一、阅读理解

文章大意：本文介绍了中国传统节日——龙抬头节的来源以及相关习俗。

1. **The Dragon Head-raising Festival**

China has many colorful holidays and festivals. The Dragon Head-raising Festival or Longtaitou Festival is one of them. This special day is usually on the second day of the Chinese lunar February. ___1___. Ancient people believed that after this festival, rainfall would increase because the rain-bringing Dragon King would wake up from his winter sleep.

The dragon plays an important role in Chinese culture. ___2___. So dragon culture is one of the most popular cultures in China. That's why people celebrated the Dragon Head-raising Festival with many customs about the dragon in ancient times.

On the special day, people put ashes（灰烬）in the kitchen. ___3___. People believed that if the dragon went into their houses, they could have good luck all year round and have a good harvest in autumn. And people also ate special food. ___4___. For example, people ate noodles called "dragon whiskers noodles" and dumplings called "dragon ears". And In Shaanxi, people have the tradition to eat Qizidou to show their sincerity to Dragon King.

Even though many of the customs have faded away（消退）, ___5___. Some believe getting a haircut during the first month of the lunar calendar brings bad luck, while others believe that cutting their hair in the first lunar month will cause their uncles to die. So people choose to have a haircut on the Dragon Head-raising Festival to make bad luck leave them. And they want to make themselves have new looks and have a good year.

A. The food was usually named after the dragon
B. the tradition of cutting hair is also fading away
C. the tradition of cutting hair is reaching new heights
D. And this year, it fell on Feb. 21st in the solar calendar
E. Chinese people call themselves the "descendants（传人）of the dragon"
F. They thought the dragon could be driven away with the help of the ashes
G. They thought the dragon could be led into their houses with the help of the ashes

文章大意：本文作者回忆了学校的黄金时光，表达了对老师和同学们的感谢。

2. 请先阅读下面短文，掌握其大意然后根据短文内容从文后的七个选项中选择五个还原到文中，使短文意思通顺、结构完整。

The saying that school years are golden years is true for me. I enjoyed them a lot. ___1___ I owe (归因于) my life's success to my school days.

From the first day to the graduation day, my school days are a vivid recollection (生动的回忆) in my memory. Whenever a friend from school contacts (联系) me, I am taken back to those happy days of my life.

___2___ I made many good friends at my school. I experienced social skills first-hand. I was taught how to read, write and think critically (批判地). I learned to play sports and exercise to keep healthy.

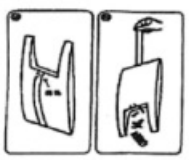
My teachers and my classmates helped me. ___3___ They shared their experiences and guided me. They were my models of success which I was thirsty for. They helped me in discovering my life's path. They supported, encouraged and inspired me a lot. My classmates were an immense blessing (巨大的福气) as well. ___4___ They raised me up when I couldn't stand up, they cheered me up when I was down, and they helped me stay on track with (与……保持一致) class progress when I got sick. I never could have made it through my school days without their friendships.

___5___ I will never forget those happy days.

A. My school days were a treasure box of valuable lessons and experiences.
B. Never fail to be thankful to the people around you.
C. My classmates were my true partners in all moments of life.
D. My teachers taught me much of what I know about life.
E. I've grown up after these years.
F. All these experiences made my school days golden in my life.
G. It shaped me as the person I am today.

文章大意：本文主要介绍了一位中学生发明的环保垃圾袋，介绍了发明它的起因，它的用处等。

3. 七选五　根据短文内容，从短文后的选项中选出能填入1~5小题横线上的最佳选项。



Be careful when throwing away wet waste. __1__

Shi Yuan, 14, from Shanghai Wenlai Middle School, has made a special bag to help solve this problem. __2__ When one end of the tape is open, the bag can be turned upside down. By holding the tape, users can easily throw wet waste into a trash bin without getting their hands dirty.

Shi came up with the idea after an unpleasant experience in which he once got wet waste all over his trousers while throwing it away. __3__ He decided to solve the problem. At last he invented the special bag with the help of family members and his science teacher.

To invent this is not easy. At first, the tape Shi used was a one-off(一次性) product. __4__ So he kept on improving the design. A few months later, the boy got the idea of using weak glue, which allows the waste bag to be reused. He got the idea from Post-it notes(便利贴).

__5__ He has already sold 2 million bags online. But Shi doesn't think he has done a great thing, "I just enjoy the fun process."

A. Not only old grandmas but also young mothers like his bags.
B. It wasn't environmentally friendly.
C. The bag will be widely used in the market.
D. Shi's bag has become popular both in local communities and on the Internet.
E. The special plastic bag has a band of adhesive tape(一段胶带).
F. Maybe these kinds of waste have made a big mess when you throw them away.
G. He found that many other people were facing the same problem.

文章大意：本文讲述立冬时，人们遵循的一些旧的传统习俗和现在新的习俗的出现。

4. 根据短文内容,从短文后的选项中选出能填入空白处的最佳选项,选项中有两项为多余选项。

Falling leaves and cold winds show the arrival of another season. In China, November 7th is*lidong*. It is a Chinese word for one of the 24 solar terms（节气）.__1__

To welcome l*idong*, people have many colorful customs that light up the cold days.

Winter is believed to be a season for storage（储藏）.__2__Eating well helps people store energy to beat the cold in winter and prepare for growth in the coming spring. In the north, people prefer eating dumplings. The Chinese word for dumpling, jiao(饺),has a similar pronunciation as the word " change",*jiao*（交）.__3__While in the south, eating chicken, duck and fish is common.

Throughout history,*lidong*was also a time for people to store vegetables.__4__Therefore, around*lidong*, some people in the north began to keep vegetables like cabbages and green onions in a cellar（地窖）underground.

