

一、阅读理解

文章大意：本文介绍了一些帮助人们快乐的建议。

1. Some people seem to be born happy. Nothing seems to get them down. However, some people seem to have everything going well but they still do not seem to be happy. 1

◆ Listen to music

Music is good for people. 2 Light music can help us relax; some pop music can make us feel happy. You can listen to it, or take up playing an instrument in your spare time.

◆ Have a pet

You may not have a pet of your own, but pets are so good at making people happy. 3 Some pets are lovely and some need exercise, which is helpful to you, too.

◆ Stay fit and healthy

Try to keep fit and healthy by exercising every day. 4 The great thing about exercise is that it helps release (释放) chemicals and these chemicals make you feel happy!

◆ 5

Often it is the small things that make people happy. Being kind and smiling at people in your daily life can make others happy, and at the same time, it will also build happiness for you.

- A. Be kind and smile
- B. Be active and happy
- C. Exercise can keep you happy.
- D. There are different kinds of it.
- E. Many reasons can explain why people like to have pets.
- F. One thing is for sure that money cannot make a person happy.
- G. No matter who you are, you can build happiness by doing the following things.

文章大意：本文讲述了幸福就在我们身边，如果你抓住每一个机会，你将是一个幸福和幸运的人。

2. 选择句子补全短文（其中有两项是多余选项）。

Happiness is for everyone. You don't need to care about those people who have beautiful houses with large gardens or those who have nice cars and a lot of money. Why? 1

In fact, happiness is always around you if you put your heart into it. 2 When you study hard at your lessons, your parents are always taking good care of your life and your health. When you do something wrong, people around you will help you to correct it. When you help others, you will have a strong feeling of satisfaction and happiness, too. 3 If you notice a bit of them, you can see that happiness is always around you.

4 It is a feeling of your heart. When you are poor, you can also say you are happy, because you have something else that can't be bought with money. As the saying goes, "Life is like a revolving (旋转) door. 5"

If you take every chance you get, you will be a happy and lucky person.

- A. All of these are your happiness.
- B. Happiness is not the same as money.
- C. When it close, it also opens.
- D. The rich people are much happier than the poor people.
- E. Because those rich people can also feel lonely and nervous.
- F. If you have enough money, you will be happy.
- G. When you are in trouble at school, your friends will help you.

文章大意：本文主要介绍农历八月十五中秋节的来历。

3. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有2项为多余选项。



A great festival for the Chinese takes place on Chinese lunar August 15th. 1 In 2022, the Mid-Autumn Festival fell on October 1st. As a time for families together, the Mid-Autumn Festival had its typical food—the mooncake which is round and delicious. 2

Long ago there was a king in China who was very cruel to the people and the country couldn't go well. 3 So they wrote notes telling about the meeting place and time and put them into cakes. On August 15th, every person was told to buy cakes. When they ate cakes, they found notes. So they got together to make a sudden attack (进攻) on the king. From then on, the Chinese people celebrated on August 15th. 4

When the Mid-Autumn Festival is near, shop owners decorate their shop windows beautifully with pictures of ancient Chinese ladies. People go to buy many kinds of mooncakes. 5

On the evening of the day, people and their family have a big meal. After it, they eat mooncakes and watch the fullest and brightest moon.

- A. There is a popular folk story about it.
- B. It is called the Mid-Autumn Festival.
- C. They ate cakes in memory of (纪念) that important event.
- D. That is why people like to spend their time with their parents.
- E. The people were so angry that some brave ones suggested killing the king.
- F. And they send presents such as wine, fruits and mooncakes to their friends and relatives.
- G. It has many colorful holidays and festivals.

文章大意：本文是一篇说明文，介绍了享誉世界的中国丝绸以及丝绸之路。

4. 阅读下面一篇短文，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Many people have deep love for Chinese silk. This kind of material is shiny, soft and smooth. 1

The history of Chinese silk dates back to more than 5,000 years ago. Silk was very expensive in ancient China. 2 Wearing silk clothes was then a status (身份) symbol.

The Chinese emperor wanted to keep the quality of silk production a secret. Anyone couldn't tell the secret or take silkworms out of China, or he would be caught and put to death. However, foreign people loved silk and were willing to pay high prices for it. 3 The trade route from China to Europe was famous as the Silk Road.

Silk has been a very important product in China. Thousands of years has passed since silk first appeared in China. And this kind of material is still a hot product wherever it goes. 4 And it can be beautifully coloured. Silk clothes are often embroidered (刺绣) with beautiful flowers and birds.

5 Cities such as Suzhou, Hangzhou, Nanjing, and Shaoxing are famous for their silk industries.

- A. Only members of the royal (王室的) family could wear clothes made of silk.
- B. Silk is mainly produced in the south of the Yangtze River Delta.
- C. Chinese emperors sold silk to some foreign countries to get more money.
- D. Silk became one of the main exports (出口产品) in ancient China.
- E. It plays an important role in Chinese culture.
- F. The Silk Road makes a big difference to traditional Chinese culture.
- G. Silk is mostly used for clothing because it feels soft and smooth.

文章大意：本文主要介绍了提高英语听力的方法。

5. 请先阅读下面短文，掌握其大意，然后根据短文内容从下面方框内的七个选项中选择五个还原到文中使短文意思通顺结构完整，并在答题卡上将其序号涂黑。一空一句。

When learning English, some students may find it difficult to improve their listening. Here are some tips. 1.

Relax yourself

2. You need to relax. This will help you with your listening.

Listen carefully to the first sentence

The first sentence tells a lot about the whole passage. For example, if, at the beginning, you hear "Many shops in many parts of China have decided to take away all kinds of Japanese goods off their shelves, but some people say it's not a good idea. Our reporter say..." 3.

Think when you're listening

4. For example, you can think of the following questions: What happened? When, where and how? What was the result and what did the speaker want to tell us? In this way, you may understand the passage better.

5

It's important for you to remember some important facts. For example, if the passage is a science report, you should try to remember its findings, and how the scientists got their results. This is also helpful to your listening.

