

备战 2025 中考英语语法百题分类训练

(中考真题+名校模拟)

专题 02 短语词组和固定搭配 100 题

- (2024·吉林·中考真题) Tina can _____ her bedroom by herself. She doesn't need her parents' help.
A. get up B. clean up C. cut up
- (2024·甘肃白银·中考真题) My grandpa decided to _____ smoking for his health.
A. give away B. give out C. give back D. give up
- (2024·云南·中考真题) The students worked in groups to _____ the difficult problem in the math class.
A. work out B. turn down C. cut off D. worry about
- (2024·四川凉山·中考真题) —Did you have fun watching the volleyball game?
—No. A tall man stood _____ me. I couldn't see the players at all.
A. next to B. across from C. in front of
- (2024·四川凉山·中考真题) _____! It's not a big deal. Just believe yourself and everything will be OK.
A. Give up B. Cheer up C. Stay up
- (2024·四川乐山·中考真题) —I _____ Mike on Monday. He invited us to visit his hometown in his letter.
—Do we accept his invitation? We haven't met him for 3 years.
A. heard from B. came from C. suffered from
- (2024·甘肃临夏·中考真题) Gina is good at maths and she wants to be an engineer when she grows up.
A. does well in B. is good with C. is kind to D. does badly in
- (2024·甘肃临夏·中考真题) Finally, Li Hua got better grades with his teacher's help.
A. At first B. At last C. In the middle D. In the beginning
- (2024·江苏扬州·中考真题) As we all know, the Yangtze River _____ as a "mother river" of the Chinese nation.
A. knows B. knew C. is known D. was known
- (2024·江苏扬州·中考真题) Many think SOS is short for "save our ship", but it doesn't really _____ anything.
A. look for B. stand for C. pay for D. try for
- (2024·安徽·中考真题) There can be some trouble at the beginning, but things will _____ well in the

end.

- A. break up B. give up C. set out D. turn out

12. (2024·四川达州·中考真题) —Coco, I can't understand the meaning of this word.

—You'd better _____ the word in your dictionary.

- A. look for B. look up C. look after

13. (2024·甘肃白银·中考真题) As we grow older, we'll discover we have two hands: one for helping ourselves; the other for helping others.

- A. turn up B. put away C. find out D. look into

14. (2024·黑龙江·中考真题) It makes me _____ to watch National Women's Volleyball Team's matches.

- A. feel exciting B. to feel excited C. feel excited

15. (2024·黑龙江·中考真题) Don't _____ rubbish everywhere. It's everyone's duty to protect the environment.

- A. put away B. take away C. throw away

16. (2024·黑龙江·中考真题) Hainan is famous _____ its beautiful beaches. Many tourists visit it every year.

- A. for B. to C. as

17. (2024·四川雅安·中考真题) —Shenzhou-18 was successfully launched (发射) into the space on April 25th, 2024.

—We Chinese _____ it.

- A. run out of B. take care of C. are afraid of D. are proud of

18. (2024·广西·中考真题) —Dad, let's _____ early to do exercise tomorrow morning.

—OK, no problem.

- A. look up B. get up C. give up

19. (2024·黑龙江齐齐哈尔·中考真题) We should learn to be independent. We'd better not _____ our parents too much.

- A. keep on B. get on C. depend on

20. (2024·四川遂宁·中考真题) —Tim, what were you doing when I called you?

—I _____ bicycle with my sister.

- A. was cutting up B. am making up C. am picking up D. was fixing up

21. (2024·甘肃临夏·中考真题) The health website provides a lot of useful advice _____ teenagers.

- A. with B. for C. to D. on

22. (2024·甘肃临夏·中考真题) We are supposed to _____ the lights when we leave the room.
A. turn down B. turn up C. turn off D. turn on
23. (2024·江苏连云港·中考真题) To live a green life, we should remember to _____ the lights when we leave a room.
A. turn on B. turn off C. turn up D. turn down
24. (2024·四川自贡·中考真题) —I didn't pass the exam again. What should I do?
—Don't _____. You'll succeed sooner or later.
A. give up B. give back C. give away
25. (2024·天津·中考真题) Email is one of the great ways to _____ friends.
A. take pride in B. keep clear of
C. get into the habit of D. stay in touch with
26. (2024·内蒙古兴安盟·二模) —How was your camping in the countryside last weekend?
—It was great. We _____ a tent by the lake and had much fun.
A. put up B. put off C. put on D. put away
27. (2024·江苏常州·三模) —You made trouble again, Andy!
—Don't be angry with the boy. Look! He felt so guilty that his head _____.
A. came down B. fell down C. hung down D. broke down
28. (2024·青海玉树·三模) Trust yourself! Never _____ when you face difficulties.
A. give up B. give out C. get up
29. (2024·福建三明·三模) Qian Xuesen who _____ a scientist, made great contributions to China's space program.
A. was interested in B. was famous as C. was pleased with
30. (2024·福建三明·三模) —Many people travel to Mount Huang.
—That's true. It is widely _____ for its wonderful sights.
A. used B. warned C. praised
31. (2024·广西贺州·三模) —Paul, do you often clean your room by yourself?
—Yes, I don't like to _____ my parents too much. I am not a child any longer.
A. work on B. depend on C. turn on
32. (2024·安徽合肥·三模) —Friends are very important to us.
—That's right. They can _____ the best in you.

