

第 09 讲 阅读理解补全 (七选五)

目录

01 模拟基础练

【题型一】段首设空题的考查

【题型二】段中设空题的考查

【题型三】段尾设空题的考查

02 重难创新练

03 真题实战练

01

// 模拟基础练 //

题型一 段首设空题的考查

1. (24-25 高三·湖南·开学考试)

Ten years ago, not many families in the United States would consider homeschooling a serious option for their children. There were negative feelings about homeschooling, especially among school educators, who considered it crazy or irresponsible. But things have changed now. 1. Homeschooling success stories are often reported in the media. As homeschooling becomes more widely practiced, school communities are becoming far more accepting and recognize that it can meet real needs.

2 Homeschooling provides community life that is valuable to children. Participating in community life, homeschooled children relate socially with a wide variety of people. 3. People can see how easy it is to get along with homeschooled kids. Without social pressure from age-separated classrooms, kids feel more comfortable forming friendships.

4 We often hear parents and kids talk about how relieved they feel from being freed of traditional schooling and nightly homework. With independent learning, they have more time to talk and listen; more time to spend in libraries, museums, and concert halls; or to hike, ride bikes, read, or think. These changes are what happens when family life is driven by the needs of families, rather than the needs of institutions.

Homeschooling also creates better learning environments for children who have been wrongly considered as

having all sorts of imaginary “learning problems” in public and private schools. The educators want the children to be fixed so that they will fit; the parents correctly sense that their children are fine and only need something different: more space, freedom to move, a safe environment, or respectful treatment from others. 5. For these families, homeschooling helps a child build a life that works.

- A. Homeschooling helps children to broaden their knowledge.
- B. In homeschooling families, life is likely to be less stressful.
- C. Some people choose homeschooling for socialization benefits.
- D. Homeschooling success stories are often reported in the media.
- E. People can see how easy it is to get along with homeschooled kids.
- F. For these families, homeschooling helps a child build a life that works.
- G. The combination of two kinds of schooling has a great effect on a child.

【答案】 2. C 4. B

【解析】这是一篇说明文。短文介绍了在家上学的益处。

2. 根据下文“Homeschooling provides community life that is valuable to children. Participating in community life, homeschooled children relate socially with a wide variety of people.”（在家上学为孩子们提供了有价值的社区生活。在家上学的孩子参与社区生活，与各种各样的人建立社会关系。）可知，下文具体解释了在家上学有助于培养社交。所以选项承接下文与社交有关。故 C 选项“有些人选择在家上学是为了社交”切题。socialization benefits 呼应 relate socially with a wide variety of people。故选 C 项。

4. 根据下文“We often hear parents and kids talk about how relieved they feel from being freed of traditional schooling and nightly homework. With independent learning, they have more time to talk and listen; more time to spend in libraries, museums, and concert halls; or to hike, ride bikes, read, or think.”（我们经常听到父母和孩子们谈论他们从传统的学校教育和夜间作业中解脱出来是多么的轻松。通过自主学习，他们有更多的时间说话和倾听；花更多的时间在图书馆、博物馆和音乐厅；或者去远足、骑自行车、读书或思考。）可知，本段主要在说在家上学减轻了家庭压力。故 B 选项“在家上学的家庭，生活压力可能会小一些”切题，为本段的标题。故选 B 项。

2. (2025·浙江·模拟预测)

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Become aware it is happening. Observe when you are being drawn into consumption not because you are in actual need of an item, but only because something new has been introduced.

___ 8 ___ A store may be having a great sale on a new outfit—but if the new outfit forces you to buy a new pair of shoes or handbag to match, it just became a more expensive purchase than originally assumed.

Avoid unnecessary new purchases.

Realize the Diderot Effect is a significant force and overcoming it is very difficult. You may avoid replacing those end tables at first, but eventually, at some point down the road, you are going to break down and buy new ones that better match the new couch. 9. There are times when we have a proper need to buy new things.

admittedly. But the best way to overcome the Diderot Effect is to never allow it to overpower you in the first place.

- A. Analyze and predict the full cost of future purchases.
- B. Buy things for their usefulness rather than their status.
- C. We actually can employ this mind trick in the following ways.
- D. The true abundance of life is not found in the things that you own.
- E. Then how can we resist this pattern of unnecessary consumerism?
- F. The phenomenon can be owed to the so-called “Diderot Effect”.
- G. There are times when we have a proper need to buy new things, admittedly.

【答案】 8. A

【解析】根据下文“A store may be having a great sale on a new outfit—but if the new outfit forces you to buy a new pair of shoes or handbag to match, it just became a more expensive purchase than originally assumed.”（一家商店的一套新衣服可能正在大减价，但如果这套新衣服迫使你去买一双新鞋或一个新手袋来搭配，那么它的购买成本就会比原先想象的要高。）可知，本段主要在说要考虑采购的全部成本。故 A 选项“分析和预测未来采购的全部成本。”为本段的标题。故选 A 项。

3. (24-25 高三·广西柳州·开学考试) Ways to Be Resilient (坚韧) in Tough Times

Try to be flexible. Often we have difficulty learning to “go with the flow”. Fixed beliefs, expectations, and habits are some of the things that lead us to resist change. But when the house you thought you’d live in forever is destroyed in a fire or hurricane, or the job you had trained for has been automated, what do you do? It can be heartbreaking. 12. But it is also true that our life is demanding a “course change”. The only way forward now is to adjust your attitude, shift your thoughts, and dream bigger by being flexible.