__5__Most people buy fresh vegetables in the supermarket. Instead, new winter customs are being created in certain places. In Harbin, experienced swimmers choose to swim in the winter waters during*lidong*. It's really cold in the water!

A. There were not many fresh vegetables to eat during winter.
B. It is the most important solar term
C. It means the beginning of winter.
D. However, some of these customs have faded away（消失）
E. People especially like to eat dumplings during the Spring Festival.
F. One of the most popular customs is to have a big meal.
G. Eating dumplings means celebrating the change of autumn to winter.

文章大意：本文是一篇说明文，主要介绍了科学家们对珠穆朗玛峰的微塑料研究。科学家们指出塑料污染存在于地球的任何角落，人们应该减少塑料使用，使用更多环境友好型材料。

5. Mount Qomolangma stands as the world's highest mountain. At a height of 8848.86 meters, it must be free of plastic waste, isn't it? __1__

Last year, scientists collected eleven snow samples (样本) on Mt. Qomolangma, starting from 5,300 meters all the way up to its top. They found microplastics (微塑料) in all of them. The sample that had the most micro plastics was collected around Base Camp (大本营). __2__ Quite a few scientists think the microplastics came from the clothing, tents and ropes that were used by mountain climbers. The new research was led by Napper, a scientist. "I have always considered Mt. Qomolangma a pretty clean place," she said. "It really surprised me to find microplastics in every single snow sample." In May, 2018, plastic was discovered at the Mariana Trenchthe deepest point on Earth. __3__

Tons of plastic are thrown into the natural environment every year. As time goes by, plastic waste breaks down into microplastics. Microplastic pollution is less than 5 mm in size. It is too small to be picked up. Plastic waste carries harmful materials. Wild animals might fall ill because they easily mistake the waste for food. __4__ It is still unknown how microplastics may influence human health. Napper said it was time to care for our planet. __5__ Besides, many microplastics come from clothing made using unnatural materials. Napper said a focus on better materials was needed.

Whenever possible, we should use natural materials such as cotton.

A. It is the place where climbers spend the most time.
B. People also take in microplastics through food and water, and breathe them in.
C. The answer might make you disappointed.
D. Plastic can be widely used in our life.
E. Paper bags can take place of plastic bags.
F. It was important to reduce, reuse and recycle plastic waste, she added.
G. It is now clear that no place on our planet is safe from plastic pollution.

6. I have had a lot of teachers in my life and I have met many excellent teachers. I love them all because they have given me much help in my study. But the one that I'll never forget is my English teacher Mrs Wang. I was thankful for what she has done for me. ___1___, she could always help me in time. She was the best teacher in my eyes because she gave me something exceptional.

In my junior I was considered as a silly girl, because I was silent in class, but Mrs Wang always praised me. Her words were very important for me. ___2___ With her encourage, I began to believe in myself. As a result, ___3___ at the end of that term. In my eyes, she is not an English teacher, but also a kind mother.

___4___ but I love and respect her. We usually playing games or singing songs and doing other activities in class. Mrs Wang often help me to patiently after class, taught me important knowledge and skills, knowledge and skills, and taught me how to be an outstanding person, ___5___ I was completely moved and touched.

On the voyage of life, Mrs Wang have kindle the light of hope for me. but also given me a strong heart to face any difficulty.

A. Mrs. Wang was a strict teacher,
B. She gave me confidence (自信) and courage.
C. Mrs. Wang was outgoing and cool,
D. When I was in trouble,
E. what she only wanted to see was my improvement.
F. I got very big marks
G. Its nothing serious.

文章大意：本文是关于如何践行绿色生活方式的一些建议。

7. 阅读下面短文，从短文后所给的选项中选出能填入短文空白处的最佳选项，使短文通顺连贯，其中有两项是多余选项。

It is more important than ever to live a green lifestyle in today's world. Do you know how to live a green lifestyle? Here are some tips for you.

___1___ You can recycle paper and bottles and choose reusable products whenever possible. Take cloth bags instead of plastic bags when shopping.

Save water and energy. Don't spend a long time taking showers. Collect rainwater for plants or a garden. Also, you'd better buy LED or CFL bulbs (灯泡). ___2___

Play a role in your community. It's necessary to take an active part in clean-ups and support local renewable energy projects. ___3___ Protecting our environment is a community effort, and everyone has a role to play.

Keep the green life in mind. You need to be aware of how your action in daily life influences the environment. ___4___ And ask yourself how to do it to take better care of the environment.

Living a green lifestyle seems challenging. ___5___ By making changes in your everyday life, you can make the planet a better place.

A. Reduce waste.
B. Use technology.
C. However, it's not impossible.
D. You'd better take showers carefully.
E. Don't break environmental laws and rules.
F. Think carefully before you do every activity.
G. They use less power and work for a longer time.

8. 根据短文内容，从短文后所给的选项中，选出能填入空白处的最佳选项。选项中有两项为多余选项，并将所选答案涂到答题卡的相应位置上。

Our earth is in trouble. Our drinking water is becoming dirtier, and the air is not as clean as before. People and factories are polluting the air,

rivers, lakes and seas. You may think there is nothing you can do to help. That's not true. __1__

Cars burn oil. __2__ Some people believe that too much CO_2 is making the earth warmer than ever. __3__ This can save some oil and produce less CO_2.

__4__ So turn off the air conditioner(空调) when you don't need to use it. Use lights that save energy. Use fewer things that cannot be used again. When you buy something, consider those made from things that can be used again first.

A lot of water is needed for a shower. So take shorter showers. __5__

Every small action can make a big difference to our earth. Let's take action to protect it.

A. This can cut the use of water.
B. Air pollution is very serious.
C. This will make a lot of CO_2 into the air.
D. So try to walk, ride a bike or take a bus.
E. Nobody can play a role in protecting the earth.
F. There are many things you can do to save the earth.
G. The biggest energy use at home is for keeping warm or cool.

