

【备战2025 中考英语】中考英语考前冲刺重点题型专项突破

专题 04 阅读还原（七选五）20 篇（含答案解析）

精选2025 年最新中考模拟试题

Passage 1

（2024·江苏宿迁·二模）阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Today, people all over the world have the same hobbies, watch the same movies, and wear the same clothes. We are not very different. 1 In the East and in the West, social rules are not the same.

In the East, it can take a long time to become someone's friend. People are very close to their friends. When people from the West meet you, they will call you a friend right away. 2

When people from the East meet you, they often ask questions. They want to know about your age, your family, and if you are married. To people from the West, these are not polite questions. They don't like to talk about these personal things.

3 In the East, family is always a part of life. Kids there live with their parents for a long time. They still listen to them after they grow up.

However, in the West, independence (独立) is very important. Parents prepare their kids for life. Then, after their kids grow up, they say goodbye and leave home. 4 They don't have to listen to their parents.

In the East and in the West, people think differently too. People in the West think about small details (细节). They also think less and act more. 5 And they often keep their opinions quiet. That keeps relationships happy.

A. Family is important for everyone.

B. Parents teach you much about your life.

- C. That doesn' t mean they are close to you.
- D. However, our cultures are still quite different.
- E. Later, the kids can choose to start a family or not.
- F. There are differences between British English and American English.
- G. In the East, people notice relationships between things.

Passage 2

(2024 • 山东枣庄 • 一模) Farmyard robots can cut down chemical pollution

How do farmers usually kill weeds (杂草) in the fields? Many of them use chemicals (化学制品) to kill them. The trouble is, these weed killers also kill wildlife, pollute rivers and are bad for the fields. 6
This kind of robot can cut weedkiller use by 90%. The robot is really smart because it only kills weeds but not crops (庄稼).

7

Several cameras are built into the robot. The cameras facing the ground take photos to help the robot “see” the plants it passes. The robot compares each photo to a library of plant photos. 8 Robot arms move into position to give a small dose (剂量) of weedkiller on the weeds. The robot is energy-friendly. 9

How the robot will develop.

The scientists do not want to just stop at the achievement they have made. 10 The improved model of robots will exactly discover weeds and dig them out instead of weed killers. Robots could be programmed to leave some harmless weeds in the fields to support wildlife living there.

- A. But scientists have created a farmyard robot.
- B. It is powered by the energy from the sun.
- C. Where the robot is used.
- D. They' re working on the new designs to improve the model.
- E. How the robot works.
- F. Why do farmers choose the robot to work in their fields?

G. Then it decides on which plants are weeds.

Passage 3

(2024·陕西渭南·一模) Our eyes have never been under as much strain (压力) as they are today. What can we do to keep our eyes healthy?

11. We usually open and close our eyes about 10 to 15 times a minute. When we work at a screen or read, we forget to blink enough. Not only does this lead to discomfort in our eyes, but also it makes us tired and can even cause headaches.

We spend hours staring at a computer, a smartphone or other screens, which overtire the eyes and can cause them to become dry and sore. 12. Look at something about 20 feet away for 20 seconds.

Just like the rest of our body, our eyes need fresh air too. 13. During the winter, many offices are heated, which dries out the air. If you stay in such offices for a long time, you should remember to get fresh air out the room. Just give your eyes a rest.

Drink two to three liters of water every day to make sure that the eyes receive enough moisture (水分) they need. Getting enough sleep also makes our eyes feel better. 14.

Get your eyes checked regularly (定期). 15. There are suitable glasses for everyone, no matter what our needs are.

- A. And choose glasses that suit your special needs
- B. Be sure to blink (眨眼) your eyes often
- C. It is important for students to protect their eyes
- D. A walk outside can help relax overtired eyes
- E. Seven to eight hours of sleep per night is enough
- F. To have a bright future, you have to work harder
- G. Rest your eyes by taking a break every 20 minutes

Passage 4

(2024·江苏宿迁·一模) 阅读下面短文，从短文后的选项中选出可以填入空白

处的最佳选项。选项中有两项为多余选项。

Think of life as a game in which you are playing with five balls in the air. You name them work, family, health, friends and spirit and you keep all of them in the air. 16 If you drop it, it will bounce back (反弹).

But the other four balls, family, health, friends and spirit, are made of glass. 17

They will never be the same. You must understand that and try to have balance in your life. 18

Don' t look down on your worth by comparing yourself with others. It is because we are different and each of us is special.

19 Only you know what is best to yourself.

Don' t give up when you still have something to give. Nothing is really over until the moment you stop trying.