13 When we are dealing with a situation in change, most of us will feel unsure of ourselves. This is normal. Accepting yourself and your situation is a good place to begin. Calm the inner voices of fear and blame. Learn from your mistakes. Don’t be afraid to make mistakes because they will make you more emotionally resilient if you are willing to learn from them. 14. Trial and error are how we learn. By recognize uncertainty as an opportunity for growth, you can more easily move through it to attain your desired personal goals.

- A. Trial and error are how we learn.
- B. Practice being OK with discomfort.
- C. Review your options and then look for helpers.
- D. But it is also true that our life is demanding a “course change”.
- E. New efforts stimulate growth potential through new experiences.
- F. Congratulate yourself and commit to celebrating your achievement.
- G. It can be difficult for us if we have not developed emotional resilience.

【答案】 13. B

【解析】空处为主旨句。根据空后“When we are dealing with a situation in change, most of us will feel unsure of

ourselves. This is normal. Accepting yourself and your situation is a good place to begin. Calm the inner voices of fear and blame.(当我们在处理变化中的情况时，我们大多数人都会对自己感到不确定。这很正常。接受你自己和你的处境是一个很好的开始。平息内心的恐惧和责备的声音。)”可知，本段主要讲的是在处理变化中的情况时，我们要学会接受并平息内心的恐惧和责备的声音，B项 Practice being OK with discomfort.(练习接受不适。)指出本段的主旨，即要练习接受不适，概括全段。故选B项。

4. (23-24 高三·云南昆明·阶段练习)

It is likely that you've heard that the pitter-pattering (噼啪声) of raindrops can help people fall asleep. There's also research that supports the idea that rain sounds are a useful sleep aid. Here's what to know.

21

Rain sounds mask other sharper noises in your environment. Think of a dripping faucet (水龙头) in the other room—in silence, it could be very annoying. With a masking background of wind in the leaves, a soft rain, or some gentle waves playing on a speaker, the drip would never be detected. 22. So rain sounds can create a calming background “music”.

Rain sounds might literally hit the right frequencies

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Rain sounds could be meat or poison

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Different sounds will bring out different responses depending on the individual. One person's gentle rain is others' flood worry or need to go to the bathroom. Similarly, gentle rain with distant thunder is calming for some and alarming for others. Will they work for you? There's only one way to find out!

- A. Rain sounds hide other noises
- B. Rain sounds are a universal tool
- C. White noise makes people fall asleep quickly
- D. So rain sounds can create a calming background “music”
- E. Rain sounds might help someone, but they're not for everyone
- F. Pink noise in particular can improve sleep in healthy individuals
- G. The benefits include increased learning capacity and reduced anxiety

【答案】 21. A 25. E

【解析】 本文是一篇说明文，介绍了雨声如何帮助人们入睡，以及相关的科学研究支持这一观点。文章还讨论了雨声的频率特性、其对人们心理的益处，以及雨声对不同个体可能产生的不同效果。

21. 根据下文“Rain sounds mask other sharper noises in your environment.(雨声掩盖了你周围环境中其他更尖锐的噪音)”可知，这一段主要讲述雨声能隐藏其他噪音，A选项“Rain sounds hide other noises(雨声隐藏其他噪音)”能概括该段内容，故选A项。

25. 根据下文“Different sounds will bring out different responses depending on the individual(不同的声音会根据个人产生不同的反应)”可知，可知，雨声对不同的人可能产生不同的效果，有些人可能觉得雨声有助于放松，而对另一些人则可能引起担忧或其他反应，E选项“Rain sounds might help someone, but they're not for

everyone(雨声可能对某些人有帮助, 但并非对每个人都适用)”能够引出下文, 故选 E 项。

题型二 段中设空题的考查

1. (2024·江西·一模) Everyone knows that early to bed and early to rise is good for your health. Having maintained adequate sleep, people can keep themselves refreshed and dynamic. 26 Here are some steps to take to become a morning person on a freezing day.

Seek out as much natural light as possible. 27 When you wake up, go outside for a relaxed walk around the block, or sit out back while you have a cup of coffee. To avoid being in a sleep state all along, you'd better rethink the black-out curtains you might use to make a very dark sleeping environment.

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De-stress and relax in the evenings. A consistent bedtime isn't as crucial as sticking to the same wake up time every day, but it's still important to make sure you're getting enough sleep. 30 So you'll probably need to inch your bedtime forward as you transition to a new schedule. Start at least an hour before you hit the bed and cut back on stuff related to daily life.

With all these tips, you're not dreading it if you think of getting up early on a chilly winter.

- A. Cultivate the habit gradually.
- B. That's a little easier for people to tolerate.
- C. The sun is the driver of our internal clock.
- D. Get rid of the previous sleep patterns instantly.
- E. Therefore, developing a healthy sleeping habit is of great significance.
- F. Without sufficient hours of sleep, the mind and body can't properly recharge.
- G. However, it usually takes a lot of willpower to get out of bed early on a winter's day.

