

P3 3a

How I Learned to Learn English

Last year, I did not like my English class. Every class was like a bad dream. The teacher spoke too quickly that I did not understand her most of the time. I was afraid to ask questions because my poor pronunciation. I just hid behind my textbook and never said anything.

Then one day I watched an English movie called Toy Story. I fell in love with this exciting and funny movie! So I began to watch other English movies,too. Although I could not understand everything the characters said, their body language and the expressions on their faces helped me to get the meaning. I also realized I could get the meaning by listening for just the key words. My pronunciation also improved by listening to the conversations in English movies. I discovered that listening to something interesting is the secret to language learning. I also learned useful sentences like

“It’s a piece of cake” or “It serves you right.” I did not understand these sentences at first. But because I wanted to understand the story, I looked up the words in a dictionary.

Now I really enjoy my English class. I want to learn new words and more grammar so that I can have a better understanding of English movies.

Unit1 How can we become good learners?

P6 2b

How Can You Become a Successful Learner?

Everyone is born with the ability to learn. But whether or not you can do this well depends on your learning habits. Research shows that successful learners have some good habits in common.

Creating an interest in what they learn

Studies show that if you are interested in something, your brain is more active and it is also easier for you to pay attention to it for a long time. Good learners often connect what they need to learn with something they are

interested in. For example, if they need to learn English and they like music or sports, they can listen to English songs or watch sports programs in English. This way they will not get bored.

Practicing and learning from mistakes

Good learners think about what they are good at and what they need to practice more. Remember, “use it or lose it”! Even if you learn something well, you will forget it unless you use it. Practice makes perfect. Good learners will keep practicing what they have learned, and they are not afraid of making mistakes. Alexander Graham Bell did not invent the telephone overnight. He succeeded by trying many times and learning from his mistakes.

Developing their study skills

It is not enough to just study hard. Good learners know the best way they can study. For example, they may take notes by writing down key words or by drawing mind maps. They also look for ways to review what they

have learned. They may do this by reading their notes every day or by explaining the information to another student.

Asking questions

Good learners often ask questions during or after class. They even ask each other and try to find out the answers. Knowledge comes from questioning. Learning is a life-long journey because every day brings something new. Everything that you learn becomes a part of you and changes you, so learn wisely and learn well.

Unit 2 I think that mooncakes are delicious!

P11 3a

Full Moon, Full Feelings

Chinese people have been celebrating Mid-Autumn Festival and enjoying mooncakes for centuries.

Mooncakes are in the shape of a full moon on

Mid-autumn night

t. They carry people's wishes to the families they

love and miss.

There are many traditional folk stories about this festival. However, most people think that the story of Chang'e is the most touching. Chang'e was Hou Yi's beautiful wife. After Hou Yi shot down the nine suns, a goddess gave him a magic medicine to thank him. Whoever drank this could live forever, and Hou Yi planned to drink it with Chang'e. However, a bad man, Peng Meng, tried to steal the medicine when Hou Yi was not home. Chang'e refused to give it to him and took it all. She became very light and flew up to the moon. Hou Yi was so sad that he called out her name to the moon every night. One night, he found that the moon was so bright and round that he could see his wife there. He quickly laid out her favorite fruits and desserts in the garden. How he wished that Chang'e could come back!

After this, people started the tradition of admiring the moon and sharing mooncakes with their families.

Unit 2 I think that mooncakes are delicious!

P12 4b

Dear Xia Yu,

Do you know that there are two special days for parents in America? One is Mother's Day on the second Sunday of May, and the other is Father's Day on the third Sunday of June. On these two days, American children often give gifts to their parents or take them out for lunch or dinner. Common gifts are flowers and cards for mothers and shirts or ties for fathers. I heard that it is becoming more and more popular to celebrate Mother's Day and Father's Day in China. I wonder if children over there also give similar gifts to their parents. I believe that there are many ways to show our love. Actually, we don't have to spend a lot of money. It is also a good idea to help parents to do something instead.

June

Unit 2 I think that mooncakes are delicious!

