

【2024—2025 英语寒假作业】北师大 高一年级 第 3 周

【词汇冲关】

一、英译中

1. dragon *n.* _____
2. lunar *adj.* _____
3. lantern *n.* _____
4. monster *n.* _____
5. accent *n.* _____
6. firecracker *n.* _____
7. wedding *n.* _____
8. teenager *n.* _____
9. stocking *n.* _____
10. overseas *adv.* _____
11. lamp *n.* _____
12. sledge *n.* _____
13. dissuade *vt.* _____
14. brochure *n.* _____
15. edge *n.* _____

二、中译英

1. _____ *vt.* 贴；固定；附上
2. _____ *vt.* 吓唬；使（某人）惊恐
3. _____ *vi.* 闹哄哄，喧闹
4. _____ *vt.* 问候，欢迎；打招呼
5. _____ *n.* 套装
6. _____ *n.* 努力；力气
7. _____ *vt.* 给……填馅；填，塞
8. _____ *adj.* 严寒的
9. _____ *n.* 耐心；耐力
10. _____ *adj.* 快乐的
11. _____ *vt.* 使成筒形（球形） *n.* 一卷；面包卷
12. _____ *vi. & vt.* 挥手；招手
13. _____ *n.* 较量，竞争；斗争；战斗
14. _____ *n.* 职责，义务；责任
15. _____ *adv.* 焦虑地；不安地

三、词性转换

1. origin *n.* 源头；起源；起因；出身
 _____ *adj.* 原先的，最早的，最初的；独创的；新颖的 *n.* 原件；原作品
 _____ *adv.* 最初；新颖地；独创地
 _____ *n.* 原创性；创新力
 _____ *v.* 产生；发生；源于
2. appropriate *adj.* 适合的；恰当的
 _____ *adj.* 不恰当的；不合适的
 _____ *adv.* 合适地，适当地
3. represent *vt.* 代表
 _____ *n.* 代表；代理人
 _____ *adj.* 代表的；典型的 *n.* 代表；代理人
4. fortunate *adj.* 幸运的；侥幸的
 _____ *adj.* 倒霉的；不走运的 *n.* 不幸的人
 _____ *adv.* 幸运地；幸亏
 _____ *n.* 大笔的钱；巨款；运气；命运；未来
5. memory *n.* 记忆，回忆
 _____ () *v.* 记住；背出
 _____ *adj.* 难忘的；值得纪念的
 _____ *adj.* 纪念的；悼念的 *n.* 纪念碑；纪念仪式
6. describe *v.* 描述；形容；叙述
 _____ *n.* 描述，描写
7. select *vt.* 挑选，选拔
 _____ *n.* 选择；挑选；选拔；被选中者；入选者
 _____ *adj.* 认真挑选的；挑剔的；选择性的；有选择的
8. humble *adj.* (思想上)谦逊的，谦虚的；简陋的；低劣的
 _____ *adv.* 谦虚地
9. access *n.* 使用的权利；获得的机会
 _____ *adj.* 易懂的；易得到的
10. live *v.* 生存；活着 *adj.* 活的；有生命的 *adv.* 现场地；直播地
 _____ *adj.* 活的，活着的
 _____ *adj.* 充满活力的；生动的；热烈的
 _____ *adj.* 活着；在世；充满活力；有精力

四、高频短语

1. scare sb / sth away _____
2. light up _____
3. get married _____
4. be up to _____

5. on this occasion _____

6. _____ ……的象征

7. _____ 就……而言

8. _____ 普遍地

9. _____ 尽力

10. move in _____

【语法突破】

一、单句语法填空

1. I didn't mean _____ (eat) anything but the ice cream looked so good that I couldn't help trying it.

2. The ancient temple, which _____ (build) by skilled craftsmen centuries ago, was unexpectedly discovered by a group of archaeologists during their routine excavation in the remote jungle last week.