A. get out B. look out C. give out D. bring out

33. (2024·黑龙江齐齐哈尔·三模) —The computer is working again.

—It _ yesterday, but someone has fixed it.

A. broke away B. broke down C. broke out

34. (2024·黑龙江哈尔滨·二模) Trembling (抖音) has become more and more popular nowadays. Not only the students but also the old often _____ late to watch different kinds of short videos.

A. feel free B. stay up C. part with

35. (2024·黑龙江哈尔滨·二模) —Your hometown—Harbin is famous _____ its ice and snow.

—Yes. Many people will come to enjoy it during the 2025 Asian Winter Games.

A. to B. for C. as

36. (2024·黑龙江哈尔滨·二模) I _____ watch TV at home, but now I am used to taking a walk in the park.

A. used to B. get used to C. am used for

37. (2024·内蒙古兴安盟·三模) After they finished reading the text, they _____ their exercises.

A. went on B. went on with C. went on doing D. went on to do

38. (2024·内蒙古兴安盟·三模) My parents just called me. I'm afraid I have to have dinner with them _____ shopping with you tonight.

A. instead B. instead of C. rather than D. replace

39. (2024·广西南宁·三模) —Excuse me, madam. Could you help me _____ the time of the next train to Beijing?

—Sure. Please wait a minute.

A. look up B. put on C. talk about

40. (2024·广西南宁·三模) Since I've grown up, I think I shouldn't always _____ my parents.

A. depend on B. hear from C. give up

41. (2024·江苏连云港·二模) Suzy _____ a picture of colourful balloons with scissors. How beautiful it was!

A. ran out B. cut out C. handed out D. found out

42. (2024·江苏连云港·二模) Professor Li has gone to Shanghai _____ business. He will come back next week.

A. at B. on C. for D. in

43. (2024·黑龙江哈尔滨·三模) —Have you read the book *Treasure Island*?

— Yes. It is a famous book and really worth _____.

- A. reading B. to be read C. being read

44. (2024·广西钦州·二模) Once in a while, people with busy work would like to _____ to the seaside.

- A. run away B. stay up C. make money

45. (2024·河北邯郸·三模) Dad, please _____ smoking. It's bad for your health.

- A. pick up B. take up C. look up D. give up

46. (2024·黑龙江哈尔滨·三模) When I study in France as an exchange student, I _____ to make myself get used to the life there and understand the local cultures and customs.

- A. make my way B. get in the way C. go out of my way

47. (2024·福建厦门·三模) —Tom, can you tell me the meaning of the letters “KIT”?

—Don't you know that? They _____ “Keep in touch”.

- A. search for B. stand for C. ask for

48. (2024·广西柳州·三模) — Many villages in China are trying to build a green and environmental friendly place.

— Yeah, I'm sure with the hard work of local people, the dream of building a beautiful village will _____.

- A. come true B. grow up C. take away

49. (2024·江苏无锡·三模) To deal with the aging population, China has _____ the three child policy.

- A. carried on B. carried out C. worked on D. worked out

50. (2024·江苏扬州·二模) Mr. Li _____ a bookshelf at the back of our classroom to make us a mini reading corner.

- A. picked up B. got up C. put up D. looked up

51. (2024·江苏扬州·二模) Jim didn't work hard on his lessons. _____, he failed in the exams.

- A. By the way B. Such as C. As a result D. To my surprise

52. (2024·吉林长春·二模) It is said that soft toys can _____ happy childhood memories to adults.

- A. turn back B. bring back C. put back D. come back

53. (2024·福建厦门·二模) —Could you please _____ the plants of our class on summer vacation?

—Sure. I'll try my best.

- A. look up B. look at C. look after

54. (2024·海南省直辖县级单位·二模) —Mum and Dad work hard every day. Shall we share some housework?

—I agree. We can't _____ them all the time.

A. look after B. depend on C. care about

55. (2024·云南昆明·三模) You'd better _____ the key points in class so that you can get better grades.

A. take off B. take down C. take in D. take up

56. (2024·云南昭通·三模) The engineer _____ early every morning to catch the first bus.