【答案】26. G 27. C 30. F

【解析】这是一篇说明文。早睡早起有益健康, 但生活中, 晚起对许多人来说是常态。文章为读者推荐了“无痛早起”的 4 条指南。

26. 根据上文“Everyone knows that early to bed and early to rise is good for your health. Having maintained adequate sleep, people can keep themselves refreshed and dynamic. (每个人都知道早睡早起对你的健康有好处。保持充足的睡眠, 人们可以使自己精神焕发, 充满活力。)”以及后文“Here are some steps to take to become a morning person on a freezing day. (这里有一些步骤, 让你在寒冷的天气里成为一个早起的人。)”可知, 本句与上文构成转折, 指出在冬天早起存在困难。故 G 选项“然而, 在冬天早起通常需要很大的意志力。”符合语境, 故选 G。

27. 根据上文“Seek out as much natural light as possible. (尽可能多地寻找自然光。)”以及后文“When you wake up, go outside for a relaxed walk around the block, or sit out back while you have a cup of coffee. To avoid being in a sleep state all along, you'd better rethink the black-out curtains you might use to make a very dark sleeping environment. (当你醒来的时候, 到外面走走, 绕着街区放松一下, 或者坐在外面喝杯咖啡。为了避免一直处

于睡眠状态，你最好重新考虑一下你可能用来制造非常黑暗的睡眠环境的遮光窗帘。)”可知，本句说明寻找自然光的原因。故 C 选项“太阳是我们生物钟的驱动者。”符合语境，故选 C。

30. 根据上文“De-stress and relax in the evenings. A consistent bedtime isn’t as crucial as sticking to the same wake up time every day, but it’s still important to make sure you’re getting enough sleep. (晚上减压放松。固定的就寝时间并不像每天坚持相同的起床时间那么重要，但确保你得到足够的睡眠仍然很重要。)”可知，本句主要说明充足睡眠的重要性。故 F 选项“没有充足的睡眠时间，身心就不能正常充电。”符合语境，故选 F。

2. (2024·江西·模拟预测) The Power of Compassion

When we see what we are all up against — when we see the suffering and struggle that all humans face — the only response that makes sense is simple compassion. 36. It involves the desire to be moved by suffering and the motivation to help alleviate and prevent it. Genuine compassion is a deep, heartfelt concern for the well-being of others. 37, paying attention to our own needs and feelings in a respectful, gentle way.

To be compassionate is to see the true nature of the suffering one faces. 38, and then acts empathetically (共情地) to address the issue, with the ultimate aim of creating value and greater unity and harmony in the world. When we learn to empathize with others, we recognize that everyone struggles with difficult situations and negative emotions. We can also develop a broader perspective on humanity.

- A. Everyone is doing the best they can
- B. We can also extend compassion to ourselves
- C. Kindness toward oneself leads to appreciation of others
- D. Self-compassion is a positive and caring attitude toward oneself
- E. The most important is relating to ourselves with acceptance whatever comes
- F. Compassion is the quality of being understanding to people and attending to their needs
- G. One who feels compassion views challenging emotions and situations without judgment

【答案】36. F 37. B 38. G

【解析】本文是一篇说明文。文章介绍了同情心的重要性，如何体现对他人的真正关心，以及如何将同情心扩展到自己身上，即自我同情。

36. 根据上文“*When we see what we are all up against—when we see the suffering and struggle that all humans face—the only response that makes sense is simple compassion.*(当我们看到我们都面临的困境——当我们看到所有人面临的痛苦和挣扎时，唯一合理的反应就是简单的同情)”以及下文“*It involves the desire to be moved by suffering and the motivation to help alleviate and prevent it.*(它包含了被痛苦所触动的愿望以及帮助减轻和预防痛苦的动机)”可以推理出此处需要对同情进行定义和解释，与 F 项“*Compassion is the quality of being understanding to people and attending to their needs*(同情是理解他人并关注他们需求的品质)”表达的含义一致，故选 F 项。

37. 根据下文“*paying attention to our own needs and feelings in a respectful, gentle way.*(以尊重、温和的方式关注我们自己的需求和感受)”可知此处上下文提到应关注我们自己的需求和感受，与 B 项“*We can also extend compassion to ourselves*(我们也可以把同情扩展到自己身上)”语义一致，故选 B 项。

38. 根据上文“To be compassionate is to see the true nature of the suffering one faces.(富有同情心就是看到一个人所面临的痛苦的本质)”以及下文“and then acts empathetically(共情地)to address the issue(然后富有同情心地采取行动解决问题)”可知此处应描述有同情心的人的具体行为表现,与 G 项“One who feels compassion views challenging emotions and situations without judgment(一个有同情心的人会不带评判地看待具有挑战性的情绪和情况)”表达的意思一致,故选 G 项。

3. (2024·陕西商洛·模拟预测)

Living a healthy lifestyle is all about choosing to make healthy choices each day. Here are some tips on how to improve your physical, mental, and emotional health.

