

# 四六级写作锦囊

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## 一、获得高分的条件

## 二、雅词



### 三、佳句（句型结构丰富多彩）

## 1、 强调句（一处）

It is/was+被强调部分+that/who+\*\*\*.

被强调部分： 除了谓语

简化： It is/was+主语+that+谓语+宾语.

We met you yesterday.

It was/were we/us/our that met you  
yesterday.

It was we that met you yesterday.

就是知识扮演重要角色在生活中。

It is knowledge that plays an important  
role in our life.

本质：

1、 找到句子主语， 在主语前 + it is/was  
在主语后+that

2、 注意三单。

## 2、 插入语（写一处）

, to a large degree ,  
—directly or indirectly—

在很大程度上  
直接或间接的

位置be 后： (句子存在 be 动词)

行前/助行间 (句子无 be 动词)

行： 行为动词

I,\*\*\*,hate u.

I don't,\*\*\*,like u.

I will,\*\*\*,go home.

生态平衡对于人类社会的长远的福利很重要。

Ecological balance is essential to the long-term welfare of human society

Ecological balance is , to a large degree , essential to the long-term welfare of human society

Ecological balance is ~~—directly or indirectly—~~ essential to the long-term welfare of human society

阅读古典名著提高（我们对于历史、社会和人性的）理解。

Reading classics improves our understanding of history , society , and human nature.

Reading classics ~~, to a large degree ,~~ improves our understanding of history , society , and human nature.

Reading classics can ~~—directly or indirectly—~~ improve our understanding of history , society , and human nature.

## 1 金钱回报

获得经济独立 get financial independence

获得丰厚的报酬 earn handsome rewards



## 2 节约时间

高效利用时间    make efficient use of time

提升效率        improve efficiency

## 3 方便快捷

给人们带来极大的便利    bring great  
convenient to people

让人们摆脱低效    free people from the  
inefficiency

## 4 安全保障

获得安全感        gain a sense of security

让孩子能够在安全的环境中健康成长  
allow children to grow up healthily in a safe  
environment

## 5 身心健康

滋养灵魂    nourish the soul

提升孩子身心健康    improve children's  
mental and physical health

## 6 舒缓压力

让生活变得有意义而不是内卷    make life fulfilling ,    rather than draining

## 7 获得成功

获得来自社会的尊重    garner respect from society

获得幸福感/成就感    acquire sense of happiness/ achievement

享受和谐的人际关系    enjoy harmonious interpersonal relationships

## 8 保护环境

确保生态环境不受破坏    ensure that the ecological environment is not harmed

## 9 开拓眼界

## 10 政府努力

了解外面的世界    understand the outside  
world

10 政府努力

我们政府付出巨大努力去做某某事

Our government has made tremendous efforts to do sth

(适度瞎编) 名人名言

1、金钱是善仆也是恶主（双刃剑）。

Money is a good servant but a bad master.

2、实现明天的关键/障碍是今天的疑虑。

The key/limit to our realization of tomorrow will be our doubts of today.

3、命运给予我们的不是失望之酒而是机会之杯。

Our destiny offers not a cup of despair but the chalice of opportunity.

4、懒惰像生锈一样，比操劳更能消耗身体

Sloth, like rust, consumes faster than labor  
格式

wears.

格式

Just as W.B. Yeats , an Irish poet , once said ,  
“名人名言.”

Just as Elon Musk , the CEO of Tesla , once  
said , “名人名言.”

## 四、写作框架

# 议论文

### 类型一：现象解释类

#### 第一段

With the rapid development of society/economy... , the topic/phenomenon of \*\*\* (名词性) has triggered an avalanche 雪崩 of mixed reactions and debates not only in real life but in the network.

随着社会/经济...的快速发展，\*\*\*的话题/现象不仅在现实生活中，而且在网络中引发了也引发了激烈的讨论和反应。

#### 第二段

This phenomenon is thought-provoking in many aspects, with two aspects being particularly important.

First and foremost, +句 1.

What is more, +句 2.

Last but not least, according to the recent statistic conducted by CASS——Chinese Academy of Social Science, 73% of the respondents believe that +句子 3.