A. gets up B. gets off C. gets down D. gets on

57. (2024·江苏泰州·三模) —Jim, please help me _____ the tent.

—OK. I'm coming. It's exciting to sleep in it tonight.

A. put up B. put out

C. put on D. put in

58. (2024·江苏宿迁·一模) —Nowadays some people eat more than needed. _____, they're getting heavier and easier to get sick.

—To become healthier, they should control themselves and exercise more.

A. In fact B. What's more C. Even though D. As a result

59. (2024·江苏宿迁·一模) —How was your May Day holiday this year?

—It's hard to say. We drove to Hangzhou and tried to find a place for parking, but they were all _____.

A. taken up B. put up C. turned up D. stayed up

60. (2024·黑龙江哈尔滨·三模) —Summer is coming. It's a good time to go camping. But _____ a tent is not an easy thing.

—Don't be worried. Tent Tube, the famous brand made in Hong Kong, has solved the problem.

A. making up B. taking up C. putting up

61. (2024·江苏宿迁·三模) —Iranian President _____ in a helicopter crash (直升机坠毁) on May 19th, 2024.

—I'm sorry to hear that.

A. took away B. put away C. passed away D. got away

62. (2024·黑龙江·三模) —What are your ideas for _____ air pollution?

—We should take the bus or subway instead of driving.

A. cutting down B. taking down C. turning down

63. (2024·黑龙江绥化·三模) Many parents are always _____ their own children _____ other children.

A. comparing; with B. communicating; with C. connecting; to

64. (2024·黑龙江·三模) —China is getting better at making high-technology products.

—That's right. People all over the world can hardly avoid _____ products _____ in China.

- A. buying; are made B. to buy; made C. buying; made

65. (2024·江苏·二模) —Shall we stop and wait for others?

—Sounds good. I think they will _____ in a few minutes.

- A. stay up B. take up C. put up D. catch up

66. (2024·江苏连云港·二模) The Chinese language has become a bridge _____ China _____ the rest of the world.

- A. discussing; with B. translated; into C. connecting; to D. separated; into

67. (2024·云南昭通·二模) —Look! The students are so interested in the lesson given by that fireman.

—Oh, the fireman is showing them how to use extinguishers (灭火器) to _____ fires.

- A. put out B. work out C. carry out D. find out

68. (2024·江苏镇江·二模) China's first space-based study of water systems will be _____ during the task of the Shenzhou XVIII manned spaceship.

- A. worked out B. carried out C. turned out D. put out

69. (2024·河北承德·二模) Could you make her _____ shouting?

- A. stop B. stops C. stopped D. to stop

70. (2024·甘肃陇南·三模) There are plenty of water in the bottle.

- A. few B. lots of C. a kind of D. a couple of

71. (2024·甘肃陇南·二模) I was dying to get out and play with it!

- A. was dead B. was eager C. expect D. long for

72. (2024·四川遂宁·二模) —How was your trip during May Day?

—Fantastic. We _____ a tent by the lake.

- A. put out B. put off C. put up D. put on

73. (2024·云南昆明·二模) —Spring is a good time to make plans.

—That's true. The whole year's work _____ a good start in spring.

- A. turns on B. puts on C. gets on D. depends on

74. (2024·江苏淮安·二模) The energy from the wind costs little and will never _____.

- A. turn out B. put out C. cut out D. run out

75. (2024·安徽蚌埠·二模) —Well done, Jim! You're the final winner of the swimming competition.

—Thanks. _____, I've never expected I would win.

A. To my surprise B. In that case C. In my opinion D. To be honest

76. (2024·安徽合肥·三模) It's a good idea to _____ our bodies in the hospital every year so that we can know what to do to keep healthy.

A. turn over B. get over C. look over D. take over

77. (2024·甘肃临夏·二模) She often helps the teacher hand out the papers.

A. give out B. put out C. give up D. hand in

78. (2024·河北石家庄·模拟预测) Don't _____ the storm to pass. Learn to dance in the rain.

A. look for B. wait for C. pay for D. ask for

79. (2024·江苏镇江·二模) To get a free ticket, many visitors _____ the challenge of reciting (背诵) *Xinglunan* by Li Bai at the tourist center.

A. take in B. take on C. take off D. take back

80. (2024·河北沧州·三模) A hobby is helpful. Everyone must _____ taking up his own.

A. succeed in B. have fun C. give up D. end up

81. (2024·黑龙江哈尔滨·一模) The wind energy costs very little and will never _____. Besides, it produces little pollution.

A. blow out B. run out C. put out

82. (2024·江苏扬州·三模) Working as a teacher should be kind-hearted _____ patient.

A. as far as B. as good as C. as possible as D. as well as

83. (2024·河北石家庄·三模) Before you set out on a long journey, you'd better _____ that your car is in order.