Set specific and actionable goals to improve your health. When you have specific goals you want to achieve, you'll be more motivated to implement (实施) healthy changes in your life. 41 And then set goals that are specific, measurable, attainable, relevant, and time-bound to better guarantee your success.

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Make a conscious effort to drink enough water throughout the day. Just like nutritious foods, water is essential to keeping your body healthy. 43 For adults, drinking around 13 cups of water a day is enough, but this amount can vary depending on your age, weight, environment, and physical activity level.

Aim for at least 7 hours of quality sleep each night. 44 It helps you maintain a healthy weight, and improve your overall mood. Most adults need at least 7 hours of quality sleep each night, and children need 8 to 13 hours depending on how old they are.

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- A. Consult the doctor about your physical condition.
- B. Choose nutritious foods and create a well-balanced diet.
- C. Identify what parts of your lifestyle you want to improve.
- D. Choose activities that make you feel happy and confident.
- E. Water benefits your digestion and keeps you from getting thirsty.
- F. What's more, being active can improve your overall mental health.
- G. A good night's sleep is good for your health and attention during the day.

【答案】 41. C 43. E 44. G

【解析】 本文为一篇说明文,介绍了改善身体,精神和情绪健康的一些方法。

41. 前文“When you have specific goals you want to achieve, you'll be more motivated to implement healthy changes in your life.(当你有明确的目标要实现时,你会更有动力在你的生活中实施健康的改变)”表示设立目标的重要性,后文“And then set goals that are specific, measurable, attainable, relevant, and time-bound to better guarantee your success.(然后设定具体的、可衡量的、可实现的、相关的、有时限的目标,以更好地保证你的成功)”可知,根据 then 可知,空处应表示先设立目标, C 选项“确定你的生活方式中你想改善的部分”为具体的目标。故选 C。

43. 前文“Just like nutritious foods, water is essential to keeping your body healthy.(就像营养食物一样,水对保

持身体健康是必不可少的)”讲到水对于身体健康的重要性，E选项“水有助于消化，还能防止饥渴”具体说明水在哪些方面对于身体是重要的。故选E。

44. 前文“Aim for at least 7 hours of quality sleep each night.(保证每晚至少7小时的高质量睡眠)”表示本段描述充足高质量睡眠的重要性，后文“**It helps you maintain a healthy weight, and improve your overall mood.**(它能帮助你保持健康的体重，改善你的整体情绪)”中**It**指代好的睡眠，G选项“晚上睡个好觉对你白天的健康和注意力都有好处”说明高质量睡眠的重要性，符合语境。故选G。

4. (23-24 高三·安徽马鞍山·阶段练习)

Earlier, fashion used to be something that was shown in a shopping center. 46 The fashion industry has had to evolve in different ways to deal with these changes, and here, model Victoria Lee Robinson walks us through these changes.

Firstly, people want to connect with their favourite fashion brands much more than they did in the past. 47 Brands need to connect with potential buyers to show them their new styles and designs and take part in pop culture to remain relevant, “Maintaining the image of a brand through digital campaigns is no easy task,” said Robinson.

In addition, fashion designers and brands are able to monitor interests in their new designs in real time by using social media. 48 However, sometimes it can also be discouraging. “You could spend hundreds of hours designing a fashion line, but it could get canceled just like that if it doesn’t get enough attention online. It must be scary,” commented Robinson.

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- A. The Internet will change the fashion industry.
- B. Now, many people buy most of their clothes online.
- C. Keeping up with the fashion industry can be difficult.
- D. People love to share pictures and opinions on social media.
- E. This allows them to adapt their offerings to suit the customers’ needs.
- F. It’s important to adapt to changes and accurately represent your brand in the digital world.
- G. They follow these companies on social media and make their own posts about the clothing.

【答案】 46. B 47. G 48. E

【解析】 本文是一篇说明文。主要介绍的是模特维多利亚·李·罗宾逊带领我们经历时装业经历的一些变化。

46. 根据空前的“Earlier, fashion used to be something that was shown in a shopping center.(早些时候，时尚是在购物中心展示的东西。)”可知，过去时尚是在购物中心展出的东西，结合空后的“The fashion industry has had to evolve in different ways to deal with these changes, and here, model Victoria Lee Robinson walks us through these changes.(时装业不得不以不同的方式发展以应对这些变化，在这里，模特维多利亚·李·罗宾逊将带领我们经历这些变化。)”可知，时尚界正在以不同的方式发展应对这些变化，由此可知，此空处讲述的是现在时尚界的状况，B选项“Now, many people buy most of their clothes online.(现在，很多人都在网上买衣服。)”可知，现在人们在网购买衣服，对应空前的内容，且与空后的内容衔接。故选B项。

47. 根据空前的“Firstly, people want to connect with their favourite fashion brands much more than they did in the past.(首先, 人们比过去更想与他们最喜欢的时尚品牌建立联系。)”可知, 现在人们希望与最喜欢的品牌建立联系, 此处为本段的主题句, G 选项“**They follow these companies on social media and make their own posts about the clothing.**(他们在社交媒体上关注这些公司, 并就这些服装发布自己的帖子。)”中的 **they** 与空前的 **people** 一致, 且“**follow these companies**”与空前的“**to connect with their favourite fashion brands**”吻合, 与本段的主题句内容一致。故选 G 项。

