2025届上海市宝山区高三上学期一模语英语试题

学校:_____姓名：_____班级：_____考号：_____

一、语法填空

Directions: *After reading the passage below, fill in the blanks to make the passage coherent and grammatically correct. For the blanks with a given word, fill in each blank with the proper form of the given word; for the other blanks, use one word that best fits each blank.*

In the heart of the city where towering buildings go up into the sky, firefighters spring into action. Within 60 seconds of hearing a bell ring, they __1__ (dress) and rushing toward the chaos of a high-rise on fire. They have to head inside, knowing that floors could collapse under them and ceilings could fall on their heads. One wrong decision __2__ mean death.

Who would sign up for a job like that? Ask firefighter Sam Telfer. He used to sit in a high-rise office of a software company in San Diego, California. Now he is trained __3__ (break) into rooms full of blinding smoke and terrible heat and come up with a rescue strategy.

"I wanted to be on my feet __4__ (much), working with my hands, learning new and practical skills and having a job that varied day by day." That's quite an understatement to describe a career __5__ requires you to keep a cool head while attacking a fire. But Telfer says that flames and nerves can be conquered in the same way: continuous physical and mental training.

Telfer was a runner in college, but nowadays he builds up his lung capacity for life-threatening conditions instead of races. He might climb hundreds of steps, wearing 34 kilograms of *gear* (装备), including oxygen tanks. He may carry unconscious victims to safety. No matter what he does, he must control his breathing. Panic will only waste his __6__ (limit) air supply.

His survival __7__ (depend) on more than physical fitness. Firefighters must have extensive mental preparation. Between disasters, they study a wide range of subjects such as emergency medicine, structural design and chemical reactions. They practice quickly __8__ (assess) the changing conditions of a fire. "It is __9__ we love the job," Telfer says. "We are constantly learning."

Going from being a software specialist to a first responder was quite a shift for Telfer.

Never could he have imagined the challenges he would face. But he says, “Not once have I ever felt that it was not the right job for me.” Danger might be waiting __10__ he heads to work each day. But his body and mind are trained to stay calm, even in the *roar* (咆哮) of a big fire.

二、选词填空

Directions: Complete the following passage by using the words in the box. Each word can only be used once. Note that there is one word more than you need.

A．available B．informed C． movement D．generate E. tourism F. digitally G. prevent H. marketing I. comfort J. vividly K. inaccessible

Have you ever longed to take a trip, but you just don’t have the time or the financial resources? If so, consider touring via virtual reality (VR), which has embraced (拥抱) ___11___ with open arms. This innovative technology is reshaping the way people experience destinations by breaking down geographical barriers and providing unique journeys. An AI tour is cost-effective and allows you to see the world without leaving the ___12___ of your living room.

You might argue that you don’t have a VR headset (头戴装置), but no matter. Two travel styles are ___13___: monoscopic and stereoscopic. Monoscopic VR videos can be viewed on a mobile phone or a computer. By clicking on or dragging across the screen to change the field of view, you are able to explore an entire area. Stereoscopic VR videos use VR headsets that make you feel as if you were actually present at a destination. The software in the headsets tracks your head ___14___, so by just turning your head, you can explore each new scene in a more realistic way. No matter which method you choose to “travel,” these virtual travel experiences aim to give you a credible experience.

Besides inspecting an area that you might want to visit but can’t, you can virtually preview a place and make more ___15___ decisions about it. You’re able to clearly see the exact location of a hotel or the distance from it to surrounding attractions. Make no mistake, travel agencies, hotels and destination ___16___ organizations are using this tool to their advantage. By creating virtual experiences, businesses can dazzle (使赞叹) their audience and ___17___ interest in specific destinations or accommodations.

VR in tourism goes beyond leisure; it also plays a vital role in education and cultural preservation. By ____18____ documenting, storing and sharing its information, the nonprofit CyArk is aiding in the preservation of endangered cultural heritage sites through VR exploration. To foster a broader understanding of the world, students can now take virtual field trips to formerly ___19___ historical sites and cultural landmarks.

People with accessibility challenges, such as those with physical disabilities or health concerns that ____20____ their travel, will enjoy the inclusive approach VR provides. Literally anyone can now experience an adventure, virtually!

Whether you're unable to travel, don't have enough money or prefer to be an armchair traveler, you can still explore the world.

三、完形填空

At times we all wish that we knew what other people were thinking. ___21___, people's facial expressions, movements and *posture* (姿势) can communicate a lot about what is going on in their minds. Understanding these messages hidden in people's language can require a lot of skill, but Joe Navarro's book *What EVERY BODY is Saying* can help __22__ that ability.

