

2024年2月1日

(1) I work so hard 我努力奋斗 It doesn't mean I love money so much 并不意味着我有多喜欢金钱 I just don't want to have nothing but tears when my parents need me 只是不想当父母需要我时除了泪水一无所有 Be powerless when my kids need me 当我的孩子需要我时无能为力 Be regretful when I look back 当我回首岁月充满遗憾

(2) You're so fake.你太假了 You're putting on an act.你在表演。You're not being genuine.你不真诚。 You're being phony.你在装模作样。You're being insincere.你不真心。

(3) An apple a day keeps the doctor away.一天一苹果，医生远离我

(4) Some people will criticize you 有些人会批评你 Some people will hurt you 有些人会伤害你 Some people will put you down 有此人会贬低你 Some people will judge you 有此人会评判你 But keep your chin up 但是把头抬起来 Stand up straight 站直了 Remember you are the best! 记住你是最棒的!

(5) I love the way of rain drops falling on the leaves because that is the way you loved me .我喜欢雨滴落在树叶上的方式因为你也曾经这样爱过我。 When you turned back ,my heart twitched powerfully.Now I know it's the feeling of pain.当你转过身的时候我的心狠狠的抽了一下。现在我知道了这个叫作心痛。

(6) May the New Year be better than the old 愿新年胜旧年 Fun and hopeful 有趣亦有盼 Without disaster 且无灾无难 Life is bright and everything is lovely 生活明朗万物可爱 I hope you will have more courage in 2024 希望你在 2024 年能多一点勇气

(7) The way get started is to quit talking and being doing.一切的起头就是不要只会说而是开始做。

(8) 中心 centre 心中 in the heart 会议 meeting 议会 parliament 蜜蜂 bee 蜂蜜 honey 牛奶 milk 奶牛 cow

(9) February between the eyebrows 眉间二月

(10) With light frost and snow 带着薄薄的霜雪 With tenderness 愿以温柔 prebloom 待花开 May mercy 愿以慈悲 Up in the wind 等风来 Look at the February wind 快看二月的风 Gentle messenger 温和的信使 A letter from spring 寄来一封春天

(11) If you fail , never give up,because FAIL means" First Attempt In Learning "; End is not the end. in fact,END means " Effort Never Dies ";If you get No as an answer, remember NO actually means" Next Opportunity "如果你失败了，永远不要放弃，因为失败 (Fail) 意味着“在学习中先尝试”；结束 (End)意味着“努力永无止境”；如果你得到的答案是否定(No),那么记住，No 其实意味着“下一个机会”

(12) The Golden Dress 金缕衣 Love not your golden dress.I pray 劝君莫惜金缕衣 More then your youthful golden hours 劝君惜取少年时 Gather sweet blossoms while you may 有花堪折直须折 And not the twig devoid of flowers!莫待无花空折枝

(13) People when they come to this world , who doesn't want to be as beautiful as summer flowers . Some people the branches of life shine brightly , but life is as brief as a shooting star . Some people seemingly lukewarm and indifferent , are actually accumulating the potential tension of life .人来到世上走一遭，谁不希望生如夏花般绚烂。可有的人，人生的枝头大放异彩，生命却如流星般短暂，有的人，看似不温不火，其实是在蓄积着生命潜在的张力。

(14) Happy wife happy life 老婆开心日子舒心 That's a good sign 那是好兆头 Show me the money 让我赚大钱 To what do I own the pleasure 什么风把你吹来了

(15) Sometimes 有时候 God doesn't give you what you want.上天没有给你你想要的 It doesn't mean you don't deserve it.这并不意味着你不配 It's just because 而是因为 you deserve

something better.你值得拥有更好的

(16) Time is not money. Time is far more valuable than money. You can always make more money when you run out of money. You can't get more time when you run out of time. If you want to succeed, value your time. 时间不是金钱, 却远比金钱重要。金钱耗尽, 你可以再赚, 时间耗尽, 则不复返。如果你希望成功, 请珍惜时间。

(17) Read not to contradict and confute, not to believe and take for granted, nor to find talk and discourse, let to weigh and consider.--Francis Bacon 读书时不可存心诘难作者, 不可尽信书中之言, 亦不可断章取义, 而应推敲细思。

(18) Autumn Thoughts 秋思 马致远 Over old trees wreathed with rottenvines fly evening crows 古藤老树昏鸦 Under a small bridge near a cottage a stream flows 小桥流水人家 On an ancient road in the west wind a lean' horse goes 古道西风瘦马 Westward declines the sun 夕阳西下 Far, far from home is the heartbroken one 断肠人在天涯

(19) Nothing ventured, nothing gained. 不入虎穴, 焉得虎子

(20) **fatty:** n. 胖子; adj. 脂肪的; 肥胖的; Get another one, Fatty 再拿一个, 胖子。 **fatly:** adv. 丰富地; 像胖子般地; She waddled fatly to the couch. 她肥胖地蹒跚着走向沙发。 **fate:** n. 命运; v. 注定; It is our fate. 这是我们的命运。 **fated:** adj. 命中注定的, 宿命的; He was fated not to score. 他命中注定进不了球。 **fathead:** n. 傻瓜, 痴汉; 愚钝者; He's such a fathead that he never listens to anyone else's suggestions. 他是个愚笨的人, 从不听别人的建议。 **fatal:** adj. 致命的; 灾难性的; There was a fatal flaw in the plan. 计划中有一个致命的缺陷。

(21) Time will bring surprises, as long as we are willing to go through every day seriously and hopefully. 只要满怀希望, 认真地过好每一天, 时间就会带来意想不到的惊喜。

(22) have power of attorney 有委托书/授权书

(23) Spare the rod, spoil the child. 不打不成器!

(24) **preface:** n. (书的) 前言; v. 为(书)作序; The preface is complete in itself. 这前言本身就是完整的。 **surface:** n. 表面; v. 浮出水面; adj. 表面的; Rub the surface smooth. 将表面擦光。 **interface:** n. (人机) 界面; v. (通过界面或接口) 连接; User interface views. 用户界面视图。 **outface:** vt. 蔑视; n. 倾向坡; Was it perhaps dropped by accident as the woman climbed up the 1500 stairs carved outface? 这或许是减少了事故的女子爬上楼梯雕刻蔑视 1500 年? **deface:** v. 丑化; 毁坏; A ditch with one side being a retaining wall; used to divide lands without defacing the landscape. 一条一面是护岸的墙的沟渠; 用来分离土地而不丑化土地。

2024 年 2 月 2 日

(1) Happy the year of Dragon. 龙年快乐 Wish you wealth and prosperity. 恭喜发财 I wish you all the best. 万事如意 Peace all year around . 岁岁平安 Wish you a bright future. 前程似锦 Red packets, please. 红包拿来

(2) You're twisting my word 你在曲解我的意思 Don't fall for it 别上当了 If you say so 你说就是吧 Call it a day 到此为止吧

(3) I care deeply about my younger sister. 我非常关心我的妹妹。 She's kind, funny, and always brings joy to our family. 她善良、有趣, 总是给我们的家庭带来欢乐。 I love how she laughs at my jokes and how she shares her dreams with me. 我喜欢她听我讲笑话时发出的笑声, 以及她如何与我分享她的梦想。 She often comes to me with her biggest dreams and aspirations. 她经常带着她最大的梦想和渴望来找我。

(4) the clock is ticking 时间不等人啊

(5) When there is no result 没有结果的时候 Just have a good sleep 就好好睡一觉 Don't blame yourself too much 不要太责怪自己 You are also very hard to get here 你也很努力才走到这里 You are great 你很棒了

(6) Have faith.有信心。 You cross the line.你越界了。 We 're in the same boat.同舟共济。 What are you up to?你在忙什么?Think about it.想一想。

(7) Why are you yelling at me?你为什么对我发脾气?This is all my fault.这都是我的错。 I'm proud of you.我为你骄傲!Why are you so sure?你为什么这么肯定?I'm running late.我要迟到了。 I was just wondering.我只是好奇。

(8) From now on, I'm going to say yes.从现在起,我要积极去接受一切。 Yes to love.积极去爱。 Yes to adventure.接受挑战。 Yes to life.拥抱生活。 Whatever it may be.不管发生什么事, The answer is going to be yes.我都会勇敢地接受。

(9) You deserve better 你值得拥有更好的

(10) Are you with me?你在听我说话吗/你跟得上我的话吗?(用于对话或讲课时) I lost my tongue.我一句话也说不出来。 I'm broke.我破产了。 Hang in there.再坚持一下/坚持住。 Don't cut class.别翘课。 Let's go dutch.我们 AA 制吧/我们各付各的吧。

(11) Lots of luck and profits !大吉大利 Good luck again and again!好运连连 Promotions at every step!步步高升 Peace and happiness!幸福安康 Wish you a happy family!阖家幸福

(12) Happiness is the ability to move forward knowing the future will be better than the past.幸福是向前迈进的能力,知道未来会比过去更好。

(13) Marriage is a cakewalk.婚姻对你们来说只是小菜一碟 **cakewalk** 是小菜一碟,轻而易举的事情。

(14) Stay foolish stay hungry.求知若饥 虚心若愚 Please remember, you are capable . of more than you think. Believe in yourself, and the world will believe in you. Keep going, stay strong, and never give up on your dreams.请记住,你的能力比你想象的还要多相信自己,世界才会相信你。继续前进,保持坚强,永远不要放弃你的梦想。Never give up.You will be the greatest person in this world.永不放弃,你就成为这个世界上最伟大的人。Where there is a will ,there is away.有志者事竟成

(15) everyone likes me don't make a meal of it 每个人喜欢我不会小题大做

(16) 熬夜 stay up 失眠 insomnia 夜猫子 night owl 磨牙 teeth grinding 噩梦 nightmare 时差 jet lag 黑眼圈 dark eye circles 眼袋 eye bags 睡过头 oversleep 自然醒 wake up naturally

(17) 叫大家来吃饭。 Call everyone to the table。 别说话,吃你的饭。 Be quiet and eat your food.把你盘子里的东西都吃完。 Clean up your plate。 再来一点吗?Would you like some more?很好吃!It's delicious!要想身体苗条,你就不能再吃了。 To keep slim, you can't eat any more.

