

阅读理解

I have seen Charlotte waiting for a bus many times. She is in her 80s. She is small and thin. She lives in a nursing home near my home. I have got to know her as I stop and give her a lift any time I see her. Even if I am going in the opposite direction or I have just been out for a pint of milk, I still give her a lift.

Charlotte looks elderly and weak but last time I gave her a lift she told me she'd been on a helicopter ride, even showing photos to prove it! She had gone with her daughter and granddaughter and she looked as if she enjoyed the whole experience! I told her she was braver than I was! I also loved to do that in this technological age, and her family were considerate enough to print the photos out for Charlotte.

I met her recently in Lisburn town center where we both live. She was sitting on a bench with a few items of shopping. I asked her if I could give her a lift home, though she didn't recognize me, as I was out of context for her communicating with others

C.critical thinking

D.working safely

【3】 Some people worry that with more robots being used _____.

- A.people will be unwilling to work hard
- B.human resources won't be needed at the workplace
- C.it will be harder to improve the abilities of robots
- D.robots will be beyond our control

【4】 What can we infer from Paragraph 4?

- A.Japan will try to develop robots to be used in the home.
- B.The robots are well received by elderly people in Japan.
- C.The Japanese government encourages foreigners to move to Japan.
- D.Most Japanese citizens are against robots in the home.

【答案】

【1】 C

【2】 D

【3】 A

【4】 A

【解析】

这是一篇说明文。主要讲述了当未来机器人可以在家庭和其他领域使用时，它们可以提高人们的生活水平。文章说明了机器人的一些优势，但是指出但我们不能太依赖它们。机器人可以用来帮助人类和睦相处，形成一个快乐的社会。

【1】细节理解题。根据第一段中 In the future, when robots can be used both in homes and in other areas, they could improve the living

standards of people. 可知在未来，当机器人可以在家庭和其他领域使用时，它们可以提高人们的生活水平。由此可知，当机器人可以在家里使用时，人们的生活水平将会提高。故选 C。

【2】细节理解题。根据第二段中 Robots can be used on certain jobs to avoid accidents caused by careless behavior of some people. 可知机器人可以用于某些工作，以避免一些人的粗心行为造成的事故。由此可知，与人类相比，机器人在安全工作方面做得更好。故选 D。

【3】推理判断题。根据倒数第二段中 Many people may rely on robots heavily. Some may even develop the habit of using robots on tasks that they can easily do. This could create a lazy society. 可知许多人可能严重依赖机器人。有些人甚至会养成使用机器人完成他们可以轻松完成的任务的习惯。这会造成一个懒惰的社会。由此可知，一些人担心，随着越来越多的机器人被使用，人们将不愿意努力工作。故选 A。

【4】推理判断题。根据第四段中 Above all, Japan needs its dreams of robots in the home to come true because its immigration policy is anti-immigration. 可知最重要的是，因为日本的移民政策是反移民的，所以日本需要实现在家庭中使用机器人的梦想。由此可推知，日本将努力开发家用机器人。故选 A。

隐含意义推理判断题。这类题的题干中常含有：infer/suggest/imply/conclude/intend/purpose/be likely to 等标志性词语。解决这类问题时要理解文章潜在的含义和作者所给的提示。同时，要对文章的含义和作者的暗示作出合理的猜测和推断。

如第四小题，根据第四段中 Above all, Japan needs its dreams of robots in the home to come true because its immigration policy is anti-immigration. 可知最重要的是，因为日本的移民政策是反移民的，所以日本需要实现在家庭中使用机器人的梦想。由此可推知，日本将努力开发家用机器人。故选 A。

阅读理解

Researchers at Pennsylvania State University chose 45 healthy overweight people who agreed to try three different kinds of diets. Their study appeared on Wednesday in the Journal of the American Heart Association.

One was a low-fat diet that included lots of fruits, low-fat milky products, and small amounts of red meat. The other two were moderate-fat diets. That is, the fat they included was not very high or very low. The kinds of foods and meals were similar to the low-fat diet, but they included more nuts and oils. The only difference between the two was the avocado(牛油果) -a pear-shaped fruit with a thick green or dark purple skin. One diet included a daily serving of one avocado, and the other diet had the same amount of fat from other sources.

At the end of the study, the researchers found that the avocado diet led

to a big, noticeable drop in LDL compared with the other two diets. LDL is the bad kind of cholesterol (胆固醇), which is found in your blood. Too much LDL in your body may cause heart disease.

“I was surprised to see the added advantage of the avocado,” said Penny Kris-Etherton, a nutrition scientist at Penn State and the lead author of the study.