48. 根据空前的“**In addition, fashion designers and brands are able to monitor interests in their new designs in real time by using social media.**(此外, 时尚设计师和品牌可以通过社交媒体实时监控人们对他们新设计的兴趣。)”可知, 现在时尚设计师与品牌通过社交媒体了解人们对新设计的兴趣, 结合空后的“**However, sometimes it can also be discouraging.**(然而, 有时它也会令人沮丧。)”可知, 此空讲述的内容应与时尚界的做法相关, E 选项“**This allows them to adapt their offerings to suit the customers’ needs.**(这使他们能够调整他们的产品以适应客户的需求。)”中的 **this** 指代的是空前时尚界通过社交媒体了解人们对新设计的兴趣, **them** 指的内容与空前的“**fashion designers and brands**”, 且与空后的内容为转折关系, 符合逻辑。故选 E 项。

5. (23-24 高三·江苏泰州·期中)

“It appears that experiential, situational, and cultural factors are even more powerful in shaping wisdom than previously imagined,” says Associate Professor Igor Grossmann of the University of Waterloo in Ontario, Canada. “Recent findings suggest that people’s ability to reason wisely varies dramatically across situational contexts. 52 Understanding the role of such contextual factors offers unique insights into understanding wisdom in daily life, as well as how it can be enhanced and taught.”

- A. as if giving advice to a friend.
- B. for instance, negotiating a contract with a customer.
- C. Coming up with a definition of wisdom is challenging.
- D. Some situations are more likely to promote wisdom than others.
- E. Actually, the latest studies suggest most of us have the ability to make wise decisions, given the right context.
- F. In other words, wisdom is not solely an “inner quality” but rather unfolds as a function of situations people happen to be in.
- G. Looking at problems from this more expansive viewpoints appears to cultivate cognitive processes related to wise decisions.

【答案】 52. F

【解析】本文是一篇说明文。文章介绍了研究表明, 智慧并不是少数特殊人物所独有的品质, 大多数人都有潜力展现出智慧。经验、情境和文化因素对智慧的形成起着重要作用, 智慧是一种随着环境变化而展现的品质。

52. 前文“Recent findings suggest that people’s ability to reason wisely varies dramatically across situational contexts. (最近的研究结果表明, 人们的理性推理能力在不同的情境下变化很大)”指出理性推理能力会随情

境变化，因此 F 项“*In other words, wisdom is not solely an “inner quality” but rather unfolds as a function of situations people happen to be in.* (换句话说，智慧不仅仅是一种“内在品质”，而是随着人们所处环境的变化而展现出来的)”符合语境，解释智慧会随着人们所处环境的变化而展现出来，承接前文。故选 F。

题型三 段尾设空题的考查

1. (2024·河北保定·二模)

Writing a successful English speech can be a challenging task, but with the following tips, you can create a powerful and engaging speech. _____ 56 _____

The first step in crafting a convincing speech is to know who will be listening. Consider the interests and knowledge level of them. Tailor your language, examples and tone to resonate with them and make a connection.

- A. Understand your audience
- B. Collect relevant information
- C. Persuade your audience to listen carefully
- D. It will leave a lasting impression on your audience
- E. A well-structured speech has a clear beginning, middle and end
- F. Consider recording yourself in front of a mirror to observe your gestures
- G. Support your arguments with examples to add credibility to your speeches

【答案】56. A

【解析】根据本段段落内容“*The first step in crafting a convincing speech is to know who will be listening. Consider the interests and knowledge level of them. Tailor your language, examples and tone to resonate with them and make a connection.* (要想做一个有说服力的演讲，第一步就是要知道谁会听。考虑他们的兴趣和知识水平。调整你的语言、例子和语气，让他们产生共鸣，并建立联系)”可知，本段主要建议了解演讲的听众，根据听众来准备自己的演讲，空处作为段落小标题，应该与了解听众相关，且需和其他段落小标题一样使用祈使句的形式，A 项“*Understand your audience* (了解你的听众)”符合语境，契合段落内容。故选 A。

2. (2024·湖南郴州·模拟预测)

Find the learning style that suits you best

To succeed academically, you need to be productive. To be productive, you need to find a suitable learning style. Whether it's for everyday learning or revising for exams, the learning style that helps you achieve maximum productivity will be crucial. _____ 61 _____

Note-taking

Note-taking can include copying out passages of books or summarizing concepts on notecards.....

- A. Explaining to others
- B. Diagrams and mind maps

- C. If so, visual methods of learning might suit you best.
- D. Here are some common learning styles and choose one that suits you best!
- E. Some people like them because they provide strong motivation to succeed.
- F. It's a classic learning method, but may not be the best way for everyone to learn.
- G. For example, you could conduct a scientific experiment or observe how a chemical reaction works.

