

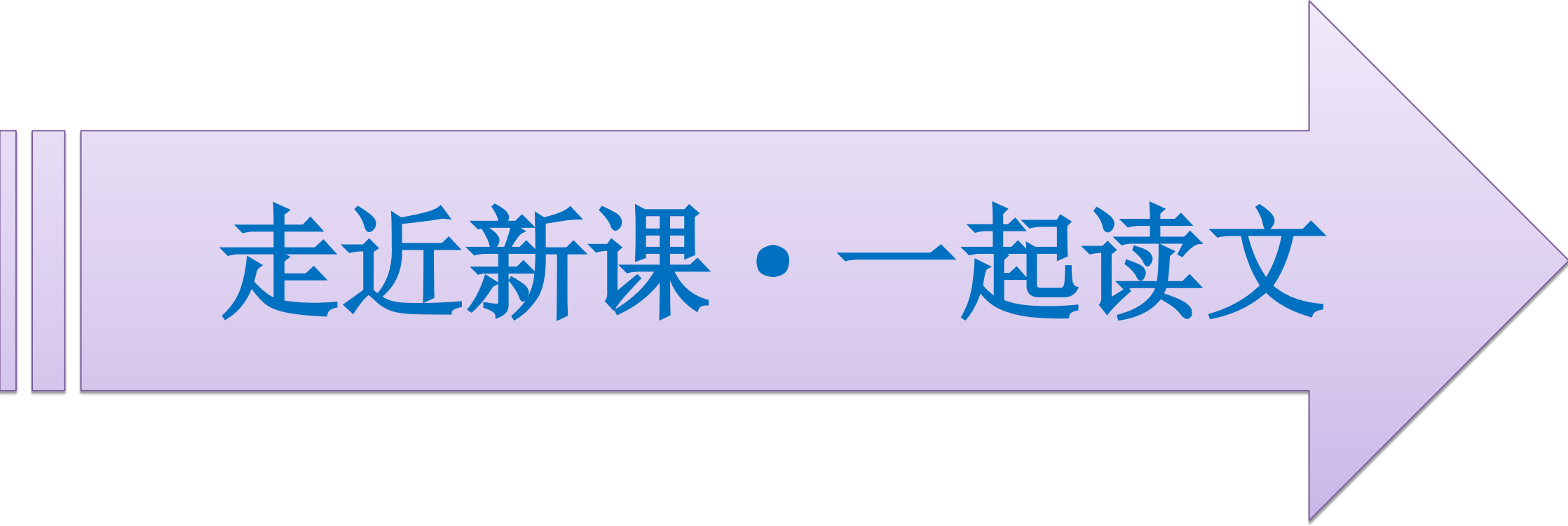


**Section III Listening and Talking,
Reading for Writing,
Assessing Your Progress & Video Time**

走近新课 · 一起读文

阅读鉴赏 · 一起思考

随 堂 练 习



走近新课 · 一起读文

词汇新知

一、单词英汉互译

1. cheat /tʃi:t/ *vi.* 作弊;舞弊 *vt.* 欺骗;蒙骗

n. 欺骗手段;骗子

2. diet /daɪət/ *n.* 规定饮食;日常饮食 *vi.* 节食

3. push-up /pʊʃʌp/ *n.* 俯卧撑

4. jog /dʒɒg/ *vi.* 慢跑 *n.* 慢跑

5. stress /stres/ *n.* 压力;紧张;重音

vt. 强调;重读;使焦虑不安 *vi.* 焦虑不安

6. compete /kəm'pi:t/ *vi.* 竞争; 对抗
7. pretend /prɪ'tend/ *vi. & vt.* 假装; 装扮
8. million /mɪljən/ *num.* 一百万
9. audience /ɔ:diəns/ *n.* 观众; 听众
10. positive /pə'zətɪv/ *adj.* 积极的; 正面的; 乐观的; 肯定的
11. slim /slɪm/ *adj.* 苗条的; 单薄的
12. rather /rə:ðə(r)/ *adv.* 相当; 有点儿
13. error /erə(r)/ *n.* 错误; 差错

二、短语英汉互译

1. make sense 有道理;合乎情理;表达清楚

2. make a difference 有作用或影响

3. cut...out 停止做(或使用、食用);剪下

4. now and then 有时;偶尔

5. compare...with/to... 与.....比较

6. pretend to do sth 假装做某事

7. rather than 而不是

8. even if/though 即使;虽然

阅读理解

一、阅读课文“GOING POSITIVE”,判断正(T)误(F)

(**T**)1.I used to dislike my body and try different diets to lose weight.