20 Be brave!

Don' t be afraid to learn. Knowledge is a treasure you can always carry easily.

Life is not a competition, but a trip, step by step.

- A. Don' t be afraid of difficulties.
- B. Don' t run through life so fast.
- C. You will soon understand that work is a rubber ball.
- D. Here are some suggestions for you.
- E. Don' t let other people set goals for you.
- F. Don' t use time or words carelessly.
- G. If you drop one of these, they will be broken.

Passage 5

(2024·广东惠州·一模) 根据短文内容, 从所给的选项中选出能填入空白处的最佳选项, 选项中有两项为多余选项。

With the development of technology, the Internet is becoming more and

more important in our daily life. People may sometimes feel it difficult to go without the Internet. 21

Firstly, the Internet provides a great deal of information. 22 For example, you can get information from food to clothes. from travel to study ... Instead of spending a long time looking for a book in the library, you can get what you want with just a click of the mouse and a touch of the button.

Secondly, 23 You needn' t go to real stores to buy everything. You can order and enjoy your dinner without going to the restaurant. You can even have a meeting at home.

The Internet also helps set up and keep social relationships. Nowadays, people may easily connect each other by WeChat. 24 Don' t worry. Add the related (相关的) people into WeChat group and discuss your plan.

However, if you don' t use the Internet properly and reasonably, it will have bad effects on your life. For example, 25 Surfing the Internet too much is also bad for people' s health. So be a good Internet user and make full use of the Internet, and you will get much from it.

- A. Want to organize an activity?
- B. With the help of the Internet, you can search for everything.
- C. some teenagers are crazy about playing games and don' t go to school.
- D. Here are three main advantages of the Internet.
- E. each coin has two sides.
- F. Would you like to book tickets online?
- G. the Internet makes our life much easier.

Passage 6

(2024·山东济南·二模) 根据短文内容, 从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Who should be the breadwinner (养家糊口的人) in a family? The father? The mother? Or both? It' s not easy to answer the question because things

have changed a lot.

In the past, men were usually the breadwinners. 26 Women stayed at home and looked after the children. They also did housework such as making their bed and cooking meals. 27

Nowadays, things change so much. 28 A man like this is called a stay-at-home dad. Being a stay-at-home mom or dad is her or his own choice, and it's not suitable for everybody.

Being a stay-at-home mom or dad is a hot topic. Different people have different ideas. 29 They think it's a wonderful lifestyle. But some people don't want to stay at home all day. 30 They won't be a stay-at-home mom or dad.

- A. They say such a lifestyle makes them feel bored.
- B. Many women work and some men stay at home for children.
- C. They went to work and make some money for their family.
- D. They made a lot of bread for the community.
- E. A woman like this was called a stay-at-home mom.
- F. They also spend much time at home.
- G. Some people enjoy staying at home all day.

Passage 7

(2024·陕西西安·一模) There are many subjects in our middle school. But for many students, English is difficult for them. Do you want to learn it well? 31

Listen carefully in class. The teacher knows more than you. 32 Remember to ask for your teacher for help if you don't get the teacher says in class.

33 Your English teacher isn't always with you. You ask for your classmates' help when you find some questions. He or she must be happy to help you.

Think it carefully. Before you ask others for help, you should think

it carefully first. 34 Think more and you will learn more.

Practice every day. Do you want to be good at English? It needs time.
35 If you want to learn it well, you should practice it every day.
Practice makes perfect.

- A. Ask your teachers for help.
- B. Ask your classmates for help.
- C. Here are some ways for you.
- D. You can't learn it well in a day.
- E. You can ask others without thinking.
- F. You can't ask others without thinking.
- G. If you listen carefully, you can know more.

Passage 8

(2024·云南昭通·一模) 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项，并将所选答案涂到答题卡的相应位置上。

Self-reflection (反省) Makes You a Better Learner

Do you ever feel like you are just rushing from one subject to another? When things happen so fast, maybe you can't understand clearly what you are doing or learning. 36

Self-reflection means slowing down and calming yourself, including calming your mind. By calming down and going slowly, you give your brain a chance to think about what it has received. 37 Others keep a diary. What's more, taking notes is also OK. Each method works, depending on your own personal learning — You can follow the steps to do self-reflection.

Choose the proper time to do it. School textbooks are divided into units of study. This makes it easier to begin self-reflection. 38 Sometimes you know the unit is over because there is some kind of test. Use these natural breaks to stop and do self-reflection.