Small changes in body language can help you recognize if someone is __23__. Even when people don't lie directly, they sometimes try to hide their feelings. Whether you are __24__ with people in business or in your personal life, recognizing these feelings can help you look out for their interests and your own.

According to Navarro, establishing a baseline for how a person behaves is important to avoid ___25___ their body language. Most facial expressions and gestures can mean several different things, so __26__ when people use certain expressions. Recognizing this baseline can help you understand whether expressions and gestures indicate a(n) __27__ to something you said or not. For example, rubbing one's eyes may be a sign of __28__ with a topic. But if the person has been rubbing their eyes __29__, they might just be tired.

When people think of body language, facial expressions tend to come to mind, and these can tell you a lot. For example, if someone keeps looking away from you, they might be distracted or uncomfortable, and pressing one's lips together often indicates __30__. And if someone keeps

looking away or covering their mouth, it might mean they are __31__ something.

Some people have become good at controlling their facial expressions to conceal their 32__. When dealing with someone like that, look at the rest of their body, especially their feet and legs. Many people bounce their feet when they are happy or excited. __33__, if someone feels uncomfortable, they may point their feet away from the person they are speaking to.

Proximity (接近，亲近) to other people is also part of body language. People stand closer to people they like or feel comfortable with than to strangers or people they don't like. And posture also __34__. Sitting or standing up straight can show that someone feels confident, while sitting with crossed arms indicates that they feel __35__ or uncomfortable.

Body language can communicate a lot about people's thoughts and feelings, and thus, help you relate to them.

21．A．Frequently	B．Generally	C．Fortunately	D．Frankly
22．A．provide	B．develop	C．discover	D．arouse
23．A．lying	B．thinking	C．changing	D．wishing
24．A．cooperating	B．negotiating	C．investigating	D．interacting
25．A．misguiding	B．misinterpreting	C．mistrusting	D．mismanaging
26．A．look out	B．give out	C．figure out	D．put out
27．A．reaction	B．result	C．instinct	D．insight
28．A．satisfaction	B．anxiety	C．appreciation	D．discomfort
29．A．occasionally	B．constantly	C．suddenly	D．gradually
30．A．agreement	B．excitement	C．depression	D．displeasure
31．A．hiding	B．criticizing	C．transferring	D．explaining
32．A．habits	B．expressions	C．emotions	D．advantages
33．A．In principle	B．In contrast	C．In all	D．In reality
34．A．adjusts	B．follows	C．moves	D．matters
35．A．defensive	B．ambitious	C．dependent	D．aggressive

四、阅读理解

If you love beautiful scenery, then head for the national parks and monuments of Utah.

Begin your trip in Arches National Park. *Depicted* (描绘) as a wonderland, Arches has more than 2,000 natural stone arches, the world's largest concentration. If you'd like a challenge, try the Fiery Furnace hike. You must go with a park guide as the hike is a *labyrinth* (迷宫), with narrow rocks above drop-offs along with gaps to pull yourself up and through.

Not far from Arches lies Canyon lands National Park. The most accessible area of the park is the Island in the Sky, a huge *mesa* (台地). Take the drive around the edge to get an amazing view of the surrounding area. From Grand View Point, you can take an easy two-mile hike that follows the edge of the mesa. It crosses a narrow point of land arriving at one of the most beautiful viewpoints in the world.

Farther to the north is Dinosaur National Monument. Your first stop here should be the Quarry Exhibit Hall, where you can see a natural stone wall containing about 1,500 bones from dinosaurs that once walked in this region. After that, hike one of the park's many trails. Along some of them, you can see *petroglyphs* (岩画). These are designs and images that were carved into the stone walls by the Freemont people, who lived in this area from around 200 A．D． to 1300 A．D．If you wish to camp, stay overnight in the Split Mountain campground. During the evening, attend one of the night sky programs that are held after dark in the camping area. As you gaze up at the heavens, an expert will point out and discuss fascinating objects in the night sky.

36．What does the article imply about the Fiery Furnace hike?

A．It leads to one of Utah's highest summits.

B．It requires very little effort to complete.

C．It's often closed to protect animals.

D．It has complicated bends and turns.

37．What does the expert probably discuss during the program in the camping area?

A．All kinds of insect life　　B．Planets, moon and stars

C．Native bushes and flowers　　D．Interesting species of birds

38．In which publication would you most likely find this article?