文章大意：本文就怎样组建读书俱乐部提供了一些方法。

9. The only thing better than reading a good book is reading it with others. In a book club, a group of people choose a book that everyone will read separately and then discuss together. __1__ It's also a lot of fun to talk about what you're reading with friends.

There are no rules of starting a book club. __2__ It's good to think ahead about how you'd like the book club to run and when and where you'll meet.

__3__ Think of eight to twelve people around your age. Perhaps encourage your friends to invite people who they know well but you haven't met. A book club can help you make friends.

Second, having a subject can make the club receive more attention. You might want to read fantasy stories or science fiction (小说). __4__ If you take it in turns to choose the books you read, you might discover some great new books and authors too.

Finally, make sure you read the book before the meeting. __5__ Actions speak louder than words. Try to start a book club of your own.

A. First, invite some friends to be your members.
B. Reading is not only something you enjoy by yourself.
C. A subject makes it easier to decide which books to read.
D. And then come to the meeting with questions to discuss.
E. The plan for it might well change, depending on the group.
F. How to choose the books that you like?
G. Reading books is like a long journey.

10. The next time you go into a bank, a store, or a supermarket, stop and listen. What do you hear? __1__ It's similar to the music you listen to, but it's not exactly the same. That's because this music was especially designed to relax you, or to give you extra energy. Sometimes you don't even realize the music is playing, but you react to the music anyway.

Quiet background music used to be called "elevator(电梯) music" because we often heard it in elevators. But lately we hear it in more and more places, and it has a new name "Muzak". About one-third of the people in America listen to "Muzak" every day. The music plays for 15 minutes at a time, with short pauses in between. It is always more lively between ten and eleven in the morning, and between three and four in the afternoon, when people are more tired. __2__

If you listen to Muzak carefully, you will probably recognize the names of many of the songs. Some musicians or songwriters don't want their songs to be used as Muzak, but others are happy when their songs are chosen. Why? __3__

Music is often played in public places because it is designed to make people feel less lonely when they are in an airport or a hotel. It has been proven that Muzak does what it is designed to do. Tired office workers suddenly have more energy when they hear the pleasant sound of Muzak in the background. __4__ Supermarket shoppers buy 38 percent more groceries.

__5__ They say it's boring to hear the same songs all the time. But other people enjoy hearing Muzak in public places. They say it helps them relax and feel calm. One way or another, Muzak affects everyone. Some farmers even say their cows give more milk when they hear Muza!

A. Some people don't like Muzak.
B. The music gives them extra energy.

C．Music is playing in the background.
D．Factory workers produce 13 percent more.
E．Muzak tends to help people understand music better.
F．They get as much as $4 million a year if their songs are used.
G．Muzak is played in most of the big supermarkets in the world.

二、阅读理解

11. As time goes by, are you still the same person you were? Many of you would think you are. ___1___ You could be a completely different person when you get old. Psychologists(心理学家) at the UK's University of Edinburgh did the study on a group of Scottish people. __2__

In 1950, a group of teachers gave over 1200 14-year-old students personality tests. ___3___ They were self-confidence, sense of responsibility ,perseverance（耐心）, strong wishes to win, creativity and moods(情绪).

In 2012, researchers successfully found 174 of those 1200 students and gave them a test similar to the one they had received before. ___4___ They were surprised to find great changes to all six personality traits of these people. __5__ It was " as if the second test had been given to different people. " the study reported.

In the past, personality was widely believed to be unchangeable. This new study may bring some fresh ideas to the world.

A．They tested six basic personality traits.
B．Then they compared the then-and-now test results.
C．They wanted to know if people's personality was unchangeable.
D．But according to a new study, your personality can change greatly.
E．The younger and older self-seemed to be totally different for each person.
F．The research found almost everyone's personality changed when they grew old.

文章大意：本文主要介绍了我们所喜欢的音乐类型和性格之间存在联系的一项研究。

12. 

Do you know how music influences the lives of people? Researchers did a survey about it. Over 36,000 volunteers joined in the survey and experienced many different kinds of music. Then the volunteers offered information about their personalities（性格）. __1__

Pop Music. __2__ While pop music lovers are hard-working and have high self-esteem（自尊）, researchers suggest that they may be easy to get worried.

Rock or Heavy Metal Music. When it comes to this kind of music, sometimes aggressive image（好斗的印象）about rock and heavy metal music may show up in our mind. __3__ They can be creative, but are often shy.

Classical Music. Classical music lovers are shyer. Those who are quiet may prefer to enjoy classical music. __4__

__5__ People usually believe that rap lovers are more aggressive, but researchers have found there is no such relationship between them. They say rap fans are usually outgoing.

In my opinion, this research helps you know yourself and others better.

A．They feel comfortable with themselves and the peaceful world around them.
B．Rap or Hip-Hop Music.
C．Different people have different opinions on music.
D．Here are the results about the survey.
E．However, researchers found that fans of this kind of music are usually very gentle.
F．Fans of pop music are possible to be outgoing and honest.

13. We know many great inventions which have changed the world. Have you ever had a wonderful idea and thought it would make a great invention, but didn't know what to do next? __1__ They will help you make your dreams come true and become a famous inventor.

The first thing that you should do is to do some research on the Internet to see if anyone else has invented it. If not, you should search through the US Patent (专利) information to see if a patent was ever created for your type of invention. __2__.

The easiest thing to do is working with a company that can help you to make your dreams a reality. It can help you present your ideas and get your product to the right companies. One company that is very reputable (声誉好的) is "Lambert and Lambert in Minnesota". ___3___ If they think your product is marketable (有销路的), they will help you to get it to the right company.

Call the company and make an appointment. You will want to bring in a model of your invention and a complete description of your ideas. __4__ Then when you meet with them, you can present it and they will tell you how marketable it is. If they decide to help you, they will work to present it to different companies and help you to go to the next step.