A. give out B. take up C. make sure D. try out

84. (2024·内蒙古呼和浩特·二模) To do a good job, you'd better focus on one task at _____ time.

A. a B. an C. the D. /

85. (2024·江苏宿迁·三模) This morning my clock _____, so I overslept and I was late for the meeting.

A. broke out B. broke into C. broke down D. broke up

86. (2024·吉林长春·二模) —Dad, I failed the exam, again.

—Cheer up, Tom! Sometimes challenges can _____ the best in us.

A. lay out B. bring out C. hand out D. work out

87. (2024·福建厦门·三模) —Would you like to see the panda Menglan with me next week?

—Sure, as long as I can finish my schoolwork _____.

A. in time B. in danger C. in total

88. (2024·江苏宿迁·三模) I think it's a good habit to _____ your bedroom before you go out.

A. get up B. put up C. tidy up D. take up

89. (2024·安徽滁州·三模) —Sorry, I didn't win a prize in the speech competition.

—Never mind. _____, you've tried your best.

A. Thanks to B. For example C. In general D. After all

90. (2024·黑龙江牡丹江·二模) —I'm afraid Mr. White can't meet you before 4 o'clock.

—Oh, _____, I won't wait.

A. after all B. in total C. in that case

91. (2024·江苏南京·三模) My best friend always _____ me writing homework when our teachers are speaking.

A. advises B. suggests C. considers D. prevents

92. (2024·江苏南京·三模) The plane will _____ if he _____ the guiding lights.

A. take back; will turn on B. take off; will turn on C. take off; turns on D. take on; turns off

93. (2024·广西桂林·二模) Please _____ the form if you want to learn English in Los Angeles.

A. write about B. make up C. fill out

94. (2024·黑龙江绥化·三模) Playing computer games too often will _____ our normal life.

A. get on the way of B. get in the way of C. get the way to

95. (2024·河北邯郸·二模) To keep healthy, we should stay away _____ junk food.

A. for B. with C. about D. from

96. (2024·江苏连云港·二模) Andrew is crazy about DIY, and it _____ most of his free time.

A. picks up B. opens up C. gives up D. takes up

97. (2024·湖北武汉·三模) —Let's _____ a time to meet. I miss you so much!

—How about this weekend?

A. give out B. cut off C. fix up D. take away

98. (2024·海南海口·一模) When taking an exam, check your answers to _____ that there are no mistakes.

A. make sure B. find out C. point out

99. (2024·甘肃武威·三模) The little boy lost his mother in the earthquake so he _____ love now.

A. is responsible for B. is thirsty for

C. is tired of

D. is good at

100. (2024·河北唐山·二模) —It's raining cats and dogs!

—Probably we have to _____ the games if it is still like this.

A. put off

B. fail in

C. take up

D. prepare for

参考答案:

1. B

【详解】句意：蒂娜可以自己打扫卧室。她不需要父母的帮助。

考查动词短语。get up 起床; clean up 清扫; cut up 切碎。根据“her bedroom”可知, 此处指清扫卧室。故选 B。

2. D

【详解】句意：我爷爷为了健康决定戒烟。

考查动词短语辨析。give away 赠送; give out 分发; give back 归还; give up 放弃。根据“My grandpa decided to ... smoking for his health.”可知, 是放弃吸烟, 故选 D。

3. A

【详解】句意：学生们分组算出数学课上的难题。

考查动词短语。work out 计算出; turn down 拒绝; cut off 切断; worry about 担心。根据“the difficult problem in the math class”可知, 此处指计算出难题。故选 A。

4. C

【详解】句意：——你看排球比赛玩得开心吗？——不。一个高个子男人站在我面前。我根本看不见球员。

考查地点介词。next to 在……旁边; across from 在……对面; in front of 在……前面。根据“A tall man stood ... me. I couldn't see the players at all”可知, 看不见球员, 所以是这个男人站在了我前面, 故选 C。

5. B

【详解】句意：振作起来！这没什么大不了的。只要相信自己，一切都会好起来的。

考查动词短语。Give up 放弃; Cheer up 振作起来; Stay up 熬夜。根据“It's not a big deal. Just believe yourself and everything will be OK.”可知, 此处是鼓励对方, 让其振作起来。故选 B。

6. A

【详解】句意：——我星期一收到迈克的信。他在信中邀请我们参观他的家乡。——我们接受他的邀请吗？我们有三年没见过他了。

考查动词短语辨析。heard from 收到某人的来信; came from 来自; suffered from 遭受。根据“He invited us to visit his hometown in his letter.”可知, 是迈克的来信, 故选 A。

7. A

【详解】句意：吉娜擅长数学，她长大后想成为一名工程师。

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