(18) In the days of blooming flowers , we often overlook the plot of colorful butterflies dancing .The key point in life , however , is that we focus on areas where we are unable to meet our expectations.花开的日子里,我们往往忽略了彩蝶飞舞的情节,人生的关键点,我们却把眼光放在了力不以心之处。

(19) Oh,no offense.dear?无意冒犯,亲爱的 No,it sounded like a compliment 没事,不知怎的听起来更像称赞 When did this happen?什么时候的事情? Mm.well.let's see 让我想想 Oh, yes,that's right 对了,想起来了

(20) It's non-negotiable.没得商量

(21) in the flesh 正是在下,如假包换

(22) **enjoy:** v. 享受; 拥有; 喜爱; They enjoyed their trip to the beach.

他们享受了海滩之旅。**joyful**: adj.高兴的,令人愉快的; It was a joyful meeting.这是一次令人高兴的见面。**joyance**: n.喜悦,快乐; Joyance of victory make all country people rejoice.胜利的喜悦使全国人民欢欣鼓舞。**joyous**: adj.令人愉快的,高兴的; It's a joyous moment for all of us.这是我们所有人的快乐时光。**joyride**: n.兜风; v.驾车兜风; Let's go for a joyride.让我们去兜兜风。**joyless**: adj.不高兴的,不快乐的; I am not joyless.我不是不快乐。**overjoy**: v.使狂喜; Of course, not everyone would be overjoyed.当然,也不是人人都会狂喜。

(23) **warship**: n.战船; [军] 军舰; An "Ammiral" is a big warship.兵舰是非常大的战船。**shipmate**: n.同船船员; 同船水手; What's the matter with you, shipmate? 你怎么啦? 船友?**Ship man**: n.船员,水手; 船长; Ship man had seen her alone in her room for a short time.船长在她的房间里和她单独会面了一会儿。**shipyard**: n.造(修)船厂; 造船业; This shipyard closed last year.这家造船厂去年关闭了。**airship**: n.飞艇; 飞船; The airship circled at sea. 飞艇在海面打圈子。**shipwreck**: n.海难; vt.使失事; There are many shipwrecks in these waters. 在这些海域多海难事件。

(24) Do you remember?你记得吗? I belong here.我属于这里。I'm blessed.我很幸运。I don't remember.我不记得了。I don't recall 我不记得了。

2024年2月3日

(1) Wet my beak.见者有份!

(2) **online**: adj.在线的; 联网的; adv. 在线地; 在网上地; It is not an online editor.它不是一个在线编辑。**offline**: adv.未连线地,脱机地; adj.未联网的; 不在线的; Offline Access is Limited.离线使用受限。**underline**: n.下划线; v.在...下面画线; 强调,突出; Underline the problem.在读到的问题下面划线。coastline: n.海岸线; 双语例句: The sun was setting over the coastline.太阳渐渐从海岸线落下。**lifeline**: n.生命线; 救生索; Select a single lifeline.选择单个生命线。**hairline**: n.发际线; 细缝; adj.极细的; 差别极小的; He's got a receding hairline.他有一条正在后退的发际线。**deadline**: n.最后期限; 截止日期; 死线; When is the deadline?截止日期是什么时候? **outline**: n.轮廓; 大纲; 要点; v.概述; 勾勒; Is that a chalk outline? 那个是粉笔画的轮廓线吗?

(3) Are you thirsty?你渴吗? Drink some water.喝点水吧 Hold the cup.拿好杯子 Drink slowly. 慢点喝 Don't choke.别呛着

(4) I don't give a shit.我才不在乎。

(5) Watch me.看着我 等着瞧。这个短语通常用于表示对自己即将要做的事情的自信,表达一种挑战或自豪的态度

(6) I know it's a long shot.我知道希望不大

(7) You don't have to rush off 你没必要这么急着走的

(8) **schoolgirl**: n.女学生; (学校的)女生; I'd got over my schoolgirl crush. 我已经不再像女学生那样迷恋别人了。**newsgirl**: n.女报童; newsgirl detail 女报童; **cowgirl**: n.女牛仔; 女牧工; Well, me and the little "cowgirl".我和我的小牛仔妞。**playgirl**: n.追寻享乐的女子; I got a offer to do playgirl magazine. 我得到去拍花花公主杂志的机会。**girlhood**: n.少女时期; 少女时代; She had a happy girlhood.她有个快乐的少女时代。**girlfriend**: n.女朋友; 女性朋友; I had lunch with a girlfriend.我同女友一起吃的午饭。**girlish**: adj.少女似的; 少女的; She gave a little girlish giggle.她发出一个少女似的咯咯笑声。

(9) **oppose**: v.反抗,反对; 与...竞争; He was strongly opposed to the idea. 他坚决反对那

个主意。**dispose:** v.处理 放置; 使易于; Dispose of coals properly.恰当的处理煤炭。**predispose**

: v.使倾向于; 容易诱发;用法: Stress can predispose people to heart attacks. 紧张容易使人心脏病发作。**suppose**: v.假设; 推断; 认为; 我看; Let us suppose (that) the news is true. 我们假设这消息是正确的。**depose**: vt.免职; 作证; vi.宣誓作证; The king was deposed by the revolution. 国王被革命废黜了。**repose**: n./vi.休息; vt.使休息; You take a repose quickly.你快去休息吧

(10) give me some sugar 给我一个吻, 亲我一下, 可以理解为请求一些甜蜜的亲密行为。

(11) back the wrong horse 下错赌注

(12) When you truly care for someone, their mistakes never change your feelings, because it's the mind that gets angry but the heart still cares. 当你真正在乎一个人时, 他们的错误不会改变你的感受。因为生气的是头脑, 但内心仍然在乎。

(13) How long did you spend doing your homework? 你花了多久做作业? I found the black phone that you lost 我找到你丢的那部黑色手机了 I bought the diamond ring that she likes 我把他喜欢的钻石戒指买了 Students are having a class 学生们正在上课 Dad is working now 爸爸正在工作

(14) Start where you are. Use what you have. Do what you can. 从你现在所在的地方出发。用你所拥有的。做你能够做的。

(15) Some journeys will last a lifetime, but they all begin with a first step. 无论旅途有多远, 都要勇敢地迈出第一步。

(16) Do you have a minute? 你有空吗? I kid you not. 我没开玩笑 No means no. 不行就是不行。Talk to the hand. 懒得理你。Tell me about it. 可不是嘛!

(17) take credit for 归功于 which means if you say something stupid, 也就是说 如果你说了什么蠢话 He tries to take credit for something you did. 他想抢你的功劳。I take credit for Paul. 保罗欠我人情。

(18) Go in the direction you want to go and achieve your dreams, no matter how big or small. Life should be gentle and sunny. In February, welcome the new time with the best attitude. 去自己想去的方向, 完成不论大小的梦想, 生活应该是温柔又阳光, 2月, 用最好的姿态迎接新的时光。

(19) This guy's a fly on the wall 这个人无孔不入 Back against the wall 靠墙站, 无路可退 Elephant in the room 不愿提及的棘手的问题 Put the cart before the horse 前后颠倒, 本末倒置

(20) Easy doesn't enter into grownup life. 成年人的生活里没有容易二字

(21) turn/shut off 关闭 put off 推迟; 扔掉 take off 脱下(衣服)(飞机等)起飞 go off 爆炸; (警报器) 响; (电器设备) 停止运转 have two weeks off 休息两周

(22) Which line goes downtown? 那条公交线路去市区啊? Does this bus go to Nanjing street? 这车是开往南京路的吗? Could you tell me where to get off? 你能告诉我在哪儿下车吗? How much? (车票) 多少钱? Where are we? 我们到哪儿了? How many stops are there to downtown? 这车到市中心有几站?(回答就用数字+stops) How often does the NO.2 bus run? 2路车多长时间一班?(回答用 Every+时长, 如 Every 10 minutes 每10分钟一班) Where should I change for A? 到A我该在哪儿转车?

(23) No matter what, believe in yourself, don't let someone else's word easily bring you down. 不论做什么事, 相信你自己, 别让别人的一句话轻易的将你击倒。As we grow up, we don't lose friends. We just learn who the real ones are. 随着年龄的增长, 我们并不是失去了一些朋友, 而是我们懂得了谁才是真正的朋友

(24) It's a small year in the world, 人间逢小年, Whatever you want, 所求皆所愿, Salute the

creeping journey,致敬漫漫征途, Pay tribute to the past,致敬过往云烟, May the days be new,愿日子常新, As the years go,岁月如意 May you and I eat humble food from the moon,愿你我粗茶淡饭自安月, The old year is a blessing in disguise!旧岁尽除乐得福!

(25) Experience is the father of wisdom and memory the mother.---Charles Bernard 经验是智慧之父, 记忆是知识之母。---贝尔纳

(26) We don't know what tomorrow will bring 明天或者意外我们不知道哪个先到来 So don't stay mad for too long 所以即使生气也不要花太多时间 Learn to forgive and love with all your heart 学会原谅放下 学会去爱 Don't worry about the people who don't like you 不要在意不爱你的人 Enjoy the ones who love you 好好和爱你的人相处吧

(27) I don't need to go to sleep early tonight.我今晚不用早睡。I have to be up early tomorrow.我明天得早起。 I stayed up late last night.我昨晚熬夜了

(28) Early communication is to see politeness.Long-term communication is to see temper.Lifetime communication is to see character.Time is really a good tool. To substantiate the good heart. To witness the human nature.初期交往看礼貌。长期交往看脾气。一生交往看人品。时间真是个好东西。验证了人心。见证了人性。

(29) Get your hands wet 把你的手打湿。 Pump out some soap 挤点儿香皂。 Rub your hands together 双手一起搓。 Rinse your hands off.把手冲一下。 They are clean now.洗干净啦。Don't forget to turn off the tap.别忘记关水龙头。 Dry your hands off.擦干你的手。

2024年2月4日

(1) Don't keep your dreams in your eyes, they may fall as tears. Keep them in your heart so that every heartbeat may remind you to convert them into reality.不要把你的梦想留在你的眼睛里, 它们可能会像眼泪一样掉下来。把它们放在你的心里, 这样每一次心跳都可以提醒你转化为现实

(2) Life is originally a tangled body of love and hatred .With more care , there is less indifference . A little more heart breadth , a little less narrowness .人生原本就是爱恨情仇的纠结体, 多一份关爱, 便少一份冷漠;多一份心宽, 便少一份狭隘。

(3) I don't feel like procrastinating right now,I'll do it tomorrow. When you procrastinate, you remain stagnant. Whatever you're putting off doesn't go away. Resolve the problem,and move on.You'll be much happier in the long run.我现在不想做, 还是留到明天吧。一旦开始拖延, 其实你已经停滞不前了。你拖延的事情不会自行解决。解决问题, 继续前行吧。从长远角度来说你会更加快乐。