- A. Pay attention to key words
- B. Listen to important facts
- C. When you're listening, try to do some thinking
- D. Maybe they can help you in one way or another
- E. This is especially helpful to improve your listening skills
- F. Before you start listening to something, don't get excited or nervous
- G. you know you will hear a piece of news, not a children's story, or a science report

文章大意：本文介绍了Jeff Corwin对热带雨林的钟爱、热带雨林对动植物、环境的重要性以及Jeff为了让人们更多的了解热带雨林所做出的努力。

6. Most people don't have interest in rainforests. 1 Secondly, they seem dark and dangerous. There are snakes and dangerous plants everywhere. However, Jeff Corwin is different from most people. He has been interested in rainforests since he was a child.

Rainforests produce much of the air we breathe every day. 2 Since then, he has had one goal, to tell people the importance of rainforests. Besides, he is most interested in the special animals living there.

3 Many of the animals there cannot live anywhere else. The rainforests are important to these animals, and these animals are important to the rainforests, too. They are good for the forests, as each one plays a role in keeping the rainforests healthy.

Rainforests are disappearing very quickly. 4 The plants and animals that used to live in these forests either die or must find a new forest as their home. The good news is that there are a lot of people who want to save rainforests. The bad news is that saving rainforests is not going to be easy. It will take the efforts of many people working together.

5 He has started clubs for young people. The clubs teach ways to help protect rainforests. Jeff believes education is the best way to protect rainforests. When people learn more about rainforests, they will try to help save them.

- A. Jeff learned this fact when he was in primary school.
- B. First of all, they seem so far away from us.
- C. Jeff has joined a club which helps people to protect animals.
- D. People are cutting down rainforests for the following reasons.
- E. Jeff wants to help people understand the valuable information.
- F. Every year a large area of rainforest is cut down and destroyed.
- G. Rainforests are home to half of the animal groups in the world.

文章大意：本文讲述了大约50年前，当电视首次问世时，人们认为收音机不再有用，看电视比听收音机更真实、更有趣。然而，50年后的今天，收音机仍然很受欢迎。

7. About fifty years ago, when television first came out, people thought that radio was no longer useful. 1 It is much more real and interesting to watch television than to listen to the radio.

However, fifty years later radio is still very popular and it will be here for a long time. One reason is that we don't need to see pictures when we listen to the music on the radio. In fact, listening with your eyes closed is the best way to listen to a piece of music. 2 In other words, you can create your own images.

Moreover, while listening to the radio, you don't have to take your eyes off your work. 3 Or you can read a book and listen to the radio. Television, on the other hand, doesn't have this advantage.

4 You can take a radio anywhere and turn it on anytime you want. In a quiet place you can use headphones to listen to the news or music on the radio. In this way you won't disturb anybody. Also, a radio is much cheaper than a television. 5 Which is better, radio or television?

- A. Radio doesn't have pictures but sounds.
- B. Television has both sounds and pictures.
- C. A radio is much smaller than a television.
- D. You can put yourself in a sofa, eat snack and listen carefully.
- E. For less than \$20 you can buy a small radio and have fun with it.
- F. You can think yourself on a sandy beach or up high on a mountain.

G. For example, you can listen to the radio and drive at the same time.

8. 七选五根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Jamie Oliver is one of the Britain's most talented and successful chefs (厨师). He has always had a passion for food and cooking. 1 This is where he learned much of what he knows today. However it wasn't until later, while working at the well-known River Café, that he was discovered by people working in television. At just 21, Jamie became famous with his first series television programs that have been shown all over the world. 2 A lot for someone so young to achieve!

GIVING BACK

As his success grew, Jamie needed a new challenge. He wanted to "give something back" to the cooking business. 3 Many of the young people who came to work there hadn't done so well at school or had problems finding work, so this was like a second chance for them.

TARGETING SCHOOL FOOD

Realizing that he could create real, positive change through food and cooking, Jamie turned his attention to the food given to British children at school. 4 He knew things needed to change. Understanding the power of television, Jamie based himself in a school cafeteria and proved that with hard work, change was possible. Jamie's School Dinners was again shown all over the world.

GETTING BACK TO BASICS

Jamie also decided to make a difference in people's homes. 5 In 2010, he also developed a new qualification (资格), "Jamie's Home Cooking Skills", which is offered in high schools around the UK and teaches children practical cooking skills and basic food knowledge.

- A. As well as this he also had a best-selling cookery book.
- B. He was surprised at the amount of junk food on offer.
- C. But Jamie had never wanted to become famous.
- D. He grew up earning pocket money by working in his parents' restaurant.
- E. Jamie's parents didn't want him to become a chef.
- F. He wanted to show them that cooking not only can be fun, but can save families money.
- G. So, in 2003 he set up "Fifteen", a restaurant that aims to train young chefs.

9. Have you ever talked back to your teachers? 1 You need to stand up and say hello to the teacher when he or she enters the classroom. You should pay attention all the time in class, and should take an active part in different activities. And you should speak to your teachers politely at any time.

2 If your teacher doesn't accept late homework, do yours on time. Sometimes the classroom rules seem to be too strict. 3 The better the learning environment is, the better you will study.

4 Given the chance, most teachers want to be your friends. So don't keep yourself away from teachers. 5 However, don't forget that no matter how good friends you are, they are still your teachers and should be respected.

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

- A. Teachers like kids.
- B. Besides, do as your teachers tell you and follow the classroom rules.
- C. If you are late for class, you can't get into the classroom.
- D. But they don't get in the way of your study.
- E. Students can borrow books from their teachers.
- F. As a student, you should respect (尊敬) your teachers.
- G. You can try to make friends with them by asking them some questions.

10. 第二节 阅读下面短文，从所给选项中选出五个正确的选项填空，使短文通顺

Starting the day on the wrong foot can destroy the rest of it. By starting off actively, you can face each task happily. 1

Give yourself time to start the day. 2 Starting the day feeling rushed can lead to unnecessary stress throughout the rest of the day.

3 Before you get out of bed, take moments to think about what you're thankful for. For example, you can be thankful for anything in your life,

such as your family or friends, your health, your house, the sunshine and so on. In this way, you'll get into a good mind for the rest of the day.

Ignore(忽略) technology. Many people set alarms on their cell phones. ___4___ So, as soon as you turn off your alarm, you should lay down the cell phone and wait at least 30-60 minutes before checking anything.

___5___ Don't think about what you did or didn't do yesterday but start each day new. If you had a bad day the day before, leave that behind you and just concentrate on the new day instead.

