

Unit 1 Living well

主题语境——人与自我之主动的生活看法

【课前素养锤炼】

boys and girls,

Good morning! It is a great honor to be here to share my opinion on "Attitude and Success".

As we all know, a positive attitude is the key to success. If we abandon all the negative thoughts, we'll enjoy a happy and successful life.

How to develop a positive attitude? First of all, let's always look at the bright side of life. Never lose hope even if we encounter setbacks. Second, we should learn to laugh more. As Victor Hugo once said, "Laughter is the sun that drives winter from the human face."

Life is like a mirror. Smile at it, and it will smile back at you. Let's keep an optimistic attitude and defeat various challenges. We will achieve success sooner or later.

That's all. Thank you.

式锤炼——“祈使句+and/or (else)/otherwise+陈述句”句式

_____ and you won't miss this excellent opportunity to study!
[2024·全国卷II 书面表达]

看看这部短片，你不会错过这个极好的学习机会的！

Take the chance, _____.

抓住机会吧，否则你会缺憾的。

Work harder, _____.

如你更加努力学习，在学习上你就会胜利。

一) 分类识记单词——用时少·功效高

记单词写对

知其意

1. dictation ☐ 2. entry
3. bench ☐ 4. microscope
5. parrot ☐ 6. slavery
7. profit ☐ 8. tortoise
9. bowling ☐ 10. certificate
11. architect ☐ 12. basement
13. dignity ☐ 14. clumsy
15. fellow ☐ 16. psychology
17. abolish ☐ 18. software

. 写其形

- . _____ *n.* 政治
- . _____ *n.* 同伴；伙伴
- . _____ *adj.* 足够的；充分的
- . _____ *n.* 听力；听觉
- . _____ *n.* 公司

dj. 牢固的；坚实的；坚决的

- . _____ *n.* 行为；品德

t. 指挥；管理；主持

- . _____ *n.* 视力
- . _____ *adj.* 吵闹的；嘈杂的

心单词练通

. [2024 • 江苏卷] Today, they are once again a familiar sight, playing roles that are often just as important for the _____ (社区) as their original purpose.

. [2024 • 全国卷 I 书面表达] Besides, being an _____ (外向的；友好的) student, I can get along well with others.

. Hefoundituncomfortabletoworkinthiscompany, sohedecidedto_____ (辞职)
fromhisposition.

. [2024 • 全国卷 I 书面表
达]TangpoetryisoneofthemostpopularstylesoftraditionalChinese_____ (文学),
andislovedbybothChineseandlotsofforeigners.

. Holda_____ (坚决的) beliefthatreadingcanbenefitusinmanyways.

. [2024 • 全国卷 I 书面表达]HavingbeenaresponsiblevolunteerformanytimesinChina,
IbelievethatI'mthe_____ (suit) personthatyouwant.

展单词用活

全记牢

. _____ *n.* 毕业; 毕业典礼 → _____ *vi.* 毕业

. _____ *n.* 伤残; 无力; → _____ *vt.* 使残疾; 使失去实力 → _____ *adj.* 伤残的; 有
缺陷的 → _____ *adj.* 有实力的; 能干的 → _____ *n.* 实力

. _____ *n.* 雄心; 野心 → _____ *adj.* 有雄心的; 有野心的

. _____ *adj.* 有益的; 受益的 → _____ *vt. & vi.* 有益于; 受益; 得到 → _____ *n.* 好处;
好处

. _____ *vt.* 使……不悦; 惹恼 → _____ *adj.* 颇为生气的

. _____ *n.* 心理(学) → _____ *adv.* 心理(学)地; 精神上地 → _____ *n.* 心理学家

. _____ *vt.* 庆贺; 庆贺 → _____ *n.* 庆贺

. _____ *n.* (接近的)方法; 通路; 可接近性 → _____ *adj.* 可接近的; 可进入的; 可运用的

. _____ *n.* 赞成; 认可 → _____ *vt. & vi.* 赞成; 认可 → _____ *vt.* 不赞成, 不认可

0. _____ *n.* 激励; 嘉奖 → _____ *vt.* 激励 → _____ *adj.* 鼓舞人心的

1. _____ *n.* 缺席 → _____ *adj.* 缺席的; 不在的

2. _____ *n.* 帮助; 救济 → _____ *vt. & vi.* 帮助; 救济 → _____ *n.* 助手

3. _____ *n.* 政治(学) → _____ *adj.* 政治的; 党派的

准用活

. Foralongtime,

ental_____wasconsideredshamefulandthementally_____receivedlittletreatmentto
rencouragement. (disable)

. Attheschoolmeeting,
the_____speechgivenbytheheadmastermadestudentsgreatly_____. Thankstohis_____
_____, studentsstudiedharderthanbefore. (encourage)

. FreeInternet_____athomeisahugestepinmakingonlineeducation_____toeverybody.
(access)

. Myfriend'stalkingwithfullfoodinhismouth_____me. AlthoughIam_____withhimabo
uthis_____habit, hecan'tgetridofit. (annoy)

. Ms. Liisagood_____, whose_____benefitsusalot,
andsheis_____usinmakingchemicalexperimentsinthelabnow. (assist)

. Asweallknow, freshairis_____toourhealthandthenewpark_____usall,
soweshouldkeepitclean. (benefit)

. Overhalfofthestudentsinourclass_____ofanotherbasketballmatchwithClassTwo,
buttheir_____was_____byourPEteacher. (approve)

二) 语境记忆短语——不枯燥·爱好高

全记牢

- . _____ 换句话说
- . _____ 切去; 省略; 停止(做某事)
- . _____ 总而言之
- . _____ 和; 也
- . _____ 取笑
- . _____ (口语)(祝你)一切顺当
- . _____ 适合
- . _____ 上气不接下气
- . _____ 闲坐着
- 0. _____ 在很多方面
- 1. _____ 不必担忧
- 2. _____ 遇到; 经验; 会见

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