(4) Life is too short and has no room for fear and worry Stop saying I can't Stop saying I am afraid Be bold I know you can do it 生命很短暂没有时间浪费在害怕和忧虑上, 不要说自己不行, 不要说我害怕, 大胆一点我知道你能做到

(5) Do you work out?你健身吗 Never be too careful 越小心越好 What's the big deal ?有什么大不了的 What do you see in him?你看上他哪一点了?Things will work out 车到山前必有路

(6) If I wanted to 只要我愿意.只要我想就行

(7) What's done is done 木已成舟了

(8) There's nothing we can do about it.我们无能为力了 Water under the bridge 都过去了 It's all for nothing.一切皆徒劳 Lot it go 放手吧

(9) The world is full of people, and I'm very happy to have met them, how dare I ask for too much. We are all passers-by in each other's lives, and it's lucky to know one another. People only

have a lifetime, do not have to care about the little things, do what you want to do, love what you can love, learn to make the complex days simple and warm.人海茫茫，能相遇已足够欢喜，怎敢要求太多。我们不过都是彼此生命中的过客，能相识一场，已经是幸运。人就一辈子，不必过分苛求什么，做你要做的，爱你能爱的，学会把繁杂的日子过得简单而有温度。

(10) The Spring Festival is the most important traditional festival in China. It usually lasts for 15 days and falls on the first day of the first lunar month. During this festival, people usually get together with their families, eat dumplings, set off fireworks, and watch the Spring Festival Gala. It is a time for celebration, reunion, and new beginnings.春节是中国最重要的传统节日。它通常持续 15 天，在农历正月初一这天庆祝。在这个节日期间，人们通常会与家人团聚，吃饺子，放烟花，看春节联欢晚会。这是一个庆祝、团聚和新开始的时刻。

(11) you're one to talk 你还好意思说，就你能叭叭

(12) Life is originally a flower blooming, you have your brilliance and I have my colors.生命原本就是一场花开，你有你的绚丽，我有我的色彩。

(13) Don't tell me what to do.不用你教我怎么做。Don't you dare judge me.胆敢对我评头论足。Don't push your luck.别得寸进尺。Don't patronize me.别屈尊敷衍我了。

(14) Fireworks went up,烟花四起，Another year,又一年，The fireworks went down again,烟花又落，The New Year,新一年，Wishing you all the best in the New Year 祝你在新年 amusing 有趣 Look forward to 有盼 No disaster 无灾 Have no difficulty 无难

(15) Before the morning comes 黎明到来之前 You are for sure to go through darkness 你一定会经历黑暗 Life will not disappoint those who keep working harder and harder 生活一定不会辜负一个正在努力的人 So you know what, just keep going 所以，加油

(16) **washroom:** n. 洗手间；盥洗室；厕所；I left my phone in the washroom.我把我的手机落在洗手间了。**washer:** n. [机] 垫圈；洗涤器；洗衣人；I put too much detergent in the washer.我在洗衣机里放了太多的洗衣粉。**washstand:** n. 脸盆架；盥洗盆；A mirror hung on a nail above the washstand.脸盆架上方用钉子挂着一面镜子。**washable:** adj. 耐洗的；可洗的；n. 可洗的布料；耐洗织物；The cushion cover is not washable.软垫外套不可洗。**washboard:** n. (美) 搓板；防波板；adj. 搓板状的；Where is the washboard? 洗衣板哪里去了？**washcloth:** n. 毛巾；面巾；洗碟布；So, can we get you a washcloth? 要不要拿一条毛巾给你呢？**washbowl:** n. 洗脸盆；脸盆；This washbowl is foul! 这个洗脸盆是肮脏的！**brainwash:** n. 洗脑；vt. 对.....洗脑，以宣传说服；Don't try to brainwash me. 别想给我洗脑。

(17) that makes two of us 英雄所见略同

(18) Go the extra mile.努力做到最好

(19) It's beneath you.你这样有失身份。

(20) There's an agenda.别有用心！

(21) bury the hatchet.重归于好

(22) Repair our heart's ability to bear, calmly face all things happen.修好自己心的承受能力，从容的面对所有事情的发生。

(23) **Tea house:** n. 茶馆；茶室；They met at a tea house.他们在一家茶馆会面。**tearoom:** n. 茶室；**teakettle:** n. 烧水壶，茶壶 Grandma, what is in the teakettle? 奶奶，壶里装的是啥呀？**teapot:** n. 茶壶；That teapot is very valuable.那把茶壶很值钱。**teabag:** n. 袋泡茶；茶包；I just took an extra teabag. 我只是多拿了一个茶包。**teaspoon:** n. 茶匙；一茶匙的量；I need a teaspoon to stir my tea. 我需要一把茶匙搅一搅茶。

(24) **cupful:** n. 满杯；He gives me a cupful beer.他给了我一杯啤酒。**cupping:** n. 拔火罐；杯吸法；v. 用杯盛；What's cupping? 拔火罐是怎么回事？**teacup**

: n. 茶杯; 一茶杯容量; 心理极其脆弱; I knocked the teacup over. 我把茶杯碰翻了。
cupcake: n. 纸托蛋糕; 杯形蛋糕; Give me a cupcake. 给我一个纸杯蛋糕。**cupped:** adj. 杯形的; 凹的; v. 使(手)窝成杯状; He cupped her chin in the palm of his hand. 他窝起手掌托住她的下巴。

(25) hoity-toity 自高自大的, 傲慢的

(26) **misuse:** n./v. 滥用; 误用; 虐待; He had grossly misused his power. 他严重滥用职权。
abuse: n./vt. 滥用; 虐待; 辱骂; He never abuses his privilege. 他从不滥用特权。**nonuse:** n. 不使用; 不形成习惯; In other words, nonuse does not constitute abandonment by itself. 换句话说, 不使用并不意味放弃。**reuse:** n./v. 再次使用, 重复使用; Please reuse your envelopes. 信封请重复利用。**disuse:** n. 废弃; 不被使用; vt. 停止使用; The old bridge fell into disuse. 这座旧桥废弃不用了。**used:** adj. 用过的, 旧的; 习惯于; v. 使用, 利用; 消耗; 说, 写; What would it cost used? 用过的手机值多少? **user:** n. 用户; 使用者; 瘾君子; We have a growing user base. 我们有一个正在成长的用户基础。**useable:** adj. 可用的; 合用的; There are no useable tents for rent here. 这里已经没有可用的帐篷出租了。

(27) What's your 20“报告你的位置/你在哪?”

(28) Get off your high horse. 别装了

(29) Put it to bed 彻底解决

2024年2月5日

(1) Not on your life. 绝对不行。

(2) keep me company 陪我一下

(3) I'm my own person 我可以独立自主; 我自己做主, 我自己拿主意。

(4) I need a doctor who speaks English. 我需要一个会说英语的医生。I have an allergy. 我有过敏。allergy 过敏, 对某物质过敏的身体反应。Where is the nearest clinic? 最近的诊所在哪里? clinic 诊所, 医务所。I need painkillers. 我需要止痛药。painkillers 止痛药, 用于缓解疼痛的药物。Can you call for help? 你能呼救吗?

(5) May you keep warm in winter. May you resist cold in spring. May you have light in the dark. and have umbrellas on rainy days. May your beloved be with you for the rest of life. And wish you have all undisguised happiness forever. 愿你三冬暖, 愿你春不寒。愿你天黑有灯, 下雨有伞。愿你余生良人永相伴。愿你所有快乐无需假装。

(6) rain or shine 风雨无阻 Rain or shine, we will all have smiles on our faces. 不管下雨晴天 我们脸上总有笑容

(7) I'll keep that in mind. 我会记住的。What the hell is going on? 到底发生了什么? Get off my back. 滚远点。Can I help you find something? 需要帮助吗? May I speak frankly? 我能直说吗? Is that all you got? 你就这点本事?

(8) Every year the wind blows, 年年有风, The wind blows year after year, 风吹年年, Slow is long. 慢慢即漫漫。May all old wishes be fulfilled, 祝旧愿皆已偿, New resolutions for the coming year. 来年有新愿。May the mountains have paths, 愿山高有行路, The water is deep enough for a ferry. 水深有渡舟。

(9) Made my day 让我很开心 Take it or leave it 要不要随你哦 You are one to talk 你还好意思说 Grab a bite 去吃点儿东西吧 Cut it out 别闹了好不好

(10) Sometimes there is no next time 有时候没有下一次 no second chance 没有第二次机会 no time-out 没有暂停键 now or never 机不可失, 失不再来 Things change 事物更替 People

leave 聚散别离 But time doesn't stop for anyone 但时间不会为任何人停留

(11) Sometimes 有时候 You need to take a break 你需要休息一下 from everyone 脱离周围的人 to spend time alone 去独处 to experience 去感受 to appreciate 去欣赏 and to love yourself 去爱自己

(12) Chinese New Year is a special holiday in China.中国新年是中国的一个特殊节日 It's also called the Spring Festival.它也被称为春节 Families come together to celebrate.家庭聚在一起庆祝 We decorate our homes with red lanterns and couplets.我们用红灯笼和对联装饰家 We eat delicious food like dumplings.我们吃美味的食物，比如饺子 Fireworks light up the sky at night.晚上，烟花照亮了天空 children get red packets with money.孩子们得到了装有钱的红包 It's a time for happiness and good luck.这是一个快乐和好运的时刻 We also watch dragon and lion dances.我们还观看龙舞和狮舞 It's our favorite festival.这是我们最喜欢的节日

(13) I can't take it anymore 我再也受不了了

(14) Humans are born good.人之初，性本善 Man proposes; God disposes 谋事在人，成事在天 Treasures fill the home.金玉满堂 Where there is life, there is hope.留得青山在，不怕没柴烧

2024年2月6日

(1) You animal!你个禽兽 You bitch!你个贱人 You psycho!你个变态 You idiot!你个蠢货 Screw you!去你的

(2) Lucky money 压岁钱 During the Spring Festival, what excites children 在春节期间，最让孩子们兴奋的事情 the most is to receive the lucky money by their elders.就是收到长辈们给的压岁钱。This tradition originated from a legend. People 这个传统起源于一个传说。discovered that placing copper coins wrapped in red 人们发现，把红纸包裹的铜币 paper beside a child's pillow could drive away the evil 放在孩子的枕头边可以驱走邪灵 spirit, ensuring a peaceful year.This tradition symbolizes 确保一年的平安。这个传统象征着 blessings and expectations from elders to the younger 长辈对年轻一代的祝福和期望。generation. The amount of money is not important; it's 钱的多少不重要 the heartfelt blessings behind it that matter. wishing 重要的是背后真挚的祝福 children safety, health, and happiness in the new year 祝愿在新的一年里孩子们平安健康幸福

(3) I am sorry 抱歉 I want to say sorry to you 我想对你说声抱歉 I want to apologize for the way I spoke to you the other day 那天那样说话，我向你道歉 I beg your pardon for the mistake I've made 请一定原谅我犯的错误 Forgive me,I didn't mean to offend you 请原谅，我无意冒犯你

(4) How can I help you today?您需要点点什么?I'd like to place an order 我想下一个订单 Just wait it ready 您稍等一下 Would you like to pick it up yourself or get it delivered 您到店自取呢，还是给您送过去

(5) eat your heart out 羡慕嫉妒恨

(6) Holy moly 我的天哪 Objection 我反对 Man plans and God laughs 人算不如天算 We ended up here 我们沦落至此

(7) Door Couplets 对联 In china,we have door couplets.在中国，我们有对联。They are red,and we put them on doors.它们是红色的，我们把它们贴在门上。 They have good words.The words 上面有好字。这些字 are about luck.They are also about 是关于运气的。它们也是关于 happiness.My family likes them.幸福的。我的家人喜欢它们。 Door couplets are pretty.对联很漂亮。 They are for the New Year!它们是为了新年准备的!