3. I parked my car outside the farm and walked past a milking house _____ had apparently not been used in many years.

4. We are supposed to combine the building with _____ (surround) architecture together to form an effective system.

5. She told us that she _____ (concentrate) on study and try her best to catch up with the other classmates.

6. There was once a town in the heart of America _____ all life seemed to enjoy peaceful co-existence with its surroundings.

7. He had tried to coax (哄) the dog to him but, _____ (frighten), it had run off.

8. To improve her essay, Emma made _____ effort to read more scholarly articles and incorporate diverse perspectives into her discussion.

9. Long-lasting friendships share the characteristic that both sides _____ (equal) contact and share with one another.

10. _____ (interrupt) are one of the worst things to deal with while you're trying to get work done.

【阅读基础】

A

Bike Rentals (租赁) in Los Angeles

If you're looking for the best way to get around Los Angeles and enjoy the warm, sunny weather, Bikes and Hikes LA has the perfect solution! We have a variety of bike rentals and all the necessary safety equipment you need. All of our bikes are sanitized (消毒) before and after each ride, and we'll also send you a link to a digital map if you like.

Bike Delivery & Pickup

With a collection of over 200 bikes, we can offer delivery and pickup anywhere in the Los Angeles metro area (都会区). We offer a bike rental delivery service to satisfy various needs of our customers. We can drop the bike off at your home, at a hotel, or for your ride and pick it up when you're done either at the same location or a different location. The delivery fee (运送费) is \$15 each time.

Getting Around Los Angeles & Recommendations

We'll help you plan the best routes for your trip to Los Angeles. Road cyclists can head up to the hills and check out Mulholland Drive to break a sweat. Mountain bikers can explore Franklin Canyon Park and the Nike Missile Silo. For casual riders and e-bikers, consider a trip to Griffith Park and the Hollywood Sign. And, don't forget the classic route along Santa Monica and Venice Beach, where you can enjoy wonderful scenery along the coast at your own pace.

Types of Bikes and Prices

	Prices	What's Included
City Bikes	\$25 / 24 hours / bike	A professional-quality helmet, a reflective safety vest, and a bike lock
Electric Bikes	\$45 / 24 hours / bike	A professional-quality helmet, a reflective safety vest, a portable battery charger and a bike lock
Gravel Road Bikes	\$65 / 24 hours / bike	A professional-quality helmet, a reflective safety vest, and a bike lock
Mountain Bikes	\$35 / 24 hours / bike	A professional-quality helmet, a reflective safety vest, and a bike lock

- What can we know about the bike rentals offered by Bikes and Hikes LA?
 - Their digital maps are not provided.
 - They lack necessary safety equipment.
 - Their delivery service is free of charge.
 - They offer safe and convenient service.
- Which bike route is recommended for a relaxing seaside trip?
 - Mulholland Drive.
 - The Hollywood Sign.
 - Santa Monica and Venice Beach.
 - Franklin Canyon Park.
- How much will you pay for 2 mountain bikes for 2 days with the delivery service?

A. \$115.

B. \$155.

C. \$180.

D. \$260.

B

The warmth of the family gathering has always been a beacon (灯塔) in my life, a constant source of strength and happiness. Those moments, full of love and laughter, have shaped who I am today and continue to influence my outlook on life. The power of togetherness is a lesson I learned early on, and it's a principle I carry with me every day.

When we were growing up, our family had a valuable tradition that filled our lives with joy and anticipation. Every Saturday evening, we would set off to visit our extended family, and the excitement was obvious. The pleasant smell of freshly baked goods would waft through the air, signaling our approach to Aunt Lucille's warm and welcoming home. As the famous biscuits attracted us, my sister and I, unable to contain our excitement, would repeatedly ask, "Are we there yet?"

At home, we were accustomed to sandwiches, but Aunt Lucille's biscuits were a different kind of glee. After eating every last biscuit, we came to the backyard where the night sky unfolded above us. There, we gathered around, drinking sweet tea, as the melodic sound of guitars by Henri and Beau created a symphony that resonated with the love and unity of our family. These evenings were more than just a break from the routine; they were a celebration of our bond.

