

吉林省长春市普通高中 2022 届高三质量检测英语题带参考答案

The 4 Best Greek Islands For A Beach Getaway

With more than 5,000 islands in Greece, choosing which one to visit is extremely difficult. So we're going to help you by sharing our list of the 4 most beautiful Greek islands!

1.Paxi

Paxi is smaller and less known than the other Greek islands, making it a perfect place for travelers to seek privacy without being disturbed by any noise.

There are excellent beaches and restaurants in the main port of Gaios that serve fresh fish. The best time to enjoy the magical atmosphere is in the evening.

2.Mykonos

Mykonos has become one of the most popular destinations in Greece, which is the best choice for those who want to party.

Mass tourism hasn't affected the beauty of the island yet, with picturesque houses and narrow streets full of Cycladic architecture and, not to mention, the crystal -clear blue sea.

3.Tilos

Mountains and rough back roads make this island the perfect pick for adventurous travelers looking for day trips to explore the rich wildlife.

The beaches are rocky and difficult to access, but once you get there you'll be able to enjoy the peace and quiet of nature, even during the peak season.

4.Gavdos

The southernmost island in Europe is included in our list because of its unique and intact (完好的) nature and its efforts to maintain their local traditions.

There are few tourist accommodations, but we recommend to grab a tent and sleep on the beach under the stars.Its beaches are one of the most beautiful in Greece and probably the entire continent.

【1】 Where should visitors go if they want to appreciate Cycladic architecture?

A.Mykonos. B.Paxi. C.Tilos. D.Gavdos.

【2】 What can we learn about Paxi and Tilos?

A.Both of them are quiet. B.Both of them serve visitors fish.

C.Both of them are difficult to reach. D.Both of them have beaches and

restaurants.

【3】 What can visitors do on Gavdos?

A.Have a party at night. B.Camp on the beach.

C.Enjoy picturesque houses. D.Walk in the narrow streets.

【答案】

【1】 A

【2】 A

【3】 B

【解析】

这是一篇应用文。希腊有超过 5000 多个岛屿，这让游客很难从中选择。文章给游客推荐了四个最漂亮的希腊岛屿，并简单介绍了每个岛屿的特色。

【1】

细节理解题。根据 2.Mykonos 部分的“Mass tourism hasn't affected the beauty of the island yet, with picturesque houses and narrow streets full of Cycladic architecture and, not to mention, the crystal-clear blue sea.”(大量的旅游业还没有影响到这个岛屿的美丽，这里的房屋风景如画，狭窄的街道充满了基克拉底文化的建筑，更不用说水晶般清澈的蓝色大海了。)可知，如果游客想欣赏基克拉底文化的建筑可以去 Mykonos。故选 A 项。

【2】

细节理解题。根据 1.Paxi 部分的“Paxi is smaller and less known than the

other Greek islands, making it a perfect place for travelers to seek privacy without being disturbed by any noise.”(Paxi 岛比其他希腊小岛更小、更不出名，这使得它成为寻求隐私、不被噪音打扰的旅客的完美之地)和 3.Tilos 部分的“The beaches are rocky and difficult to access, but once you get there you'll be able to enjoy the peace and quiet of nature, even during the peak season.”(海滩上布满岩石，很难到达。但一旦你到达那里，你就可以尽情享受大自然的平和与宁静，即使在旺季也是如此)可知，Paxi 和 Tilos 这两个岛屿的共同特点是很安静。故选 A 项。

【3】

细节理解题。根据 4.Gavdos 部分的 “There are few tourist accommodations, but we recommend to grab a tent and sleep on the beach under the stars.”(这里旅游住宿很少，但我们建议你带上帐篷，睡在沙滩星空下的海滩。)可知，在 Gavdos 游客可以在海滩上露营。故选 B 项。

Disasters are like a mirror. They show both our bright and dark sides, as individuals and as a society. As citizens in China and beyond continue to fight against the coronavirus(新型冠状病毒),the daily lives of many have

gone through changes – from simple routine adjustments to complete devotion from volunteers.

People have consciously chosen to stay at home to prevent further human-to-human spread. However, that didn't stop employees and students from working and studying at home. On Feb 17, the scheduled first school day, many teachers started to give online lessons. Bored at home, many people began to learn new things to fill their newly-found time, such as baking or knitting.

