



× ×
× ×
× ×

睡觉安全小班安全教案 (细选)

汇报人：

日期：

1 引言

3 个人睡眠习惯的安全

5 家长与老师的责任与教育

7 总结

2 睡眠环境的安全

4 突发情况的应对

6 实践操作与互动游戏

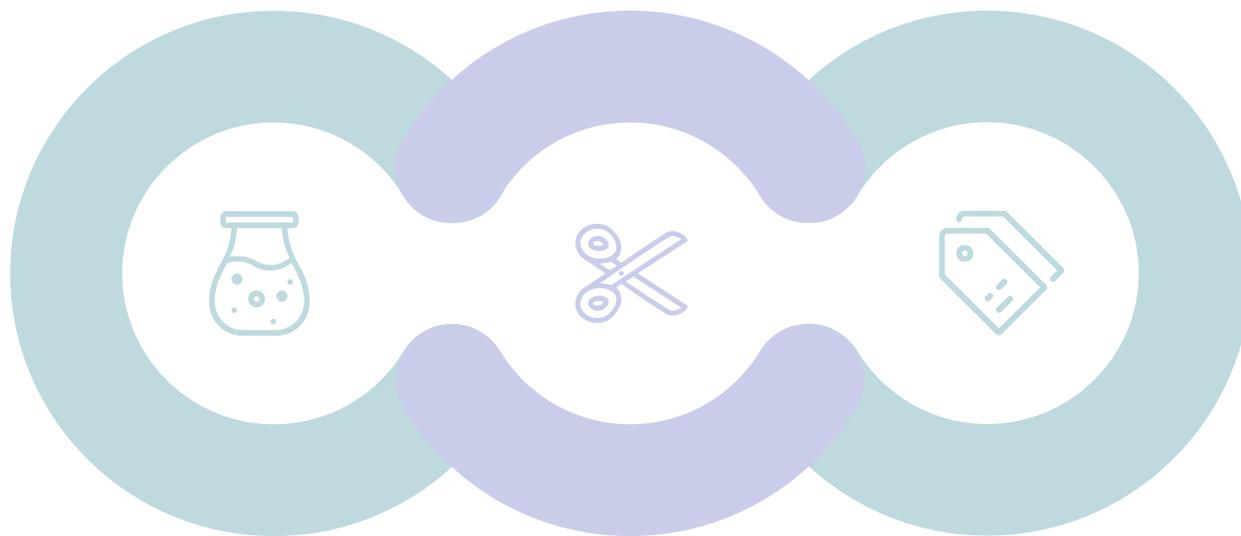
8 家长须知

The background features abstract, organic shapes in shades of purple, teal, and orange. Scattered throughout are various geometric symbols: a white dot, an orange circle, a teal circle, an orange plus sign, a teal plus sign, a red circle, a teal plus sign, a red circle, a teal plus sign, a teal circle, a blue circle, a teal circle, and a red circle. A grid of small blue dots is located in the upper right quadrant.

