

高考英语阅读理解题之 推断

《普通高中英语课程标准（2017年版 2020年修订）》中规定，根据上下文推断语篇中的隐含意义是选择性必修阶段学生需要掌握的语言技能之一，同时这也是高考英语阅读理解的考查技能之一。

考查这种技能的题目一般我们称之为推断题，又可细分为言外之意题、文章寓意题、评价事物或推断人物题。

言外之意题

言外之意题要求考生在理解原文信息和线索的基础上，针对作者未言明或未知的信息，通过分析和思考，进行推理和判断，从而得出答案。解答此类题目时需要注意：

1. 立足已知推断未知，正确选项一定能在原文中找到依据或理由；
2. 直接陈述文章信息、对文章内容进行断章取义、对原文信息进行了增补和篡改、原文未提及的信息、仅针对文章部分信息进行了推断概括的选项多为干扰项；
3. 忌主观臆断，勿以自己的想法代替作者的观点；
4. 忌过度推断，不人为将问题复杂化，进行多步推断。

例1: (2022年新高考I卷C篇)

Wendy Wilson, extra care manager at 60 Penfold Street, one of the first to embark on the project, said: “Residents really welcome the idea of the project and the creative sessions. We are looking forward to the benefits and fun the project can bring to people here.”

Lynn Lewis, director of Notting Hill Pathways, said: “We are happy to be taking part in the project. It will really help connect our residents through a shared interest and creative activities.”

31. What can we learn about the project from the last two paragraphs?

- A. It is well received.**
- B. It needs to be more creative.**
- C. It is highly profitable.**
- D. It takes ages to see the results.**

【分析】 本题答案为A。

根据选段第一段中Wendy Wilson说的Residents really welcome the idea of the project and the creative sessions和第二段中Lynn Lewis说的We are happy to be taking part in the project. It will really help connect our residents through a shared interest and creative activities可知，Wendy Wilson和Lynn Lewis所在养老院的老人们都很喜欢参加这个项目，言外之意就是该项目非常受欢迎。

例2: (2022年全国乙卷D篇)

Today's figures, according to one government official, show the positive influence the sugar tax is having by raising millions of pounds for sports facilities (设施) and healthier eating in schools. Helping the next generation to have a healthy and active childhood is of great importance, and the industry is playing its part.

35. What can be inferred about the adoption of the sugar tax policy?

A. It is a short-sighted decision.

B. It is a success story.

C. It benefits manufacturers.

D. It upsets customers.

【分析】 本题答案为B。

根据选段中的**Today's figures ... show the positive influence the sugar tax is having by raising millions of pounds for sports facilities and healthier eating in schools**可知，英国糖税政策的实施为学校的体育设施和健康饮食筹集了资金，有助于保障孩子们的身体健康，言外之意是这项政策很成功。

例3: (2022年北京卷C篇)

Systems thinking is crucial to achieving targets such as zero hunger and better nutrition because it requires considering the way in which food is produced, processed, delivered and consumed, and looking at how those things intersect (交叉) with human health, the environment, economics and society. According to systems thinking, changing the food system — or any other network — requires three things to happen. First, researchers need to identify all the players in that system; second, they must work out how they relate to each other; and third, they need to understand and quantify the impact of those relationships on each

other and on those outside the system.

Take nutrition. In the latest UN report on global food security, the number of undernourished (营养不良) people in the world has been rising, despite great advances in nutrition science. Tracking of 150 biochemicals in food has been important in revealing the relationships between calories, sugar, fat and the occurrence of common diseases. But using machine learning and artificial intelligence, some scientists propose that human diets consist of at least 26, 000 biochemicals — and that the vast majority are not known.

29. What can be inferred about the field of nutrition?

- A. The first objective of systems thinking hasn't been achieved.**
- B. The relationships among players have been clarified.**
- C. Machine learning can solve the nutrition problem.**
- D. The impact of nutrition cannot be quantified.**

【分析】 本题答案为A。

根据选段第一段中的**First, researchers need to identify all the players in that system**可知，想要改变包括食物系统在内的任何系统，需要满足的第一个条件就是要识别该系统中的所有要素，结合第二段中的**Tracking of 150 biochemicals in food has been important ... some scientists propose that human diets consist of at least 26, 000 biochemicals — and that the vast majority are not known**可知，研究者们只跟踪了食物中的150种生物化学物质，但这和机器测算出的26, 000种相去甚远，且大都不为人知。由此可推知，营养学领域的研究者们还没有实现系统化思维要求的第一个目标，即识别系统中的所有要素。

例4: (2022年4月天津卷B篇)

Since passengers are just passing through, our interactions are brief. I say “Ni hao” to the Chinese and “Hola” to the Spanish. A simple greeting in their mother tongue can guarantee a smile from a total stranger and a tired traveller. Once, a young woman, who was on her way to visit her family in South Africa, told me she was expecting her first baby. I offered my congratulations and good luck.