The film named Contagion, 2011 shows the worst-case that might happen after a worldwide epidemic. Fortunately, the situation in China couldn't be more different than the movie. Rather than violence and food shortage, everything has worked out rather well in China so far.

Scientists isolated (分离) the first virus strain, more than 30,000 medical workers in over 100 medical teams gathered and thousands of construction workers came to build hospitals in Wuhan, Hubei province.

Thousands of volunteers are working nonstop to help deliver supplies and assist the affected regions.

Sociologists once debated whether volunteer service is common to see around the world. Indeed, more than 30 years of research—exploring disasters in Europe, Asia, and America—confirmed that the need to help is universal wherever disaster strikes.

“It's normal that when disasters happen, people will fall into panic. In

reality, we're more likely to rush in to help others than run them over to save ourselves,” wrote American psychologist Kelly Caldwell in Pacific Standard. “It's an exercise in mass healing.”

【1】 What is the main purpose of the first paragraph?

- A.To tell readers a lesson.
- B.To show the effect of a disaster.
- C.To introduce the topic of the text.
- D.To raise the readers' interest in the mirror.

【2】 What is the second paragraph mainly about?

- A.People chose to stay at home to avoid panic.
- B.People tried every means to learn new things.
- C.Online working and studying became more popular.
- D.People adjusted to their routines to avoid infection.

【3】 Which does the underlined part in Paragraph3 mean?

- A.China's situation was the same with the movie.
- B.China experienced violence and food shortage.
- C.Chinese people have gone through many changes.
- D.China's situation was quite different from the movie.

【4】 From which is the text probably taken?

- A.A newspaper. B.A science fiction.
- C.A medical journal. D.A science report.

【答案】

【1】 C

【2】 D

【3】 D

【4】 A

【解析】

本文是一篇说明文。 本文主要讲述了在对抗冠状病毒的斗争中，中国人民没有退缩，而是调整自己的生活，冲到前方帮助有困难的人，共同对抗这场灾难。

【1】

推理判断题。根据文章第一段 Disasters are like a mirror. They show both our bright and dark sides, as individuals and as a society. As citizens in China and beyond continue to fight against the coronavirus(新型冠状病毒),the daily lives of many have gone through changes – from simple routine adjustments to complete devotion from volunteers. 灾难就像一面镜子。它们展示了我们作为个人和作为一个社会的光明和黑暗的一面。随着中国和世界各地的公民继续与冠状病毒作斗争，许多人的日常生活发生了变化——从简单的日常调整到志愿者的奉献。由此可知文章的主题就是讲述人们在同新冠病毒斗争的时候，并没有退缩，而是选择调整自己的生活去帮助有困难的人，所以这一段的主要目的是引出文章的主题。故选 C。

【2】

主旨大意题。根据文章第二段 People have consciously chosen to stay at

home to prevent further human ~~to~~-human spread. However, that didn't stop employees and students from working and studying at home. 人们有意识地选择待在家里，以防止进一步的人际传播。然而，这并没有阻止员工和学生在家工作和学习。由此可知，本段的主题就是人们调整自己的日常生活以避免感染。故选 D。

【3】

词句猜测题。根据划线句上文 The film named Contagion, 2011 shows the worst ~~case~~ that might happen after a worldwide epidemic. 这部名为《传染病，2011》的电影展示了一场世界范围内的流行病之后可能发生的最糟糕的情况，及划线句中的 Fortunately（幸运地），可推测出划线句意为中国的情况与这部电影截然不同。故选 D。

【4】

推理判断题。根据文章第一段 As citizens in China and beyond continue to fight against the coronavirus(新型冠状病毒), the daily lives of many have gone through changes – from simple routine adjustments to complete devotion from volunteers. 随着中国和世界各地的公民继续与冠状病毒作斗争，许多人的日常生活发生了变化——从简单的日常调整到志愿者的奉献。由此可知，本文的主题就是讲述在同冠状病毒作斗争时，许多人调整生活，去帮助有困难和有需要的人。所以这种对客观事实的报道可能来自一份报纸。故选 A。