- A. Make a to-do list and try to follow it.
- B. Try the following things to start your day off right.
- C. Technology can make you feel like you're starting your day easily.
- D. Start each day new.
- E. Be careful.
- F. If you feel annoyed or tired, do something physical to make yourself feel happy.
- G. Instead of waking up and feeling rushed, wake up with enough time to feel relaxed.

二、阅读理解

11. To celebrate traditional Chinese virtues(品德), our country began to hold Searching for the Filial Teens(《寻找最美孝心少年》) in 2013. ___1___

In 2019, ten teens got prizes in the event. The youngest prize-winner is 7 years old, while the oldest is 15. They come from different places and backgrounds. ___2___ The following are two of them.

15-year-old Yu Qiwei from Sichuan had a happy family of three. However, four years ago, his father died while saving someone who was drowning(溺水). Later, Yu found out that his mother had a serious brain disease. ___3___ To make a living, Yu has also opened an online store. Though he is quite busy every day, he still does well in school. "Life is hard, but one day, I will 'fly' high together with my mom," Yu said.

11-year-old Lu Zikuan is from Henan. ___4___ The doctors said the only way to save his life was a bone marrow transplant(骨髓移植). Lu was the only person in the family whose bone marrow could save his dad. However, in order to do the transplant safely, Lu had to eat five meals a day to put on weight. This made his stomach uncomfortable. ___5___ "Each kilogram added means I'm one step closer to helping my dad. I will never regret it," Lu said. He put on 15 kg within 3 months. To his happiness, the transplant was done successfully.

- A. It also made it hard for him to walk.
- B. His father got cancer(癌症) years ago.
- C. He was happy because her health was improving.
- D. What they have in common is their love for their parents.
- E. From then on, he began to learn how to take care of himself and his mother.
- F. Since then, the yearly event has become one of the best received programs on CCTV.

文章大意：本文主要讲述了海洋的重要性，并讲述为了保护海洋，近200个国家同意了一项新的联合国协议——《公海保护协议》。

12. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有一项为多余选项。

On March 4th, after 10 years of difficult talks, nearly 200 countries agreed to a new UN agreement—the High Seas Treaty (《公海保护协议》). It is the first of its kind in 40 years. ___1___

Oceans cover about 71% of the earth's surface, and are home to all kinds of animals and plants. Healthy oceans play a very important role in a healthy planet. ___2___ Overfishing (过度捕捞) has had terrible influence on many kinds of fish and other animals. Pollution has caused serious damage (破坏) in many areas.

In 1982, one UN sea agreement described the "high seas"—the parts of the oceans that aren't controlled by any country. ___3___ The high seas cover about 2/3 of the ocean. But now only 1.2% of these areas are protected. ___4___ It also requires that research should first be done to see what influence human's activities might have on the ocean environment.

During the past 10 years, the talks were held time and time again. ___5___ For example, there are disagreements about how much to control fishing or pollution. Now the agreement has a long way to go, which must be officially accepted at a UN meeting and be supported by enough countries before it works.

- A. But the oceans are in trouble.
- B. And it's a great achievement in protecting the world's oceans.
- C. The agreement was finally reached after difficult discussions.
- D. So all countries have the right (权利) to fish and send ships there.
- E. That is because different countries have their own different ideas.

F. The new agreement sets a goal to turn 30% of the high seas into protected areas.

文章大意：本文介绍了中秋节及其三个故事，即庆祝丰收、月饼传信和月亮女神嫦娥。

13. 根据材料内容，将A—F中选出五个句子还原到文中空白处，使短文完整、通顺。

The Mid-Autumn Festival is an important Chinese holiday. People celebrate it on the 15th day of the 8th month of the Chinese calendar. 1 The Mid-Autumn Festival began in China about 3,000 years ago and has become a popular tradition. 2

Story 1: Harvest (收获)

Chinese people used the moon as a calendar for harvests. The full moon meant the end of the summer harvest. 3

Story 2: War (战争)

During the Yuan Dynasty (朝代), some bad men took over China and treated the Chinese very badly. In order to fight against them, the Chinese made a plan to send moon cakes to every person. 4 They named the time and place to fight against those bad men.

Story 3: Moon Lady

The story of the lady on the moon described a beautiful woman named Chang'e. She lived in the cold palace on the moon. 5

People often celebrate the Mid-Autumn Festival with family. People will have a family dinner and eat mooncakes.

- A. Mooncakes carry people's wishes to the families they miss.
- B. And there are some interesting stories about it.
- C. At that time farmers would get together and eat delicious mooncakes.
- D. They put paper messages into the center of the mooncakes.
- E. At the Mid-Autumn Festival, people can see her beauty clearly.
- F. The moon is fullest and brightest at that time.

文章大意：本文讲述立冬时，人们遵循的一些旧的传统习俗和现在新的习俗的出现。

14. 阅读下面的短文，根据短文内容，从短文后的选项中选出能填入文中空白处的最佳选项。（每个选项只用一次，选项中有一项为多余选项）

Falling leaves and cold winds mean the arrival of another season. Lidong is a Chinese word for one of the 24 solar terms (节气) of China. 1

To welcome lidong, people have many colorful customs that light up the cold days. 2 Winter is believed to be a season for storage (储藏). Eating well helps people store energy to beat the cold in winter, and prepare for growth in the coming spring. In the north, people prefer eating dumplings. The Chinese word for dumpling, has a similar pronunciation as the word "change", "jiao (交)". 3 In the south, eating chicken, duck and fish is common.

From history, lidong was also a time for people to store vegetables. 4 Therefore, around lidong, some people in the north began to store vegetables like cabbages and green onions in a cellar (地窖) underground.

However, some of these customs disappeared. Most people buy fresh vegetables at the supermarket. 5 In Harbin, experienced swimmers choose to swim in the winter waters during lidong. How cold it must be!

- A. Eating dumplings means celebrating the change of autumn to winter.
- B. There were not many fresh vegetables to eat during winter.
- C. The most important thing is to make a plate of dumplings with different shapes.
- D. Instead, new winter customs are being created in certain places.
- E. It means the beginning of winter.
- F. One of the most popular customs is to have a big meal.

15. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有一项为多余选项。

Have you heard about "Survival (生存) Holidays"? 1 Now about 1,100 companies are allowed to take children into the great outdoors without their parents.