【答案】61. D

【解析】根据上文“To succeed academically, you need to be productive. To be productive, you need to find a suitable learning style. Whether it's for everyday learning or revising for exams, the learning style that helps you achieve maximum productivity will be crucial.”(要在学业上取得成功，你需要富有成效。为了提高效率，你需要找到一种合适的学习方式。无论是日常学习还是考试复习，帮助你达到最高效率的学习方式都是至关重要的)可知，上文提到了学习方式的重要性，后文列举了四种学习方式，可知本句承上启下，故D选项“这里有一些常见的学习方式，选择一个最适合你的！”，介绍了文章主题，符合语境，故选D。

3. (2024·江苏南京·模拟预测)

69. Unless misfortune falls upon you _____ see it as an opportunity to step back and reassess. Is your time and love focused on the things that truly matter? Are there conversations left unsaid? What do you want to do differently? If it all ended tomorrow, would your life have been well lived? I hope so. _____ 70 _____!

- A. But it crossed my mind
- B. Unless misfortune falls upon you
- C. Then I'm not entirely sure what happened
- D. You see the people who are really there for you
- E. When the breath is literally knocked out of you
- F. I didn't expect a Labrador would transform my life
- G. If not, it's time to start living and watching out for dogs

【答案】70. G

【解析】根据上文“If it all ended tomorrow, would your life have been well lived? I hope so.”(如果明天一切就结束了，你的生活过得好吗?我希望如此。)可知，选项承接上文说明想法的一种情况且要呼应自己被狗撞到的经历。故G选项“如果没有，是时候开始生活且要注意狗”切题。故选G项。

4. (2024·河南驻马店·二模)

Set up your living room for the swap

It's more fun if the space looks like a store, so group like items with like. Fold jeans in a neat pile, clear a table and make a clothing rack (支架) using a long curtain bar. _____ 73 _____

Make snacks and cocktails

I recently read about a group of mothers in British Columbia who drink Dirty Momma cocktails while

swapping clothing on a regular basis.....

- A. Draw lots to pick who shops first.
- B. Take all the clothing you bought home.
- C. It is a common practice to invite guests in Britain.
- D. Decide which categories of clothing will be swapped.
- E. Establish a changing room and provide full-length mirrors.
- F. Give guests at least two weeks to prepare clothing they want to swap.
- G. Whether or not your group has an established drink, a cocktail makes the experience more fun.

【答案】 73. E

【解析】 根据本段小标题“Set up your living room for the swap(布置好你的客厅来交换)”可知，该段介绍服装交换场所布置事项，E项“建立更衣室并提供全身镜”属于这方面的内容，故选E。

02

// 重难创新练 //

题型 阅读理解

A

(23-24 高三·河北·模拟预测) In order to survive in the world with challenges, we need to be wise. ____1____ Let me tell you this, wisdom provides us with ideas when we need it and it calms us down in terrible situations. Here are some strategies that we can use to get wiser.

____2____ This will open up as many as new pathways for us. Never base your ideas on the most popular opinion or which is the most comfortable for you. Train your mind to be a judgment-free space for ideas. If you are humble, then you will always get to experience something new.

You must be the kind of person who learns something new every day. Take new classes and read new books. ____3____ The list goes on and on. All of these activities will help you to tackle problems from different angles, making everything easier.

You obviously want to grow and do better in life, right? The best way is to have wise people as your mentors (导师), like teachers, colleagues and even special friends. Prior to making them a mentor, find out what makes them wiser, then engage in useful dialogue with them. ____4____

If you have accumulated a lot of knowledge, then why not share it with others too? ____5____ in today's world, it is very easy to become wise but it isn't easy to help others. So keep things balanced and never let go of your passions and values. This will pave the path to success.

- A. Why do we communicate with wise people?
- B. Why is wisdom crucial in this modern world?

- C. Change your routine and see where life takes you.
- D. Surf the Internet and clear out your problems that confuse you.
- E. Sometimes we ourselves need to be open to diverse ideas.
- F. The more time is spent with them, the more transfer of knowledge there will be.
- G. Communicating with others and helping them out will also increase your wisdom.

【答案】1. B 2. E 3. D 4. F 5. G

【导语】本文是一篇说明文。文章主要就如何获得人生智慧给出了建议，以此帮助读者更好地面对充满挑战的世界以及生活中的困境。

1. 根据空前的“*In order to survive in the world with challenges, we need to be wise.*(为了在这个充满挑战的世界上生存，我们需要变得聪明)”以及后文“*Let me tell you this, wisdom provides us with perspective when we need it and it calms us down in terrible situations.*(让我告诉你，当我们需要的时候，智慧会给我们提供视角，在糟糕的情况下，智慧会让我们冷静下来)”可知，智慧对每个人来说都是十分重要的，所以 B 项“为什么智慧在现代社会如此重要？”起到承上启下的作用，引出下文介绍智慧的重要性的具体例子。故选 B 项。

2. 设空处位于段首，是本段的中心句，根据后文“*This will open up new pathways for us. Never base your perspective on the most popular opinion or which is the most comfortable for you. Train your mind to be a judgment-free space for ideas. If you are humble, then you will always get to experience something new.*(这将为我們开辟新的道路。永远不要把你的观点建立在最流行的观点或对你来说最舒服的观点上。训练你的大脑成为一个不受评判的思想空间。如果你是谦虚的，那么你总能体验到新的东西)”可知，本段主要介绍了我们应学会接受不同的观点，所以 E 项“有时候，我们自己也需要对不同的观点持开放态度”符合文意，下文 This 代指 E 项内容。故选 E 项。