Find a quiet place and take out your reflection diary. 39 Let

your mind think about the notes you have written and make some connections.

40 Maybe you learned a new way to work out a math problem, but you' re not sure when to use it. Writing down your questions will help you remember to look for answers the next time you are working with the same topic.

Successful students always know self-reflection is important. If you have never taken the time to do self-reflection, try it now.

- A. Think about things that you are not sure of.
- B. Self-reflection is more important than taking notes.
- C. Look for time when you complete a unit of study.
- D. Keep the things which you' re not sure out of your mind.
- E. Some people prefer to do self-reflection only in their mind.
- F. Write down some notes on the new things that you learned in the unit.
- G. So it is important to stop yourself to think about what you have been doing or learning.

Passage 9

(2024·陕西安康·一模) 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

Museum of the Future in Dubai has opened its door to the world.
41 . You will step into a new world and have a new way of living. You are encouraged to learn life skills that will always be useful to you.

42 .

You' ll have three main experiences there: imagining, designing and building. 43 . And the activities encourage communication, teamwork and creativity.

44 . You must deal with them in given time. These challenges need you to work together with others for a shared goal. If you can solve problems, create something new or try something you' ve never done before for the future world, you can win a medal.

_____45_____. It also shows the actual problems that humans are facing today, like climate change, using up energy, food safety and mental health. The museum encourages you to become not only a talker, but also a doer (实干家) to help build a better future for humans.

- A. There are many challenges for you
- B. My family like visiting museums
- C. The museum is not just about imagining the future
- D. However, you are not allowed to do these activities alone
- E. You are given chances to play and learn through some activities
- F. You can build today's world for the better by these life skills
- G. It welcomes you to see, touch and experience the life in the future

Passage 10

(2024·江西南昌·一模) 请阅读下面一篇短文，根据短文内容从方框中选择适当的句子还原到文中，有两项是多余的。

Sleep plays an important role in brain development. Children should get enough sleep.

_____46_____ A study says that because of being short of sleep, it is much harder for children to do something carefully. And also they become forgetful and easy to make mistakes. Another study shows that the right amount of night-time sleep is just as important for children's development as healthy eating and taking exercise.

_____47_____ In general a younger child needs more sleep than an older one. Children at the age of 5-11 will need 10-12 hours of sleep a night while children at the age of more than 11 will need less hours.

In fact, many parents don't know how to help their children get enough sleep. Here is something you can do. For children at the age of 5-11, a 30-40 minutes' routine (常规) before sleep is helpful. _____48_____ In the activities, children relax and enjoy themselves a lot, and they will go to sleep more easily.

饭疏食，饮水，曲肱而枕之，乐亦在其中矣。不义而富且贵，于我如浮云。——《论语》

Children at the age of more than 11 may go to bed late in the evening, talking with friends online, playing games or watching TV. 49 And even they will be tired during the day. So limit (限制) your children' s use of the Internet, games and the TV before they go to bed. 50

- A. If not, many people will come to them.
- B. Why does a child need so much sleep?
- C. How many hours of sleep is enough for a child?
- D. So they will find it difficult to get up in the next morning.
- E. It includes a bath, reading a story together and so on.
- F. Taking exercise is as important as enough sleep for children.
- G. And don' t allow them to have a computer or TV set in their bedroom.

Passage 11

(2024·陕西西安·一模) 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

The Power of Smiling

What is smile? Do you often smile?

A smile shows that a person is happy. For example, a person may smile when he or she is pleased with a grade on a test. Or a person might smile if a friend told a funny joke. People smile for many different reasons. But smiles are more than just a way for people to show that they are happy.
51

First, it is easier to smile than to show unhappiness. 52 On the other hand, it takes 43 muscles to show unhappiness. So give the muscles in your face a rest and smile!

Second, smiles are nice. People may try to look nice on the outside by exercising or wearing nice clothes. However, there is a famous saying: 53 If you often smile to others, you will be more beautiful. And almost no one wants to be around someone who is unhappy all the time.

54 Both smiling and laughing can easily spread from one person

to another. If one person smiles, people around him or her want to smile, too. Similarly, when a person laughs, people tend to laugh with him or her. If a person is sad, the best thing to do is to share a smile or laugh.

55 _____

Finally, smiling and laughing are very good for the body. Even if you are mad or sad, try smiling. You' ll find that it will be hard to stay mad or sad for very long!