Why do people like "Survival Holidays"? It is because they think being close to nature is good for children. Many children in big cities spend all time watching TV and playing computer games. 2

Is "Survival Holidays" a wonderful idea? Maybe it is. Children need more free time to play 3 Parents care too much about their children. They like to see the children being busy with activities under the control of adults, but children don't know what to do when they are in danger. Even something like crossing a small river or falling down seems very terrible to them.

- ___4___ Even years later, they will still remember what they have learned. Some have learned to stay cool in different times. Some have learned how to keep safe ___5___ All these skills will help them a lot in their lives.
- A. They need to be left on their own, without adults troubling them.
 B. Others have learned how to work in a team.
 C. "Survival Holidays" is for children to go into the lonely place for exciting activities.
 D. "Survival Holidays" gives them an important change.
 E. Many people think the survival activities are good for children.
 F. Children will be scared.

文章大意：本文是一篇说明文。文章介绍了世界上最大的塑料污染海洋源头——泰国，以及部分国家为保护海洋制定的措施以及人们的行动。

16. 阅读短文，从短文下面的六个句子中选择五个还原到短文中，使短文通顺完整、衔接自然。



Thailand is one of the world's largest "supporters" to plastic pollution in the ocean. The problem is so serious that dead sea animals have been seen with plastic in their stomachs.

___1___ The movement introduced a nationwide ban(禁令) on single-use plastic bags. The ban came into effect on January 1, 2020. ___2___ On television, plastic bags are pixilated(打马赛克). Many companies and supermarkets are encouraging people to say no to single-use plastics.

What do the local people think of the ban? How are they going without plastic bags? Well, it seems Thai people are among the most humorous in the world. ___3___ Pictures of creative shoppers have become popular on the Internet.

One shopper Stupanee Burut-thong, said, "At first, I wasn't used to shopping without plastic bags. ___4___ But I would often remind myself of the harm that plastic has done to sea animals. So I have been trying to forget about plastic bags."

In 2019, another Asian county China announced a national standard for biodegradable(可生物降解的) plastic shopping bags. It is technologically prepared for their production. Some areas have also got valuable experience that others can learn from. For example, Mexico City introduced a ban on plastic bags in 2020. There, the law is bringing back traditional ways of packing things. They are using bamboo baskets again.

___5___ Everyone should do something to save this beautiful planet.

- A. At last, the country decided to take action.
 B. Do you often use the single-use plastic bags?
 C. It's not easy to change your way of thinking and behavior.
 D. Scientists hope more countries will introduce a plastic bag ban.
 E. Stores are not allowed to offer customers single-use plastic bags.
 F. They are filling their T-shirts, fishnets and suitcases with the things they buy.

17. If you and your friends are deeply interested in a subject, you may want to start a club about it. By starting a club, you can find more people who like this subject. You can also get some experience and learn something from it. That will be helpful for your future. ___1___

First, you need to find some people who have the same interest as you. ___2___ In this way, it's easier to keep the club working well.

___3___ The teacher will encourage more students to join the club. When you are in trouble, you can ask the teacher for help.

When these things are ready, you need to choose a leader of the club. ___4___

Do you want to join the club or create a new club? It's up to you. ___5___

- A. With the same interest, they will be happy to join your club.
 B. The leader will call on members to make rules for the club.
 C. We can do what we like to do in the club.
 D. If you would like to do that, there are some good suggestions for you.
 E. Then, you also need a teacher in your club.
 F. It is believed that a club can make your school life more wonderful.

文章大意：本文介绍了中国二十四节气之一——立春。

18. 补全短文 根据短文内容,从短文后的A~F选项中,选出5个适当的选项补全短文。

The Beginning of Spring is the first solar term (节气) in the 24 solar terms of China. ___1___ The date for the Beginning of Spring usually

comes on February 4 or February 5 in the solar calendar.

When a year comes to this period, people will easily find that the days are becoming longer and the weather is getting warmer. Temperature, sunshine hours and rainfall are all on the rise. 2

In China, it's said that an egg can be set upright on the Beginning of Spring. It's believed that someone who can make the egg stand will have good luck in the future. 3 and good luck is coming to you.

4 On that day, villagers and the people in cities usually holds ceremonies to welcome the spring. Villagers usually make a clay sculpture of a cow, which people call "spring cow". Women take their children to go around the cow for three times. It's said that in this way the children can be kept away from diseases.

The tradition of eating special snacks on that day is called "yaochun" in Chinese. It means "biting the spring". People will wrap (包裹) some vegetables with thin pancakes. 5

- A. Try to stand eggs on your own.
- B. It is known as the beginning of spring.
- C. So people believe that it can bring them warmth and hope.
- D. There is a long history of eating them on the Beginning of Spring.
- E. Chinese farmers celebrate the Beginning of Spring with special events.
- F. The Beginning of Spring is celebrated in different ways throughout the country.

19. It is often said that learning a new language can open up another world. You are able to talk with new people, explore a new culture and understand a new way of life.

1 That's why British people are lazy when it comes to learning new languages. 2 It found that just one-third of those asked were able to speak a second language. In Britain, children begin learning to speak French in junior school. Children spend an hour a week learning the language. 3

When children reach high school they continue their French studies. They are also given the chance to learn German.

In certain schools, children also learn Latin (拉丁语). 4 Having a good knowledge of Latin helps improve your English.

5 They think they are more difficult and less fun than other subjects. Also, because so many speak English, many British children think they don't need to bother (费心) learning a second language.

- A. Most children in Britain do not enjoy learning languages.
- B. Some schools go on a day trip to France to practice speaking.
- C. English is the most widely spoken foreign language in the world.
- D. Research shows that successful learners have some good habits in common.
- E. Once, a survey found that Britons are the worst language learners in Europe.
- F. This language is no longer spoken, but many English words and structures come from it.

文章大意：本文主要讲述了生活中音乐的重要性。

20. Can you imagine a world without music? Imagine the world without songs to sing along with. Imagine a world without dancing. 1

There is always a kind of music for every feeling and taste. There is a song for you when you are excited. 2 There is a song that can show the feeling of being in love and a song for you when you feel angry and lonely. I'm sure there is at least one song in the world that is special to you. The fact is that music attracts everyone. 3 You do not even need to listen to music playing, you can remember a song in your head as if it is playing out loud.