Once your invention has been sold to a large company, get ready to get the benefits of becoming the next great inventor.

__5__ But the benefits are worth the wait.

A. It may take a year Or two.
B. Write down-exactly about your invention.
C. If there is no patent, go to the next step.
D. You will find something new on the Internet.
E. Here are some steps that you can take.
F. They offer free advice for good ideas.

文章大意：本文是一篇说明文，主要介绍了一些人类现在使用的几种能源，讲述了能源的使用以及和环境相关的知识。

14. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有一项为多余选项。

The modern world runs on energy. However, in the past human society used very little energy like wind, water and fire could provide. There are many different ways to create energy, but some ways are harmful to the environment.

Fossil fuels (化石燃料) are the most common kind of energy. They include coal, oil, and natural gas. First, people have to dig them from the ground. __1__ However, scientists are creating cleaner and better ways to do that these days. So the environment is not harmed as much as before. But when people burn these fossil fuels, they can give off a lot of harmful gases, which is considered to be one of the greatest causes of global warming. This might harm the environment.

Tidal (潮汐) energy is another way to make electricity. It uses the ocean tides to make electricity. But some kinds of tidal energy can kill many fishes and other sea animals. Also dams(堤坝) can create lakes and lots of clean energy, but they change the way that rivers run. __2__

Nuclear energy is a very powerful form of energy. __3__ However, many people are afraid of it because there have been some very serious accidents in the past which caused great harm both to humans and nature. __4__ Many countries are starting to use nuclear energy more.

__5__ Whatever kind of energy we use, it should be good for people and environment.

A. It is cheap and very clean.
B. So they can do great harm to the balance of nature.
C. But the technology is much better these days.
D. This can sometimes harm the environment.
E. Scientists will make it better.
F. We live in an age when it is possible to use different kinds of energy.

文章大意：本文主要介绍了塑料污染的严重性以及McCartney在缓解这个问题上做出的努力。

15. 

We all know there is a problem with plastic pollution. Five trillion plastic bags are used every year. __1__

What if we could use plastic waste to build roads? This is exactly what Toby McCartney has done.

In 2019, McCartney's UK-based company, MacRebur, built the world's first plastic road in Elgin town, Scotland. The plastic waste was made into grains (颗粒) and then mixed with biturnen (沥青). __2__ But it has improved strength and is more stretchy (有弹性的) thanks to the plastic.

__3__ "I saw people in India would put plastic waste into holes and burn it. The plastic would melt down and form a seal (密封物) in the hole," said McCartney.

"I knew that there must be some similarities between the plastic and biturnen, which both come from oil. __4__" he said.

After lots of testing, McCartney found the perfect recipe (配方). And now his company has built many plastic roads around the world, from Australia to Europe. A one-kilometer stretch of road uses about 684,000 plastic bottles or 1.8 million plastic bags. The road itself can be recycled at the end of its lifespan (使用期限). __5__

"We're just a small part of ending the plastic problems, but it's nice to be part of it," McCartney said. "I just don't want my daughters to live in a

world where there are more plastics in our ocean than fish."

A. The road looks just like any other road.
B. McCartney's idea came from a trip to India.
C. The materials can be reused to build new roads.
D. That's how I started to think about mixing them.
E. He thought he could build the road in India in this way.
F. One million plastic drinking bottles are bought every minute.

16. Some of you might often feel unhappy or forget how great you are. But do you want to make you feel good about yourself? __1__

Look at the mirror and say to yourself, I am a special person and there's no one in the world like me. I can do anything. It may not sound good, but it really works!

Smile. __2__ Look for the good things in your friends and family.

Do something nice for someone. Helping others always makes you feel good.

__3__ Have you ever wanted to decorate (装饰) your own room or learn how to swim? Go for it! New challenges are fun and give you a sense of achievement when you have finished.

__4__ Write down your thoughts, dreams or anything you want in your diaries! Writing always helps to open up your thoughts.

Stay with your family. We all need our family time. __5__

A. Learn something new.
B. Start to keep diaries.
C. Ask your friends for help.
D. Be friendly to people you meet.
E. Here are some suggestions for you.
F. Talk with your mum or dad or maybe even your cousin.

文章大意：本文介绍了什么是雄心，并讲述了一些人的雄心。

17. 阅读短文，从短文下面方框中的六个句子中选择五个还原到短文中，使短文通顺完整、衔接自然。

Most people have ambitions (雄心). __1__ For example, a student's ambition might be to pass his or her exams and then get a good job. An athlete's ambition could be to win an important competition. __2__

Not all ambitions are about success at work, however, some people just want to be good people, have a family or help others.

__3__ He writes sports reports for his class newspaper. He likes most sports, and swimming and football are his favorites. Trudy's ambition is to be a concert pianist. __4__ It is very important to her.

Harry's ambition changes every day! One day he wants to be an astronaut. The next day he wants to be a pop singer. __5__ His mother would be happy if his ambition was to get up in time for school every day!

What's your ambition?

A. Ben's ambition is to be a sports writer.
B. But others don't have any ambitions.
C. She is very serious about it and practices playing the piano every day.
D. An ambition is something we want to do, want to be or want to have.
E. The next day he wants to drive a racing car.
F. A businessman's ambition is usually to make a lot of money.

文章大意：本文主要介绍了保护视力的方法。

18. 阅读下面文字，从A到F选项中为每段选出一个最适合的标题。

Starting to lose eyesight is a natural part of getting older. However, there are some things you can do to protect your eyesight and keep your eyes as healthy as possible.

__1__. It's a good idea to get your eyes tested for eye problems, and to see if you're wearing the right glasses—or if you need to start wearing them. Doctors advise that adults get an eye test every 2 years.

