



Piggy Bank

Listen and say

Write

Listen and write

Ask and answer

Read



Listen and say



bread



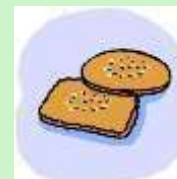
chips



hamburgers



fruit



biscuits



pizza



vegetables



ice cream



porridge



noodles



cakes



rice



lemon tea



orange juice



cola



coffee



water



milk



Listen and write

Complete the table. What food and drink did Alice and Joe have yesterday?

	breakfast	lunch	dinner
Alice's diet	(1) <u>porridge</u>	steamed chicken, rice, (2) <u>vegetable</u> soup and (3) <u>tea</u>	Steamed (4) <u>fish</u> , rice, boiled (5) <u>vegetables</u>
Joe's diet	(6) <u>eggs</u> and milk	three (7) <u>hamburgers</u> , chips and (8) <u>cola</u>	(9) <u>pizza</u> , chips and (10) <u>ice cream</u>

Read

Joe, what did you have for breakfast yesterday?



I had eggs and milk. That's my favourite breakfast. What did you have for breakfast, Alice?



I had some porridge. What did you have for lunch?



I had three hamburgers, a lot of chips and a lot of cola for lunch. What did you have for lunch?



I had steamed chicken with rice and some vegetable soup. I also had a little tea. What did you have for dinner?



I had pizza and chips. Then I had a lot of ice cream. What did you have for dinner?



I had some steamed fish, some rice and a lot of boiled vegetables for dinner. Joe, your diet is unhealthy.



Write

What food and drink did Alice and Joe have yesterday? Complete the table.

	breakfast	lunch	dinner
Alice's diet	porridge	steamed chicken, rice, vegetable soup, tea	steamed fish, rice, boiled vegetables
Joe's diet	eggs, milk	hamburgers, chips, cola	pizza, chips, ice cream



Ask and answer

4-1

	breakfast	lunch	dinner
healthy ← Alice's diet	porridge	steamed chicken, rice, vegetable soup, tea	steamed fish, rice, boiled vegetables
← unhealthy Joe's diet	eggs, milk	hamburgers, chips, cola	pizza, chips, ice cream

Alice's diet is **healthier than** Joe's diet.

Joe's diet is **less healthy than** Alice's diet.



	breakfast	lunch	dinner	
healthy ←	Eddie's diet	porridge	steak, cabbage, potatoes	noodles, vegetables
healthy ←	Peter's diet	eggs, milk, bread	noodles with seafood	rice, vegetables, fish

Eddie's diet is **as healthy as** Peter's diet.



	breakfast	lunch	dinner
unhealthy ← Ben's diet		chips, fried chicken, ice cream	hamburgers, chips, cola
unhealthy ← Jill's diet		pizza, chips, fried chicken wings, ice cream	hamburgers, chips, 7-UP

Ben's diet is **as unhealthy as** Jill's diet.



Ask and answer questions about the food and drink Joe and Alice had yesterday, like this:

S1: Were Alice's and Joe's diets healthy or unhealthy?

S2: Both diets were healthy/unhealthy.

One was _____ and the other was _____.

S1: Which one was healthier/less healthy?

S2: _____'s diet was **healthier than** _____'s diet.

less healthy than
as healthy as
as unhealthy as





Gold Mine

Option 1

Look, read and write

Option 2

Think and say

Option 3

Do a survey



Look, read and write

9-1

A survey

Name	Breakfast	Lunch	Dinner
Joe	cornflakes with milk	hamburger, chips	pizza, ice cream with strawberries
Kitty	porridge	steamed fish, rice	steamed prawns, vegetables
Peter	sandwiches, milk	sandwiches, salad	steamed chicken, vegetables
Jill	cornflakes with milk	pizza, chips	hamburgers, fruit ice cream

healthier than less healthy than as healthy as as unhealthy as

1 2 3 4 5 6 7 8 9



A survey

Name	Breakfast	Lunch	Dinner
Joe	cornflakes with milk	hamburger, chips	pizza, ice cream with strawberries
Peter	sandwiches, milk	sandwiches, salad	steamed chicken, vegetables

1 Peter's diet is healthier than Joe's diet.



A survey

Name	Breakfast	Lunch	Dinner
Kitty	porridge	steamed fish, rice	steamed prawns, vegetables
Peter	sandwiches, milk	sandwiches, salad	steamed chicken, vegetables

2 Kitty's diet _____ *is as healthy as* _____ Peter's diet.



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