(**F**)2.I used to think about fitness rather than weight.

(**T**)3.Finally I stopped comparing myself with actresses and models.

(**F**)4.The article suggests asking “Am I fat?”.

(**T**)5.I became happier and healthier because I was positive about myself and my body.

二、阅读课文“GOING POSITIVE”,选择最佳答案

1. What does the sentence “I almost went bananas” mean?

A. I felt quite well.

B. I felt healthy and fit.

C. I almost went crazy.

D. I almost went perfect.

2. What made the author change her thinking?

A. The article. B. The word “fit”.

C. The word “fat”. D. The new diets.

3. Which of the following shows that the author starts thinking about fitness rather than weight?

A. Am I fat?

B. I want to lose three kilos.

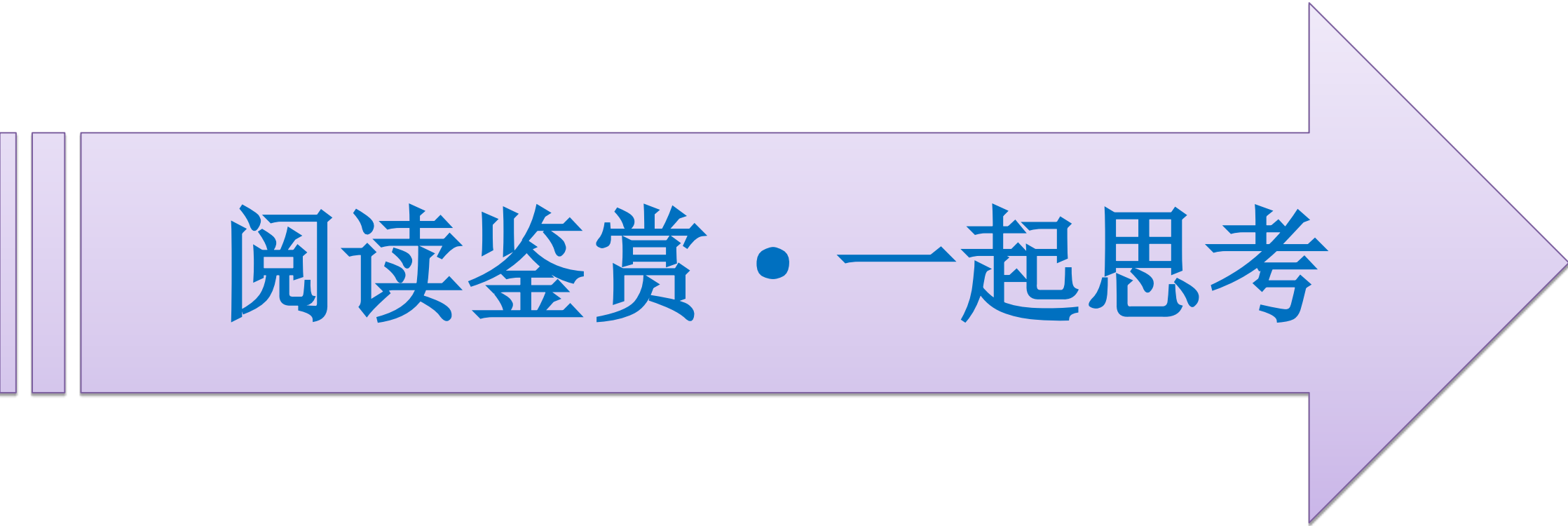
C. I will cut out the food I enjoyed.

D. I want to be able to do 30 push-ups.

三、仔细阅读课文“GOING POSITIVE”,并根据课文内容将短文补充完整

I used to worry a lot about my weight.I wanted to look like
1. the slim girls on TV.2. To lose (lose) weight and
look 3. slimmer (slim),I tried some 4. diets (diet) I read
about online,but they were useless.Later,the word “fit” I read
in an article made a big 5. difference (different) to me.I
6. started (start) thinking about fitness rather than weight.

I began to work out 7. regularly (regular) and added healthy foods to my meals. Besides, I stopped 8. comparing (compare) myself with actresses and models and looked for things that were right for me. 9. _____ being positive about myself and my body, I became both happier and 10. _____ healthier.



阅读鉴赏 · 一起思考

1.An athlete should think about honour and his/her fans if he/she is competing for his/her country.(Page 41)

一名运动员如果在为国家比赛时应该考虑到荣誉和他/她的粉丝。

★compete vi.竞争;对抗;参加比赛

How many countries competed in the 30th Olympic Games?

有多少国家参加了第30届奥运会?

We can't compete with/against them on price.