__2__. Looking at things like screens for too long can cause eye pressure. Many experts advise the 20-20-20 rule, especially when using a computer. Every 20 minutes, you should take a break by looking at something 20 feet (about 6 meters) in front of you for 20 seconds.

__3__. Sunlight can do something bad to the eyes. To protect your eyes from the sun, wear sunglasses year round, even in winter.

__4__. If you are too fat, it's easier to cause many eye illnesses that can lead to blindness, so it's important to keep a healthy weight.

__5__. Not only will a good diet help you keep a healthy weight, the food you eat can keep your eyes healthy, too. Eat a diet with lots of fruits and vegetables, especially dark green vegetables like spinach. Foods like fish, nuts and seeds are also good for eye health.

A. Eat a healthy diet
B. Wear sunglasses year round
C. Get your eyes tested
D. Keep a heavy weight
E. Take a break from screens
F. Keep a healthy weight

19. Here are some good suggestions for you to learn English well.

__1__ Even if there is no one around to speak to, talk to yourself. Name things as you pass them. This simple language learning skill will help you understand these everyday words.

Talk to your friends you know in English. __2__ They may understand you even if they don't speak it. Simple expressions like "Good morning!" in English will make those sentences more natural to you. Your friends may even start to learn a few sentences as well.

__3__ You'll hear the language used in a real situation and this will help you judge（判断） the pronunciation even better. Yon will also come to further understand and better enjoy the culture behind the language.

The easiest language learning skill is to try! Don't be afraid to make mistakes when you speak and write English. In fact, you will learn as much from your mistakes as you will learn from your success. __4__ .

It's a good way to find an English club. It's helpful to speak with other people who are still going through the course of learning English. __5__ .

A. Explain to them you are practicing it.
B. They will give you lots of learning skills.
C. You can speak Chinese with your friends.
D. Listen to English songs when you are free.
E. The best way to get better at English is to speak it.
F. Never let the fear of making any mistakes hold you back.

文章大意：本文主要讨论了食物浪费对于环境造成的危害，倡导人们要节约食物，按量索取，共同努力造就更美丽的城市居住环境。

20. 根据短文内容，从短文后方框中的A-F选项中，选出适当的选项补全短文，并将其编号字母涂在答题卡上相应的位置。选项中有一项为多余选项。

The next time you sit down to a delicious dinner, ask yourself, "How much food will I be able to eat?" If you think about only taking as much food as you can eat, it will help cut down waste. __1__ This is very sad when we consider that many people can't even afford to have one meal every day and some of them even die from hunger. The problem of waste happens all over the world. __2__

First, __3__ Only take as much food as you can eat, buy things in environmentally friendly packaging such as paper or cardboard. Second, leave rubbish in its proper place. If every person could cut down waste, even just a little, the whole effect would be great.

__4__ If rubbish or food is left in the streets in our city, it can make the city dirty and may also lead to a bad smell in the streets. So __5__.In this way, we will feel more comfortable living in the city.

A. the most important thing for us to remember is to be friendly to the environment.
B. Some actions must be taken to reduce food waste.
C. Every day, plenty of food goes uneaten and turns into rubbish.
D. Rubbish and waste can be a big problem in large cities.
E. we should try our best to work out the problem and make the city more beautiful.
F. People often want more than what they really need.

三、阅读理解

文章大意：本文是一篇记叙文。文章通过介绍纸的前世今生，呼吁人们节约用纸，并提供了一些节约用纸的方法。

21. In the 13th century, the famous Italian traveler, Marco Polo, traveled a long way to China. During his stay in China, he saw many wonderful things. One of the things he discovered was that the Chinese used paper money. In Western countries, people did not use paper money until the15th

century. __1__

A Chinese man called Cai Lun invented paper almost 2, 000 years ago. He made it from wood. __2__ He then put these pieces of paper together and made them into a book.

__3__ We use a lot of paper every day. If we keep on wasting so much paper, there will not be any trees left on the earth. Every day, people throw away about 2, 800 tons of paper. It takes 17 trees to make one ton of paper. This means that we are cutting nearly 48, 000 trees every day.

Since it takes more than 10 years for a tree to grow, we must start using less paper now. If we don't, we will not have enough time to grow more trees to take the place of those we use for paper. __4__ We can use both sides of every piece of paper, especially when we are making notes. We can choose drinks in bottles instead of those in paper packets. We can also use cotton handkerchiefs and not paper ones. When we go shopping, we can use fewer paper bags. If the shop assistant does give us a paper bag, we can save it and reuse it later.

__5__ If we all think carefully,we can help protect trees. But we should do it now,before it is too late.

阅读下面短文，选出适当的句子填入空白处，使文章完整、通顺。

A. Now paper still comes from trees.
B. Everyone can help to save paper.
C. However, people in China began to use paper money in the 7th century.
D. He took the wood from trees and made it into paper.
E. So how can we save paper?

文章大意：本文是说明文，本文主要介绍了玩具的发展史。

22. Toys have a very long history. Changes in toy-making have taken place when new materials have come out. __1__

People have found toys more than 2, 000 years old. __2__ Not much is known about the toys of the Middle Ages (about 800 years ago). There are drawings of children playing war games on wooden horses.

About 400 years ago, the German town of Nuremberg became a center for toy-making. Toy makers worked near the lead mines (铅矿). __3__ Wooden toys were also made in the hills nearby.

__4__ Toy horses and trains were popular. Many beautiful toy houses were also made in those days. In 1893, in England, William Britain invented a new way of making toys with a cheaper method. Thousands of these toys were sent to different countries all over the world.

As time went by, soft toy animals have appeared. __5__ The cartoon showed President (总统) "Teddy" Roosevelt with a baby bear. An American toy maker made a lot of toy bears which were named "Teddy" bears after the President.

A. These toys were usually made of wood.
B. And many of them started making toys from lead.
C. In 1903, a cartoon appeared in an American newspaper.
D. Toys have become cheaper when new ideas have come out.
E. 150 years ago, toys made of metal became cheaper.