Recently I'm enjoying Spanish flamenco music. 4 I'm taking flamenco dance classes, and I just realize how important the music is. Although we learn new steps, we spend a lot of time listening carefully to the music, paying attention to the beat. You really do have to feel the music so that you can, through dance, become a part of it. 5

Music is an important part in our lives, and I can't imagine what the world would be like without music.

- A. There is a song for you when you are upset.
- B. Spanish flamenco music is full of expression.
- C. You don't have to be a talented musician to enjoy it.
- D. To me, flamenco music is an example which defines how powerful music can be.
- E. You should have talent in music.
- F. It would be a very quiet and hopeless place!

三、阅读理解

文章大意：本文是一篇新闻报道。主要讲述中国空间站核心舱航天员王亚平为地球上的人们献上了一场零重力的音乐表演，以庆祝元宵节。

21. 阅读短文及文后A-E选项，选出可以填入各题空白处的最佳选项。

Wang Yaping, a taikonaut onboard China's space station, offered people on Earth a zero-gravity musical performance to celebrate the Lantern Festival.

The space show was shared at an annual TV gala for the festival celebration. 1 She played a popular Chinese traditional song "Jasmine Flower"

2 People usually hang colorful lanterns, play riddles and express their wishes and hopes for the future.

The crew members, who traveled to the space station on the Shenzhou-13 mission, kept some joyful traditions alive as they continued to move around the Earth. Zhai Zhigang wrote riddles on red paper with a brush pen. He showed the calligraphy (毛笔字) together with taikonaut Ye Guangfu and made festival greetings to the audience. They also sent blessings to athletes at the Beijing Winter Olympics. "3"

The video of the space performance was received with great interest after it was shared on social medias. 4

The Lantern Festival also marks the last day of the lunar New Year celebration. 5 Donning new clothes, the crew members enjoyed the traditions of eating dumplings and pasting spring couplets on walls.

- A. It drew nearly 2 million hits in one hour on Sina Weibo.
- B. Though far from home, the cheerful feelings in space were the same.
- C. We wish that you all get success, friendship and harvest your best Olympic experience.
- D. The Lantern Festival falls on the 15th day of the first month of the Chinese lunar calendar.
- E. In the video, Wang was seen floating in the space module while playing a guzheng, or Chinese zither.

文章大意：本文是一篇记叙文，作者介绍了自己最喜欢的一项业余爱好——木雕。

22. I have several hobbies, such as listening to music, collecting toy cars, and playing computer games. 1

I learned some woodcarving at school, and I'm good at woodcarving. 2 I prefer to use soft wood like pine or aspen. I have a good knife for carving and a small saw (锯子) for sawing wood.

3 I have carved some small wooden knives and sticks. I use sandpaper (砂纸) to make them smooth (光滑的). They look very nice and interesting. 4 And it is a very good exercise to roll two or three small wooden balls with your fingers while you are holding them in your hand.

Also, I'd like to say that in order to protect yourself, it is necessary to follow work safety rules when you carve wood. 5

- A. I usually listen to quiet music when I carve.
- B. And it is pleasant for me to hold them in my hands.
- C. Don't cut your fingers, hurt someone or break something.
- D. I like to carve very small things from wood.
- E. But woodcarving (木雕) is my favorite.

文章大意：本文介绍向父母展示爱的方法。

23. Even if you think that your parents are mean spirited at times, loving your parents is a normal and fulfilling part of life. You love them for the fact that they create you, raise you and are in part, a source of who you are. Here are some ways to show your love to your parents.

Tell them you love them every morning. A gentle "good morning" and "I love you" will warm a cold heart. Respect them more and cherish these moments. You can use these moments to learn from them, preparing yourself for your leaving in the future. 1 Act calmly, cool off, write down your feelings, or talk to a friend. 2

3 It will make your attitude better and earn you more respect from them. It may seem like you are going through hell, when you don't get what you want or you have to clean. However, you had better remember they keep a roof over your head when it's cold, raining, snowing, or too hot. Understand that parents are human beings and make mistakes. Forgiveness is the key. Since you can forgive your friends, why not forgive your parents?

Keep company with them. Do things with your parents like watching TV, or go somewhere with them. 4 Listen to their old stories and learn from them. You will find they are your teachers in this way or another.

Some people simple may not be able to love their parents. 5 Seek help if you are being abused in any way. Parents do not have a right to harm you.

- A. Obey their requests.
- B. It's OK to get angry, but angry actions don't help you or your parents.
- C. There can be realistic reasons for this, family violence for example.
- D. After this, share your feelings with your parents.
- E. Anyway, spend as much time with them as you can.

24. Anger is a kind of feeling. 1 When your teacher gives you too much homework, when your team loses an important game, when a friend borrows your favorite thing and then breaks it, you may get angry.

2 For example, you breathe faster, your face turns red, and you may want to break something or hit someone, but sometimes you hide your anger. For example, you may hide it in your heart. The problem is that if you do this, you may get a headache or your stomach may hurt.

In fact, it's not good to hide your anger, and it's normal for you to get angry sometimes. 3 When you get angry, you can talk about it with adults, such as parents, teachers. etc. 4 Here are some other things you can do when you start to feel angry: count from 1 to 100; give someone a hug; go for a bike ride; think about good things, etc.

Remember that when you are angry, how you act can make everything better or worse. 5

根据材料内容，从下面五个选项中选出能填入文中空缺处的最佳选项，使短文意思通顺、内容完整。并将其标号涂在答题卡上。

- A. Don't let your anger control you.
- B. As soon as you find your problems, you may try to relax.
- C. Usually, your body will tell you when you are angry.
- D. After doing that, you'll find those bad feelings can start to go away.
- E. Many things can make you angry.

文章大意：本文讲述笑对健康的影响。研究发现笑的效果与体育锻炼相似，笑能够减轻疼痛对身体的影响。美国的一些医生基于这个发现，开设了笑诊所，通过鼓励患者笑来改善他们的病情。

25. There is an English saying, "1" Until recently, few people took the saying seriously.

Now however, doctors have begun to look into laughter and the effects it has on the human body. 2

Tests were carried out to study the effects of laughter on the body. People watched funny films while doctors checked their heart, blood pressure, breathing and muscles. It was found that laughter has similar effects to physical exercise. 3 If laughter exercises the body, it must be beneficial.