As the years went by, these gatherings became a place where we could escape the worries of the world and simply be with one another. The stories shared, the laughter, and the quiet moments of connection have left an indelible mark on my heart. They have taught me the importance of cherishing the time we have with our loved ones, for these are the moments that truly matter in life. The impact of these family times is great and I will always cherish it and try my best to pass it on to future generations.

4. What is mentioned about the family gathering in paragraph 1?
 - A. Its process.
 - B. Its contents.
 - C. Its reasons.
 - D. Its significance.
5. How did the author feel when going to Aunt Lucille's home?
 - A. Nervous.
 - B. Excited.
 - C. Angry.
 - D. Hungry.
6. What does the underlined word "glee" in paragraph 3 mean?
 - A. Pleasure.
 - B. Training.
 - C. Health.
 - D. Method.
7. Which of the following can be the best title for the text?
 - A. The Joy of Saturday Evenings.
 - B. The Influence of Childhood Life.
 - C. The Origin of Family Traditions.
 - D. The Bright Light of Family Gatherings.

完形填空

Mr. James walked into the classroom and announced that he had invited Alex Haley, a famous writer, to class. "I need a volunteer to meet him in the school hall and 1 him here," he said.

To my surprise, my right hand shot up 2 it had a mind of its own. I 3 volunteered for this kind of job, because I was uncomfortable with meeting new people. Despite my attempts to put my hand down quickly, I was 4. As I pulled open the glass door of the hall, I 5 why I volunteered for this job without thinking. This man was what I wanted to be and I could learn from him. My anxiety grew until I saw Haley. After 6 him politely, we chatted delightedly on the way to the class. I was impressed by how 7 this man was. My fear then was replaced by 8 and purpose.

"I'd like to become a writer, but I'm afraid I'm not an inborn writer. How did you discover your 9 for writing?" I said. "No, I didn't. Writing is a craft (技艺). I learned to write through 10. If you want to become a writer, write every day," he said.

My unexpected 11 with Alex Haley made me believe that writing is a skill that needs to be 12 through continuous effort. Following his advice, I wrote every day without 13 whether I'm a native writer. Within two years, I published three stories in the local magazines. If I hadn't met this 14 man, I would not have received his wise 15 and the rewards (回报) that followed.

- | | | | |
|----------------------|-------------------|----------------|------------------|
| 1. A. welcome | B. guide | C. question | D. join |
| 2. A. even if | B. in case | C. as if | D. what if |
| 3. A. actually | B. usually | C. hardly | D. obviously |
| 4. A. chosen | B. trained | C. pleased | D. refused |
| 5. A. pretended | B. realized | C. explained | D. remembered |
| 6. A. refusing | B. focusing | C. confusing | D. greeting |
| 7. A. friendly | B. popular | C. powerful | D. unique |
| 8. A. worry | B. effort | C. curiosity | D. doubt |
| 9. A. plan | B. talent | C. aim | D. dream |
| 10. A. strength | B. wisdom | C. practice | D. goal |
| 11. A. company | B. debate | C. struggle | D. communication |
| 12. A. developed | B. designed | C. controlled | D. copied |
| 13. A. arguing about | B. worrying about | C. deciding on | D. relating to |
| 14. A. curious | B. creative | C. inspiring | D. polite |
| 15. A. request | B. praise | C. attention | D. advice |

【阅读提升】

C

Dolphins seem to make open-mouthed facial expressions most often when they see a playmate, suggesting such expressions may be similar to human smiles.

While we often consider these as a smile, there has been little research on facial communication in dolphins.

To find out more, Elisabetta Palagi at the University of Pisa, Italy, and her partners studied the behaviour of 22 captive (被关起来的) bottlenose dolphins at two animal parks.

In 80 hours of footage (片段), the team observed a total of 1288 open-mouthed expressions during social play periods. More than 90 percent of these events happened during play between dolphins, with the rest happening during interactions (互动) between the dolphins and people.

