

# 小学生校园欺凌行为及对策研究——以滨州市 X 小学为例

**摘 要：**近年来，校园欺凌行为频发，并且呈低年龄化的趋势，小学校园欺凌事件的数量不断攀升。小学生校园欺凌行为主要是发生在小学生之间，严重影响小学生的正常学习，对小学生的身心造成了极大伤害，会使小学生产生抑郁，厌学的情绪，严重的会自残或自杀。在此背景下，笔者选择了小学生校园欺凌行为作为论题。本研究抽取滨州市 X 小学为研究对象，主要采用问卷调查法和访谈法调查欺凌行为的现状，对小学校园欺凌行为的认知、类型、成因、影响等做了分析。深入分析小学生校园欺凌行为存在的问题与小学生校园欺凌行为的影响因素。针对提出的问题从学生、家庭、学校与社会四个方面，提出了相应的建议与策略以供参考，旨在让更多人了解我国小学生校园欺凌行为的现状，减少或防止校园欺凌行为的发生。

**关键词：**小学生；校园欺凌行为；对策与建议

# **Study on Bullying Behavior and Countermeasure in Primary School Students**

## **——Based on Binzhou City X Primary school as Example**

**Abstract:** In recent years, the school bullying behavior is frequent and shows the trend of low age. The number of primary school bullying incidents is increasing. The primary school bullying behavior is mainly occurred between primary school students, which seriously affects their normal learning and causes great harm to their physical and mental health. This kind of behavior can do harm to primary school students who may be depressed, tired of learning and even self-mutilation or suicide. Under this background, the author chose the bullying behavior of primary school students as the topic. Based on the research of school bullying this study chose the X primary school in Binzhou city as an example. Questionnaire and interviews are mainly used to analyze the status of X primary school in Binzhou city. And the study analyzed the cognition of school bullying behavior in primary school, the types, causes and influences of bullying behavior. This paper summarizes the problems of elementary school bullying behavior and analyzes the influencing factors of primary school bullying behavior. In order to let more people know about the current situation of primary school bullying in our country and to reduce or prevent the occurrence of school bullying, we propose suggestion and countermeasures from the aspects of students, family, school and society.

**Key words:** Primary school students;School bullying;Countermeasures and suggestion

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