of it instead.
- C. Reading books about wildlife is also a good choice.
- D. Some animals can get sick from eating human food.
- E. Don't throw food waste or other rubbish on the road.

文章大意：本文是一篇说明文。文章主要讲述一位美国留学中在中国看见中国女性在夏天打伞防晒的现象从而引发了作者对美的评判标准的思考。

30. 阅读短文及文后选项, 选出可以填入空白处的最佳选项。

In summer, it's common on the street to see many Chinese women holding umbrellas to protect themselves from the sun. 1 She wrote on the blog, "Unlike Chinese women, American women prefer to put on their tank tops (背心) and sunglasses during summer."

2 Many Americans don't want white skin. They would rather be tanned (晒黑). Amy also wrote, "Having darker skin is so popular that many women and men will pay for fake tans (假晒黑) so that they can keep their sun-kissed appearance during the winter months, too."

Why do they like tanned skin? Michelle Louis reported in her research, "3" She further explained, "Tans make people's skin appear healthier and make them appear thinner than when they have pale skin."

Perhaps there is no real ideal standard of beauty. 4 On Amy's blog, she also gave two examples: Some women carried umbrellas around trying to keep their white skin in the US 150 years ago; During the Tang Dynasty in China, heavy women were thought beautiful. But now, Chinese women prefer to be thin.

In a word, different standards of beauty should be respected. 5

- A. But when Amy, an exchange student in Beijing from the US, first saw this, she found it strange, even impossible to understand.
- B. The process of tanning can help make people's skin smooth and hide marks.
- C. This may be caused by the different standards of beauty between the US and China.
- D. People may grow up with only one idea of what beauty is, but it doesn't mean that it's necessarily the correct or the best idea.
- E. In different cultures and at different times of history, the standards change.

四、阅读理解

文章大意：本文是一篇说明文。这篇文章研究了音乐偏好与人的性格和环境的关系，通过调查50个国家的350,000人，发现不同类型的音乐与人的性格和工作态度有关，同时气候也会影响人们的音乐偏好。研究表明，音乐是一种强大的桥梁，能够跨越地理、语言和文化的差异，让人们更加相似。

31. 阅读下面短文，从短文后所给的六个选项中选出四个可以填入空白处的最佳选项。

Most people enjoy listening to music. But if you ask your classmates what kind of music they like, you may get many different answers. 1

What do these differences say about people?

Researchers from Cambridge University tried to answer the questions. They surveyed 350, 000 people from 50 different countries. 2

Outgoing people, for example, prefer rhythmic music and danceable music. People who enjoy country music are shown to be more serious about their work. One of the results is quite interesting. The researchers predicted (预测) that people who were under too much stress should like either sad music to express their feelings or rhythmic music to improve their moods. But it turned out that these people liked neither. 3 Perhaps it helps reduce their stress.

The researchers also found that climates might influence people's musical preferences (偏爱) and personality. People in warmer climates prefer danceable music. They are more outgoing. This may be a result of longer daylight hours and warmer evenings.

Of course, nothing is clear-cut (确切的). 4 The Cambridge study shows us that people of different cultures are more similar than we think.

"People may be divided by geography, language and culture," said Dr. David Greenberg, the leading researcher. "But if an outgoing person in one part of the world likes the same music as outgoing people elsewhere, then we can say that music is really like a powerful bridge.

- A. Do you enjoy listening to music?
- B. In fact, they prefer loud and powerful music.
- C. Too much stress makes people in a bad mood.
- D. We may not group people just by their musical tastes.
- E. Why do different people have different musical preferences?
- F. Then, they discovered some connections between musical preferences and personality.

32.



These days so many things are going digital(数字化), and books are too. People can buy e-books or cheap books online. This means that some bookstores have a hard time staying open. 1

Bookstore sales in the US went 2.5 percent from 2014 to 2015. They have found success by trying new things, such as holding events, adding a coffee shop and food and creating a fun experience for book lovers.

"That's what small bookstores have to offer," Nicole Sullivan, owner of Denver's BookBar, said. "a more personalized(个性化的)experience and a sense of community." 2 The Shakespeare and Company Bookstore in New York is adding the Espresso Book Machine, which can print any book you want in five minutes at the store. This special machine is great for people looking for books which are hard to find.

