

中文摘要

身韵作为中国古典舞的精髓，历经几代舞蹈人的探索与研究，逐渐发展为一门具有独特身法和韵律的系统化舞蹈课程，徒手身韵和服饰道具训练是其课程的重要组成部分。现发展较为成熟的服饰道具训练课程有袖舞、扇舞、剑舞等，主要吸收借鉴戏曲、武术和其他姊妹艺术的服饰、道具、传统器械技术技法等。戏曲手绢作为传统表演艺术的瑰宝，多为旦角行当用来塑造人物形象、凸显人物性格、传达人物情感的重要载体，而其独特的艺术表现价值并未良好地应用于古典舞身韵。

本研究尝试提炼戏曲中的手绢元素，在遵循中国古典舞身韵身法规律和审美原则的基础上，将戏曲手绢与中国古典舞身韵相融合。旨在为古典舞身韵拓展提供新的思路和方法，丰富古典舞的艺术表现形式，使其发挥出更为独特的艺术魅力。本研究采用文献研究法、观察法等，探索戏曲手绢运用到中国古典舞身韵中的实践价值及理论意义。通过搜集相关文献资料，借鉴中国古典舞身韵中水袖、扇子等服饰道具的运用和转化教程，分析中国古典舞中手绢案例，提取戏曲手绢精髓，编创适应中国古典舞身韵的手绢表演性组合。最终目的旨在更好地拓展与完善中国古典舞身韵内容，进一步丰富中国古典舞身韵中道具的内涵。

关键字：手绢；中国古典舞身韵；拓展研究

Abstract

As the essence of Chinese classical dance, body rhyme has gradually developed into a systematic dance course with unique body method and rhythm after the exploration and research of several generations of dancers. The training of unarmed body rhyme and costumes and props is an important part of the course. At present, the more mature clothing and props training courses include sleeve dance, fan dance, sword dance, etc., which mainly absorb and learn from the clothing, props, traditional equipment and techniques of opera, martial arts and other sister arts. As a treasure of traditional performance art, opera handkerchief is an important carrier used by Dan actors to shape characters, highlight characters' personality and convey characters' emotions, but its unique artistic performance value has not been well applied to the body rhyme of classical dance.

This study attempts to extract the elements of handkerchief in traditional Chinese opera, and integrate the handkerchief in traditional Chinese opera with the body rhyme of traditional Chinese dance on the basis of following the body rhyme law and aesthetic principles of traditional Chinese dance. It aims to provide new ideas and methods for the development of the body rhyme of classical dance, enrich the artistic forms of classical dance, and make it play a more unique artistic charm. This study uses the methods of literature research and observation to explore the practical value and theoretical significance of the application of opera handkerchief to the body rhyme of Chinese classical dance. By collecting relevant literature and learning from the use and transformation of costumes and props such as water sleeves and fans in the body rhyme of Chinese classical dance, this paper analyzes the handkerchief cases in Chinese classical dance, extracts the essence of opera handkerchiefs, and creates a performance combination of handkerchiefs that adapt to the body rhyme of Chinese classical dance. The ultimate goal is to better expand and improve the content of Chinese classical dance body rhyme, and further enrich the connotation of props in Chinese classical dance body rhyme.

Key words: Handkerchief; Chinese classical dance body charm; Extension research

目 录

中文摘要	I
Abstract	II
第一章 绪论	1
第一节 研究目的	1
第二节 研究意义	1
第三节 研究现状	2
第二章 戏曲手绢对中国古典舞身韵拓展的理论研究	4
第一节 中国古典舞身韵	4
第二节 戏曲道具赋予中国古典舞身韵新的表现力	5
第三节 运用手绢对中国古典舞身韵内容拓展的意义	5
第三章 戏曲手绢在中国古典舞身韵中的实践探索	7
第一节 对戏曲手绢元素的提炼	7
一、捏拿手绢方法要领	8
二、提取手绢单一元素	9
三、编创手绢表演性组合	10
第二节 手绢与中国古典舞身韵的融合	11
一、身法动律与手绢技法的结合	12
二、借助手绢提升综合表演能力	12
三、手绢与身体合一的审美理念	13
第三节 手绢在中国古典舞身韵实践中的训练作用	14
一、有助于提升关节部位灵活度	14
二、有助于强化身韵的身法韵律	15
三、有助于丰满舞者的情感表达	15
第四章 戏曲手绢在古典舞身韵中的实践意义	16
第一节 试以拓展古典舞身韵的动作语言	16
第二节 试以丰盈古典舞身韵的文化内涵	16
第五章 结语	18
参考文献	19

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/477161014000010052>