A．*Popular Crafts and Hobbies*　　B．*American Literary Magazine*

C．*Today's Guide to Investing*　　D．*Outdoor Recreation Digest*

Ellis Janes Financial Services

199 Cambridge Ave. N.,

Mason, GA

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333-5555-1820

May 19, 2024

Dear Employees,

We are writing this letter to inform you of the official merger (some call it combination) of Ellis Janes Financial Services with Connor O'Neal and Sons Financial Services. - [1]-

You may have been hearing noises about this combination for the last few months, and we are pleased to be able to officially announce this decision. As of June 1, our company will become Janes and O'Neal Financial Services.

In the next coming months, there will be many changes taking place, but I want to reassure you that we will be doing our best to minimize layoffs. We anticipate very few, if any, job losses and are actually working to expand our services so that we can add jobs. -[2]- While they may not have an immediate answer for you, we have spoken to senior staff and told them to bring any questions, with your permission, to our attention so that we can make this transition as smooth as possible.

-[3]- Change is always difficult and when people hear the word, "merger," it often comes with a sense of anxiety and worry. We want to emphasize that there is nothing to be concerned about. Your daily jobs will remain unchanged for the next several months and we promise to provide you with plenty of notice prior to making any changes. One thing that we will not give in is our dedication to our employees and creating a workplace where you feel welcome and valued.

For those of you who wish to speak to someone about any worries or concerns, we have hired a counselor to provide virtual one-on-one sessions during the transition period. -[4]- You can access her services via our company's intranet.

With regards,

Bo Ellis and Rhonda Janes, CEOs and Founders

39．What is the point of this letter?

A．To tell employees what they need to be working on.

B．To show staff that they are all about making a profit.

C．To explain why this decision was in everyone's best interest.

D．To confirm what people have been hearing.

40．What might employees be feeling?

A．They are probably feeling excited.

B．They are likely feeling nervous.

C．They are probably feeling a sense of anger.

D．They are likely feeling a sense of calm.

41．What is the company hoping to avoid?

A．To avoid decreasing salaries.

B．To avoid releasing any information.

C．To avoid letting anyone go.

D．To avoid restarting any projects.

42．In which of the positions market [1], [2], [3], and [4] does the following sentence best belong? “If you have any questions, please don’t hesitate to talk to your managers.”

A．[1]　　B．[2]　　C．[3]　　D．[4]

World Hunger Day is about celebrating solutions that keep people from suffering or dying due to lack of food. Read about some causes and also some of the efforts being made to stop this worldwide problem.

Why, in a world where we technically produce enough food to feed everyone, do millions of people go to bed hungry each night? The statistics are tragic, and such a contradiction should have no place in our modern world.

The UN’s second sustainability goal, “Zero Hunger,” is an ambitious plan to end hunger in the world by 2030. However, the global scale of the hunger staggers the imagination, and it’s getting worse. According to World Vision, as many as 828 million people, or 10% of the global population, are suffering from food insecurity. What are the driving forces behind this stubborn *blight* (疫病) of hunger?

Armed conflict is one. It forces people from their homes, ruins economies and turns millions of people into refugees who become reliant on aid, and luck, for their daily needs.

Extreme weather events - like droughts, flooding, hurricanes and cyclones - also drive

world hunger by destroying homes and making farmland unusable.

Finally, around 30 percent of the world's food is lost or wasted annually. Food loss occurs when food is damaged or spoiled while moving through the supply chain. Food waste happens when individuals, supermarkets or restaurants buy more food than they need and throw away the *excess* (超过).

World Hunger Day, which is today, isn't just about bad news. Founded in 2011 by The Hunger Project, World Hunger Day is also about celebrating solutions that will eliminate starvation.

In Africa, The Hunger Project has been working to encourage more sustainable and efficient farming methods. For example, by diversifying their crops, farmers will have healthier soil. Furthermore, since farmers need access to safe, clean water, The Hunger Project teaches people how to monitor, maintain and repair water systems such as water pumps. The UN World Food Programme aids farmers by helping them connect to local economies, improve production methods and reduce crop losses. And, for women who are pregnant or nursing and for children, they provide special foods like nutrient-rich peanut paste.

So what can you do to help root out world hunger? Aside from striving to reduce your food waste, keep educating yourself and others about the issue. Look for opportunities to feed the hungry in your own communities. There are some fantastic organizations such as SALT Collectiv, who regularly organize and coordinate events to help orphans and feed the hungry. Each step, each choice, each voice can help make hunger a thing of the past.

43．The word <u>stagger</u> in the third paragraph most probably means _____.

A．shock　　B．improve　　C．restrict　　D．affect

44．The purpose of the passage is _____.

A．to objectively analyze the reasons of starvation

B．to seriously warn people of the starvation

C．to encourage people to fight against hunger

D．to think highly of the effort to try to get rid of hunger

45．What can we infer from the passage?