Other tests have shown that laughter appears to be able to reduce the effect of pain on the body. In one experiment doctors produced pain in groups of students who listened to different radio programs. The group that tolerated (忍耐) the pain for the longest time was the group which listened to a funny program. 4

5 They have found that even if their patients do not really feel like laughing, making them smile is enough to produce beneficial effects similar to those caused by laughter.

- A. Because of these discoveries, some doctors in the United States now hold laughter clinics to improve their patients' condition by encouraging them to laugh.
- B. The reason why laughter can reduce pain seems to be that it helps to produce a kind of chemical in the brain which reduces both stress and pain.
- C. Laughter is the best medicine.
- D. It increases blood pressure, makes the heart beat quicker and makes people breathe deeper; it also works several groups of muscles in the face, the stomach, and even the feet.
- E. They have found that laughter really can improve people's health.

文章大意：本文主要讲了作者被同桌嘲笑之后，爸爸给了他一些建议，最后他明白了这些建议终身受用。

26. 阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。每个选项只能用一次。

When I studied in Nanyang No. 1 Middle School, I had a classmate. Her name is Chen Lulu. She always pointed out my weak points in front of me. Sometimes she said I was a lazy student and I didn't finish my homework on time. 1 Sometimes she said I was unfriendly and so on. I tried to put up with (忍受) her as long as I could. 2 I had to run to my father with tears in my eyes.

My father listened to me quietly, and then he asked me, "Are the things what she said true or wrong? Mary, didn't you ever wonder what you're

really like? Go and make a list of everything she said and mark the points that are true. 3”

I did as my father told me. 4 I brought the list back to my father. He didn't accept it. "That's just for you," he said, "Correct mistakes if you have made and guard against them if you have not. When you listen to something is true, you'll find that it will be helpful to you."

5 Chen Lulu's words often appear in my mind. In fact, in our life we are in trouble. Often someone gives you some advice. For some advice you will remember all your life.

- A. Many years have passed.
- B. At last, I became very angry.
- C. Sometimes she said I wasn't an honest boy.
- D. To my surprise, I found that about half the things were true.
- E. Pay no attention to the other things she said.

文章大意：本文讲述生活中寻求快乐的七种方法和建议。

27. 阅读短文及文后选项，选出可以填入空白处的最佳选项。

Are you truly happy? Do you ever know what it means to be happy and what it takes to achieve happiness?

1 The following are a few tips that I follow to create happiness in my life.

◎ Make a plan for attaining goals that you believe will make you happy. Your mood will be better if you are going after something you value.

◎ Surround yourself with happy people. It is easy to begin to think negatively when you are surrounded by people who think that way. 2

◎ When something goes wrong try to figure out a solution instead of being absorbed in self-pity. Truly happy people don't allow setbacks to affect their mood because they know that with a little thought they can turn the circumstances back to their favour.

◎ 3 These few minutes will give you the chance to focus on the positive things in your life and will lead you to continuous happiness.

◎ 4 Whether you treat yourself to lunch, take a long, relaxing bath or simply spend a few extra minutes on your appearance, you will be subconsciously (下意识地) putting yourself in better mood.

◎ Finding the humor in situations can also lead to happiness. Find a way to make light of a situation that would otherwise make you happy.

◎ Keeping healthy is another way to achieve happiness. 5

- A. On the contrary, if you are around people who are happy, their emotional state will affect you.
- B. There are important questions for anyone who is seeking happiness to ask themselves.
- C. It is also important to take some time each day to do something nice for yourself.
- D. Spend a few minutes each day thinking about the things that make you happy.
- E. Being overweight or not eating nutritious foods can have a negative effect on your mood.

28. The Inuit people of North America used to be called Eskimos. 1 Their lives have changed a lot in 30 years.

The Inuit people used to live in igloos (冰屋) in winter, but today, many of them live in houses in small towns. They used to hunt seals (海豹). 2 Many of them still wear seal-skin clothes today because they are very warm. Remember, the weather is very cold for many months of the year.

Mariano Tagalik, a 65-year-old Inuit, told us a little about her past life. "Our winter igloos were very warm. We cooked inside, so sometimes it got too hot. 3 In the short summers, we lived in seal-skin tents, but I spent as much time as possible playing outside."

To move over the snow, Inuit people wore special snowshoes on their feet. 4 These machines can travel long distances (距离) in a short time. In the past, it took them days or weeks to travel the same distance.

5, and they learnt everything from their parents. Now, like all North

Americans, they go to school for about ten years. Life is not as hard as it used to be, 6 but many of the older Inuits hate modern life and want to go back to the old days.

- A. I took off most of my clothes when I was in our igloo
- B. Inuit children never went to school
- C. They are now named Inuits which means "the people" instead of Eskimos
- D. Today many Inuits ride snowmobiles
- E. They ate the meat and made clothes from the fur (皮毛)

文章大意：本文主要介绍了老虎具有的文化意义。

29. As we all know, 2022 is the Year of the Tiger.

Do you know anyone born in the Year of the Tiger? What's he or she like? Are they brave, strong and decisive? 1 In Chinese culture, tigers are seen as the king of all animals. 2 So that's why in China you can see pictures of tigers on the walls of temples and houses—to drive away disasters and danger.

3 For example, in South Korea, the animal is a symbol of justice (正义), humanity and honesty in local folk tales. Both the 1986 Seoul Asian Games and the 1988 Seoul Summer Olympics used Hodori, a friendly cartoon tiger, as the mascot (吉祥物). A tiger is also on the emblem (徽章) of the South Korea national soccer team.

4 Brave soldiers were once nicknamed “the lion”. England's King Richard I is known as “the Lionheart”. In Europe, the animal is on the national emblem of England as well as Norway, Spain, Belgium and 13 other countries.

But in the West, tigers are also seen as very powerful. 5 Another famous phrase is “eye of the tiger”, which means to have fierceness (凶猛) and strength.

根据材料内容，从下面五个选项中选出能填入文中空缺处的最佳选项，使文章意思通顺、内容完整。

- A. In English, if you want someone to calm down, you can say “easy tiger” to them.
- B. If so, then they are a typical “tiger”.
- C. Instead of tigers, in the West, lions are considered as the king of all animals.
- D. Tigers have an important cultural meaning not just in China, but across Asia.
- E. They stand for power, energy and protection.