文章大意：本文是一篇说明文，向我们介绍吃火锅的步骤。

23. 阅读下面短文，从短文后所给的五个选项中选出能填入短文空白处的最佳选项，使短文通顺、连贯，意思完整。

Eating a Chinese hot pot is a very common experience. __1__

Firstly, __2__ There is no right or wrong way to prepare a soup, so feel free to make your own. A simple soup can be made by boiling water with the addition of meat bones or fish heads and a mixture of herbs(草本植物), and seasonings(调味品).

Then, __3__ It will make sure that the items will cook quickly and fully. Choose any food that you enjoy. Some common choices for Chinese hot pot include thin pieces of beef, pork, lamb and so on. At the same time, __4__

Finally, arrange(安排) the seat rightly. At home, a single hot pot would work well up to 4—8 people depending on the size of the pot. __5__ Now comes the turn to enjoy your hot pot.

A. choose, wash and prepare some vegetables.
B. Prepare a small dish for each guest to mix their seasonings.
C. Here are some easy steps to make a Chinese hot pot at home .
D. prepare a large pot of soup.
E. cut different kinds of meats and fish into thin slices(薄片).

24. “Clear waters and lush mountains are invaluable assets (绿水青山就是金山银山)”. Since the founding of the PRC, the government has paid great attention to environmental protection. __1__

In the early 21st century, many parts of the country were affected by sandstorms. __2__ They can do great harm to plants, animals and buildings.

Planting trees has played an important role in preventing deserts from growing in size and bringing more sandstorms. __3__ The total desert coverage has been reduced by an average of 2,424 square kilometers every year. That is as big as 340,000 soccer fields.

__4__ Back in January 2013, smog covered a total area of 2.7 million square kilometers in cities around China. To solve this problem, the government ruled out a series of measures to control air pollution. Beijing has made many efforts to fight air pollution. __5__ They encourage the use of new energy vehicles instead of gas powered cars to reduce pollution.

A. They stop the chemistry factories from polluting the air.
B. China’s total forest coverage rose from 12% in the 1980s to 22.96% last year.
C. Great achievements have been made in China in recent years.
D. During a sandstorm, a large number of sand is blown into the air by strong winds.
E. China has improved its air quality greatly because of efforts to control air pollution.

文章大意：本文主要介绍了学会一门语言的秘诀，虽然学习语言是费时间的，但是也是令人愉快的。

25. What’s the secret of successful language learning?

We ask two experienced teachers of English for their opinions.

Alastair Banton is a teacher at a language school in the UK. __1__

You must really want to learn the language. It is the most important thing. __2__

Imagine yourself using the language confidently, and think “Yes, I can do that.”

Then there are other things. __3__ Using English is fun. And you have to be realistic (务实的). Learning a language takes time, and you can’t expect to know everything in a few weeks.

__4__ She has taught English in a secondary school for a number of years.

Teresa Pelc says that motivation (动机) is the most important thing. You have to be ready to read a lot, to listen to the radio, and to watch TV. It is so easy to forget new words and new patterns. That’s why we need a teacher to push us sometimes. __5__ However, learning a language is also very enjoyable --I praise my students for everything they do well. Many students are very successful and speak English better than I.

A. You also believe in yourself.
B. He also taught English in Japan.
C. Teresa Pelc is a teacher of English in Poland.
D. You need to work hard, but at the same time you need to enjoy it.
E. Even the most motivated students need that extra (额外的) push sometimes.

文章大意：本文主要通过举例，说明了鸟类数量变少的原因是由于环境受到破坏而造成鸟类供食不足，从而警示人们保护环境，拯救鸟类。

26. Birds are amazing animals. They live in all parts of the planet, from hot deserts to the ice of Antarctica. They fly nonstop for days. They find food easily. One out of five birds migrates (迁徙) . They find safe places to rest.

__1__ The bird population is going down. This is happening to birds in all parts of the planet, from hot places to cold places. Birds are losing places to live and make their nests. Their food supply is going down. __2__ Some seabirds, like puffins, are disappearing. Chemicals in the environment are influencing bird populations. In Michigan, robins (知更鸟) are dying. The songs of some birds are changing. Some birds are having fewer babies. Some birds are losing their ability to find their way. __3__ Why is this happening?

Insects, fish, and other animals take in chemicals from the environment. Birds eat insects and fish.Some birds cat dead animals. This is giving birds health problems. __4__ Scientists like Christy Morrissey are trying to find out. Morrissey studies nature and harmful things in our environment. She wants to know how chemicals influence these birds. Birds’ population usually grows at a fixed speed. When the bird population goes down, then there is a problem. It means something is happening to the environment. __5__ We need to listen to these messages about our own health and the health of the planet.

A. Clearly, birds are in trouble.

B. Some penguins are dying because of hunger.
C. Then what are these chemicals doing to humans?
D. According to Morrissey, birds are sending us messages.
E. But, unfortunately, all of this is changing in recent years.

文章大意：本文主要介绍了《The Kid》这部反映卓别林生活经历的电影。

27. 阅读短文及文后选项，选出可以填入空白处的最佳选项。

It's been about 100 years since the actor and filmmaker Charlie Chaplin produced the film *The Kid*. It was made in black and white and was silent. __1__

The story is about the relationship between two homeless people. __2__ In the movie, the 6-year-old Jackie usually breaks windows and runs away. Then Chaplin offers to fix the windows to make money for their living. As time goes by, the pair develops a partnership.

__3__ Chaplin was known for being strict when looking for actors. It is said that if he could, he would have played every role in every one of his films. A few days before he started testing actors for the role, the kid, his baby son had died. With luck, Chaplin visited a theatre and a dancer brought his son, Jackie Coogan. __4__ Chaplin later wrote, "All children have talent；the key is to bring it out in them. With Jackie, it is easy."