推理判断题的推断对象主要包括隐含意思、目标读者、观点态度、文章出处、写作意图等。以推断隐含意义的题目居多。推断隐含意义，

即要求根据文章的某个句子、段落或全文所提供的事实进行逻辑推理，推断出作者没有提到、没有明说或者可能发生的事实。题干中常含 infer（推断），suggest（暗示），imply（暗示），indicate（暗示），conclude（推断，得出结论）等词语。解此类题，首先找到相关信息，然后细读、理解相关信息的字面意义，最后结合语境和常识，在字面意义的基础上进行符合逻辑的推断，从而理解作者的言外之意。如小题 1，根据文章第一段 Disasters are like a mirror. They show both our bright and dark sides, as individuals and as a society. As citizens in China and beyond continue to fight against the coronavirus(新型冠状病毒),the daily lives of many have gone through changes – from simple routine adjustments to complete devotion from volunteers. 灾难就像一面镜子。它们展示了我们作为个人和作为一个社会的光明和黑暗的一面。随着中国和世界各地的公民继续与冠状病毒作斗争，许多人的日常生活发生了变化——从简单的日常调整到志愿者的奉献。由此可知文章的主题就是讲述人们在同新型冠状病毒斗争的时候，并没有退缩，而是选择调整自己的生活去帮助困难的人，所以这一段就是文章的主题。故选 C。

Earth's forests are emptying.

) have disappeared in the last 40 years, according to a latest report from the World Wildlife Fund (WWF).

The report tracked populations of 268 species of forest-dwelling birds, mammals, amphibians, and reptiles worldwide between 1970 and 2014(the most recent year for which data is available). The results show that forest animal populations have declined by 53% worldwide, and humans are to blame.

More than 80%of all land animal, plant, and insect species call forests home. However, a combination of habitat destruction, hunting, the spread of invasive species, climate change, and diseases are killing off forest animals, the researchers said.

Without those animals, forests can't perform the functions we rely on, since animals pollinate(授粉) forest plants, spread seeds, and nourish the soil with their waste.

“Forests depend on a complete animal world to perform. functions essential to life,” Susanne Winter, a program director at the WWF, told Eco Watch.

One of the most critical roles forests play is in easing climate change. Trees suck enormous amounts of carbon dioxide out of the air and embed (吸纳) the carbon in their wood and the soil. A recent study found that planting new trees over an area the size of the US could suck away two-thirds of all the carbon dioxide emissions that humans have

“Without animals, it is harder for forests to absorb carbon, as tree species important for protecting the climate could be lost without animals,” Winter said. Without them, those trees would have difficulty reproducing and forests would lose their best carbon -storing trees.

“Forests are our greatest natural ally in the fight against global warming,” Winter said. “If we want to reverse the worldwide decline in biodiversity and prevent the climate crisis, we need to protect the forests and the species living there.”

1】 What do we know from the passage?

- A. Half of earth's forests have emptied.
- B. 268 forest-living species have died out.
- C. The number of forest animals has decreased.
- D. 80% of forest animals have lost their homes.

【2】 How many reasons are mentioned for the extinction of forest animals?

- A. Five. B. Four. C. Three. D. Two.

【3】 What is the key function of forests mentioned in this passage?

- A. Nourishing the soil. B. Producing carbon dioxide.
- C. Pollinating forest plants. D. Easing climate change.

【4】 Which of the opinions may Susanne Winter agree with?

- A. Forests will disappear eventually.

C.Forests can suck away all the carbon dioxide emissions.

D.Animals are vital to forests when it comes to reproducing.

【1】 C

【2】 A

【3】 D

【4】 D

【解析】

这是一篇新闻报道。文章主要讲了根据世界野生动物基金会的一份最新报告，在过去的 40 年里，那里一半的“居民”已经消失了。文章对其原因进行了分析，并指出动物对于森林的繁殖至关重要。

【1】

细节理解题。根据第二段“The results show that forest animal populations have declined by 53% worldwide, and humans are to blame.”