PART. 1

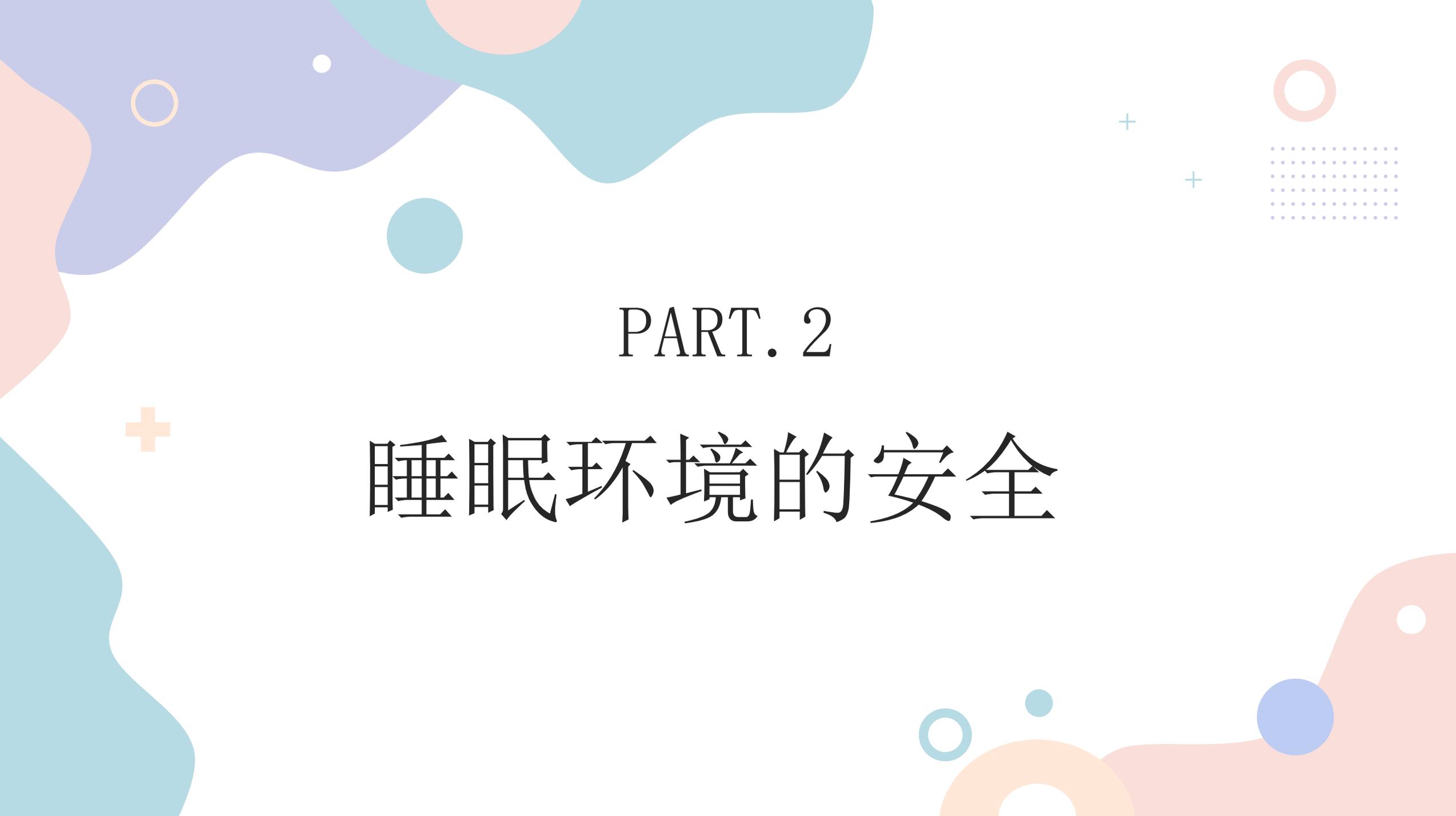
引言

今天我们的主题是
“睡觉安全”



因此，我们今天就来学习一下关于睡觉时的安全知识

在我们的日常生活中，睡觉是我们每天都要做的事情，但你知道吗？睡觉时如果不注意安全，可能会带来意想不到的伤害

The background features a mix of organic, wavy shapes in shades of purple, teal, and orange. Scattered throughout are various geometric elements: a small white dot, a teal circle, an orange plus sign, a teal plus sign, a red circle, a red plus sign, a grid of blue dots, a blue circle, a blue plus sign, and a blue circle. The overall aesthetic is modern and minimalist.

PART. 2

睡眠环境的安全



第一节：寝室布置

- ▶ 床铺安全：床铺应该稳固，没有尖锐的边角，床单、被褥要经常检查，确保没有破损和尖锐物
- ▶ 禁止放置危险物品：床上不要放置硬物、尖锐物、易燃物等危险物品
- ▶ 照明与通风：寝室应有适当的照明和通风，避免光线过强或通风不良