The Kid was based on Chaplin and his brother, Sydney's life experiences with their mother. Like the kid in the film, Chaplin had a very poor childhood. He and Sydney were raised by their mother. At 10, his mum became too ill to look after her sons, so they had to take care of themselves. __5__

A. It was not easy for Chaplin to choose the actor for the role, the kid.
B. Seeing him on the stage, Chaplin knew he was the right person to be in his film.
C. It was always considered to be the greatest film directed and acted by Chaplin.
D. One is the father, played by Chaplin, and the other is his adopted (收养的) child, played by Jackie Coogan.
E. Perhaps that was why people said the film showed the true life.

28. Walking on the street, you may often hear girls your age talking about the hot online show Idol Producer, and "Kunkun" is one of the names they mention the most. __1__ The young star, who was born in 1998, won first place in Idol Producer and now he is a member of the boy band Nine Percent.

Cai Xukun is truly a rising star in China. __2__ He sings, dances and writes his own songs. "He is so talented. I like every performance he is a part of.__3__ " says one of his fans.

Like many other young stars in China. Cai is called "Little Fresh Meat".

Sometimes people think "little fresh meats" like him get too much glory(荣誉) just because they are good-looking. However, Cai doesn't fully agree. His success didn't come easy. __4__ In order to give an excellent performance, Cai often practices hundreds of times until midnight. When asked if he ever gets bored, he answers, "Never, because I'm doing what I love." __5__ "I will keep getting on this road and I won't let my fans down." says Cai.

根据材料内容从下面五个选项中选出能填入史中空缺处的最佳选项,使短文意思通顺，内容完整。

A. As the lead singer of Nine Percent, Cai has come to a new point in his career.
B. He seems really polite that's why I like him so much.
C. To shine brightly on the stage, the 19-year-old has made great efforts.
D. He appears in several popular shows and plays in TV series and movis.
E. "Kunkun" is the nickname of their idol Cai Xukun.

29. **Using Computers & Robots to Help Farmers**



A research project called Mineral his created robots that move around in farm fields, collecting information about how plants are growing. The

project aims to use computers to help farmers grow more food in ways that arc healthy for the environment.

___1___ More and more food needs to be grown in order to feed everyone. Some experts say that to feed everyone, more food will need to be grown over the next 50 years than in the last 10.000 years.

Mineral's team spent several years talking to farmers to see what problems they were having end how these problems might be fixed. That led to the creation of special robots, called "plant buggies (小机动车)". ___2___

At first, the buggies were very simple. They were built on bicycles and took pictures with cell phones. ___3___

The plant buggies roll on four wheels. ___4___ They're covered in solar panels (太阳能面板) and have strong wheels, allowing them to roll through muddy fields.

___5___ They can even do things humans can't, like counting all of the small buds (花蕾) on a plant. By collecting lots of information like this, Mineral believe computers can help farmers make predictions about how their plants will grow.

Now the Mineral team is working in countries around the world, including Argentina. South Africa, and Canada, learning how computers and robots can help farmers produce more, in ways that arc Rood for the environment.

A. They collect detailed information about crops.
B. The robots can take detailed pictures of plants, and measure the plants' size.
C. Over time, they've been improved repeatedly.
D. The number of people on the earth is getting bigger each year.
E. They are high enough to glide (滑动) over rows of plants without hurting them.

文章大意：本文是一篇说明文，主要介绍了胡里节的历史和庆祝方式。

30. Holi is a popular spring festival. It is usually held in March. Holi is also known as the "Festival of Colors" ___1___ Since then, many Indians have traveled or moved to other countries. They have brought the traditions of Holi with them. Today, it is celebrated by millions of people around the world.

___2___ There are many stories about it. One popular story is related to the Hindu(印度教的). A god saved a kind prince. And be burned the prince's evil aunt to death. ___3___

What's the next celebration? Well, people throw colorful powder and water balloons at each other. As you might imagine, Holi can get messy. ___4___

Families also share a big meal. They enjoy many traditional Indian foods.

Besides, some places have their own ways of celebrating Holi. One example is the Indian state of Punjab. ___5___ These include music and poetry competitions and mock battles(模拟战斗).

What great fun to be had there!

A. But it's full of joy!
B. How did Holi get started?
C. That's why many people start Holi with a fire.
D. It started thousands of years ago in Northern India.
E. Over three days, people there hold many different activities.

四、阅读理解

文章大意：本文主要介绍了在过去，包括医生在内的人都不知道病菌是如何传播的。于是在1619年，有医生发明了鸟形的面罩来阻止病菌传播。事实上，由跳蚤和啮齿动物传播的瘟疫并不是依靠面罩，而是依靠包裹医生全身的外套、手套、靴子和帽子来阻止的。

31. **The Bird Mask**



Today, doctors know a lot about how to stop germs (病菌) from spreading. They suggest people cover their mouths when they cough. Washing your hands often also helps.

However, people haven't always known about germs. For many years, even doctors didn't really understand how illnesses spread. ___1___ Some doctors even tried dressing like birds.

In 1619, the French doctor, Charles de Lorme, invented a special uniform. He hoped it could protect doctors who were treating plague (瘟疫) patients. The uniform had a long coat, gloves, boots (靴子) and a hat.

The doctors also carried sticks so they wouldn't have to touch the patients. The most special part of the uniform was the mask (面具).

___2___ It had a beak (鸟嘴) that was about 15 cm long. There were also two eyeholes cowered in glass and two nostril (鼻孔) holes.

At that time, doctors believed the plague was spread by bad air. Any air that had a bad smell was dangerous. ___3___ They believed this could stop them from breathing the bad air and they wouldn't get sick because of the plague.