#### 第三段

We can see that \*\*\*has had profound impacts on our society, economy, and personal lives. We must highly value this issue/phenomenon, embrace change, and overcome challenges. Only in this way, can we achieve a glorious future/ lead a happier life/ fulfill a harmonious society/ make the world we live in a better place.

我们可以看到\*\*\*对我们的社会、经济和个人生活都产生了深远影响。我们必须高度重视这个问题/现象，拥抱变化，克服挑战。只有\*\*\*我们才能实现光明的未来/过上更幸福的生活/建立一个和谐的社会/让我们生活的世界变得更美好。。

2020 年 9 月大学英语四级考试真题(第 2 套)

Directions: For this part, you are allowed 30 minutes to write an essay on the use of PowerPoint (PPT) in class. You can start your essay with the sentence "The use of

**PowerPoint is becoming increasingly popular in class. "** You should write at least 120 words but no more than 180 words.

With the rapid development of technology , the phenomenon of **the use of PowerPoint in class** has triggered an avalanche of mixed reactions and debates not only in real life but in the network.

This phenomenon is thought-provoking in many aspects, with two aspects being particularly important. First and foremost , **the use of PowerPoint , to a large degree , bring great convenient to teachers and free them from the inefficiency of writing on blackboard.** What is more , it is **students that can use PowerPoint to make efficient use of time and improve efficiency during review progress.** Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that **the use of PowerPoint plays an important role in class .**

We can see that **the use of PowerPoint** has had profound impacts in class and school. We must highly value this phenomenon, embrace change, and overcome challenges. Only in this way , can we achieve a glorious future.

### 2022 年 12 月英语六级作文真题第一套

Directions: For this part, you are allowed 30 minutes to write an essay that begins with the sentence **"Today increasing importance is being attached to cultivating college students' team spirit."** You can make statements, give reasons, or cite examples to develop your essay. You should write at least 150 words but no more than 200 words.

With the rapid development of society , the topic of **cultivating college students' team spirit** has triggered an avalanche of mixed reactions and debates not only in real life but in the network.

This phenomenon is thought-provoking in many aspects, with two aspects being particularly important. First and foremost , **just as W.B. Yeats , an Irish poet once said , "cooperation offers not a cup of despair but the chalice of opportunity. "** What is more , **team spirit can free students from inefficiency , nourish the soul , and make life**



fulfilling , rather than draining. Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that cultivating students' team spirit is very important in college.

We can see that team spirit has had profound impacts on our society and personal lives. We must highly value this phenomenon, embrace change, and overcome challenges. Only in this way , can we achieve a glorious future, lead a happier life, and fulfill a harmonious society.

#### 2018 年 12 月大学英语四级考试真题(第 1 套)

Directions: For this part, you are allowed 30 minutes to **write a short essay on the challenges of living in a big city**. You should write at least 20 words but no more than 80 words.

With the rapid development of society and economy , the topic of the challenges of living in a big city has triggered an avalanche of mixed reactions and debates not only in real life but in the network.

This phenomenon is thought-provoking in many aspects, with two aspects being particularly important. First and foremost , living in a big city moves at a fast pace, which can, to a large degree, cause people to feel stress. What is more , big cities have a high cost of living and demand high levels of capability. Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73 % of the respondents believe that living in a big city will meet many challenges.

We can see that living in a big city has had profound impacts on our society, economy, and personal lives. We must highly value this phenomenon, embrace change, and overcome challenges. Only in this way , can we achieve a glorious future and lead a happier life.

#### 2022 年 9 月英语六级作文真题第二套

Directions: For this part, you are allowed 30 minutes to write an essay that begins with the sentence “**Nowadays, students are becoming increasingly aware of the importance of developing digital skills.**” You can make comments, cite examples,

or use your personal experiences to develop your essay. You should write at least 150 words but no more than 200 words.

### 第一段

With the rapid development of society and technology , the topic of **developing digital skills** has triggered an avalanche of mixed reactions and debates not only in real life but in the network.

This phenomenon is thought-provoking in many aspects, with two aspects being particularly important. First and foremost , it is **digital skills that change our way of life and bring great convenient to people**. What is more , **developing digital skills not only can earn handsome rewards but also broaden our horizons**. Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that **developing digital skills is very important**.