第二节：门窗安全

门窗关闭：在睡眠时，确保寝室的门窗关闭，防止意外事故的发生

安全网安装：如有必要，窗户上应安装安全网，避免因失足或突发情况导致跌落



第一节：正确睡姿

平躺或侧卧：教导小朋友平躺或侧卧是安全的睡姿，避免趴睡或过度蜷缩

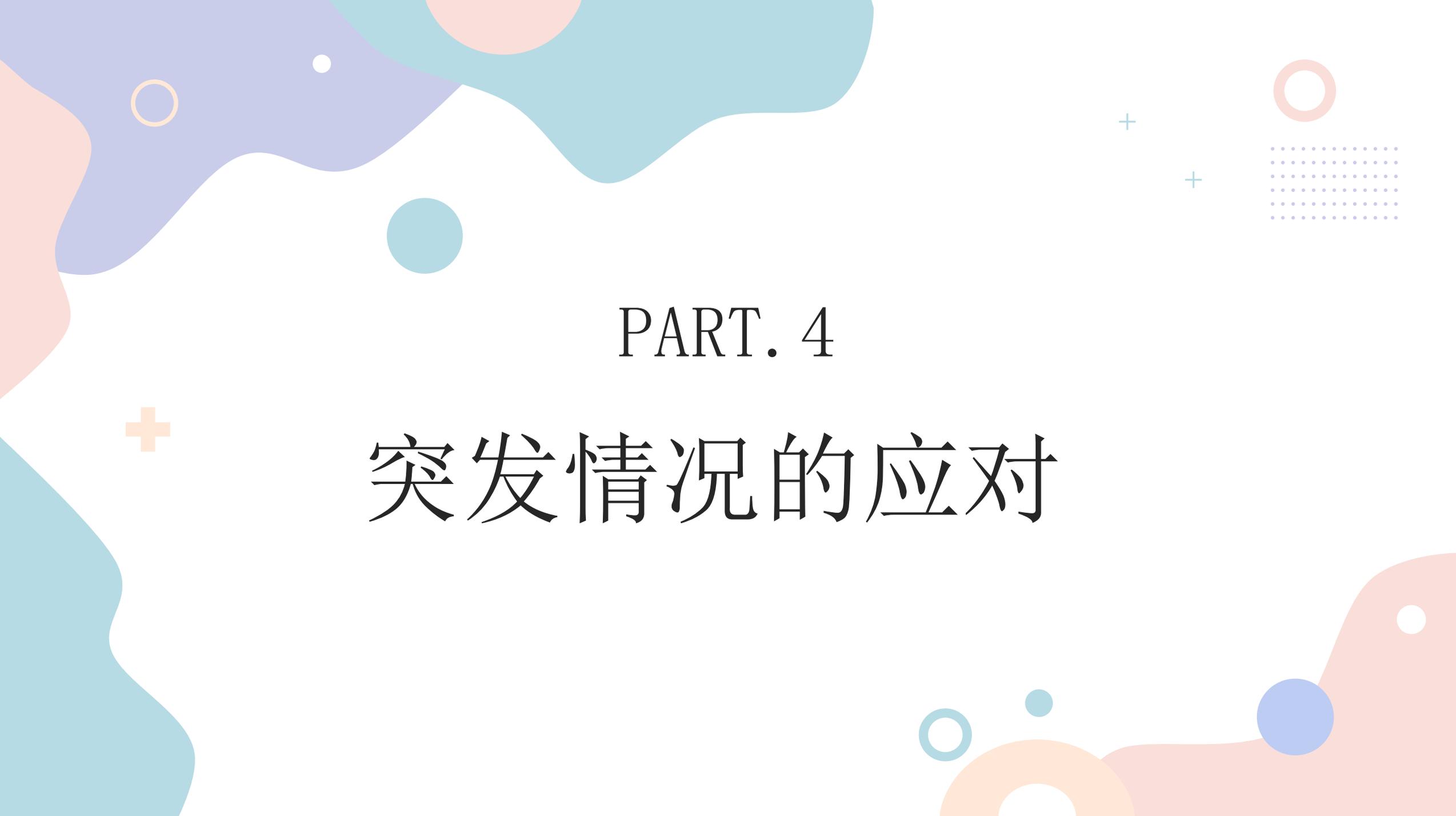
避免蒙头睡：教育小朋友不要蒙头睡觉，以免影响呼吸





第二节：睡眠用品的安全

- ▶ 选择合适的枕头和被子：枕头和被子应选择无刺激、无异味的材质，尺寸适中
- ▶ 不玩耍睡眠用品：不要将枕头、被子等用于玩耍，以免发生窒息等危险

The background features a mix of organic, flowing shapes in shades of purple, teal, and orange. Scattered throughout are various geometric elements: a small white circle, an orange circle with a white outline, a teal circle, a light blue plus sign, a teal plus sign, a light blue plus sign, a light blue grid of dots, a light blue circle with a white outline, a teal circle, a light blue circle with a white outline, a teal circle, a light blue circle with a white outline, and a light blue circle with a white outline.

PART. 4

突发情况的应对

突发情况的应对

第一节：火灾应对

了解逃生路线：教导小朋友在寝室内要了解逃生路线和出口位置

初期火灾的应对：让小朋友知道如何初步应对火灾，如用湿毛巾捂住口鼻等



以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：
<https://d.book118.com/596204131104011001>