Did it work? Well, not really. Certainly the germs sometimes traveled through the air, and the flowers weren't able to stop them. ___4___

Some forms of plague only spread through certain animals such as mice. The doctors' uniform helped to protect them from this danger. However, largely the coat, gloves, boots and hat did the job, not the bird mask.

根据短文内容，从下列选项中选出能填入文中空白处的最佳选项。选项中有一项为多余选项。

A. The bird mask helped to protect the doctors from this danger.
B. Many doctors still got sick by breathing through the nostril holes in their masks.
C. The mask made the doctors look like birds.
D. So the doctors put flowers in the beak of their masks.
E. They did many things to avoid getting sick.

文章大意：本文主要讲述了生气对身体健康的影响，同时也告诉我们一些处理生气的方法。

32. 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项，选项中有两项为多余选项。

Doctors say anger can be an extremely damaging emotion, unless you learn how to dcal with it. They warn that anger can lend to heart disease, stomach problems, headaches, emotional problems and even cancer.

___1___. Some people express anger openly in a calm reasonable way. Some burst with anger and scream and yell. But others keep their anger inside. They can not or will not express it. This is called repressing anger.

For years many doctors thought that repressing anger was more dangerous to a person's health than expressing it. They said that when a person is angry, the brain releases the same hormones(荷尔蒙). They speed the heart rate, raise blood pressure, or sugar into the blood, etc. ___2___

Some doctors say that both repressing and expressing anger can be dangerous. They believe that express anger violently may be more likely to develop heart disease, and they believe that those who keep their anger inside may face a greater danger of high blood pressure.

Doctors say the solution is learning how to deal with anger. They say the first step is to admit that you a and to recognize the real cause of the anger, then decide if the cause is serious enough to get angry about they say, "___3___. Wait until your anger has cooled down and you are able to express yourself calmly reasonably."

Doctors say that a good way to deal with anger is to find humor in the situation that has made you angry. ___4___.

A. In general the person feels excited and ready to act.
B. They said that laughter is much healthier than anger.
C. Expressing anger violently is much harmful than repressing it.
D. Anger may cause you a cancer.
E. Do not express your anger while angry.

F．Anger is a normal emotion that we all feel from time to time.

33. Is modern life moving too fast? Do you feel as if you are running hard, but staying in the same place? Well, you are not alone. According to a recent study, 78% of the young people say the "sped-up" pace（节奏）of modern life is making them feel really tired.

Rapid changes in technology and society are the main causes of the problem.__1__With everyone connected by smartphones, young people can easily learn about the newest, the latest and the coolest things happening around them. No one wants to miss a hot topic. And with all the videos, games and the messages they get from smartphones, they feel uncomfortable when it's quiet— so boring!

Is there a way to help stop the "sped-up" life? Yes, there is.__2__Staying away from your phone for a few hours each day, we will put you back in control of your life. Even Bill Gates and Steve Jobs were worried about the influences of the technologies they had created.__3__

As human beings, we are not supposed to be stimulated（刺激）all the time. It can even be harmful to both our physical and mental health.__4__ These things can help you lead a peaceful life. It's a little bit hard at first, and you have to make a great effort, but it's you who can take control of your time and life, isn't it?

根据短文内容，从下列选项中选出能填入空白处的最佳选项，选项中有一项为多余选项。

A．Turn off your smart phone.
B．However, the smart phone plays an important role in your life.
C．So, slow down to visit a park, read a book and take up a hobby.
D．And the continuous bombardment（轰炸）of information can be another cause.
E．They didn't allow their own kids to use the smart phone and the Internet for too long.

文章大意：本文主要介绍了中国剪纸的历史、内容以及发展。

34. 阅读下面短文，根据短文内容，从短文后所给的六个选项中选出可以填入空白处的最佳选项，使短文意思完整、连贯。有两项为多余选项。

Chinese paper cutting is an art of cutting out pictures from paper with a pair of scissors. It has been around for over 1,500 years.

The most common pictures of paper cutting are flowers, animals and things about Chinese history. The paper cuttings are so vivid (生动的) that they look like real ones. ___1___ During the Spring Festival, people usually put the Chinese character "Fu" on windows, walls and doors for good luck and a happy new year.

___2___ Fang Jianguo has made paper cutting for over 30 years. "This art was invented for decoration (装饰) from the very beginning," said Fang. "Before doing it, you have to learn how to draw well. Without good drawing skills, you can't make good paper cuttings."

Paper cutting also has new development. Li Baofeng is a 55-year-old artist. "Traditional paper cuttings are often made with red paper. ___3___ So I want to make something new," said Li. She has made works in different colors.

Now paper cutting has changed from decoration to a kind of art. More and more people love paper cuttings. ___4___ The next time you see a paper cutting, take a moment to enjoy it.

A．It seems to be a little boring.
B．Paper cutting is all made by hand.
C．How long does it take to learn paper cutting?
D．Some even buy them as gifts for their friends.
E．Paper cutting sounds easy, but it can be hard to do well.
F．Red paper cuttings can show happy feelings and good wishes.

文章大意：本文是一篇说明文，介绍了中国传统的24节气。

35. 根据短文内容，从短文后面选项中选出能填入空白处的最佳选项。其中有一项为多余项。

The traditional Chinese lunar calendar divides the year into 24 solar terms（节气）. ___1___ It is still useful today to guide people's lives through special foods, cultural ceremonies and even healthy living tips.

Grain Buds（小满）, the 8th solar term of a year, begins on May 21st this year, and ends on June 4th. It means that the seeds from the grain are becoming full. ___2___ A saying about rain during this time mentions, "A heavy rainfall makes the river full." Because of the great increase in rainfall, rivers are full of water. This is a good time to enjoy fish. It is also harvest season for fishermen.

Frost's Descent（霜降）, the 18h solar term of the year, is the last solar term of autumn. ___3___ The apple is one kind of recommended（推荐

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：https://d.book118.com/635341233230011120