


# 本学期英语学习计划



| CATALOGUE |

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- **introduction**
- **Listening training**
- **Oral expression**
- **reading comprehension**
- **Writing skills**
- **Vocabulary and Grammar**
- **Learning methods and habits**



**01**

**introduction**



# Purpose and background

## 要点一

### Improving English proficiency

With the acceleration of globalization, English has become the main language for international communication. In order to better adapt to the development and career needs of future society, improving English proficiency is particularly important.

## 要点二

### Make up for the shortcomings in previous learning

Reviewing previous learning experiences, it is found that there are deficiencies in vocabulary, grammar, and listening. Therefore, it is necessary to develop a comprehensive learning plan to improve English proficiency in a targeted manner.

# Learning objectives

## Vocabulary goal

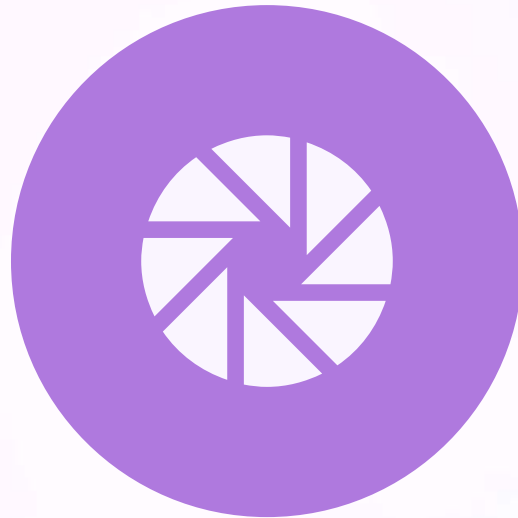
This semester, I plan to master about 3000 new vocabulary, including professional terminology and everyday language in various fields.

## Grammar goal

To delve into the syntactic structure of English and master various grammatical phenomena such as tense, voice, and subjunctive mood.

## Listening objective

To improve the ability to understand English with different accents, speaking speeds, and contexts through extensive listening practice.



## Oral goal

Actively participate in oral practice to achieve a level of fluency and accuracy in daily communication and expressing opinions in English.

## Reading objective

To increase reading volume, improve reading speed and comprehension ability, and be able to read various English original works, news reports, academic papers, etc.

## Writing goal

To improve writing skills and be able to write various applied articles, argumentative papers, and academic papers in English.

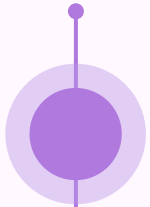
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**02**

# **Listening training**

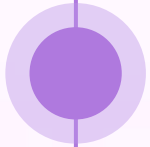


# Selection of Listening Materials



## Academic lectures and public classes

Choose academic lectures and public classes that involve different disciplinary fields, such as TED speeches, university public classes, etc., to broaden knowledge and improve listening comprehension abilities.



## News reporting and interviews

By listening to news reports and interview programs from BBC, CNN, and other news organizations, one can understand current events and improve their ability to adapt to different accents and speech speeds.



## Movies, TV dramas, and documentaries

Watch English soundtrack movies, TV dramas, and documentaries to improve listening and speaking skills through vivid storylines and real-life scenes.



# Improving listening skills



## Prediction and inference

Using known information and contextual clues to predict what to hear next, improving listening comprehension speed and accuracy.

## Shorthand and note taking

During the listening process, quickly record key information and important details for subsequent review and review.

## Combining intensive and extensive listening

For important materials, use intensive listening to repeatedly listen and understand every detail; For general materials, use extensive listening to understand the general idea.





# Regular listening exercises



01

## Daily Listening Check in

Schedule a certain amount of time each day for listening training to maintain continuity and stability.

02


## Listening simulation test

Regularly simulate the English listening test environment, conduct listening tests, and evaluate one's own level.

03

## Listening material review

Regularly review the materials you have heard before to check if you truly understand and master the content.

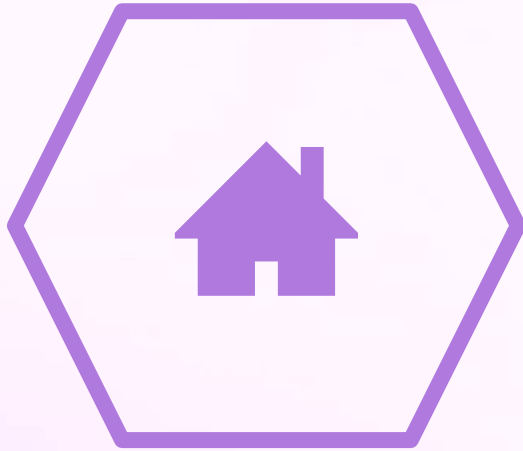


**03**

**Oral expression**



# Oral Practice Methods



01

## Imitation and Following

By imitating the pronunciation and intonation of native English speakers, as well as following English articles or conversations, we can improve the accuracy and fluency of oral expression.

02

## Role playing

Role playing with classmates or teachers to simulate real-life conversations and exercise oral adaptability and communication skills.

03

## Retelling and summarizing

After listening to an English speech or conversation, try to retell and summarize in your own language to improve oral comprehension and expression skills.



# Speech and intonation improvement



## Learning Phonetic Alphabet

By studying the International Phonetic Alphabet, one can master the basic rules of English pronunciation and improve the accuracy of pronunciation.

## Practice linking and weak reading

By practicing pronunciation skills such as linking and weak reading, make oral expression more natural and fluent.



## Imitation intonation

By imitating the intonation of native English speakers, learn how to use different intonation in different contexts to express emotions and attitudes.



# Dialogue and Speech Practice

## Participate in English Corner

Actively participate in school or community English corner activities, engage in English conversations with people from different backgrounds, and improve oral and practical skills.

## Preparation for speech

Choose topics of interest, prepare and deliver an English speech, exercise oral expression skills and confidence.

## Recording and Reflection

After each conversation or speech, record your performance and feelings, and reflect on areas that need improvement in order to perform better next time.



**04**

**reading  
comprehension**



# Reading material selection



## Diversity

Choose different types of reading materials, including news, stories, academic papers, etc., to broaden reading horizons.

## Moderate difficulty

Based on one's own English proficiency, choose reading materials with moderate difficulty to avoid being too simple or difficult.

## Interest oriented

Choose topics and fields that interest you, and increase the fun and motivation of reading.

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