- A. Third, smiles have power.
- B. A smile can make you ten years younger.
- C. In fact, it only takes 17 muscles to smile.
- D. A smile is the best thing a person can wear.
- E. There are other good reasons to smile often.
- F. It is the easiest and cheapest way to cheer someone up.
- G. Smile not only when you are happy, but also when you are in trouble.

Passage 12

(2024·陕西榆林·一模) 根据短文内容，从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

How to Choose Just-Right English Books for Yourself

Choosing just-right English books for yourself will not only help you learn English, but also create wonderful times. _____ 56 _____.

Is the book right for your age?

Pay attention to the age guidelines (准则). _____ 57 _____. For an independent reader, choose the titles that can interest you but are not difficult to understand.

_____ 58 _____?

Think about your English-reading level. If you just begin to learn English, it would be a good idea to choose a book with simple languages and vocabularies. If you are good at it, you can choose ones with more advanced (高级的) languages and vocabularies.

天将降大任于斯人也，必先苦其心志，劳其筋骨，饿其体肤，空乏其身，行拂乱其所为。——《孟子》

Does the topic of the book interest you?

59. So let your interests guide you, and choose the topics you like. For example, if you enjoy reading about space exploration, choosing a book with a space-related topic would be a great choice.

Do you find the text and illustrations (插图) of the book interesting?

Can the illustrations in the book catch your eyes? When you read some lines, do you think the book is fun to read? 60, you can give this book a try.

What will you learn from the book?

Consider what you can learn through reading. Can the book help you develop your understanding? Can it help you improve your vocabularies?

- A. Is the language right for you
- B. Before buying, ask yourself these questions
- C. For example, picture books will be good choices for little kids
- D. Is the writer famous around the world
- E. Different people have different interests
- F. If the answers are yes
- G. When you don' t know the word

Passage 13

(2024·江苏苏州·一模) 请认真阅读下面短文，从短文后的选项中选出能填入空白处的最佳选项，并在答题卡上将该项涂黑。选项中有两项为多余选项。

Do you know anything about the Moon? 61 Do you want to go there?

Scientists have told us so much about the Moon.

The Moon is an unfriendly place. 62 There are only lots of dust and mountains around on it. So there are no animals or plants there. The temperature of the Moon is different from day to night.

63 However, it' s very cold at night.

64 As we know, sound can only travel in the air but there is

no air on the Moon. As a result, people can't hear any sounds on it.

But from the Moon, you can see our beautiful Earth. It is shining more brightly than the other stars in the dark. 65 The photos would be wonderful.

- A. There is no air or water.
- B. How much do you know about it?
- C. The Moon is also a very quiet world.
- D. You can take some photos with your camera.
- E. It's meaningless for us to have the idea of going to the Moon.
- F. When the Sun shines in the day, the temperature is very high.
- G. It's hard for us to live on the Moon.

Passage 14

(2024·江西上饶·一模) 请先阅读下面短文，掌握其大意，然后根据短文内容从文后的七个选项中选择五个还原到文中，使短文意思通顺、结构完整，一空一句。

Dear Mr. Li,

How time flies! I have finished my study in the middle school and I thank you both for all your help and for your teaching during these 3 years. I still remember what you used to say, "You can be whatever you want." I'm so glad that you are my teacher. I'm glad I can do it because of your help. 66 That was important to me.

67 You made your lesson so interesting that we all enjoyed our class time. You always tried to show us the right way of learning. When I failed, you would always be there trying to encourage me. You used to help me with my math so that I became more and more interested in it. Thanks for your help, I'm now the best at it. 68

I remember we had walks in the evening after supper. I wish that I could continue even after I graduated from the school. 69 The best part was that you listened to me carefully. I'm glad I'm a student

of yours. Not only did you give me great advice but also great fun. You always gave me your opinions and taught me how to behave and learn correctly. And you were usually right.

70 You are so special to me and I'd like to think back to every moment when I got on with you.

- A. I was so good at math.
- B. I loved telling you everything during the walks.
- C. I remember the important people in my lives.
- D. I thank God every day for letting you be my teacher.
- E. I remember when you first gave us a lesson.
- F. That's why I call you a good, loving and caring teacher.
- G. You supported me in my study and always tried to help me.

Passage 15

(2024·云南红河·一模)根据短文内容，从短文后所给的选项中，选出能填入空白处的最佳选项。

Laughter is natural for people. We start to laugh at about four months of age, We start to laugh even before we start to speak.

Laughter connects us with others. We laugh more when we are with other people, It's difficult to pretend to laugh. Laughter is honest. 71
When do people laugh?

