



# 主题三 生活与学习（身心健康）



## 模块二 主题阅读

# 目录

- 1 A 阅读选择**
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## A 阅读选择

标签：公园游玩遇险得到帮助 体裁：记叙文 词数：240

**One Saturday morning last spring, my husband and I took our little daughter Mei Mei to a park famous for rocks. There were too many people there, so we made our way to the top level of the rocks.**

**My husband and I sat on a rock. Mei Mei was always jumping on the rocks. I felt worried and shouted to her, “No jumping. Stay away from all those edges (边缘) .” Then, about five minutes later, I saw Mei Mei sitting down between two rocks. I asked her to leave there, but she didn’t listen and began to run over the rocks. Suddenly, she disappeared. My husband and I ran quickly to look for her.**

**Soon we found Mei Mei, but she was badly hurt. A young lady told us that Mei Mei fell onto the rocks from the top level and she called 120. She also put her clothes under Mei Mei's head and taught us how to take care of Mei Mei before the doctors arrived. Later, we knew the lady was a nurse and her name was Yang Xiao.**

**Mei Mei stayed in the hospital for two weeks. Now she is all right and living happily. Whenever I see my daughter, I will think of the nurse, Yang Xiao. She touches me with her kindness and I think people like her make the world a better place.**

( **A** ) 1. Why did Mei Mei's family make their way to the top level of the rocks?

A. Because there were too many people there.

B. Because they wanted to challenge themselves.

C. Because they wanted to enjoy a more beautiful view.

One Saturday morning last spring, my husband and I took our little daughter Mei Mei to a park famous for rocks. **There were too many people there, so we made our way to the top level of the rocks.**<sup>1题</sup>



( **B** ) 2. How might Mei Mei feel when she got to the top level of the rocks?

A. Afraid.

B. Excited.

C. Tired.

My husband and I sat on a rock. **Mei Mei was always jumping on the rocks.**<sup>2题</sup> I felt worried and shouted to her, “No jumping. Stay away from all those edges (边缘).” Then, about five minutes later, I saw Mei Mei sitting down between two rocks. I asked her to leave there, but she didn’t listen and began to run over the rocks. Suddenly, she disappeared. My husband and I ran quickly to look for her.

( C ) 3. What happened to Mei Mei?

A. She hurt her leg badly.

B. She was stuck between two rocks.

C. She fell onto the rocks from the top level.

Soon we found Mei Mei, but she was badly hurt. **A young lady told us that Mei Mei fell onto the rocks from the top level<sup>3题</sup>** and she called 120. She also put her clothes under Mei Mei's head and taught us how to take care of Mei Mei before the doctors arrived. Later, we knew the lady was a nurse and her name was Yang Xiao.

( C ) 4. What did Yang Xiao do to help Mei Mei?

A. She offered to put a bandage.

B. She pulled Mei Mei out of the rocks.

C. She put her clothes under Mei Mei's head.

Soon we found Mei Mei, but she was badly hurt. A young lady told us that Mei Mei fell onto the rocks from the top level and she called 120. **She also put her clothes under Mei Mei's head<sup>4题</sup>** and taught us how to take care of Mei Mei before the doctors arrived. Later, we knew the lady was a nurse and her name was Yang Xiao.

( **A** ) 5. What does the writer want to remind us?

**A. The world is full of love.**

**B. We should be brave to face difficulties.**

**C. Parents must provide good education for children.**

Mei Mei stayed in the hospital for two weeks. Now she is all right and living happily. Whenever I see my daughter, I will think of the nurse, Yang Xiao. **She touches me with her kindness and I think people like her make the world a better place.** 5题

## 写作目的

该语篇主要讲述了作者的女儿在公园游玩遇险得到帮助的故事，目的在于鼓励学生传递善良这一传统美德（**pass on the traditional virtue of kindness**）。

## 结构特征

全文分为 三个部分	第 <u>1~2</u> 段	作者女儿梅玫在游玩时遇险
	第 <u>3</u> 段	护士杨晓救助梅玫的场景
	第 <u>4</u> 段	呼吁大家以善良面对世界

## 以读促写

语篇中在最后升华主题时，用到这样的句式“**Whenever I see my daughter, I will think of the nurse, Yang Xiao.**”。

亮点：用**Whenever**引导让步状语从句，表达杨晓的行为给作者内心留下的深刻影响。

仿写：无论什么时候遇到麻烦，我都会想起他对我说过的话。

**Whenever I am in trouble, I will think of what he said to me.**

## B

## 阅读还原

语篇类型: 介绍类短文

标签: 口腔健康

体裁: 说明文

词数: 275

- A. Brush our teeth two to three times a day.**
- B. And our mouth affects our confidence, too.**
- C. In short, there is no health without oral health.**
- D. By that time, our oral problem has become serious.**
- E. Its purpose is to raise our focus on protecting oral health.**
- F. What are some common oral problems faced by teenagers?**



**March 20 marks World Oral Health Day (世界口腔健康日) .**

**1. E A dentist from Beijing shared some of his opinions with us.**

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**1题** 1. \_\_\_\_\_ **E** dentist from Beijing shared some of his opinions with us.

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- B. And our mouth affects our confidence, too.**
- C. In short, there is no health without oral health.**
- D. By that time, our oral problem has become serious.**
- E. **Its**<sup>1题</sup> purpose is to raise our focus on protecting oral health.**
- F. What are some common oral problems faced by teenagers?**

## Why is oral health important?

It's more than just about having a healthy mouth. Our mouth is the first place where food goes, and it holds bacteria (细菌). Keeping our mouth clean and healthy helps our stomach work well. 2. B  
Problems like bad breath can make us want to avoid talking to others.

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Keeping our mouth clean and healthy helps our stomach work well. **2.**

**B** Problems like bad breath can make us want to **avoid talking to others.** <sup>2题</sup>

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**How many times a day should we brush?**

**It's best to brush our teeth for three to five minutes at a time. But it's best not to brush our teeth for more than five minutes because it can hurt our gums (牙龈) . 3. A The most important time is in the evening when we brush our teeth before bed. It's also necessary to wash our mouth out with water after every meal, to wash away bacteria from the food.**

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**A. Brush our teeth **two to three times a day.**<sup>3题</sup>**

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**F. What are some common oral problems faced by teenagers?**

4. F

**Tooth decay (蛀牙) is one. Signs of it are teeth with dark spots or teeth that hurt when eating foods that are very hot or cold. Besides, if we don't take good care of our mouth and teeth, we will have some gum diseases. So having a regular oral examination and cleaning is a good habit for teenagers.**

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4. F

**Tooth decay (蛀牙) is one.**<sup>4题</sup> Signs of it are teeth with dark spots or teeth that hurt when eating foods that are very hot or cold. Besides, if we don't take good care of our mouth and teeth, we will have some gum diseases. So having a regular oral examination and cleaning is a good habit for teenagers.

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- F. **What are some common oral problems**<sup>4题</sup> faced by teenagers?



5. C Let's take care of it to enjoy a healthy life.

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