3. 上文“*You must be the kind of person who learns something new every day. Take new classes, read books and the list goes on and on.*(你一定是那种每天都能学到新东西的人。参加新的课程，阅读书籍，这样的例子不胜枚举)”指出了要每天学习新东西，并给出了具体例子，后文“*All of these activities will help you to tackle problems from different angles, making everything easier.*(所有这些活动将帮助你从不同的角度解决问题，使一切变得更容易)”指出学习新东西等这些活动的好处，由此可知，空处应承接上文，同样是列举学习新事物的方式，D 项“上网查一下，解决那些让你困惑的问题。”符合语境，下文中的“*All of these activities*”即指代前两句话，且 D 项中的“*clear out your problems*”与下文中的“*tackle problems*”相呼应。故选 D 项。

4. 此处位于段尾，是对前文的总结，根据前文“*You obviously want to grow and do better in life, right? The best way is to have wise people as your mentors (导师), like teachers, colleagues and even special friends. Prior to making them a mentor, find out what makes them wiser, then engage in useful dialogue with them.*(你显然想要成长，想要在生活中做得更好，对吗？最好的方法是找一些有智慧的人做你的导师，比如老师、同事，甚至是特别的朋友。在成为他们的导师之前，找出是什么让他们更聪明，然后与他们进行有益的对话)”可知，本段的主题为“以智者为师”，所以 F 项“与他们相处的时间越多，知识的传递就越多”与本段主题相符，且 F 项中的“*them*”与上文中的“*them*”相呼应。故选 F 项。

5. 根据前文“If you have accumulated a lot of knowledge, then why not share it with others too?(如果你积累了很多知识, 那么为什么不与他人分享呢?)”可知, 本段提出积累了很多知识后要与他人分享并积极帮助他人, 所以 G 项“与他人交流并帮助他们也会增加你的智慧。”与本段主题相符, 且 G 项中的“Communicating with others”与上文中的“share it with others”相呼应。故选 G 项。

B

(2024·湖北襄阳·三模) All of us want to strive for perfection, don't we? It could be submitting the perfect assignment or performing a flawless musical. 6 This is especially so when we are in a large organization, like a school or company.

When people work as a team, the end product is more likely to be of better quality than if an individual produces it alone. There is a name for this-synergy (增效). Now, how does synergy work?

7 Actually, synergy is abundant in the animal kingdom. Remember the clownfish darting (飞奔) among the sea anemones (海葵) in Finding Nemo? Both creatures demonstrate mutualism at play. The clownfish hide among the stinging tentacles (触角) of the anemones when their predators come close. In return, the clownfish scare off the butterfly fish that prey on anemones.

8 From them, we learn that a team that works well together understands the strengths and weaknesses of each team member. Not only that, the teamleaders and members become proficient when they exercise specialization. 9

In teamwork, there is much creativity. 10 While the occasional conflict may arise when certain members don't see eye to eye over an issue, these are few and far between. The team leader will be at hand to ease tensions when things go wrong.

- A. Let's turn to nature for inspiration.
- B. Let's not wave away the chance to work in teams.
- C. Each member will contribute his expertise to benefit the team.
- D. However, this ideal circumstance is not always accomplished alone.
- E. The clownfish and sea anemone make a clever team in surviving the wild.
- F. Team members also offer unique perspectives before reaching an agreement.
- G. The clownfish and sea anemone make the ocean bed beautiful, don't you agree?

【答案】6. D 7. A 8. E 9. C 10. F

【导语】这是一篇议论文, 团队合作往往带来意想不到的惊喜, 这是个人努力所不能实现的。作者通过小丑鱼和海葵在险恶的海洋环境中并肩作战, 共同生存的例子讲述团队合作的重要性。

6. 上文“All of us want to strive for perfection, don't we? It could be submitting the perfect assignment or performing a flawless musical.(我们都想追求完美, 不是吗? 它可能是提交完美的作业或表演完美的音乐剧?)”提到我们每个人都追求完美, 结合下文“This is especially so when we are in a large organization, like a school or company.(当我们在一个大的组织里, 比如学校或公司, 尤其如此)”可知, 追求完美一个人的力量是不够的, 空处应是表示转折, 转到本文的话题 team, 上下文过渡自然, D 项“然而, 这种情况并不总

是单独完成的”符合语境，故选 D。

7. 空处为本段的主旨句，从下文“Actually, synergy is abundant in the animal kingdom. Remember the clownfish darting (飞奔) among the sea anemones (海葵) in Finding Nemo? Both creatures demonstrate mutualism at play.(实际上，动物王国里有很多协同作用。还记得《海底总动员》中的小丑鱼在海葵之间飞奔吗？这两种生物都展示了互惠互利)”举《海底总动员》中小丑鱼和海葵在险恶的海洋环境中并肩作战，共同生存的例子说明自然界团队合作，A 项“让我们向大自然寻求灵感吧”符合语境，故选 A。