The animals were more likely to show the open-mouthed expression when their faces were within the playmates' field of view — 89 percent were shown in this context. When the playmate saw the “smile”, they appeared to smile back 33 percent of the time.

“It is not easy to say if an open-mouthed expression in dolphins expresses a kind of feeling or is used to simply communicate with others, or both,” says Palagi.

She says the study can't make sure whether it is similar to smiling in humans. “We do not expect to find out dolphins' communication strategies during play with a single piece of research. However, we hope to open a new line of research in which the visual factor is also considered.”

Luciana Moller at Flinders University in Adelaide, Australia, says open-mouthed behaviour in dolphins happens in various situations, including aggressive (挑衅的) and social interactions. This means it is a very special signal that has different meanings, so can't necessarily be explained as a smile.

She points out that making sounds might have been a reason why the dolphins opened their mouths, but the study didn't look at any acoustic (声音的) recordings.

Another disadvantage is that it looked at a small number of dolphin groups in the captive situation, so their behaviour may not show that in the wild.

“Free-living dolphins have much larger space to interact while playing, and many times are found in waters with low visibility (可见度),” says Moller. “In these conditions, visual signals may not be as useful as acoustic signals.”

1. What can we know about the open-mouthed expression in dolphins?

- A. It is similar to other animals' smiles.
- B. There has been much research on it.
- C. Dolphins show it to people most often.
- D. It is unsure why dolphins show such expression.

2. What can we know from the research?

- A. Dolphins' open-mouthed expression shows a kind of feeling.
- B. Dolphins' open-mouthed behavior only happens when they play.
- C. Open-mouthed behaviour in dolphins can't be regarded just as a smile.
- D. Depending on it to find out dolphins' communication skills is highly accepted.

3. What is Moller's attitude to the study?

- A. Hopeful.
- B. Doubtful.
- C. Worried.
- D. Disappointed.

4. What's the purpose of the passage?

- A. To encourage people to interact with dolphins.
- B. To find out the living environment of dolphins.
- C. To introduce a new research on dolphins' open-mouth expression.
- D. To show the similarity between dolphins' open-mouth expression and human smiles.

D

Many of us are not happy with our physical appearance. We want to change ourselves, to be more like a perfect image shown on magazine covers, TVs, movies ... Indeed, there is a multibillion-dollar industry built around people's desire to look "better".

I think we all have an idea that our society's preference for body image is not completely healthy, and it isn't. There is plenty of research showing that poor body image is connected with depression (抑郁) and eating disorders, especially among women.

Research also has shown that exercise can improve a person's own body image, regardless of any actual change in their body. One study showed that just 30 minutes of physical activity had a clear positive effect on women's body image. But why is this?

A small study in the magazine *Psychology of Sport and Exercise* tested different possibilities. They chose 75 college-age women who were dissatisfied with their physical appearance, as measured by several previous questionnaires (问卷调查). The questionnaires measured how these women felt about their appearance, weight, fat levels, fitness, confidence in their ability to exercise, energy levels and stress. They were also asked how much they enjoyed exercise. Then, half of the women exercised actively for 30 minutes on an exercise bike, while the other half sat in a room and read magazines. Then they all repeated the questionnaires, right away and again 20 minutes later.

The women who exercised felt thinner and stronger immediately, and still felt that way 20 minutes after exercising. The authors suggest that these positive changes may last longer than 20 minutes, and thus may help to explain why people who exercise regularly have better self-images regardless of any actual change in their appearance. They call for further research examining different types of exercise and increasing the post-exercise (运动后的) study time.

Though this is a small study, it does support previous findings. I think it's safe to say that

exercise is clearly connected with improvements in body image, and there is little disadvantage. I already recommend regular exercise to my patients who suffer from depression, and for those who also suffer from poor self-image, this recommendation could be even more important.