P14 2b

The Spirit of Christmas

Many would agree that when we think of Christmas, we probably think of gifts, Christmas trees and Santa Claus. But behind all these things lies the true meaning of Christmas: the importance of sharing and giving love and joy to people around us. The story in A Christmas Carol is perhaps the best example of this.

A Christmas Carol is a famous short novel written by Charles Dickens. It is about an old man named Scrooge who never laughs or smiles. He is mean and only thinks about himself. He doesn't treat others nicely. He just cares about whether he can make more money. And he hates Christmas. One Christmas Eve, Scrooge sees the ghost of Jacob Marley, his dead business partner. Marley used to be just like Scrooge, so he was punished after he died. He warns Scrooge to change his ways if he doesn't want to end up like him. He also tells Scrooge to

expect three spirits to visit him.

That night, three ghosts visit Scrooge. First, the Ghost of Christmas Past takes him back to his childhood and reminds Scrooge of his happier days as a child. Then the second spirit, the Ghost of Christmas Present, takes him to see how others are spending Christmas this year. Everyone is happy, even poor people. The last one, the Ghost of Christmas Yet to Come, takes him to the future. He sees that he is dead but nobody cares. He is so scared that he wakes up in his bed and finds out it is only the next morning----Christmas Day!

He decides to change his life and promises to be a better person. He happily celebrates Christmas with his relatives. He also gives gifts to people in need. He now treats everyone with kindness and warmth, spreading love and joy everywhere he goes. And that is the true spirit of Christmas!

Unit3 Could you please tell me where the restrooms are?

P19 3a

Fun Times Park — Always a Fun Time!

[Alice and He Wei are in Space World]

Alice: I wonder where we should go next.

He Wei: How about that new ride over there?

Alice: Oh ... it looks scary.

He Wei: Come on! I promise it'll be exciting! If you're afraid, just shout or hold my hand.

[After the ride]

Alice: You were right, that was fun! I was scared at first, but shouting did help.

He Wei: See, that wasn't so bad, right? You never know until you try something.

Alice: Yes, I'm so glad I tried it.

He Wei: Do you want to go to Water World now?

Alice: Sure, but I'm getting hungry. Do you know where we can get some good food quickly?

He Wei: Of course! I suggest Water City Restaurant

food.

Alice: Great! Let's go!

Alice: Look! This restaurant looks interesting. The sign says a rock band plays there every evening.

He Wei: Why don't we come back here for dinner later? Let's ask what time the band starts playing.

[Alice and He Wei walk up to a staff person at the door.]

He Wei: Excuse me, could you tell us when the band starts playing this evening?

Staff: Eight o'clock. The restaurant is always busy at that time, so come a little earlier to get a table.

He Wei: OK, thanks!

Could you please tell me where the restrooms are?

P22 2b

Could You Please ...?

When you visit a foreign country, it is important to know how to ask for help politely. For example, you may ask

me where the restrooms are?” These are similar requests for directions. Both are correct English, but the first one sounds less polite. That is because it is a very direct question. It is not enough to just ask a question correctly. We also need to learn how to be polite when we ask for help.

Good speakers change the way they speak in different situations. The expressions they use might depend on whom you are speaking to or how well they know each other. However If you say to your teacher, “When is the school trip.”, this might sound impolite. But if you say, “Excuse me, Mr. West. Do you know

when the school trip is?

polite.

Usually polite questions are longer. They include expressions such as “Could you please ...?” or “May I ask ...?” It sounds more polite to say, “Peter, could you please tell me your e-mail address?” than “Peter, tell me your e-mail address.” Sometimes we even need to spend time leading into a request. For example, we might first say a stranger, “Excuse me, I wonder if you can help me” or “I’m sorry to trouble you, but ...” before asking for help.

It might seem more difficult to speak politely than directly. However, it is important to learn how to use the right language in different situations. This will help you communicate better with other people.