(8) I don't think that when people grow up, they will become more broad-minded and can

accept everything. Conversely, I think it's a selecting process, knowing what's the most important and what's the least. And then be a simple man.我不觉得随着年龄的增长,人的心智就会变得更宽广,可以接受任何事情。相反,我认为这是一个选择剔除的过程,你会知道什么是最重要的,什么是最不重要的。然后,做一个简单的人。

(9) We do not want to satisfy everyone in our life. 我们终其一生不是为了要满足每个人, As long as you like it, every second is a golden age. 只要你喜欢,每一秒都是豆蔻年华。 We don't need to live under the words of others. 我们不需要活在他人的言语下, The external voice is just a reference. 外界的声音只是参考, If you don't like it, don't refer to it. 不喜欢就不要参考, Listen to songs ,blow the wind, and heal. 听歌, 吹风, 自愈。 Read yourself, be more yourself, and be more pleased. 阅己, 越己, 悦己。

(10) Behave yourself. 要乖一点 No take-backs. 没有后悔药 Name your price. 开个价 I don't have all day. 我没空跟你耗 Don't try my patience. 别挑战我的耐心

(11) **classic:** adj. 典型的; 经典的; 传统的; 最优秀的; n. 名著; 经典著作; 大艺术家; Hers was a classic tale of rags to riches. 她的经历是从赤贫到富有的一个典型例子。 **classical:** adj. 传统的; 古典的; 传统的; 第一流的; n. 古典音乐; The classical examples are strain gauge devices. 传统的例子是应变仪装置。 **high-class:** adj. 高级的; 一流的; 极好的; He chased out all the high-class play. 他把高级的客人都赶走了。 **classless:** adj. 无阶级的; 不属于任何阶级的; Can Britain ever be a classless society? 英国能否有朝一日成为一个无阶级社会? **classy:** adj. 优等的; 上等的; 漂亮的; 时髦的; It is an ageless, yet always modern, and classy look. 它是永恒, 总是现代和优等的神色。 **classify:** vt. 分类; 分等; 把... 分类; They are classified in sorts. 它们是按品种分类的。

(12) Now you are talking. 这还差不多

(13) After a while, you would realize, the biggest attraction of a person is not the look or the honor. It is the truthfulness, the kindness, the warmth others feel from you. 相处久了你会发现, 人与人之间最大的吸引力, 不是你的容貌, 不是你的光环, 而是你传递给对方的温暖和踏实, 真诚和善良。

(14) On your own head be it. 後果向負

2024年2月7日

(1) **misdo:** vt. 做错, 做坏; vi. 做错事; 做坏事; She didn't mean to misdo it. 她并不是有意做错的。 **undo:** vt. 取消; 解开; 破坏; 扰乱; vi. 撤消; n. <计>取消, 撤消, 恢复; Undo has some exceptions. 撤销有一些例外情况。 **redo:** vt. 重做; 重新装饰; Rewrite, redo, and rearrange. 重写——重做——重排。 **overdo:** vt. 把...做得过分; 做得过火; 使过于疲劳; vi. 做得过分; 表演过火; No need to overdo it. 不用做得太过分。 **outdo:** vt. 超过; 胜过; 超越; He outdid his rivals in speed. 他在速度上超越了他的对手。 **hairdo:** n. 发型; 发式; I have a new hairdo. 我剪了一个新发型。 **doer:** n. 实干家; 行为者; 实行者; I became a Doer. 我成为了一个实干家 **evildoer:** n. 为恶者; 做坏事的人; Do not let any evildoer escape. 不可漏掉一个坏人。

(2) by all means 当然可以

(3) I was messed up for a long time. I don't know if we each have a destiny, or if we're all just floating around accidental-like on a breeze. If there is anything you need, I will not be far away. 这些年我过得一塌糊涂。我不懂我们是否有着各自的命运, 还是只是到处随风飘荡。只要你需要, 我就在这里。

(4) Whatever. let me see the list 先不管了, 让我看看菜单 You do know. she's not

seven,right?他不是七岁小孩, 你知道这点吧?With the dolls and the horses and the dress up 洋娃娃啊, 小马驹啊, 化妆游戏啊 She is off in her own little world 他沉浸在自己的小世界里面 Mom,Teddy does not have time 老妈, 泰迪没功夫

(5) When we miss the beautiful flowering season , we suddenly wake up and run with tears in our eyes , just like slowing down and smiling .当我们错过了美丽的花期, 才幡然醒悟, 含着眼泪奔跑, 焉如放慢脚步微笑。

(6) Look before you leap 三思而后行 Take one to know one 彼此彼此, 好不到哪去 Roll with the punches 见招拆招, 大事化小 I can't take all the credit 不是我一个人的功劳

(7) What am I to you?我对你来说算什么? Don't stay up too late.别睡太晚了。 Buckle up.系好安全带。 Don't sell yourself short.不要妄自菲薄。 You had your chance.我给过你机会。 Let me sleep on it.让我好好想想

(8) Time is light,时光清浅, I like both quiet and noisy.安静和热闹我都喜欢。 Unable to please the world,无法讨好全世界, Then please yourself first.那就先讨好自己。 Keep your own pace of life,保持自己的生活节奏, Allow everything to happen.允许一切发生。

(9) Long time no see.好久不见 It's a long story.说来话长 I dig you.我中意你 I'm here for you 我陪着你。 You had me at hello.我对你一见倾心。

(10) The world is full of people, and I'm very happy to have met them, how dare I ask for too much. We are all passers-by in each other's lives, and it's lucky to know one another. People only have a lifetime, do not have to care about the little things, do what you want to do, love what you can love, learn to make the complex days simple and warm.人海茫茫, 能相遇已足够欢喜, 怎敢要求太多。我们不过都是彼此生命中的过客, 能相识一场, 已经是幸运。人就一辈子, 不必过分苛求什么, 做你要做的, 爱你能爱的, 学会把繁杂的日子过得简单而有温度。

(11) Embrace change.拥抱变化。 Take risk.冒险。 Follow your heart.追随你心 Live you life to the fullest.尽情的生活。 Be yourself.做你自己。

(12) The following days 接下来的日子 When you don't think you can do it 你觉得熬不住的时候 Just tell yourself 就告诉自己 Hold on a little longer 再坚持一下 Go a little further 再往前走一走 Good deed 好事 Will be under your active meditation 会在你积极的默念下 Happen naturally 自然而然的发生

(13) Once 一次, blue moon 蓝色的月亮。 Once in a blue moon 很少发生的事, 几乎是难以置信的稀少, 也就是我们说的千载难逢, 太阳打西边出来了

(14) There are plenty of fish in the sea 不是“海里有很多鱼”正确的意思“天涯何处无芳草”!

(15) **freedom:** n. 自由, 自主; 直率; Long live freedom! 自由万岁! **freewill:** adj. 自愿的; 自由意志的; 任意的; What advantage does freewill report system have? 自愿报告制度有哪些优点? **freethinker:** n.自由思想家; Lunch comes with a five-minute talk about a famous freethinker.午饭时间会有一个五分钟的关于自由思想者的演讲。 **freelance:** adj.自由投稿的; vi.做特约工作;从事自由职业; n.自由作家; 自由记者; I work freelance from home.我是在家中工作的自由职业者。 **freely:** adv. 自由地; 免费地; 大量地; 慷慨地; 直率地; They are discussing freely. 他们在自由地讨论。 **freeway:** n.<美>高速公路; I like to drive on freeway. 我喜欢在高速公路上开车。 **Free post:** n.免费邮递 邮资总付 It's FREEPOST, so there's no need for a stamp. 这是免费邮寄, 不用贴邮票。

(16) No matter what happens outside, it can be seen as an opportunity for us to grow.无论外在发生什么, 都可以看作是我们成长的契机。

2024年2月8日

(1) I didn't look for you 我没有主动找你 It's not because you don't matter to me 不是因为你对我不重要 but if I matter to you 而是我不知道, 我还重不重要

(2) Living in this world , who doesn't want love flowers to bloom and friendship trees to grow green . The key is to know how to cherish them .人活在世, 谁不希望爱情花常开, 友情树常绿, 关键是要懂得珍惜。

(3) Strong winds will blow the dust up.大风会把灰尘吹起来。Your room is too dirty.你的房间太脏了。 You should clean the room.你应该打扫一下房间

(4) Happiness always looks small while you hold it in your hands. but let it go, and you learn at once how big and precious it is. Happiness doesn't depend on any external conditions, it is governed by our mental attitude.你把幸福捧在手里,看似微不足道。但一旦失去它, 你马上会意识到它的重要与珍贵。幸福不是取决于外界环境, 它是由我们的心态来决定。

(5) Everything happens for a reason.这个世界, 没有偶然。Success is the sum of small efforts, repeated day in and day out.成功就是日复一日那一点点小小努力的积累。I may not be perfect, but I'm always me.我也许不完美, 但我一直在做自己。

(6) Bob's your uncle.就是这么简单。 I was embarrassed.我当时很尴尬。 I should have known.我早该料到。 These things happen.这种事在所难免。 For a rainy day.以备不时之需。Don't push your luck.见好就收吧。