8. 根据下文“From them, we learn that a team that works well together understands the strengths and weaknesses of each team member.(从它们身上，我们了解到一个团队可以很好地合作，了解每个团队成员的优缺点)”可知，空处应是提到团队合作，并指明下文 them 的指代对象，E 项“小丑鱼和海葵组成了一个在野外生存的聪明团队”符合语境，下文的 them 指代 E 项中的“The clownfish and sea anemone”，故选 E。

9. 上文“Not only that, the teamleaders and members become proficient when they exercise specialization.(不仅如此，当团队领导和成员练习专业化时，他们会变得精通)”讲述优秀团队的好处，C 项“每个成员都将贡献自己的专业知识，使团队受益”描述团队成员对于团队的贡献，故选 C。

10. 上文“In teamwork, there is much creativity.(在团队合作中，有很多创造力)”提到在团队合作中，有很多创造力，F 项“团队成员在达成协议之前也会提供独特的观点”进一步解释团队里更有创造力，且与下文“While the occasional conflict may arise when certain members don't see eye to eye over an issue, these are few and far between.(当某些成员在某个问题上意见不一致时，偶尔会出现冲突，但这种情况很少)”描述环境一致。故选 F。

03

// 真题实战练 //

1. (2024 浙江 1 月卷)

根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

In the past few years, online learning has become a significant part of the university and college experience. 36 ___ But are all online courses created equal? How can you be sure that digital learning is right for you? ___ 37 ___

We interviewed students and professors to get their advice about online courses. The most obvious advantage of online learning is that you can study anywhere and anytime. ___ 38 ___ “I think a point that many people lose sight of is how easy it can be to fall behind schedule,” says graduate student Amanda Bindman. Before choosing to study online, consider whether you're a self-motivated learner and if the material seems interesting enough to keep you going.

The tip that comes up most often is simple: build online courses into your weekly schedule, just like what you would do with in person courses. ___ 39 ___ He noted that his online students usually end up with lower grades. It is so easy to let an online course slide, but your grades will suffer as a result. Be sure to schedule set times to watch

your lectures, read materials and contribute to online discussion boards.

40 A social connection is often a big part of learning. There are things you can do to ease this problem. Jessica Pink, an undergraduate student, suggests taking online courses with a friend, so you can motivate each other to stay on track. You can also find students on the class discussion board to organize a study group, or schedule in-person meetings with your professor to discuss course concepts.

- A. But that doesn't mean there aren't deadlines.
- B. Your motivation should be your main concern.
- C. Do you know that online courses are also part of your education?
- D. Professor Alex Davidson teaches the same course in person and online.
- E. The chief complaint about online courses is that they lack human interaction.
- F. If you take an online course, what can you do to ensure the best possible grade?
- G. A survey found that 29 percent of college students registered for online courses.

【答案】 36. G 37. F 38. A 39. D 40. E

【解析】

【导语】 这是一篇说明文。文章主要说明了在线学习的注意事项。

36.由上文“*In the past few years, online learning has become a significant part of the university and college experience.* (在过去的几年里, 在线学习已经成为大学生活的重要组成部分)”可知, 在线学习对大学生活很重要, 本空要说跟“这种现象的具体表现”有关的话题, 故 G 选项“*A survey found that 29 percent of college students registered for online courses.* (一项调查发现, 29%的大学生注册了在线课程。)”能承接上文, 符合题意。故选 G。

37.由上文“*If you take an online course, what can you do to ensure the best possible grade?* (但是所有的在线课程都是平等的吗? 你如何确定数字化学习适合你?)”可知, 上文对在线课程提出疑问, 本空可以继续提出疑问, 故 F 选项“*If you take an online course, what can you do to ensure the best possible grade?* (如果你参加了在线课程, 你能做些什么来确保尽可能好的成绩?)”能承接上文, 符合题意。故选 F。

38.由上文“*The most obvious advantage of online learning is that you can study anywhere and anytime.* (在线学习最明显的优势是你可以随时随地学习)”可知, 在线学习具备的优势是可以让你随时随地学习, 本空要说跟“学习时间”有关的话题, 故 A 选项“*But that doesn't mean there aren't deadlines.* (但这并不意味着没有最后期限。)”与上文构成转折关系, *that* 指代上一句话, 符合题意。故选 A。

39.由下文“*He noted that his online students usually end up with lower grades.* (他指出, 他的在线学生最终的成绩通常较低)”可知, 本空要说跟“在线老师”有关的话题, 故 D 选项“*Professor Alex Davidson teaches the same course in person and online.* (Alex Davidson 教授亲自授课和在线授课)”能引起下文, 下文中的 *He* 指代 D 项中的“Alex Davidson 教授”, 符合题意。故选 D。

40.由下文“*A social connection is often a big part of learning. There are things you can do to ease this problem. Jessica Pink, an undergraduate student, suggests taking online courses with a friend, so you can motivate each other to stay on track. You can also find students on the class discussion board to organize a study group, or schedule in-person meetings with your professor to discuss course concepts.* (社会关系通常是学习的重要组成部分。你可

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/606234153053010223>