P27 3a

From Shy Girl to Pop Star

magazine, I

interviewed 19-year-old Asian pop star Candy Wang. Candy told me that she used to be really shy and took up singing to deal with her shyness. As she got better, she dared to sing in front of her class, and then for the whole school. Now she's not shy anymore and loves singing in front of crowds.

2 I asked Candy how life was different after she became famous. She explained that there are many good things, like being able to travel and meet new people all the time. "I didn't use to be popular in school, but now I get tons of attention everywhere I go." However, too much attention can also be a bad thing. "I always have to worry about how I appear to others and I have to be very careful about what I say or do. And I don't have much private time anymore. Hanging out with friends is almost

impossible for me now because there are always guards

3 What does Candy have to say to all those young people who want to become famous? “Well,” she begins slowly, “you have to be prepared to give up your normal life. You can never imagine how difficult the road to success is. Many times I thought about giving up, but I fought on. You really require a lot of talent and hard work to succeed. Only a very small number of people make it to the top.”

P30 2b

He Studies Harder Than He Used to

Li Wen is a normal 15-year-old boy from the countryside. He works hard and does well in school. It is hard to believe that he used to have difficulties in school. When he was a little boy, he seldom caused any problems, and his family spent a lot of time together. However things began to change a few years

ago.

His parents moved to the city to look for jobs, and his grandparents came to take care of him. But he missed his parents so much and often felt lonely and unhappy.

unhappiness began to influence his schoolwork. He became less interested in studying. Sometimes He was absent from classes and failed his examinations. Finally, his parents made the decision to send him to a boarding school. However Li Wen was shy and not able to make friends quickly in school. He found life there difficult. One day, he told his teacher he wanted to leave the school. His teacher was worried about him and she called his parents. She advised them to talk with their son in person. So his parents took a 24-hour train and a 5-hour bus ride to get to Li Wen's school.

They had a long talk. "It was exactly what I needed," he said. "Now I understand even though they are busy, they are always thinking of me. they take pride

in everything good that I do. ”

After that, Li Wen's parents had much more communication with their son than they used to. Now Li Wen has become more outgoing and made some good friends in school. He has even joined the school basketball team and become active in many other activities. "I'm much happier now, and I work even harder than I used to. I know my parents love me and they're always proud of me," says Li Wen. "It's very important for parents to be there for their children."

Unit5 What are the shirts made of?

P35 3a

The Difficult Search for American Products in the US

If you go to another country, what kinds of things would you buy? Would you buy a camera in Japan, some beautiful clothes in France, or a watch in Switzerland? No matter what you may buy, you might probably think those products were made in those countries. However,

you could be wrong. Kang Jian is a 17-year-old student from Shanghai. Last year he went to visit his aunt and uncle in San Francisco. He found it interesting that so many products in the local shops were made in China. “I wanted to buy a toy car for my cousin, but even though most of the toys had American brands, they were made in China.”

Toys are not the only things made in China. “I wanted to buy a pair of basketball shoes,” he explains. “But I had to visit five or six stores before finding a pair made in America!” He realized that Americans can hardly avoid buying products made in China. “In fact,” he continues, “there were many other things there made in China — footballs, handbags, pet food, mobile phones. Even American flags are made in China!” Kang Jian thinks it’s great that China is so good at making these everyday things. However, he wishes that in the future China will also get better at making high-technology products that people can buy in all parts of the world.

Unit5 What are the shirts made of?

P38 2b

Beauty in Common Things

Each different part of China has its own special forms of traditional art. These usually try to show the things that are important in life such as love, beauty and family. The most common things, from paper to clay to bamboo, are turned into objects of beauty.

According to Chinese history, sky lanterns were first used by Zhuge Kongming. He sent them out to ask for help when in trouble. Today, sky lanterns are used at festivals and other celebrations. They are made of bamboo and covered with paper. When the lanterns are lit, they slowly rise into the air like small hot-air balloons for all to see. They are seen as bright symbols of happiness and good wishes.

Paper cutting has been around for over 1,500 years. Paper cutting sounds very easy but it can be difficult to do. The paper, usually red, is folded before it is cut with

scissors. The most common pictures are flowers, fish, animals, and things about Chinese history. During the Spring Festival, they are put on windows, doors and walls as symbols of wishes for good luck and a happy new year.