(7) life isn't like a movie 生活不像电影 sometimes you are not a success right away 有时成功并非即刻所得 no one can get it all 没有人能够一切如愿以偿 there's no luck 运气是不存在的 there's only work 努力才是硬道理

(8) For young people, only the heart can calm down, talent and potential can be brought into play, otherwise, all the talent will limit the development of people.对于年轻人来说, 心能静下来, 才华和潜能才能发挥出来。不然, 一切的才华反而将束缚人的发展。一余秋雨

(9) One of the biggest mistakes 我们一生中犯的 we often make in life 最大的错误之一 is to think we have a lot of time.就是以为我们拥有很多时间 You think you have ten,twenty.你认为你有十年, 二十年 thirty forty more years to go.三十年, 四十年甚至更多 But the truth is time goes by so quickly.但事实却是时间过得非常快 that's why people say time flies.这就是为什么人们说时光飞逝 And once it's lost,一旦失去 you will never get it back,将永远回不来 so seize today.所以, 抓住今天吧

(10) Walking through a period of decadent days , one will only understand what is the tranquility of time . After stepping through a period of ups and downs , one only knows what hard won means .走过一段颓废的日子, 才会领悟什么是岁月静好;踏平一段坎坷之路, 才会懂得什么是来之不易。

(11) 单独的 alone 寂寞的 lonely 保证 assure 保险 insure 奋斗 contend 满足的 content 接触 contact 合同 contract 服装 costume 习惯 custom 冠军 champion 香槟 champagne 除外 except 期望 expect 事件 incident 意外 accident 祈祷 pray 猎物 prey 主要的 principal 原则 principle 甜食 dessert 沙漠 desert

(12) For the rest of my life 往后余生 The snow is you 风雪是你 The wateriness is you 平淡是你 The poverty is you 清贫也是你 The glory is you 荣华是你 And the tenderness of the heart is you 心底温柔是你 Where my eyesight is is where you are 目光所至也是你

(13) **handcraft:** n. 手工艺, 手艺; vt. 以手工做; We handcraft all our paper.我们所有的纸都是手工制作。 **woodcraft:** n. 木工技术; 森林知识; **pencraft:** n. 书法; 执笔; To be good at flute playing, like pencraft PC. 擅长长笛演奏, 爱好书法和电脑。 **witchcraft:** vn.

巫术；魔法； Did you use magic and witchcraft?你使用了魔法和巫术吗？**aircraft**: n. 飞机；直升机；航空器； The aircraft was gaining height.飞机在爬高。**spacecraft**: n. 航天器；宇宙飞船； I want to travel in a spacecraft. 我想乘坐宇宙飞船去旅行。**crafty**: adj. 狡猾的；诡计多端的；巧妙的； He's a crafty old fox. 他是一只狡猾的老狐狸。**craftsman**: n. 工匠；手艺人；技工； He is a great craftsman, a natural. 他是个了不起的工匠，是个天才。

(14) I'm sold 不是“我被卖掉了？”，而是“我被说服了”，sell 在这里是“推荐”的意思。“I'm not sold.”则意为“我没有被说服，我不接受，我不同意”。

(15) the last straw 最后一根稻草，没错，就是压死骆驼的最后那根稻草，是指一系列不愉快的事情中的最后一件，引申为“忍无可忍，受不了了，无法忍受”。如果你不想再忍了，就说出来吧 That's the last straw.

(16) stay over 过夜，留宿 unless you wanna stay over 除非你想在这儿过夜

(17) Many hands make light work 不是“许多手做轻的工作”，是“众人拾柴火焰高”！ Many hands make light work, so let's work together.我们一起齐心协力干吧，毕竟众人拾柴火焰高！

(18) run in my family 我家遗传的

2024年2月9日

(1) You don't know shit 你知道个屁

(2) | won't be long.我马上回来.

(3) **dreamer**: n. 梦想家；做梦的人；不切实际的人； Every great dream begins with a dreamer. 每个伟大的梦想始于会做梦的人。**dreamful**: adj. 常易梦见的；梦多的；多梦的；**dreamless**: adj. 无梦的，不做梦的； He fell into a deep dreamless sleep.他酣然入睡，一夜无梦。**dreamlike**: adj. 梦一般的；朦胧的； In the dreamlike place, we didn't want to go back. 在这个梦一般的地方，我们真不想回去。**dreamy**: adj.不切实际的；梦幻般的；轻柔的；恍惚的； Paul was dreamy and not very practical.保罗喜欢幻想，不太讲究实际。**dreamscape**: n. 梦幻景象，幻景；**undreamed**: adj. 梦想不到的；意外的；未曾想到的； Grace undreamed is grace forgone.梦不见的优雅就是被放弃的优雅。

(4) **cocktail**: n.鸡尾酒；混合物；杂锦冷盘； adj.鸡尾酒的； v.<美>喝鸡尾酒； This cocktail is so refreshing.这款鸡尾酒很提神。**cocky**: adj. 自大的；骄傲的；过于自信的； I don't like our monitor; he's far too cocky. 我不喜欢我们班长，他太自大了。**cockscorn**: n. 鸡冠；鸡冠花；鸡冠帽； My beautiful cockscorn. 美丽的冠子。**cockfight**: n. 斗鸡； Gamblers gather for a cockfight. 一群赌徒聚在一起斗鸡。**cockcrow**: n. 黎明；鸡叫，公鸡的啼叫； The mother is in the habit of wake her children up at cockcrow .这位母亲习惯黎明时叫醒她的孩子。**cockeyed**: adj. 斗鸡眼的；歪的；荒唐的 But he has to be cockeyed. 可他一定是斗鸡眼。

(5) **biter**: n. 咬人的动物；骗子； The biter is sometimes bit.骗子有时反被骗。**frostbite**: n. 冻伤，冻疮； v. 冻伤，遭受霜冻； adj. 冬季帆船比赛的； What is frostbite?什么是冻伤？**biting**: adj. 刺痛的；辛辣的；刺骨的 v. 咬；抓住；刺进；欺骗（bite 的 ing 形式） The cold wind was biting my face.寒冷的风刮得我脸上刺痛。**fleabite**: n. 蚤咬；小麻烦；轻微的损伤； The fleabite on his leg was driving him crazy.他腿上的跳蚤咬伤让他很烦恼。**backbite**: vi. 背后中伤 vt. 背后诽谤 n. 背后诽谤 I can't stand it when people backbite. 我无法容忍别人背后诽谤。

(6) **seaquake**: n. 海啸；海底地震； We all think it necessary to know something about the seaquake. 我们都认为了解一些海啸。**seasick**: adj. 晕船的； I get seasick.我晕船。**seaside**: n. 海边；海滨 adj. 海边的；海滨的； It's a good seaside city.那是一个美丽的海滨城市。**seawater**

: n. 海水; Seawater is corrosive.因为海水是腐蚀性的。seaway: n.海上航道; 船只在海上航行; 波涛汹涌的海面; Why is the St. Lawrence Seaway important to Canada?为何圣罗伦斯海路对加拿大那么重要? oversea: adj. 外国的; 在海外的; adv. 国外; 向国外, 向海外; Have you any relatives oversea?你在国外有亲戚吗?

(7) 恭喜发财! May you make a fortune 金玉满堂:Treasures fill the home 心想事成:May all your wishes come true 吉祥如意:Everything goes well 岁岁平安:Peace all year around 家和万事兴:Harmony brings wealth

(8) take your time 你不着急, 慢慢来。I'll let you get on. I won't keep you. I'll leave you to it 你先忙

(9) Never reply when you are angry 永远不要在生气的时候回复别人 Never make a promise when you are happy 永远不要在开心的时候许下诺言 Never make a decision when you are sad 永远不要在伤心的时候做决定

(10) Moments of Happiness 幸福时刻 I'm happiest when I play with my friends.和朋友们一起玩耍时我最幸福。We have fun playing soccer, games, and there's always laughter.我们一起踢足球、玩游戏, 总是充满笑声。Being with friends brings me joy.和朋友们在一起让我快乐。We support each other, share happiness,and create wonderful memories.我们互相支持, 分享幸福, 创造美好的回忆。

(11) Learn from yesterday, live for today, hope for tomorrow.借鉴昨天, 活在今天, 憧憬明天。

(12) Life is great 生活很美好 so remember to smile 要记得微笑 It's hard to please everyone 你很难取悦每个人 so keep delightful for yourself 所以, 不如先取悦自己

(13) May all your wishes come true . Hope everything goes your way . Wish you lots of luck in the year of dragon . Happy Chinese New Year!祝您梦想成真, 万事顺意, 好运连连, 春节快乐!

(14) 不要成为你过往的囚徒, 它只是一节课, 不是无期徒刑。Never be a prisoner of your past. It was just a lesson, not a life sentence.

(15) long adj.长的 oblong adj.长方形的 belong v.属于 prolong v.延长 lifelong adj.终身的 headlong adj.草率的 yearlong adj.整年的

(16) Look , I'm really sorry if I gave you the wrong impression .听着我很抱歉要是我给了你错误的印象 I'm not interested in dating anyone 我不想和任何人约会 I'm busy with work and raising myself 我要忙工作好好生活 and I just have no room in my life for the kind of relationship that you want .我生活里没有空间留给你想要的那种亲密关系 and I really hope that you find what you' re looking for .我真心希望你能找到你想要的 goodbye now.再见

(17) Things turn out best for the people who make the best of the way things turn out.充分利用既有结果的人, 就会获得最佳结果。

(18) I wish you Smooth Sailing 一帆风顺 Double Happiness 双喜临门 Three Rams Spring Bliss 三阳开泰 Four Seasons of Peace 四季平安 Bumper Harvest 五谷丰登 Great Smoothly 六六大顺 Seven Stars Shine Bright 七星高照 Wealth from All Directions 八方来财 All Things Unite 九九归一

(19) In fact , you can never guess 其实你永远猜不到 at which intersection life will suddenly give you a barrier 生活会在哪个路口突然给你一个坎 The rest of life is long , why panic 余生很长, 何必慌乱 taste every bite of bitterness 苦要一点一点尝 There is no road in life that goes for nothing 人生没有白走的路 and every step you take counts 你走的每步都算数