5. What does the underlined phrase “a multibillion-dollar industry” probably refer to?
 - A. The fashion industry.
 - B. The health and fitness industry.
 - C. The beauty and body care industry.
 - D. The TV and movie making industry.
6. What can we know from the passage?
 - A. A good body image can prevent depression.
 - B. Exercise has a mental effect on body image.
 - C. Young women were satisfied with their physical image.
 - D. Women are more likely to have a good body image than men.
7. From the process of the study in paragraph 4, we can know that _____.
 - A. the questionnaire covers various subjects
 - B. women were asked about types of exercises
 - C. the questionnaire needs to be done for just one time
 - D. the positive changes from exercise last only for 20 minutes
8. What can be inferred about the writer?
 - A. He may be a professional psychologist.
 - B. He disagrees with the research findings.
 - C. He cares more about his physical appearance.
 - D. He advises researchers to carry out further research.

七选五

In a modern time when everyone is so busy with their routine and problems, we almost forget to notice others. 1 So it is worthy of sparing some moments to notice them and pass a compliment (称赞).

A compliment is a high dose (剂量) of positive words which helps make people feel good. Whether you are going through a street, a park, a market or other places, you can pass words full of praise and encouragement to even strangers because these positive words are what they want to hear. 2 Also, they will feel good enough to get the attention of those around them.

If you appreciate people for their hard work, they will gather the courage to do their job more skillfully. For example, a person may want to do something for his life but couldn't do so because of a lack of encouragement and positive support. 3 And the creativity of people greatly

increases through your positive comments.

__4__ When you tell strangers about themselves, praising them through your compliments, the ego (自我) will gradually disappear and healthy interactions will appear. If you fail to communicate with people or do not pass a compliment because of the ego, your relationship will stay distant.

When you start to praise and give positive words to people, you also get them back. Everyone wants to be praised and seen by others. If you break your ego first and appreciate people and tell them about their personalities, people also would like to do the same in return. __5__

- A. Then they will feel happy for your little act.
- B. Everyone has their problems in today's world.
- C. You will develop a positive attitude towards life.
- D. Compliments help make people close to each other.
- E. People who are living around us may not always be there.
- F. Through this, you will receive recognition of yourself, too.
- G. With compliments, however, he will be encouraged to do what he wants to do.

【写作训练】**一、应用文**

假定你是李华，你校于 12 月 20 日举行了艺术节，请你为学校双语网站写一篇英文报道。

要点包括：

- (1) 活动简介（时间、地点、内容等）；
- (2) 简要评述。

注意：

- (1) 词数 80 左右；
- (2) 请按如下格式在答题卡的相应位置作答。

Art Festival in Our School**二、读后续写**

阅读下面短文，根据所给情节进行续写，使之构成一个完整的故事。

Once upon a time, there lived a young boy named Jack who harbored a deep passion for playing the piano, a passion that lit his soul and filled his days with melodies. His dream was to become a famous pianist, hoping to charm audiences with his enchanting tunes. Every night, as he lay in bed, he imagined himself standing on grand stages, receiving thunderous applause and the admiration of countless music lovers.

However, life had other plans for him. When Jack was interviewed for a well-known music school, his heart sank as he received a rejection letter, stating that his skills were not up to the school's high standards, a cruel blow that left him feeling uncertain about his future. Disappointed but not discouraged, Jack decided to turn his setback into a stepping stone. Every day after school, he would rush to a small, dimly lit room in his basement, where an old piano stood as a silent witness to his unwavering determination. The room was humble, with barely enough space for him and the piano, but it was there that he poured his heart and soul into his craft. Hours turned into days, and days into months, with Jack's fingers bleeding from the constant practice. Despite the pain and exhaustion, he continued to press on, driven by his dream and the belief that one day he would prove them all wrong. Seeking guidance, Jack turned to a retired pianist in the neighborhood who had once been a renowned performer. The retired pianist, impressed by Jack's dedication and passion, took him under his wing and provided him with invaluable insights and

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