We can see that **developing digital skills** has had profound impacts on our society, economy, and personal lives. We must highly value this phenomenon, embrace change, and overcome challenges. Only in this way , can we achieve a glorious future and lead a happier life.

### 类型二：二选一

#### 第一段

In the journey of life, we encounter countless choices, each determining a different future for us. Some believe that \*\*\* is beneficial, while others argue that \*\*\* is a better choice. From my personal perspective, \*\*\* is wiser as it brings greater benefits.

在人生的旅途中，我们面临着无数个选择，每一个选择都决定着我们的未来。对于\*\*\*，有些人认为\*\*\*是有益的。而另外一些人认为\*\*\*是更好的选择。

从我个人角度看，\*\*\*是更加明智的，因为它会带来更大的好处。

#### 第二段

The main reason for my propensity (倾向) for 选择 1 is that+原因 1.

Another reason can be seen by everyone is that +原因 2.

Furthermore, according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that +原因 3.

第三段：重申观点+给建议

Therefore, it is wise to support 选项 1. I strongly suggest that everyone should weigh the pros and cons to make a wise decision.

因此，支持选项 1 更为明智。我强烈建议每个人都应该权衡利弊，做出明智的决定。

2016 年 12 月大学英语四级真题(卷一)

For this part, you are allowed 30 minutes to write an essay. Suppose you have two options upon graduation: **one is to find a job somewhere and the other to start a business of your own.** You are to make decision. Write an essay to explain the reasons for your decision. You should write at least 120 words but no more than 180 words.

In the journey of life, we encounter countless choices, each determining a different future for us. Some believe that **finding a job somewhere** is beneficial, while others argue that **starting a business of your own** is a better choice. From my personal perspective, **starting a business of your own** is wiser as it brings greater benefits.

The main reason for my propensity for **starting a business of your own** is that just as Elon Musk , the CEO of Tesla , once said , “**starting a business offers not a cup of despair but the chalice of opportunity.** ” It can get financial independence and earn **handsome rewards.** Another reason can be seen by everyone is that **starting a business of your own can garner respect from society and acquire sense of achievement.**

Furthermore, according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that **starting a business of your own is** a better choice.

Therefore, it is wise to support **starting a business.** I strongly suggest that everyone should weigh the pros and cons to make a wise decision.

## 2014 年 12 月大学英语六级真题(卷 3)

For this part, you are allowed 30 minutes to write an essay. Suppose you have two options upon graduation: **One is to choose a major that interests you, while the other is to choose a major with better job prospects.** You are to make choice between the two. Write an essay to explain the reasons for your choice. You should write at least 150 words but no more than 200 words.

### 真题写作

In the journey of life, we encounter countless choices, each determining a different future for us. Some believe that **choosing a major that interests you** is beneficial, while others argue that **choosing a major with better job prospects** is a better choice. From my personal perspective, **choosing a major that interests you** is wiser as it brings greater benefits.

The main reason for my propensity for **choosing a major that interests you** is that it can make study fulfilling, rather than draining and acquire sense of happiness. Another reason can be seen by everyone is that **choosing a major that interests you can spark our creativity and innovation and achieve greater success**. Furthermore, according to the recent statistic conducted by CASS—Chinese Academy of Social Science, 73% of the respondents believe that **choosing a major that interests you is a better choice**.

Therefore, it is wise to support **choosing a major that interests you**. I strongly suggest that everyone should weigh the pros and cons to make a wise decision.

### 类型三：问题解决

#### 第一段

The past several years have witnessed a not uncommon social phenomenon that ...Taking a look around, one can find numerous examples with ease : 加一个例子

在过去的几年中，见证了一种并不罕见的社会现象\*\*\*环顾四周，人们很容易就能找到许多例子：\*\*\*。

## 第二段

This phenomenon is thought-provoking in several ways, but three of them are particularly significant.

First and foremost, +句 1.

What is more, +句 2.

Last but not least, according to the recent statistic conducted by CASS——Chinese Academy of Social Science, 73% of the respondents believe that +句子 3.