30. Were you the first or the last child in your family? Or were you a middle or an only child? Some people think it matters where you were born in your family. But there are different ideas about what birth order means. Some people say that oldest children are smart and strong-willed. They are very likely to be successful. The reason for this is simple. 1 So this child is very likely to do well. An only child will succeed for the same reason. 2 Middle children don't get so much attention, so they don't feel that important. If a family has many children, the middle one sometimes gets lost in the crowd. 3 He or she is the baby. Often this child grows up to be funny and charming.

Do you believe these ideas of birth order too? A recent study saw things quite differently. 4 They didn't take many chances in their lives. They usually followed orders and seldom made their own decisions. Rules didn't mean as much to later children in the family. They went out and followed their own ideas. 5

- A. They took chances and they often did better in life
- B. Parents have a lot of time for their first child, they give him or her a lot of attention
- C. The youngest child, though, often gets special treatment
- D. The study found that first children believed in family rules
- E. What happens to the other children in the family?

四、阅读理解

文章大意：本文主要阐述了时尚产业对环境的危害以及二手服装的优点。

31. 阅读短文D，根据短文内容，从短文后面的选项中选出能填入空白处的最佳选项。选项中有一项为多余选项。

Do you often buy new clothes in the store? There you are in your favorite clothing store. 1 You can't help paying for them. Even though you don't need anything, you still leave the store with bags of new clothes.

This doesn't seem so bad. However, there are a lot of hidden costs behind the cheap price tags (标签). 2 It not only uses a lot of resources, but also pollutes the environment badly with chemicals and waste.

“Fashion is one of the least sustainable (持续的) industries on the planet,” said Michael Stanley-Jones, who works for the United Nations Environment Program. “We've all become our own waste managers. We collect fashion waste in our closets (衣柜).”

3 It also ends up in landfills (垃圾场). In fact, three out of every five items of clothing end up either being burned or being sent to landfills.

Thankfully, buying second-hand clothing is becoming more and more popular these years. 4

According to online reseller (经销商) ThredUp, the value of the second-hand market may reach \$80 billion by 2029, an increase of 185 percent compared to the value at present.

In fact, there is still an even better choice out there. The only true sustainable way is to not shop at all. Making full use of what you already have

is just the best choice.

- A. Everything is so cheap and fashionable.
- B. It doesn't just take up space in our closets, though.
- C. Everyone could do something to protect our planet.
- D. To put it simply, the fashion industry is terrible for our planet.
- E. It's cheaper and you can also find beautiful clothing by doing so.

文章大意：本文主要讲述了生气对身体健康的影响，同时也告诉我们一些处理生气的方法。

32. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有两项为多余选项。

Doctors say anger can be an extremely damaging emotion, unless you learn how to deal with it. They warn that anger can lead to heart disease, stomach problems, headaches, emotional problems and even cancer.

___1___. Some people express anger openly in a calm reasonable way. Some burst with anger and scream and yell. But others keep their anger inside. They can not or will not express it. This is called repressing anger.

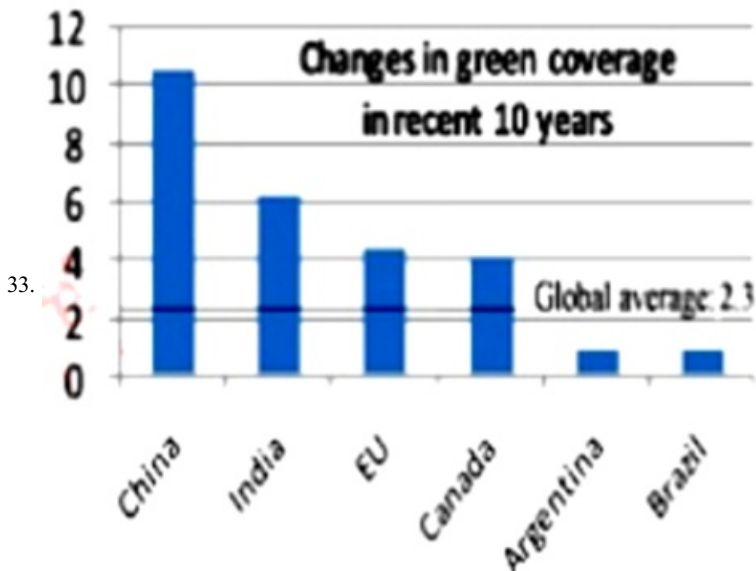
For years many doctors thought that repressing anger was more dangerous to a person's health than expressing it. They said that when a person is angry, the brain releases the same hormones(荷尔蒙). They speed the heart rate, raise blood pressure, or sugar into the blood, etc. ___2___

Some doctors say that both repressing and expressing anger can be dangerous. They believe that express anger violently may be more likely to develop heart disease, and they believe that those who keep their anger inside may face a greater danger of high blood pressure.

Doctors say the solution is learning how to deal with anger. They say the first step is to admit that you are angry and to recognize the real cause of the anger, then decide if the cause is serious enough to get angry about. They say, "___3___ Wait until your anger has cooled down and you are able to express yourself calmly reasonably."

Doctors say that a good way to deal with anger is to find humor in the situation that has made you angry. ___4___

- A. In general the person feels excited and ready to act.
- B. They said that laughter is much healthier than anger.
- C. Expressing anger violently is much harmful than repressing it.
- D. Anger may cause you a cancer.
- E. Do not express your anger while angry.
- F. Anger is a normal emotion that we all feel from time to time.



Global warming is a big problem that we have to stop. One of the best things we do is to plant more trees. ___1___. According to a news report, China is doing a great job of "greening" the world.

A team of scientists at Boston University has been working with NASA to study Earth's green vegetation (植被). They used a special NASA camera and found that global leaf area had increased by 5 percent since the early 2000s. And China was responsible for 25% of that gain, according to the study. ___2___

The growth mainly came from China's forest protection programs, NASA said. For example, since 1962, China has been planting trees in Saihanba, Hebei Province. It was once a desert. ___3___

The Chinese public has also joined in these activities recently. Ant Forest, a feature in Alipay app, gives users points for doing eco-friendly things such as walking and going paperless in the office. 4 When the virtual trees are big enough, Ant Forest will plant real trees somewhere in the world. More than 55 million trees have been planted in this way.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项，选项中有一项为多余选项。

- A. That's about one-quarter of the size of the entire Amazon rainforest.
- B. But now, China has turned the area into the country's largest man-made forest.
- C. Trees can take in CO₂ in the air and stop global warming.
- D. However, people there can produce vegetables without any difficulty now.
- E. Users can then use these points to water and grow their own virtual (虚拟的) trees.