She says she’d like to do further research to explain the added drop in LDL in the study groups. It’s possible that the fiber in avocados may play a role in lowering the cholesterol, she says. “In the U.S, most people do not eat an avocado every day because of its high prices. Some people take it with chips,” Penny added.

But one caveat for anyone who loves avocado dip (酱): When it’s served up with chips, the calories can add up, which is not good to your health. Calories show how much energy food will produce. A half cup of avocado dip has about 200 calories all on its own.

【1】 What can we learn about the three kinds of diets?

- A.The low-fat diet mainly included nuts and oils.
- B.The avocado diet included three avocados a day.
- C.All three diets had totally different kinds of foods.
- D.The moderate-fat diets probably had milky products.

【2】 The study shows that the avocado _____.

- A.always causes heart disease

B.makes people put on weight

C.can reduce the level of LDL

D.is a good source of nutrition

【3】 What does the underlined word “caveat” probably mean?

A.Joke. B.Choice.

C.Pity. D.Warning.

【答案】

【1】 D

【2】 C

【3】 D

【解析】

这是一篇说明文。主要介绍了宾夕法尼亚州立大学的研究人员选择了45名健康超重的人，他们同意尝试三种不同的饮食，一种是低脂肪饮食，另外两种是中等脂肪含量的饮食，两者之间唯一的区别是鳄梨。研究表明，牛油果可以降低血液中一种有害的胆固醇 LDL水平，以及研究人员对这项研究的看法。

【1】 细节理解题。根据第二段中 One was a low-fat diet that included lots of fruits, low-fat milky products, and small amounts of red meat. The other two were moderate-fat diets. That is, the fat they included was not very high or very low. The kinds of foods and meals were similar to the low-fat diet, but they included more nuts and oils. 可知一种是低脂饮食，包括大量水果、低脂牛奶制品和少量红肉。另外两组是中等脂肪饮食。

也就是说，他们摄入的脂肪含量既不是很高也不是很低。食物和膳食的种类与低脂饮食相似，但含有更多的坚果和油脂。由此可知，中等脂肪饮食可能含有乳制品。故选 D。

【2】细节理解题。根据第三段中 At the end of the study, the researchers found that the avocado diet led to a big, noticeable drop in LDL compared with the other two diets. 可知在研究结束时，研究人员发现，与其他两种饮食相比，牛油果饮食导致了 LDL 的显著下降。由此可知，研究表明，牛油果可以降低 LDL 水平。故选 C。

【3】词义猜测题。根据后文 When it's served up with chips, the calories can add up, which is not good to your health. 可知当鳄梨蘸酱和薯条一起吃时，卡路里会增加，这对你的健康不好。这是对于喜欢鳄梨蘸酱的人来说，有一点要注意的事情。故划线单词意思为“警告”。故选 D。

How to support your friends when they are down

One of the greatest things about having friends is that they can be there for you when you're feeling down. 【1】 Here's how to be a good friend when you're needed.

【2】 Therefore, you'll be able to tell what your friend is upset about, and thus avoid awkwardly sitting with no idea what is going on or what

to say. It will also give you an advantage because it'll make it easier for you to know what are the right and wrong statements to make.

Be an active listener. When your friends pause and look to you for a response, repeat what they just said. 【3】

Give your friend a hug, whether he or she shared anything with you or not. 【4】 You could also pat (轻拍) him or her gently on the shoulder or back.

Don't use this as an opportunity to talk about yourself and your own problems. 【5】 There is nothing worse than one person adding to the woes (悲痛) by trying to out-compete with the other's own woes. Drop it and be empathetic (同情的) in more constructive ways.

A.This is about your friend!

B.They can cheer you up, or even help you in a way.

C.Know the situation before you attempt to help your friend.

D.Don't make your friend do anything he or she doesn't want to.

E.Then tell them about some problems that have made you sad or angry.

F.But do it in your own words to show that you are really listening to him or her.

G.Sometimes, a friend just needs another friend's touch to make him/her feel better.

【答案】

【1】 B

【2】 C

【3】 F

【4】 G

【5】 A

【解析】

这是一篇说明文。拥有朋友最重要的事情之一就是当你情绪低落的时候他们会在你身边。他们可以让你高兴起来，甚至在某种程度上帮助你。文章就当朋友情绪低落时，该如何支持他们提出了一些建议。

【1】 根据上文 One of the greatest things about having friends is that they can be there for you when you're feeling down. 可知拥有朋友最重要的事情之一就是当你情绪低落的时候他们会在你身边。由此可知，本句承接上文说明朋友的作用。故 B 选项“他们可以让你高兴起来，甚至在某种程度上帮助你”符合上下文语境，故选 B。