（结果显示，全球森林动物数量减少了 53%，而人类是罪魁祸首）可知森林动物的数量已经减少了。故选 C。

【2】

细节理解题。根据第三段“However, a combination of habitat destruction, hunting, the spread of invasive species, climate change, and diseases are killing off forest animals, the researchers said.”（然而，栖息地的破坏、捕猎、入侵物种的传播、气候变化和疾病正在杀死森林动

【3】

细节理解题。根据倒数第三段“**One of the most critical roles forests play is in easing climate change.**”（森林发挥的最重要作用之一是缓解气候变化）可知文章中提到的森林的关键功能是缓解气候变化。故选 D。

【4】

推理判断题。根据倒数第二段 “**Without animals, it is harder for forests to absorb carbon, as tree species important for protecting the climate could be lost without animals,**” Winter said. Without them, those trees would have difficulty reproducing and forests would lose their best carbon-storing trees. （Winter 说：如果没有动物，森林吸收碳的难度就会加大，因为如果没有动物，对保护气候至关重要的树种就会消失。”如果没有它们，这些树木将难以繁殖，森林将失去最好的碳储存树）可推知 **Susanne Winter** 可能会同意“动物对于森林的繁殖是至关重要的”这一观点。故选 D。

For my first year at Oxford, I barely said anything in tutorials(辅导课). We'd have 2-3 tutorials a week, each ranging from 1 to 3 hours. Some would feel informal with comfortable chairs and teas, sitting and chatting

facts. In both types, I was pretty quiet. I was shy, introverted, and worried that everyone would think I was stupid. The fact is that everyone in Oxford, Harvard, Yale, etc. has felt insecure about their intelligence at some point. I didn't volunteer in discussions and, as a result, I didn't understand much. My understandings of different texts never matured or became complex. They stayed the same. And they were often wrong. Then, somewhere in the middle of my second year, I got over myself, stopped being worried, and offered more of my own opinions. I responded to others, asked thoughtful questions, and interacted way more. I always asked if I didn't understand something. Most of the time, others also didn't understand the thing I was confused about and felt happy I asked.

I went from being a passive learner and having everything go over my head to being an active learner and having tons more information understood. In tutorials, I took notes. After tutorials, I reviewed those notes. I rewrote them. I explained new concepts to my friends in other subject areas. And I felt smarter. I went from struggling and failing to thriving and suddenly getting firsts on my essays.

Being an active student also means asking for help. So I recommend you to visit your tutor during office hours and ask for their help or ask your peers to help explain stuff to you. Or get a mentor() if you can. I had

PhD student mentor me once a week over coffee in my final year. It was the best thing that happened to my studies.

1】 Which word best describes the author's academic attitude as a freshman?

A.Cooperative. B.Inactive. C.Serious. D.Positive.

【2】 What can we infer about the author from Paragraph 4?

A.He became smarter than others. B.He attached no importance to notes.

C.He had everything go over his head later. D.His changed attitudes led to academic improvement.

【3】 What does the -author advise us to do?

A.To visit tutors at any time. B.To get a mentor in the first year.

C.To ask our peers for help if necessary. D.To learn everything from smart people.

【4】 Which can be a suitable title for the text?

A.How did I Ask for Help? B.How did I Get over Myself?

C.How did I Become an Active Learner? D.How did I Become a Smart Student?

【答案】

【1】 B

【2】 D

【3】 C

【4】 C

【解析】

这是一篇记叙文。文章讲述作者是如何通过自己的努力把自己从一个消极的学习者变为积极的学习者的故事。

【1】

推理判断题。根据文章第二段“In both types, I was pretty quiet. I was shy, introverted, and worried that everyone would think I was stupid”（在这两种情况下，我都很安静。我很害羞，内向，担心大家会认为我很愚蠢）和“I didn't volunteer in discussions and, as a result, I didn't understand much”（我没有主动参与讨论，因此，我不太理解）可知，作为新生作者对于学习是比较不积极的。A. Cooperative 合作的；B. Inactive 不活跃的；C. Serious 严肃的；D. Positive 积极的。故选 B 项。

【2】

推理判断题。根据第四段“I went from being a passive learner and having everything go over my head to being an active learner and having tons more information understood. In tutorials, I took notes. After tutorials, I reviewed those notes. I rewrote them. I explained new concepts to my friends in other subject areas. And I felt smarter. I went from struggling and failing to thriving and suddenly getting firsts on my essays”（我从一个被动的学习者变成了一个主动的学习者，理解更多的信息。在教程中，我做了笔记。课后，我复习了那些笔记。我改写了他们。我向我的朋友们解释了其他领域的新概念。我觉得自己更聪