(20) New Year, accept the true self 新的一年, 接受真实的自己 not inferior, not proud 不自卑, 不骄傲 Work hard, live seriously 努力工作, 认真生活 Love what I love, no

regrets 爱我所爱，无怨无悔

(21) 除夕 Chinese New Year's Eve 初一 the beginning of Chinese New Year 敬酒 propose a toast 发红包 hand out red envelopes 压岁钱 lucky money/red envelope 吃年夜饭 take/have New Year's Eve Dinner 看春节晚会 Watch Spring Festival Gala on TV 拜年 give spring festival greetings 饺子 dumpling 团圆饭 family reunion dinner

(22) The world is full of people, and I'm very happy to have met them, how dare I ask for too much. We are all passers-by in each other's lives, and it's lucky to know one another. People only have a lifetime, do not have to care about the little things, do what you want to do, love what you can love, learn to make the complex days simple and warm. 人海茫茫，能相遇已足够欢喜，怎敢要求太多。我们不过都是彼此生命中的过客，能相识一场，已经是幸运。人就一辈子，不必过分苛求什么，做你要做的，爱你能爱的，学会把繁杂的日子过得简单而有温度。

(23) bite the hand that feeds “恩将仇报、忘恩负义”用来描述某人对曾经帮助过他的人或组织作出不友善的举动 you are unwise to bite the hand that feeds you 恩将仇报是不明智的

(24) 理发 haircut 扫尘 spring cleaning 守岁 stay up 春晚 Spring Festival Gala 年兽 Year monster 压岁钱 gift money 拜年 pay a New Year's call

(25) Don't sugarcoat it 别说的那么好听.在日常对话中，用在要求别人讲实话，不要包装或者掩饰事实的真相。

(26) Did you have a good time?你玩得开心吗?I have moved on.我已经放下了。I don't know what came over me.我不知道我哪根筋不对了。It's not a big deal.没什么大不了的。You're my hero.你是我的英雄。It's not rocket science.这并非难事。

(27) Catch as catch can.竭尽全力。Seeing is believing.眼见为实。The ship has sailed.木已成舟。Close but no cigar.功亏一篑。No man is content.人心不足。

(28) Hardships often prepare ordinary people for an extraordinary destiny.Embrace challenges, for they are the keys to unlocking your true potential.困难常常为普通人准备非凡的命运。拥抱挑战，因为它们开启你真正潜力的钥匙。

(29) 你竟敢在我面前放屁 how dare you break wing before me

(30) The swan song 河满子张 祜 Home sick a thousands miles away, Shut in deep palace twenty years. Singing the dying swan's sweet lay, O,how can she hold back her tears.故国三千里，深宫二十年。一声河满子，双泪落君前。

(31) Keep me in the dark 让我蒙在鼓里 Pour my heart out 吐露心声 Get the picture?明白了吗?You leave me no choice?你让我别无选择

(32) There are too many enviable things in this world , only those that are suitable for you are the most beautiful and worth cherishing .这世上令人羡慕的东西太多，唯有适合你的才最美，才值得去珍惜。

(33) 这肉太老了。This meat is too tough.我到肉店里买些肉，就给你做。 I'll buy some meat from the butcher's and cook it for you.我是吃素的。I am a vegetarian.你准备要给肉里加什么佐料? What spices are you going to add to the meat?羊排非常好吃。Mutton chops taste so good.

(34) I could sit there for hours, just looking out at the world. Sunsets were amazing. Some days they'd be purple and pink, some days they'd be a blazing orange, setting fire to clouds across the horizon.我在那里一坐就是好几个小时，只是向外眺望这个世界。夕阳真的美极了。整个天空，有时是粉紫色的，有时是烈焰般的橙色余晖，在地平线上点燃起一朵朵火烧云。

2024年2月10日

(1) Best wishes for the New Year 恭贺新年 Good luck in the year ahead! 祝您吉星高照
Wishing you the best of luck in the New Year 新年行大运 May good fortune come your way in
the New Year 恭喜发财 Wishing you and yours a happy New Year 万事如意，阖家欢乐

(2) 别啰嗦了 Get off my back 好吧，能不能少啰嗦一点 okay look why don't you get off my
back a little bit

(3) Are you sure you wanna do this? 你确定要这么做吗?

(4) have chemistry 来电，心有灵犀，两情相悦，有感觉，有默契 we don't have a lot of
chemistry 我们不怎么来电

(5) At this very moment, 此时此刻， possessor 所有人 I wish you a happy New Year, 都祝愿你
新年快乐， I wish you all the mountains and rivers, 我祝你历遍山河， Still feel the world worth
仍觉人间值得 although 尽管是 A life polished by years, 被岁月打磨过的生活， Still around 依
旧在 New Year's Eve night out bright sparks 除夕的夜晚开出璀璨的礼花

(6) Hang out 消磨时间，闲逛 Hit the sack 睡觉 Apples and oranges 两码事儿 You suck! 粗
鲁的俚语表达，你太弱了 Kiss Sb's ass. 拍马屁

(7) Give me a hint 给我提示一下

(8) It's genuine, you bet. 是真品，绝对没有问题。

(9) If you are strong and talented, you don't need to tell everyone about it, just work hard in
silence and let success make the noise. 如果你足够强大有才能，你不需要告诉所有人，在沉默
中努力，让成功自己发声。

(10) Reunion dinner 年夜饭 Steamed Fish 清蒸鱼 Braised Pork Balls in Gravy 四喜丸子
Braised Prawns 油焖大虾 Chinese Sausage 腊肠 New Year's Rice Cake 年糕 Steamed Sponge
Cake 发糕 Chinese Rice Pudding 八宝饭 Dumplings 饺子 Rice ball 汤圆 spring roll 春卷

(11) If you are not willing to risk the usual you will have to settle for the ordinary. 如果不敢冒
险,你就只能沦于平凡。

(12) The process of life is to maintain an ordinary state of mind, which is indifferent to fame
and wealth, and it is not afraid of failure. If you live an indifferent and simple life, you will be
happier. Life is warm and comfortable, and nothing else is needed. 生活的过程就是保持一种平
常的心态，淡泊名利，无惧失败。如果你过着淡漠而简单的生活，你会更快乐。生活温暖舒
心，其他别无所求。

(13) 龙不再翻译为 dragon 而是 loong

(14) The spring Festival is coming soon! 春节 马上就要到了! The festival is considered the most
春节 被认为是 important one for Chinese people. 最重要的节日。对中国人来说。 It is on the
first day of lunar year. 这是第一天农历年的。 It is also the day of reunion among 这也。的日子 团
聚 family members. During these days, 家庭成员。在这些日子里， people would say "happy new
year" or "人们会说“祝大家新年快乐! wish you make fortune" to each 或是祝你财源广进! 对彼
此 other. They would also visit 他们 也会 拜访 他们的亲戚 their relatives and friends. 和朋
友们。 Children would be given "red 孩子们会得到 packets". Children would “红包”。孩子们会有
更多的吃的 have more to eat and play 和玩的 比平时。 than usual. Playing firecrackers is also a
popular game for children. 放鞭炮 也是喜爱的游戏 对孩子们来说

(15) He is a Monday-morning quarterback. 他是事后诸葛亮。 He has the benefit of hindsight.
他有事后诸葛亮的优势。 He's good at pointing out mistakes after the fact. 他擅长在事情发生后
指出错误。 He's a hindsight genius. 他是个事后聪明的人。 He always knows what should have
been done after it's too late. 他总是在为时已晚之后知道应该怎么做。

(16) No matter when you start, the important thing is not to stop after you start. No matter

when you end, the important thing is not to regret after the end. If there is a miracle in the world, it is just another name of effort. 无论你从什么时候开始，重要的是开始后就不要停止。无论你从什么时候结束，重要的是结束后就不要悔恨。如果这世界真有奇迹，那只是努力的另一个名字。

(17) Enough is enough 适可而止 Just one second 稍等一下 Just a hunch 只是直觉 I don't buy it 信你个鬼，我不信，不同意

(18) I'm gonna take a nap 我要睡一觉

(19) 法律 law 合法的 lawful 非法的 lawless 律师 lawyer 诉讼 lawsuit 法庭 law court 歹徒 outlaw

(20) add insult to injury. 雪上加霜

(21) **godly**: adj. 神圣的；对神敬虔的；高尚的；They saw perfection as a godly quality. 他们将完美视为一种神圣的品质。**godsend**: n. 天赐之物，意外获得的幸运；That check was a real godsend. 那张支票真是天赐之物。**godlike**: adj. 上帝般的；似神的；庄严的；如神的；They were godlike in their wisdom and compassion. 他们有上帝般的智慧和同情心。**godfather**: n. 教父；vt. 做...教父 The Godfather of gaming! 游戏界的教父！**godmother**: n. 教母，提供帮助之人 v. 做...教母；Your fairy godmother? 你传说中的教母？**demigod**: n. 受崇拜的人，英雄人物；半神半人；小神；What is he, then? Does that make him a demigod? 那他是什么？算半神半人吗？**goddess**: n. 女神；被尊崇的女子；He adored her as a goddess. 他把她当作女神崇拜。

(22) shake a leg. 抓紧時間

(23) **firefly**: n. 萤火虫；Fireflies glow in the darkness. 萤火虫在黑暗中发光。**dragonfly**: n. [昆] 蜻蜓；A dragonfly flew over the field. 一只蜻蜓飞过了田野。**butterfly**: n. 蝴蝶；蝶泳；举止轻浮的人；v. 切开摊平；He netted a lot of butterflies. 他网了许多蝴蝶。**housefly**: n. [昆] 家蝇；The head of a housefly is round. 苍蝇的头部是圆的。**flycatcher**: n. 捕蝇器；捕蝇草；霸鹟科；THIS simple flycatcher can help us to catch flies. 这个简单的捕蝇器可以帮助你捉苍蝇。**flyer**: n. 传单；飞鸟；飞行物；飞跳；孤注一掷；An unknown flyer flew through the sky. 一个不明飞行物飞过了天空。

(24) cover to cover 从头到尾

2024年2月11日

(1) go bananas 勃然大怒

(2) Luck comes to those who hustle 努力者有福

(3) Let me get this straight 让我捋一捋

(4) Don't worry about the vague future 不为模糊不清的未来担忧 Just strive for the clear present 只为清清楚楚的现在努力 Take control of your own life 将命运掌握在自己手里

(5) What's your poison 你想喝什么

(6) Fireworks go up and shine on the earth, 烟火起，照人间，Raise your glass to this year. 举杯，敬此年。May our New Year, 愿我们新的一年，Interesting, hopeful, promising, 有趣，有盼，有希望，No pain, no regret, no disaster. 无痛，无悔，无灾难。Happy New Year's Eve! Happy New Year! 除夕快乐！新年快乐！Blessed for another year. 福气满满又一年。

(7) 剪纸 Chinese paper cutting 刺绣 embroidery 京剧 Beijing Opera 围棋 go 武术 Chinese Martial Arts 瓷器 china 茶道 tea ceremony

(8) Happy Chinese New Year, the Year of the Dragon! 春节快乐，龙年大吉！As the year of the

dragon approaches, I would like to extend my warmest greetings and best wishes for a prosperous and healthy new year.随着龙年的到来,我想向你们致以最热烈的问候和最美好的祝愿,祝你们新的一年繁荣昌盛、身体健康。

(9) A true friend is a lifelong scenery, not physically present but residing in the depths of our hearts. We may lead separate lives, but we still care for each other. In life, let us not focus on who we have lost but cherish those who remain by our side until the end.好朋友是一生的风景,不在身边却在心间,各自随意,彼此在意。生命中不要在乎失去了谁,而是去珍惜最后剩下了谁。

(10) 你要喝汤吗?Do you want some soup?我不想吃了。I don't feel like eating anything.我在附近一家快餐店吃过午饭了。I've had my lunch in a snack bar nearby.我吃了一个汉堡,一个炸鸡腿。I had a hamburger and a fried chicken leg.