And sometimes, if you can't beat them, it's okay to join them. 3 Second Story Books in Washington DC is one of them. It sells books on Amazon and makes more money.

While bookstores still face difficulties, it seems there are ways for them to succeed. 4 You are sure to enjoy a really special experience.

- A. And these good ideas work.
- B. Many have already closed down.
- C. So why not pay a visit to a bookstore next time?
- D. This isn't a new problem, but things are finally turning around.
- E. Many bookstores also sell books online.
- F. Also bookstores are trying to bring in new shoppers in cool ways.

文章大意：本文是一篇说明文。文章讲述了解决旧集装箱问题的方法，一些被钢铁公司回收，一些被建成了学生公寓，现在有很多学生住在集装箱的公寓里。

33. A problem is only a problem until there is a solution (解决办法). We find solutions by thinking creatively. 1 In other words, we think outside the box. Sometimes, thinking outside the box solves not just one, but two problems.

Amsterdam is one of the most crowded cities in Europe. As a result, housing is very expensive, especially for students. 2 However, finding this type of apartments was almost impossible until recently.

While the colleges in Amsterdam were trying to solve the housing problem, thousands of shipping containers (集装箱) were lying quietly in

ports around the world. These huge steel containers carry products from one country to another. The life of each container is about 10 years. 3

Yet they can't recycle all of them because there are so many.

Back in Amsterdam, a company came up with an amazing idea. Why not reuse these shipping containers as student apartments? 4 They are all the same size and fit together perfectly. The steel is strong. Moreover, these containers are so widely available that they are quite cheap to buy. For all these reasons, they can be used to build apartments quickly and cheaply. Building began in 2005, and after only a few weeks, hundreds of Amsterdam students had new homes.

When students first heard about this idea, they thought the containers apartments would be small, noisy and cold. However, they were surprised when they saw them. Each container apartment has a kitchen, a bedroom with a study area, and a bathroom. The apartments are warm and quiet. They even have a high-speed Internet connection. Living in a shipping container has become popular. Today, over 3,000 Amsterdam students live in the container village.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

- A. Students need low-cost apartments.
- B. The containers are great for building apartments.
- C. In fact, these apartments are not in good condition.
- D. Steel companies recycle some of the old containers.
- E. We use our imagination and come up with creative ideas.

34. A lot of people wonder how Chinese parents raise such successful kids. They are baffled (感到困惑) that these parents produce so many children with excellent talent and whether they too could raise such a child. 1 I think there are three big differences between the Chinese and Western parental mind-sets.

First, I've noticed that Western parents are quite worried about their children's self-esteem (自尊心). 2 Chinese parents don't. They find that they are strong, not frail (脆弱的), and as a result they behave very differently.

Second, 3. The reason for this is a little unclear, but maybe it's because of Chinese traditional customs (习俗) and the fact that the parents have done so much for their children.

Third, Chinese parents believe that they know what is best for their children. 4.

Don't get me wrong: It's not that Chinese parents don't care about their children. Just the opposite. They would give up anything for their children. It's just an entirely different parenting model (养育模式).

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项，选项中有一项为多余选项。

- A. So they don't care about their children's thoughts.
- B. I've thought long and hard about it.
- C. In other words, Western parents care about their children's psyches (心灵).
- D. While Western children may have a high opinion of themselves
- E. Chinese parents believe that their kids should thank them for everything.

35. Littering is a big problem in cities around the world. People know it does harm to the environment, but few do something for years to make a difference. However, "Butt Lady" sets an example to all.

The true name of "Butt Lady" is Sally Dawly. She lives in Auburn, a city in California, US.

1 because she had spent most of her free time picking up cigarette butts (香烟头) from the streets of her city. After picking up one million cigarette butts in three and a half years, she has set a new goal for herself—two million cigarette butts.