43. What can be inferred from Paragraph 4?

A. Smile is no guarantee of quality service.

B. Kindness does not always pay off.

C. Friendly interactions light up the day.

D. Travellers need to know a second language.

【分析】 本题答案为C。

选段介绍了在机场工作的作者与旅客的简短互动。根据选段中的 **A simple greeting in their mother tongue can guarantee a smile from a total stranger and a tired traveller** 可知，用旅客的母语简单地和他们打个招呼，这些陌生的、疲惫的旅客肯定会露出笑容。再结合接下来作者与去南非的准妈妈友好互动的例子可推知，本段强调友好的互动会点亮一整天。

文章寓意题

在英语阅读理解中，推断文章寓意是一项关键技能，它要求考生通过分析和理解文章的内容，对文章的潜在含义进行推测，从中提炼出作者试图传达的深层含义。解答此类题目常用的策略有：

1. 定位中心句，根据文章中心思想进行推断。文章的深层寓意与文章的中心思想密不可分，有时候，文章所要传达的深层寓意在题目中的表现形式是文章中心句的改写，更多时候我们需要结合文章内容，对中心句进行提炼和总结，才能归纳出文章的寓意；

2. 故事类的记叙文，需结合主人公的性格特点、故事梗概及故事结尾的意义升华等信息总结其深层寓意；

3. 文章寓意在题目中常常以谚语、名言的形式出现，同学们可在平时的学习中多积累一些谚语或名言。

例1: (2022年6月天津卷B篇)

I'm an 18-year-old pre-medical student, tall and good-looking, with two short story books and quite a number of essays to my credit. Why am I singing such praises of myself? Just to explain that the attainment of self-pride comes from a great deal of self-love, and to attain it, one must first learn to accept oneself as one is. That was where my struggle began.

Born and raised in Africa, I had always taken my African origin as a burden. ...

What also contributed to my self-dislike was my occasional

stuttering (口吃), which had weakened my self-confidence. ...

Fortunately, as I grew older, there came a turning point. ...

...

Today, I've grown to accept what I am with pride; it simply gives me a feeling of uniqueness. The idea of self-love has taken on a whole new meaning for me: there's always something fantastic about us, and what we need to do is learn to appreciate it.

45. What can best summarize the message contained in the passage?

A. Pride comes before a fall.

B. Where there is a will, there is a way.

C. Self-acceptance is based on the love for oneself.

D. Self-love is key to the attainment of self-pride.

【分析】 本题答案为D。

文章第一段中的the attainment of self-pride comes from a great deal of self-love, and to attain it, one must first learn to accept oneself as one is是本文的中心句，这句话强调了自豪感来源于自爱，要做到自爱，首先必须学会接受自己本来的样子。下文作者通过自己的亲身经历阐述了她如何克服对自己非裔出身和口吃的自卑感，做到了自我接受和自爱。最后一段再次升华主题：there's always something fantastic about us, and what we need to do is learn to appreciate it。由此可推知，本文作者向读者传达了“自爱是获得自豪感的关键”这样的信息，因此D项为正确选项。根据文章的中心句可知，要做到自爱，首先必须学会接受自己本来的样子，即自爱是基于自我接受，C项颠倒了两者的关系。

例2: (2022年北京卷B篇)

My name is Alice. Early last year, I was troubled by an anxiety that crippled (削弱) my ability to do anything. ...

One day, I attended a presentation by wildlife conservationist Grant Brown at my high school. His presentation not only awed and inspired me, but also helped emerge an inner desire to make a difference in the world. ...

A month later, Brown invited me to attend the World Youth Wildlife Conference. ... Each of these new steps continued to grow my confidence.

I am writing this just six months since my journey began and I've realised that my biggest obstacle (障碍) this whole time was myself. It was that voice in the back of my head telling me that one phrase that has stopped so many people from reaching their potential: I can't. They say good things come to those who wait; I say: grab every opportunity with everything you have and be impatient. After all, nature does not require our patience, but our action.

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