(11) have to let go.不得不放手 You can be mad as a mad dog at the way things went.不顺心的时候 你可以像疯狗那样发狂

(12) he got nothing on you: 他比你差远了

(13) Reunion Dinner 团年饭 Family gathering 家庭团聚 Feast 盛宴 Homecoming 归家 We always have a big feast for our reunion dinner on New Year's Eve, with all the family members coming back home.在除夕之夜,我们总是会有一个盛大的团年饭,所有的家庭成员都会回家。Hey, Jack, do you have any plans for New Year's Eve?嘿,杰克,除夕那天你有什么计划吗?Yes, I'm heading back home for the reunion dinner with my family. It's a tradition we never miss.有的,我要回家与家人一起吃团年饭。这是我们从不错过的传统。That sounds wonderful! What do you usually have for the dinner?听起来真棒!你们通常会吃些什么?We have a variety of dishes, but dumplings and fish are a must symbolizing prosperity and abundance for the coming year.我们会准备各种各样的菜,但饺子和鱼是必不可少的,象征着来年的繁荣和丰盛。I love the meaning behind the dishes. It's great to have such meaningful traditions.我喜欢这些菜肴背后的含义。拥有这样有意义的传统真是太好了。Absolutely. It's more about the family coming together than the food itself.绝对的。这更多的是关于家人的团聚,而不仅仅是食物本身。I hope you have a great time with your family!希望你和你的家人度过一个愉快的时光!Thank you, Alice! Wishing you a happy New Year too!谢谢你,艾丽丝!也祝你新年快乐!

(14) I don't know what came over me.我不知道中了什麼邪。

(15) Later on, I realized that 后来我才知道 Having a bright future means goodbye 前程似锦是告别的意思 After this farewell 此去一别 I'm afraid it's unlikely to see you again 怕是很难相见 So I wish you a bright future 那我便祝你前程似锦

(16) we will come up with something fresh 我们要创造些新的东西想办法

(17) Thanks for the pep talk 谢谢你的鼓励 Icing on the cake 锦上添花 Bright future 前程似锦 Cut me some slack 给我点面子

(18) turn me on[网络]能撩拨我;让我倾倒,让我神魂颠倒,点燃我的激情使某人变得兴奋,欲火焚烧 really turn me on 真的让我兴奋

(19) Spring Festival is a time for family reunion.春节是家庭团聚的时刻。On this special day.在这个特殊的日子里, We gather to eat.我们聚在一起吃 watch the Spring Festival Gala.观看春节晚会, share stories.分享故事。These wonderful moments make us feel happy and satisfied.这些美好的时刻让我们感到快乐和满足。The company of family is really the most precious gift.家人的陪伴真的是最珍贵的礼物。

(20) Out with the old; In with the new.辞旧迎新。The Year the Rabbit is coming to an

end.兔年即将结束。

(21) The only limit to our realization of tomorrow is our doubts of today. Conquer your fears, and you conquer the world.实现明天梦想的唯一限制是我们对今天的疑虑。克服你的恐惧,你就能征服世界。Success is not final, failure is not fatal: It is the courage to continue that counts.成功不是终点,失败也不是致命的:重要的是继续前进的勇气。

(22) You're in for a treat 你会喜欢的。你有口福了。你摊上好事了

(23) 春联:Spring Festival couplets 上联: the right scroll 下联: the left scroll 横批: the top scroll 中国结:Chinese knot 贴“倒”福: paste the Chinese character "Fu" upside down 辞旧岁: bid farewell to the old year

(24) Union is strength.团结就是力量。 In doing we learn.在实践中学习。Bring home the bacon.养家糊口。 Let sleeping dogs lie.勿无事生非

(25) Here goes 我要说了

(26) New Year, like a beautiful fairy,新年,宛如一位美丽的仙女, When night falls,夜幕降临时, She was wearing a gorgeous dress,她穿着一袭绚烂的礼服, With white wings,携着洁白的翅膀, Just float in.飘然而至。She held a magic wand in her hand,她手中握着一支神奇的魔杖, With a flick,轻轻一挥, The cold winter suddenly receded,寒冷的冬天瞬间退去, Everything comes back to life.万物恢复勃勃生机。

(27) When bells ring and fireworks explode,当钟声响起,烟花绽放, I am sure that hope will be with us,我确信,希望将伴随着我们, Walk through each new sunrise and dusk.走过每一个新的日出和黄昏。 Let us in this New Year,让我们在这个新的一年, Fly the dream,放飞梦想, Sail the sea of success.航向成功的大海。 May the footsteps of the New Year come 愿新年的脚步 Bring us endless joy and harvest,带给我们无尽的喜悦与收获, May our story,愿我们的故事, Continue to bloom in the New Year chapter!在新年的篇章中继续绽放!

(28) Good Luck and Prosperity in the Year of the Dragon 龙年大吉 Wish You a Bright Future 前程似锦 Wish You Smooth Sailing 万事如意 Wish You a Good Health 身体健康 Wish Your Family Happiness 阖家欢乐

(29) Years fly by, but the heart stays in the same place.时光飞逝,但我心依旧。

(30) You'll never be brave if you don't get hurt 如果没有受伤 你就永远不会勇敢 You'll never learn if you don't make mistakes 如果你不犯错 你就永远学不会 You'll never be successful if you don't encounter failure 如果你不遇到失败你就永远不会成功

2024年2月12日

(1) Dog days 三伏天 Dog-leg 急转弯 Dog's dinner 一团乱 Running-dog 走狗

(2) spare one's feelings 照顾某人的感受 I was trying to spare your feelings 我只是想照顾你的感受

(3) Hey guys . Please remember. We don't live to love or be loved ,we live to do what we like . Love is one not the only one .朋友们请记住,人不是为了爱与被爱而活,而是为了自己热爱的事而活,爱是之一,而非唯一。

(4) I can't follow you 我不懂你在说什么 It's going too far 太离谱了 The answer is zero 白忙活了 I'll be right there.我马上就到 Knowledge is power.知识就是力量。

(5) It's every human being's right to know love.每个人都有爱的权利

(6) I'll catch up with you later 我们待会见

(7) service 服务 Arrangement 安排 Accompany 陪伴 Show 指引 make a

visit 参观 Chinese-speaking guide 中文导游 tour description 导游解说 introduction 介绍 commentary 解说词 bilingual 双语的

(8) If everything goes well in life 如果事事都如意 then it is not real life 那就不叫生活了 Let go of all bad things before you fall asleep 睡前原谅一切 And never look back when you wake up 醒来不问过往 Cherish everyone that you encounter 珍惜所有的不期而遇 And don't let it bother you if someone leaves without saying goodbye 看淡所有的不辞而别

(9) Let's get changed. 让我们来换衣服吧。 Can you get dressed by yourself? 你可以自己穿衣服吗? Fold your sleeves. 把袖子摺起来。 Let's zip up your pants. 拉上裤子的拉链。 Let's button your shirt. 扣好你的衬衫钮扣。 Do I look good, Mom? 妈, 我看起来好看吗?

(10) The New Year is a wonderful beginning, 新春, 是一个美好的开始, And a hopeful starting point. 也是一个蓄满希望的起点。 It is like a fragrant fairy, 它如同一位散发着芬芳的仙子, Touching the heart of every man, 轻轻地触碰每一个人的心灵, Awaken long-dormant dreams and passions. 唤醒沉睡已久的梦想和激情。 In this particular season, 在这个特殊的季节里, We face new opportunities and challenges, 我们迎来了新的机遇和挑战, Let us be like nature, 让我们像大自然一样, Embrace the New Year! 拥抱新春!

(11) Has something bothering you recently? 最近你有什么烦心事吗? What's bothering you recently? 最近你有什么烦心事吗? Sorry to bother you. 不好意思麻烦你了

(12) It is during our darkest moments that we must focus to see the light. 正是在最黑暗的时候, 我们必须聚焦在光亮之处。

(13) Talent is cheaper than table salt. What separates the talented individual from the successful one is a lot of hard work. 才华比餐桌调味盐还便宜, 区别有才华者与成功者的是许多的努力。

(14) I'm (pretty) beat 我累死了; 我筋疲力尽

(15) This kid should not be allowed to do what he did. 这个孩子不应该被允许做他所做的事。

(16) Life is like a box of chocolates. You never know what you're going to get. 人生就像一盒巧克力, 你永远不知道下一块是什么味道。

(17) I couldn't agree more. 我非常赞同

(18) **ancestor** n 祖先, 祖宗: My ancestors were French. 我的祖先是法国人. When our ancestors were hunters and gatherers 10,000 years ago, they didn't have time to wonder much about anything besides finding food. 一万年以前, 当我们的祖先还靠打猎和采集为生时, 他们没有时间考虑寻找食物以外的其他事情。

(19) Are you out of your mind? 你疯了吗? Get out of my face. 离我远点。 I didn't expect to see you here. 我没想到会在这里遇到你。 No need to apologize. 用不着道歉。 I couldn't care less. 我一点儿也不在乎。 This is your lucky day. 今天是你的幸运日。

(20) We were born under the red flag and grew up in the spring breeze, Our people have faith and our country has power. Eyes on everywhere we can see is China. The five stars on red flag shine for faith. I love China! 我们生在红旗下, 长在春风里, 人民有信仰, 国家有力量, 目光所致皆为华夏, 五星闪耀皆为信仰, 我爱你中国