Dawly got tired of going on her walks and seeing cigarette butts everywhere, so in 2014 she started to take action. Armed (装备) with a broom (扫帚), dustpan and a pair of tongs, the anti-littering activist walked down the streets in search of cigarette butts, picked them up and threw them in the trash can. To see how many butts she picks up, the Butt Lady has been using a counting device (装置). 2 after picking up as many as 3,000 butts a day. She said she wanted to shout "Come on people. Don't throw your butts. 3." Dawly knows it's not easy to completely solve her city's cigarette butt littering problem in no time, but she hopes her efforts will help smokers think twice before throwing away butts on the street. 4 as she has got more and more supporters in the city.

- A. She sometimes felt really tired
- B. In fact, her efforts have paid off

- C. Better yet, stop smoking
- D. She was so great
- E. She got a nickname(绰号)

文章大意：本文主要讲述了爱的意义，爱的核心以及用什么方式表达爱。

36. 阅读下面短文，从短文后所给的选项中选出可以填入空白处的最佳选项（选项中有两项为多余选项）。

You may hear the word “love” every day. You may hear it from a parent, a friend, on TV or in a book. You may even say the word “love” a lot yourself! You may use the word “love” about a song, a food or your family pet. You may tell family members you love them. As you can see, these are many kinds of love. But not all kinds of love are created equal.

So what does love mean to you? 1 Love gives life meaning and purpose. As Mahatma Gandhi once said, “Where there is love there is life.” In the dictionary, love is defined as a strong, positive feeling you have for someone or something. 2 Because people show their love not just by what they say or feel, but by what they do.

3 A famous saying describes how love is more than just a feeling, but the way you act and treat others. “Love is patient, love is kind. It does not envy, it does not boast (吹嘘), it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. It always protects, always trusts, always hopes, always perseveres (持之以恒).”

4 This allows us to love others no matter what. Showing love allows us to put the needs of others before our own.

So what are some ways that you could show love? It could be as simple as volunteering at a local soup kitchen. Maybe telling those we love how important they are! Consistently (执着坚持) showing love will build a habit and fulfill you as well.

- A. But it is a lot more than that.
- B. So when is the best time to show your love?
- C. And what kind of love is the most important?
- D. Showing love to yourself is much more proper than to others.
- E. Before we can show love though, we must first love ourselves.
- F. As a core (核心), love is about being kind and doing good things for others.

37. Save the world's trees

“When it comes to the Earth, there is no time to waste.” Says the Earth Day Network. And that is right. Protecting our environment is very important, and World Earth Day was created in 1970 to ask more people to protect our environment. On April 22, people around the world celebrate Earth Day.

Every year there is a special topic, and this year it is “Trees for the Earth,” 1 They are planning to plant 7.8 billion trees within the next five years.

That's a big goal, and you might wonder why trees are so important. Because they can take in carbon dioxide (CO₂) and protect the air quality (质量). CO₂ is a chemical in our atmosphere, but humans make too much of it. 2

Well guess what! 3 Last year, there were 3 trillion trees in the world, about 139 billion in China. But according to China Daily, the world's total number has been almost cut in half since human civilization (文明) began. That's because 15 billion trees are cut down every year.

So we need to plant more to make up for (弥补) the ones we lost. One tree can take in 21.8 kilograms of CO₂ per year. 4 But don't forget that we can also help the environment by cutting down on how much energy (能源) or water we use every day. Every little things help.

- A. Planting new trees is important because people cut down a huge number of trees.
- B. Cutting down a lot of trees is not good for our living environment.
- C. And it's still one of the cheapest and best ways to get rid of CO₂.
- D. so Earth Day this year will be all about planting trees.
- E. There are fewer and fewer trees, so we should plant trees.
- F. Each person makes about 2.3 tons a year, which is bad for the environment.

38. As we know, there are differences between Western culture and Chinese culture. 1 Let's look at the words about animals and plants. Most expressions in Chinese about the dog, for example, “a homeless dog”, “a mad dog”, “a running dog” and “a dog catching a mouse”, have bad meanings. 2 In English, people use the dog to describe good actions. For example, “You are a lucky dog” means you are a lucky person. And “every dog has its day” means each person has good luck sometimes. To describe a person's serious illness, they say “sick as a dog”. The word “dog-

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