Chinese clay art is famous because the clay pieces are so small but they look very real. The pieces are usually cute children or lively characters from a Chinese fairy tale or historical story. The pieces are carefully shaped by hand from a very special kind of clay and then allowed to air-dry. After drying, they are fired at a very high heat. They are then polished and painted. It takes several weeks to complete everything. These small pieces of clay art show the love that all Chinese people have for life and beauty.

Unit 6 When was it invented?

P43 3a

An Accidental Invention

Did you know that tea, the most popular drink in the world (after water), was invented by accident? Many people believe that tea was first drunk nearly 5,000 years ago. It is said that a Chinese ruler called Shen Nong was the first to discover tea as a drink. One day Shen Nong was boiling drinking water over an open fire. Some leaves from a tea plant fell into the water and remained there for some time. It produced a nice smell so he tasted the brown water . It was quite delicious.,and so,one of the world's favorite drinks was invented.

A few thousand years later, Lu Yu, “the saint of tea”, mentioned Shen Nong in his book Cha Jing. The book describes how tea plants were grown and used to make tea. It also discusses where the finest tea leaves were produced and what kinds of water were used.

It is believed that tea was brought to Korea and

Japan during the 6th and 7th centuries. In England, tea didn't appear until around 1660, but in less than 100 years later, it had become the national drink. The tea trade from China to Western countries took place in the 19th century. This helped to spread the popularity of tea and the tea plant to more places around the world. Even though many people now know about tea culture, the Chinese are without doubt the ones who best understand the nature of tea.

Unit 6 When was it invented?

p46 2b

Do You Know When Basketball Was Invented?

Basketball is a much-loved and active sport that is enjoyed by many for fun and exercise. It is over 100 years old and is played by more than 100 million people in over 200 countries. It's believed that the first basketball game in history was played on December 21, 1891. Then in 1936 in Berlin, it became an event at the Olympics.

Basketball was invented by a Canadian doctor

named James Naismith, who was born in 1861. When he was a college teacher, he was asked to think of a game that could be played in the winter. Dr. Naismith created a game to be played inside on a hard floor. Dr. Naismith divided the men in his class into two teams and taught them to play his new game. Players on the same team must work together to help each other get the ball in the other team's basket. At the same time, they need to stop the competing team from getting the ball into their own basket.

Today, the popularity of basketball has risen around the world, with many young people dreaming of becoming famous players. In China, you can sometimes see people playing basketball in parks, schools and even in factories. Basketball has not only become a popular sport to play, it has also become a more popular sport to watch.

Although America's NBA games are the most famous, the CBA games are becoming popular in China.

The number of foreign players, including Chinese players, in the NBA has increased. there are also more and more foreign players in the CBA. Many young people look up to these basketball heroes and want to become like them. These stars encourage young people to work hard to achieve their dreams.

Unit7 Teenagers should be allowed to choose their own clothes.

P51 3a

Mom Knows Best

When I was a tiny baby crying all night, my mom
sang to me and stayed by my side

When I was tired and hungry, she gave me food and
warm arms to sleep in

When I was two running through the field, she made
sure I was safe and kept me from danger

When I fell and hurt myself, she gave me a hug and
lifted me up

When I was seven coughing badly, she said no
ice-cream for me

But I talked back loudly, “I should be allowed to eat
some! Give it to me now!”

When I was nine watching scary movies, she said
it’d give me awful dreams

But I shouted back angrily, “I should be allowed to

watch it! I'm not a baby!"

When I was a teen going out with friends, she said,
"Please be back by ten!"

But I talked back again — "I should not be told
what to do! I'm seventeen now!"

Now I'm an adult, thinking back to those times
I coughed for days after eating that ice-cream
And had scary dreams after watching that film
I was late for school from staying out past ten
I regret talking back, not listening to Mom
Mom knows best, and for me she wanted only the
best!

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/676050115200010212>