A．Hunger will become a thing of the past.

B．Starvation exists mainly in Africa.

C．People who need food may get it around themselves.

D．It is impossible to get rid of starvation in the world.

46．Which of the following might be the best title of the passage?

A．The Cause of Starvation

B．The March toward Zero Hunger

C．The Solution to Starvation

D．The Consequence of Hunger

Welcome to the world of online dating! Hundreds of possible matches are only a click away. That makes it a perfect fit for the busy, modern world. Because online dating is flexible, you can decide where and when to look for love.

Millions of people use dating apps, but who's to say that their online profiles are accurate? It's important to be cautious when building relationships online. ___47___

Being aware of what you're doing on dating apps helps you stay safe. When you create a dating profile, you're usually asked to upload pictures. Use clear, recent photos so as not to confuse others about what you look like. Also, think twice about the pictures you share and what kind of information they're giving away. This practice applies to the words you write, too. Be careful not to reveal very private details about your personal life. ___48___

You can do a lot on your end to protect yourself when setting up your dating profile. But what can you do once you start interacting with others? First, understand that online dating is not a substitute for real-life connections. It's a tool. Before you start chatting with someone, look closely at their profile. Lack of information can be a cause for concern. A profile with only one photo or photos of scenery is a possible red flag.

___49___ That person is a waste of time. But, let's say, you find someone you're interested in. If you choose to meet in person, do so at a busy, public place. Meet at a coffee shop, a restaurant or a mall. Then let a friend know your plans. Finally, trust your instincts. If you feel suspicious, you should end the date. ___50___ Just remember to make safety a priority!

A．Believe it or not, online dating is becoming more and more popular these days.

B．After all, dating apps don't require background checks for those who use them.

C．If you feel lonely and bored, don't hesitate to surf online wherever you are.

D．Online dating should be, and often is, a positive experience for many people.

E．When you start talking to someone, don’t tolerate inappropriate messages and photos.

F．Instead, be strategic and honest about what you publish on your profile.

五、书面表达

51．Directions: *Read the following passage. Summarize the main idea and the main point(s) of the passage in no more than 60 words. Use your own words as far as possible.*

When we talk, we typically expect others to listen. But when someone else is speaking, are we extending them the same courtesy?

Listening well doesn’t come naturally to most people. Because most of us live in a busy world, we concentrate on certain things and tune out the rest. This also means we often don’t really pay attention to what people are saying. One way to listen with more care and attention is to practice active listening.

Active listening is focusing on what someone is communicating and reflecting your understanding in response. Active listening is not only hearing someone’s words but also taking note of their nonverbal communication. Nonverbal communication can include body language, the tone of a speaker’s voice and their talking speed. By practicing active listening, we can hold onto important information better and show care to others. This useful skill makes others want to discuss things with us.

To get better at active listening, give the speaker your complete attention. Although this may seem obvious, it is easier said than done. Setting aside your devices and clearing your mind of your own thoughts are good first steps. By avoiding those, it’s easier to give your complete attention to the speaker.

Another way to practice active listening is to be aware of body language. Research shows that 55 percent of face-to-face communication is nonverbal, 38 percent vocal and seven percent words. When someone is speaking, their body language is giving information, too. With that in mind, you can give appropriate responses like nodding, smiling or keeping eye contact.

A key part of active listening is asking questions and clarifying your understanding. By repeating the speaker’s message in your own words, you show understanding. And if there’s a

misunderstanding, the speaker can correct you. Asking relevant questions also helps you completely understand the other person. They will feel encouraged by your attention.

_____

_____

_____

_____

_____

六、翻译

52．此时此刻，每个人的决定都很关键，因为时间已经不多了。(critical) (汉译英)

_____

53．你觉得我们中学生有必要那么关注网红吗？(it) (汉译英)

_____

54．请记住：面对困难和挑战，恒心和耐心可以帮助我们攻坚克难，走向成功。(overcome) (汉译英)

_____

55．他这几天在网上老是收到陌生人的红包。幸亏他没打开，才没有上当受骗。实际上都是陷阱啊！(avoid) (汉译英)

_____

七、书信写作

56．Directions: *Write an English composition in 120-150 words according to the instructions given below in Chinese.*

假如你是民启中学的学生李明，学校最近要接待一批外国学生，正在招募陪同解说员，给外国学生介绍学校的体育馆、图书馆和食堂，每个场所需要一个陪同解说员。请选择其中一个场所应聘解说，写一份解说稿。你的文章必须包括：

·你所选场所的名称及其特点；

·你的同学最喜欢这个场所的哪些方面及其原因。

（文中不得出现真实姓名和学校名称）

_____

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