明了。我从挣扎和失败到蒸蒸日上，突然之间我的文章得了第一名）由此判断出，作者态度的转变导致了学术上的进步。故选 D 项。

【3】

细节理解题。根据最后一段“Being an active student also means asking for help. So I recommend you to visit your tutor during office hours and ask for their help or ask your peers to help explain stuff to you. Or get a mentor(导师) if you can. I had a PhD student mentor me once a week over coffee in my final year. It was the best thing that happened to my studies”（成为一个积极的学生也意味着寻求帮助。所以我建议你在办公时间去找你的导师，向他们寻求帮助，或者让你的同伴帮你解释一些事情。或者，如果可以的话，找个导师。最后一年，我有一个博士生每周陪我喝一次咖啡。这是发生在我身上关于学习最好的事情）可知，作者建议我们想成为一名积极的学生，要学会需求帮助。包括在办公期间找导师，需求同伴的帮助，找一个导师等。综合分析，故选 C 项。

【4】

主旨大意题。通篇浏览文章后可知，作者在文章一开始提到自己作为新生并不是一个很积极的学习者。之后在第二学年的某个时候，作者克服自己，改变自己。把自己从一个消极的学习者变成了积极的学习，最后还取得了某些成就。因此 C 项“*How did I Become an Active Learner?*”（我是如何成为一个积极的学习者的？）为最佳标题。故选 C 项。

How to Overcome Social Anxiety

Social anxiety is a common type of anxiety disorder. 【1】. So they want to be unattractive, hiding away from others in a social event. Here are a few tips that can help you to overcome it.

【2】

A lot of people with social anxiety feel ashamed of getting help from a professional, but regular visits with a therapist(治疗专家) will help in so many ways. There are many therapists who specialize in dealing with social anxiety, so try to get help to properly deal with the anxiety attacks.

List down the things that stress you out

List down all your situations that can cause anxiety according to its levels you feel. 【3】. Make it a habit to list down how you react to those situations as you progress. Then move your way up the list. Practise doing this regularly and you will find that you have made great improvements.

Create realistic and objective goals

Set a realistic and objective goal for every plan you make. Make sure that you are setting your goals correctly. 【4】. Always remind yourself of this

goal every day and keep your eyes on it until you get the result you are aiming for.

【5】 , because social anxiety is a battle in the mind. You just have to reprogram your thinking approaches.

A.Seek professional help

B.Try to hide yourself away from others

C.Start off by exposing yourself to the easiest ones

D.Above all, you'd better change the way you think

E.Many people are suffering social anxiety nowadays

F.Non-realistic targets may just bring you disappointment in the long run

G.People with it fear the negative or even positive evaluation of others around them

【答案】

【1】 G

【2】 A

【3】 C

【4】 F

【5】 D

【解析】

这是一篇说明文。社交恐惧是一种焦虑障碍。有社交恐惧的人总是远离社交活动。就这一问题，文章提出了一些克服的方法。

【1】

上文“Social anxiety is a common type of anxiety disorder.”(社交恐惧是一种常见的焦虑障碍)与 G. People with it fear the negative or even positive evaluation of others around them(有这种障碍的人害怕周围的人对自己做出负面，甚至正面的评价)承接自然，下文解释了社交恐惧在人们身上的具体表现；且选项中的 it 就代指上文提到的 social anxiety。故选 G 项。

【2】

分析段落结构可知，设空处是本段的小标题。根据下文“A lot of people with social anxiety feel ashamed of getting help from a professional, but regular visits with a therapist(治疗专家) will help in so many ways.”(很多有社交恐惧的人都为从专家那儿获取帮助感到羞耻，但是定期去看医生会在很多方面有帮助)可知，本段主要讲述有社交恐惧的人应该积极从专家那里获取帮助，因此 A. Seek professional help(寻求专业的帮助)可以作为本段小标题，故选 A 项。

【3】

由上文“List down all your situations that can cause anxiety according to its levels you feel.”(根据你感受到的焦虑程度，列出所有可能导致焦虑的情况)可推测，下文应讲述按照从易到难的顺序来克服焦虑。C. Start off by exposing yourself to the easiest ones(从最简单的开始)符合文意，故选 C 项。

【4】

上文“Set a realistic and objective goal for every plan you make. Make

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/585024030143011114>