## 第三段

How can we put an end to the problem of\*\*\*? It is government /the media/school/each individual should shoulder due responsibility. Only in this way can we do sth.

我们如何能够结束\*\*\*问题？我们的政府/媒体/学校/每个人应该承担相应的责任，只有这样，我们才能够....

## 2021 年 12 月英语六级作文真题第一套

Directions: For this part, you are allowed 30 minutes to write an essay related to the short passage given below. In your essay, you are to comment on the phenomenon described in the passage and suggest measures to address the issue. You should write at least 150 words but no more than 200 words.

Nowadays star chasing is prevalent among many teenagers. They take pop stars as their idols, imitating their way of talking, following their style of dressing, and seeking every chance to meet them in person at great expenses.

The past several years have witnessed a not uncommon social phenomenon that **star chasing is prevalent among many teenagers**. Taking a look around, one can find numerous examples with ease: a lot of teenagers pay more attention to their idols rather than their study.

This phenomenon is thought-provoking in several ways, but three of them are particularly significant. First and foremost, just as Elon Musk, the CEO of Tesla, once



said , “star chasing is a good servant but a bad master.” positive examples can motivate children to move forward. What is more , excessive star chasing can waste time and drain energy. Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that star chasing plays a negative role in the life of teenagers .

How can we put an end to the problem of star chasing ? It is government , the media , school and each individual should shoulder due responsibility. Only in this way can we make life fulfilling and achieve greater success.

#### 类型四： 谚语/名言

##### 第一段

It is quite provoking to hear an old saying/proverb “\*\*\*添加谚语” .This remark aims at informing us of a truth that 解释谚语（一句话） .

听到一句老话 “\*\*\*” 着实让人深思 。这句话旨在向我们传达一个真理 , 即\*\*\*。

##### 第二段

This proverb/saying is thought-provoking in several ways, but three of them are particularly significant.

First and foremost , +句 1.

What is more , +句 2.

Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that +句子 3.

##### 第三段

In discussing the role of \*\*\* , I firmly believe in its immense value in enhancing both individual growth and the overall advancement of society. Therefore, we should

actively advocate and support \*\*\* because it can stimulate individual potential/bring about broader prosperity for society.

在讨论\*\*\*的作用时，我坚信它在提升个体和整个社会方面具有巨大的价值。因此，我

们应该积极地倡导和支持， 因为\*\*\*能够激发个人的潜能/为社会带来更广泛的繁荣。

### 2020 年 9 月英语六级作文真题第一套

For this part, you are allowed 30 minutes to write an essay on the saying “**Beauty of the soul is the essential beauty.**” You should write at least 150 words but no more than 200 words.

It is quite provoking to hear an old saying “ **beauty of the soul is the essential beauty**” . This remark aims at informing us of a truth that **we should pay attention to beauty of the soul rather than appearance.**

This saying is thought-provoking in several ways, but three of them are particularly significant. First and foremost , **it is inner beauty that can nourish the soul , acquire sense of happiness and enjoy harmonious interpersonal relationships.** What is more , **beauty of the soul can influence people around us and make our society more harmonious.** Last but not least , according to the recent statistic conducted by CASS——Chinese Academy of Social Science , 73% of the respondents believe that **inner beauty is more important in life.**

In discussing the role of **inner beauty**, I firmly believe in its immense value in enhancing individual growth. Therefore, we should actively advocate and support **inner beauty** because it can stimulate individual potential.

### 2015 年 12 月英语四级考试真题试卷(第二套)

Directions: For this part, you are allowed 30 minutes to write an essay commenting on the saying “**Learning is a daily experience and a lifetime mission,** ” You can cite examples to illustrate the importance of lifelong learning. You should write at least 120 words but no more than 180 words

It is quite provoking to hear an old saying “ **learning is a daily experience and a lifetime mission** ” . This remark aims at informing us of a truth that we should pay attention to lifelong learning.