Only 10 to 20 percent of laughter is about something funny. Most laughter is about being friendly with other people. Most laughter says, "I don't want to compete with you. I want to be friendly with you." This kind of laughter brings people together.

72 In movies, there is often a joke at an exciting moment when everyone feels nervous. It is usually a small joke, but we laugh a lot. Our laughter helps us relax.

73 Not everyone has the same sense of humour. Some people think a joke is funny, but other people don't think so. 74

Our idea of what is funny changes with time, For young children, the world is new, They are interested in many things, so they laugh a lot. Teenagers often laugh to protect themselves. 75 They laugh at things that give them stress, too. Our reasons for laughter change gradually.

- A. Laughter is everywhere.
- B. Laughter makes us less nervous in some situations.
- C. People have different ideas about what is funny.
- D. Why doesn’ t everyone laugh at the same joke?
- E. When people pretend to laugh, most people know it’ s not real.
- F. For adults, they laugh at themselves and other people with similar problems.
- G. In fact, it is possible for anyone to have the same sense of humour in our life.

Passage 16

(2024 • 陕西西安 • 三模)



Daily News

Time: December 1st, 2023

After years of planning, the final group of villagers from Jigkyob village, one of the highest in Xizang, have recently completed their relocation (搬迁). Last week, 143 villagers moved from their 4,900-meter above sea level high village to a new home lower down. 76. This change provides them with better public services and a brighter future.

77. Jigkyob is the highest village in Lhaze county. People there make a living by farming animals and working in another place. Kelsang Gyatso, a leader of Jigkyob village, said “The high altitude (海拔), cold climate, and thin air are the most realistic challenges for the villagers.” Besides, heavy snow usually starts from October every year, causing traffic difficulties and making it impossible for all vehicles

(车辆) to get through. 78.

This relocation project aims to provide more convenience to the community, allowing them to get important public services such as education and healthcare facilities (设施). 79. Their houses have public services including water and electricity, and are connected to the network. They live in a place with convenient transportation and complete local facilities.

The relocation project was supported by Aid-Xizang teams from Shanghai. After over a year of hard work, the first step of the project has been completed. 80. The new houses encourage the use of clean energy and treat the environmentally-friendly projects as more important than other things.

“As a result, the quality of life and growth chances for the villagers are expected to be greatly improved,” Kelsang Gyatso said.

- A. The development of the village faced many challenges before
- B. New technology has been used in the project
- C. The place once had many living conveniences
- D. Their new home is at a height of 4,012 meters above sea level
- E. As a result, the villagers are forced to travel on foot
- F. So cutting down the use of cars can achieve environmental protection
- G. The living conditions in the new place have improved

Passage 17

(2024·江西抚州·一模) 请先阅读下面短文，掌握其大意，然后根据短文内容从下面的七个选项中选择五个还原到文中，使短文意思通顺、结构完整。一空一句。

Xi'an celebrated the first China Hanfu Day on April 22, 2018. There were catwalk shows and traditional music concerts which were held by people wearing traditional Chinese clothing. 81 They put them online for a hanfu photo competition, which lasted until May 18.

China Hanfu Day is held on the third day of the third month of the Chinese calendar every year. 82 People choose the date because Chinese people believe that the Yellow Emperor is their ancestor (祖先). 83 And it will also help them feel proud of our traditional culture.

Hanfu is the traditional clothing of the Han people who lived in China before the Qing Dynasty. Wearing hanfu is becoming popular among young Chinese. The return of hanfu is not about turning back the clock. 84 It has a history of about 3, 000 years and it has changed greatly so far. However, some of its main characteristics (特点) remain. For example, there are two parts on the front, which is called “jiaoling”. Another main characteristic of hanfu is that it usually uses ribbons (系带) instead of buttons (纽扣).

85 And the Chinese public feels more confident about its traditional culture than ever before. Wearing traditional clothing might be an interesting way of showing how they feel about this.

- A. The day is also the birthday of Yellow Emperor.
- B. China is becoming a leading country in the world.
- C. Hanfu fans from all over China went there to take photos.
- D. Hanfu includes the traditional clothing of all ethnic groups.
- E. In these young hanfu fans’ opinion, it’s about passing down our culture.
- F. She is also trying her best to spread hanfu culture both at home and abroad.
- G. The day is a good chance for the young to understand our traditional culture better.

Passage 18

(2024·江西九江·一模) 请先阅读下面短文，掌握其大意，然后根据短文内容从下面的七个选项中选择五个还原到文中，使短文意思通顺、结构完整，并在答题卡上将其序号涂黑，一空一句。

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