34. What do you think of a scientist looks like? Take out a pencil and draw a picture of a scientist. 1

Some people from north-western University did 78 "Draw- A- Scientist" studies of over 20,000 children from kindergarten students to high school students in 50 years. 2 The results showed less than 1% of that children drew a female(女性的) scientist. Most drawings showed a man in a lab coat. With glasses and very few boys drew female scientists.

3 They found more female scientists appeared in kids drawings. In later studies from 1985 to 2016, 28% of children drew a female scientist. With both girls and boys drawing women more often over time, girls still drew female scientists much more often than boys though. Anyway it was a good start.

Now US children say scientists in a different way. 4 Also, children can learn more about female scientists from television shows, newspapers and magazines. Take Highlights, a kids magazine, for example. In the 1960s, only 13% of its science stories were about women. In the 2000s, the number jumped to 44%. All these will help girls today become more interested in science.

根据短文内容，选出四个句子填入文中空缺处，使短文内容完整正确。

- A. The first study started in 1966 and 5000 kids took part in it.
- B. These people did study again many years later.
- C. Will you draw a man or woman?
- D. More and more girls want to be scientists when they grow up.
- E. The main reason is that more women are becoming scientists.

文章大意：本文主要介绍了中国剪纸的历史、内容以及发展。

35. 阅读下面短文，根据短文内容，从短文后所给的六个选项中选出可以填入空白处的最佳选项，使短文意思完整、连贯。有两项为多余选项。

Chinese paper cutting is an art of cutting out pictures from paper with a pair of scissors. It has been around for over 1,500 years.

The most common pictures of paper cutting are flowers, animals and things about Chinese history. The paper cuttings are so vivid (生动的) that they look like real ones. 1 During the Spring Festival, people usually put the Chinese character "Fu" on windows, walls and doors for good luck and a happy new year.

2 Fang Jianguo has made paper cutting for over 30 years. "This art was invented for decoration (装饰) from the very beginning," said Fang. "Before doing it, you have to learn how to draw well. Without good drawing skills, you can't make good paper cuttings."

Paper cutting also has new development. Li Baofeng is a 55-year-old artist. "Traditional paper cuttings are often made with red paper. 3 So I want to make something new," said Li. She has made works in different colors.

Now paper cutting has changed from decoration to a kind of art. More and more people love paper cuttings. 4 The next time you see a paper cutting, take a moment to enjoy it.

- A. It seems to be a little boring.
- B. Paper cutting is all made by hand.
- C. How long does it take to learn paper cutting?
- D. Some even buy them as gifts for their friends.
- E. Paper cutting sounds easy, but it can be hard to do well.
- F. Red paper cuttings can show happy feelings and good wishes.

36. You've been learning words since you were a tiny baby. At first, you learned them only by hearing other people talk. Now that you're a reader, you have another way to learn words. What should you do when you come to a word and you think you don't know what it means? Following some easy steps can help you.

Say it

First sound it out. Then say it to yourself. 1 Sometimes you know a word in your head but you don't know what it looks like in print. So if you match up what you know and what you read—you have the word!

Use context (上下文)

If this doesn't work, take the next step: look at the context—the other words and sentences around it. Read this sentence: When it rained, the dog looked for shelter in the doorway. 2 Rain and in the doorway might give you helpful information.

3

If the context doesn't help, look at the parts of the word. Does it have any parts you know? These can help you understand what it means. If you don't know the meaning of miner, try looking at parts of the word. You might know that a mine is a place underground where people get coal and other valuable things. A lot of times, -er at the end of a word means "a person who does something". So a miner might be someone who works in a mine.

Look it up.

If the three steps above don't work, you can look it up. 4—either a book or online.

Nobody knows the meaning of every word, but good readers know how to understand words they don't know.

- A. Use word parts.
- B. Look at the words.
- C. It might sound like a word you know.
- D. You can find the word in a dictionary
- E. If the word shelter doesn't look familiar. Look at the words around it.

37. Although New Zealand sells quite a lot of kiwifruit to other countries every year, kiwi did not always grow in New Zealand.

In 1904, Mary Isabel Fraser returned home from China where she visited her sister. 1 A local nurseryman (苗圃主人), Alexander Allison, planted them. He took care of the plants for four years, before they finally fruited in 1910.

People thought they tasted like gooseberry (鹅莓). 2

Other people started growing them. By 1920s, Chinese gooseberry plants were available at several nurseries (苗圃). They caught the eye of horticulturists (园艺家).

One horticulturist, Hayward Wright, chose plants from the first seeds. They produced large fruit with excellent flavour (味道), so he grew more plants. In 1956, they were named after him. 3

Kiwifruit was sold to the United Kingdom and Australia in 1952 and 1953, and Chinese gooseberries grew increasingly popular abroad. People gradually began to notice this fruit and became fascinated. You are right. It's time for people to pick a local name for this gooseberry.

The name "melonettes" was suggested but was not accepted. 4 He thought the fruit looked like New Zealand's national kiwi bird, which has a rounded body covered with fuzzy (有绒毛的) brown feathers. The name was accepted. It is still called kiwifruit, although some countries shorten it to kiwi.

- A. The Hayward variety (种类) is still the favorite kiwifruit.
- B. Kiwi needs five years of care before it can produce fruit.
- C. In 1959, Jack Turner of the produce company Turners and Growers suggested 'kiwifruit'.
- D. Because the seeds came from China, they were named the Chinese gooseberry.
- E. She brought some fruit seeds back with her.

文章大意：本文是一篇记叙文。文章介绍了Emily Cummins的成长故事以及她的发明创造。

38. When Emily Cummins was four years old, her grandfather gave her a hammer (锤子). She loved using it, and started to learn how to make toys from old things that nobody used any more.

1 She always thought a lot about making inventions to help other people. Emily's grandfather had an illness. He had a lot of pain in his hands and fingers. One day, Emily saw that he had trouble getting toothpaste (牙膏) out of the tube. She made an invention that helped him with this, and

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