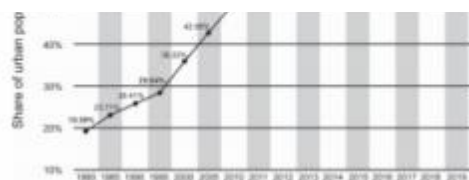
This saying is thought-provoking in several ways, but three of them are

particularly significant. First and foremost, just as W.B. Yeats, an Irish poet, once said, "learning offers not a cup of despair but the chalice of opportunity." lifelong learning can nourish the soul, make life fulfilling, rather than draining, and understand the outside world. What is more, lifelong learning enable people to stand out from the crowd and get decent jobs. Last but not least, according to the recent statistic conducted by CASS——Chinese Academy of Social Science, 73% of the respondents believe that lifelong learning is to us what water is to fish.

In discussing the role of **lifelong**, I firmly believe in its immense value in enhancing individual growth. Therefore, we should actively advocate and support **lifelong** because it can stimulate individual potential.

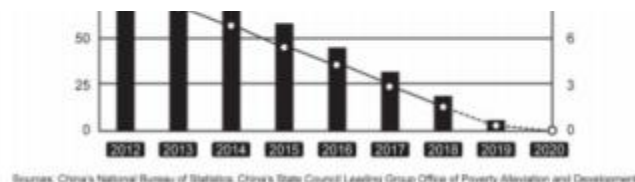
### 2021 年 6 月英语六级作文真题第一套

Directions: For this part, you are allowed 30 minutes to write an essay based on the chart below. You should start your essay with a brief description of the chart and comment on China's achievements in higher education. You should write at least 150 words but no more than 200 words.



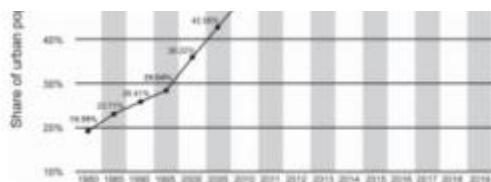
### 2021 年 6 月英语六级作文真题第二套

Directions: For this part, you are allowed 30 minutes to write an essay based on the chart below. You should start your essay with a brief description of the chart and comment on China's achievements in poverty alleviation. You should write at least 150 words but no more than 200 words.



### 2021 年 6 月英语六级作文真题第三套

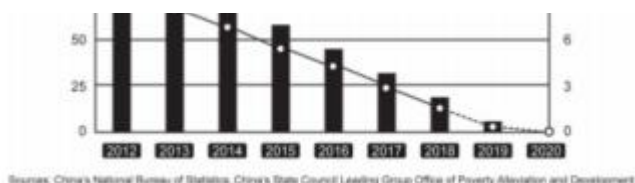
Directions: For this part, you are allowed 30 minutes to write an essay based on the chart below. You should start your essay with a brief description of the chart and comment on China's achievements in urbanization. You should write at least 150 words but no more than 200 words.



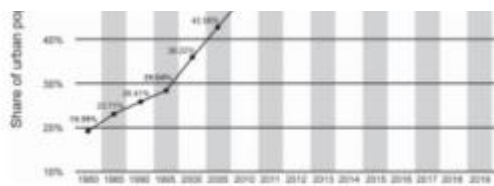
### 图表作文第一段

In the line/bar chart clearly depict +表头内容。

In 时间头，元素 1 was 数字头，but by 时间尾，this number/rate had increased/decreased to 数字尾，representing a dramatic/slow change of 数字相减的结构。



In the bar chart clearly depict rural population in poverty from 2012 to 2020. In 2012, rural population in poverty was 80 million, but by 2020, this number had decreased to 0, representing a dramatic change of 80 million.



In the line chart clearly depict degree of urbanization in China from 1980 to 2019. In 1980, the degree of urbanization was 19.33%, but by 2019, this rate had increased to 60.55%, representing a dramatic change of 41.22%.

This phenomenon is thought-provoking in several ways, but three of them are particularly significant. First and foremost, an increasing number of youngsters think big cities can offer more job opportunities and more handsome payment, so they want to live in big cities. What is more, our government has made tremendous efforts to improve infrastructure and build more houses, which can attract more and more people to live in big cities. Last but not least, according to the recent statistic conducted by CASS—Chinese Academy of Social Science, 73% of the respondents believe that they prefer to live in big cities.

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