我们在价格上无法和他们竞争。

【合作探究】

读一读·细观察

阅读下列句子,写出句中黑体词的词性及含义

(1)There is now heavy **competition** for the job.

词性 名词 含义 竞争

(2)There will be a swimming **competition** in our school.

词性 名词 含义 比赛

(3) He was **competing** with four other competitors for the job.

词性 名词

含义 竞争者;对手;参赛者

(4) You have to be **competitive** to do well in sports.

词性 形容词

含义 有竞争力的

说一说·勤归纳

compete in...在.....中比赛/竞争;参加

compete with/against...和.....比赛/竞争

compete for...为.....比赛/竞争

competition *n.* 竞争;比赛

competitor *n.* 竞争者;对手;参赛者

competitive *adj.* 有竞争力的

【即学即用】

单句语法填空

(1) Nobody can compete with/against him in maths.

(2) He has now competed in two Olympics.

(3) She will compete for Britain at the European Games. **competitors** **with/against**

(4) The two for (compete) competed with/against each other for the champion.

(5) Competition (compete) for the job is strong.

2.It is wrong to pay people millions of yuan to play sports.

(Page 41)

付给人们数百万元去参加体育活动是不对的。

★million num.一百万

The population of the city has risen to five million.

这个城市的人口已增至五百万。

By the age of 30,he had made his first million.

到30岁时,他已挣到了第一个一百万。

The medicine has saved millions of lives.

这种药物挽救了数百万人的生命。

【合作探究】

记一记·长知识

(1)当具体的数词修饰million时,用单数,比如:five million workers 五百万工人。

(2)当million后面跟有介词of时,必须加上s,前面不能有具体数字,of后面跟复数名词。如:millions of workers。

hundred,thousand,billion也有类似的用法。

(3)one in a million万里挑一的人(或物)

【即学即用】

单句语法填空

(1) Millions (million) of people have seen that film.

(2) The car is worth three million (million) dollars.

翻译句子

(3) He's a man in a million.

他是个出类拔萃的人物。

3.I agree with the idea that a soccer player should never pretend to fall down even if it helps his or her team.(Page 41)

我同意这样的看法,一名足球队员不应该假摔,即使这有助于他/她的团队。

剖析这个句子中,I agree with the idea是主句,that a soccer player should never pretend to fall down even if it helps his or her team是同位语从句,对idea的内容进行解释说明。

I agree with your idea that we should set off early.

我同意你早点动身的想法。

I agree with your suggestion that we should give them more free time.

我同意你的建议,多给他们一点自由时间。

★(1)pretend vi.& vt.假装;装扮

He isn't really hurt;he's just pretending.

他没有真的受伤,只是在装。

He pretended to fall over.他假装跌倒。

He pretended to be asleep.他装睡。

【合作探究】

记一记·长知识

pretend后有时接to be doing,意为“假装正在做某事”。后接to have done sth,意为“假装做过某事”。

说一说·勤归纳

pretend to do sth 假装做某事

pretend to be doing sth 假装正在做某事

pretend to have done sth 假装做过某事

★(2)even if/though 即使;虽然

Even if/though I walk,I will go there.

即使走着去那里,我也要去。

Even if/though he is old,he takes an active part in physical exercise.

虽然他年纪大了,但是他积极参加体育锻炼。

【即学即用】

单句语法填空

(1) Don't pretend to know (know) what you don't know.

(2) When I came in, he pretended to be reading (read) a book.

完成句子

(3)即使我这次失败了,我也会再试试。

Even if/though I fail this time, I will try again.

(4)虽然这是很久以前的事,我还是记得。

I still remember it, **even if/though** it was so long ago.

翻译句子

(5)He pretended not to notice.

他假装没注意到。

4. That doesn't make any sense! (Page 41)

这样没有道理。

★make sense 有道理;合乎情理;表达清楚

It doesn't make sense to buy that expensive coat when these cheaper ones are just as good.

这些便宜的大衣也很好,买那件贵的不合乎情理。

The sentence doesn't make sense. 这个句子不通。

【合作探究】

记一记·长知识

make sense 有道理;讲得通

make sense of 理解;弄懂

【即学即用】

同义句转换

(1) That doesn't make any sense.

That makes no sense .

单句语法填空

(2) I can't make sense of the painting.

翻译句子

(3) Read this passage and tell me if it makes sense.

读这段话,告诉我它是否表达清楚了。

(4) It just doesn't make sense; why would she do such a thing like that?

这真是无法理解;她为什么会做那样的事情?

(5) It makes sense to save money while you can.

能省钱时就省钱,这是明智的。

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