【2】 根据后文 Therefore, you'll be able to tell what your friend is upset about, and thus avoid awkwardly sitting with no idea what is going on or what to say. 可知这样，你就能知道你的朋友在烦恼什么，从而避免尴尬地坐着，不知道发生了什么，也不知道该说什么。由此可知，在试图帮助朋友之前，要了解情况，避免尴尬。故 C 选项“在你试图帮助你的朋友之前，先了解情况”符合上下文语境，故选 C。

【3】 根据上文 Be an active listener. When your friends pause and look to you for a response, repeat what they just said. 可知做一个积极的倾听者。当你的朋友停下来等待你的回应时，重复他们刚刚说过的话。

积极的倾听者要求你可以重复他们的话，但是可以用自己的话来表明你在认真听他或她说。故 选项 “但是用你自己的话来表明你真的在听他或她说”符合上下文语境，故选 F。

【4】根据后文 You could also pat him or her gently on the shoulder or back.可知你也可以轻拍他或她的肩膀或背部。由此可知，可以通过触碰朋友来让他或她感觉好一些。故 G 选项 “有时候，一个朋友只是需要另一个朋友的触摸来让他或她感觉好一些”符合上下文语境，故选 G。

【5】根据前文 Don't use this as an opportunity to talk about yourself and your own problems. 可知不要利用这个机会向朋友诉说你的烦恼。由此可知，不要和朋友谈论自己的痛苦，而是要谈论你朋友的事情。故 A 选项 “这是关于你朋友的！”符合上下文语境，故选 A。

完形填空

Being brave enough, girls are free to explore in their learning and life. That exploration leads to the _____ of their talents, passions and drawbacks. On Saturday night we saw one of our students act so bravely that it took my _____ away.

One of the lead characters of our show, Blue Stockings, was played by a science teacher, Ben Walker. _____, Ben broke his nose very badly

football on Saturday and consequently couldn't _____. Ella Jones, a Year I student and part of the cast, who _____ to rest on Saturday, was _____ to play Ben's role.

Think about this. She had three hours' _____, playing a role of a man she had never played before, in front of a/an _____ audience, and if she couldn't _____, she would reduce the impact of the whole play. Not the end of the world, but it would be disappointing for all _____

Ella could have run, but she _____ to the challenge. She said, "I was astonished; However, I _____ the show must go on and I wanted to _____. I wasn't scared _____ I arrived at the theatre and realized how much there was to _____. It wasn't just about lines, but it was the stagecraft(_____). I was _____ about the other actors because I know how _____ it is to perform a role with someone who isn't as invested, especially if it is an emotional scene."

Asked how the show _____, Ella said, "It was amazing, and the audience seemed to love the male character I played for the first time." She added, "Being scared doesn't mean you can't be _____. Anyway, I _____."

【1】 A.growth B.change C.discovery D.control

【2】 A.pain B.faith C.breath D.feel

【3】 A.Secretly B.Hopefully C.Unsurprisingly D.Unfortunately

】 A.coach B.perform C.survive D.retire

【5】 A.refused. B.decided C.happened D.promised

【6】 A.asked B.forced C.trained D.reminded

【7】 A.wait B.presentation C.training D.judgment

【8】 A.cheering B.paying C.standing D.astonishing

【9】 A.take it away B.look it up C.make it out D.carry it off

【10】 A.watching B.regarding C.concerned D.referred

【11】 A.faced B.met C.arose D.rose

【12】 A.suspected B.questioned C.figured D.proposed

【13】 A.win B.help C.desire D.quit

【14】 A.until B.unless C.so that D.the moment

【15】 A.put away B.hand in C.work out D.take over

【16】 A.doubtful B.confident C.curious D.worried

【17】 A.easy B.tough C.embarrassing D.interesting

【18】 A.sounded B.improved C.started D.went

【19】 A.brave B.proud C.calm D.shy

【20】 A.got it B.saw it C.made it D.did it

【答案】

【1】 C

【2】 C

【3】 D

【4】 B

】 C

【6】 A

【7】 C

【8】 B

【9】 D

【10】 C

【11】 D

【12】 C

【13】 B

【14】 A

【15】 C

【16】 D

【17】 B

【18】 D

【19】 A

【20】 C

【解析】

这是一篇记叙文。主要记叙了 Ella Jones 临时顶替别的演员参加演出，只接受了三个小时的训练。结果演出了很成功，Ella 说害怕并不意味着你不能勇敢。女孩足够勇敢，她们可以在学习和生活中自由探索。

【1】考查名词词义辨析。句意：这种探索导致了她们发现了自己的才能、激情和缺点。A. growth 生长；B. change 改变；C. discovery 发

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