(21) cherry 樱桃 chef 厨师 cheek 面颊 cherish 珍爱 chase 追赶 chagrin 失望 chapter 篇章 chew 咀嚼

(22) I'm so sorry to bother you at work, 我很抱歉打扰了你的工作

(23) I have a quick question 我有个小问题

(24) tricks 是指计谋、戏法等意思, how is tricks 用来打招呼, 问一些特殊行业的人生意如何。后来也逐渐被普遍用作问候语, 问近来可好

2024年2月13日

(1) The crackle of firecrackers, 霹雳啪啦的炮竹声, Reverberate in every corner of the city. 响彻在城市的每个角落。 People are like a walking note, 人们仿佛是一支行走的音符, In the streets formed a cheerful music. 在大街小巷组成了欢快的乐章。 The children play, 孩子们打闹嬉戏, Some play football, 有的踢起足球, Some chase hide and seek; 有的追逐捉迷藏; The elders gather together, 长辈们则聚在一起, Talking and laughing, 谈笑风生, The morning sun spread over the earth, 初阳洒遍大地, All things rise again, 万物复苏, People's faces were full of joy 人们的脸上写满了欢乐

(2) Don't be cheap 不要小气 No hard feelings 不要生气 Peace yourself 悠着点喝 Don't put this on me 别怪我头上

(3) Chinese New Year 春节 New Year's Eve 除夕 lantern 灯笼 Happy New Year! 新年快 parade 舞龙游行 dragon 龙 dumpling 饺子 lucky money 压岁钱 firework 烟花 firecracker 鞭炮 couplets 对联 Spring Festival Gala 春晚

(4) It's now or never. 机不可失, 时不再来。 My way or the high way. 要么听我的, 要么走人。 Old habits die hard. 江山易改, 本性难移。 Without further ado. 废话少说, 言归正传。 You never know. 不好说。

(5) you have nothing to fear 你无所畏惧

(6) 回娘家 visit the maternal family 祭财神 worship the God of Wealth 吃开年饭 opening New Year's Eve dinner

(7) I'm on the clock 我在上班 I'm on a clock 我赶时间

(8) Don't worry about the vague future 不为模糊不清的未来担忧 Just strive for the clear present 只为清清楚楚的现在努力 Take control of your own life 将命运掌握在自己手里

(9) Sometimes there is no next time 有时候没有下一次 no second chance 没有第二次机会 no time-out 没有暂停键 now or never 机不可失, 失不再来 Things change 事物更替 People leave 聚散别离 But time doesn't stop for anyone 但时间不会为任何人停留

(10) It's due today. 今天到期了

(11) Take it easy. 别紧张。 You can't miss it. 你一定能找到的。 No doubt about it. 毫无疑问。 Don't let me down. 别让我失望。 Think it over. 仔细考虑一下。

(12) Humans are born good. 人之初, 性本善 Man proposes; God disposes 谋事在人, 成事在天 Treasures fill the home. 金玉满堂 Where there is life, there is hope. 留得青山在, 不怕没柴烧。

(13) Small world 好巧

(14) Fortune favors fools. 傻人有傻福。 Bad news travels fast. 坏事传千里。 Every day is not Sunday. 好景不长。 Every dog has his day. 风水轮流转。

(15) Start 开始 Start now 就从此刻开始 Start where you are 从你现在的位置开始 Start with what you have 从你拥有的开始 Start with what you already know 就从你知道的开始 Start and make mistakes 就算犯错也没关系 Start small 从小事做起 Start now 就从此刻开始 Just start 开始吧

(16) 春节 Chinese New Year 新年祝福 Well wishing 平安 Safety year for year 健康 Enjoy good health 好运 Lucky connections 发财 Wishing you prosperity

(17) 擦, 搓, 摩擦 rub 整理, 使整齐 tidy 打扫, 清理 clean 用拖把擦干净, 用抹布擦干净 mop 洗 wash 夹住, 修剪 clip

(18) Chinese knot 中国结 Red lantern 红灯笼 Lucky money 压岁钱 God of

Wealth 财神爷 Candy box 糖果盒

(19) Fate is just a boring self comfort for losers 命运，不过是失败者无聊的自慰

(20) Hunger is the best sauce. 饥不择食。Turn up like a bad penny. 阴魂不散。Forewarned is forearmed. 有备无患。Habit is second nature. 习惯成自然。

(21) Fuss 计较 Petty 过于关注小事 Picky 挑剔的 Overparticular 过分讲究的 He tends to fuss over small expenses , often arguing about minor costs .他总是对小额支出斤斤计较，常常为一些小成本争论不休。I can't believe you're still talking about that minor mistake in the report .我不敢相信你还在纠结报告中的那个小错误。Well , I just think it ' s important to get everything right .我只是觉得把每件事都做对很重要。Sometimes you can be a bit too petty . It ' s a small issue .有时候你真的有点太计较了。这只是个小问题。Maybe you ' re right . I should focus on the big picture .也许你说得对。我应该关注大局。Exactly ! Don ' t sweat the small stuff .没错！别为小事烦恼。

(22) **assist**: n. 帮助；助攻 vi. 参加；出席 vt. 帮助；促进； We'll do all we can to assist you. 我们要尽量帮助你。 **consist**: vi. 由...组成；在于；符合； Air consists chiefly of nitrogen. 空气主要由氮气组成。 **persist**: vi. 持续，固执；存留，坚持； vt. 坚持说，反复说； The pain persisted all night. 疼痛持续了一整夜。 **persist**: 表示持续不断地坚持某种观点或行为。 **insist**: v. 坚称；强调；坚决要求，执意坚持； He insisted he was innocent. 他坚持说他是无辜的。 **insist**: 用于表示强烈的主张或要求。不屈服于其他人的意见或压力。 **subsist**: vi. 存在；维持生活； vt. 供养； She subsists on selling cigarettes. 她靠卖香烟维持生计。 **resist**: n. 防腐剂 防蚀涂层 v. 阻挡 抵制 抵抗 反抗 忍住 You should resist this temptation. 您应当抵制这种诱惑。

(23) hit the books, hit the...'是一个常见的表达方式，表示“要去某地方”或者“要做某件事”，所以'hit the books'就是“要去看书”，也就是“用功学习，努力学习，用功读书”的意思。

(24) Start over 从头再来

(25) emerge 浮现 collapse 倒塌 infect 传染 wreck 毁坏 spread 蔓延 claim 声称

(26) **moonlight**: adj. 月夜的；有月光的； n. 月光； v. 兼职，夜袭； He robes himself in moonlight. 他沐浴在月光下。 **Moon cake**: n. 月饼（同 moon cake）； Do you like moon cake? 你喜欢吃月饼吗？ **honeymoon**: vi. 度蜜月； n. 蜜月，初始的热火时期； They're on their honeymoon. 他们正在度蜜月。 **Moon rise**: n. 月出；月出时分；月光； Moon rise is slow and serried with subtleties. 月出是缓缓的，而又充满惊喜的。 **moony**: adj. 恍惚的；月亮似的；发呆的； I miss you , no matter day and night in each moony instant. 想你，好像也没有什么分别，在日里，在夜里，在每一个恍惚德刹那间。 **moonwalk**: n. 月球漫步； vi. 漫步月球； Who wants to do the moonwalk? 有人想月球漫步吗？

(27) Dreams come true, everything smooth. 梦想成真，万事顺利。 Dreams come true 梦想成真。 everything smooth 万事顺利，一切顺畅。 Joy and happiness in the year ahead. 新的一年充满欢乐幸福。 Joy and happiness 欢乐幸福。 in the year ahead 在新的一年里。 New hopes, dreams come true. 新希望，梦想成真。 New hopes 新的希望。 dreams come true 梦想成真。 Smooth sailing, happiness always. 一切顺利，幸福永远。 Smooth sailing 一切顺利。 happiness always 幸福永远。 Full of energy in the new year. 新的一年充满活力。 Full of energy 充满活力。 in the new year 在新的一年里。

(28) **payday**: n. 发薪日；交割日；支付日； It's payday today. 今天是发薪日。 **repay**: v. 付还，偿还；报答，回报；值得付出（时间、努力等）； You can never repay that debt. 我们永远也偿还不了这笔债了。 **overpay**: v. 多付，多给报酬； Here is the money you overpaid. 这是您多付的钱。 **underpay**: vt. 少付...工资；付给...不足额的工资； Teaching as a profession is very

underpaid. 以教书为业工资很少。payer: n. 付款人; 支付者; We don't cooperate with bad payers. 我们不和不良付款人合作。taxpayer: n. 纳税人; What profit does taxpayer have? 纳税人有什么好处?

(29) 天下任你行 The world is your oyster.

2024年2月14日

(1) When you least expect it 在你最不抱期望的时候, 在你最不经意的时候

(2) level 等级, 水平 Level with somebody 表示"直话直说, 说实话"的意思。level with me 他们是在要求对方说出真相或提供信息, 不希望有欺骗或夸大。

(3) I'm losing my mind 我快要疯了 You look like crap 你看起来很糟糕 Come off it 别扯了 I'm messing with you 我逗你玩的

(4) There's no bravery without fear. 心怀畏惧, 方能无畏。

(5) Pick on sb. 找茬 She picks on me. 她老找我茬。

(6) Happy Chinese New Year 新年快乐 Wishing you prosperity and wealth 恭喜发财 Best wishes for the year to come 恭贺新禧 May fortune come to you 五福临门 May everything go as you hope 万事如意 May all your wishes come true 心想事成 Great fortune and favour 大吉大利

(7) Don't know. Don't care 不知道, 也不在乎

(8) This a win-win situation. 这是个双赢的局面 Don't push your luck. 别得寸进尺

(9) Landlord n. 房东 Settle v. 定居 Tenant n. 房客 downtown n. 市中心 Apartment n. 公寓 Suburb n. 郊区 Residence n. 居住 neighborhood n. 街坊

(10) flower n. 花 Sunflower n. 向日葵 Bellflower n. 风铃草 Deflower vt. 摧毁...的花 Flowerpot n. 花盆 Flowerbed n. 花圃 Flowered adj. 多花的 Flowery adj. 用花装饰的 Flowering n. 开花

(11) Keep going. 坚持下去 Put on some music. 放点音乐 Smell some flowers. 闻闻花香 Let me hug you. 让我拥抱你 Get off me. 放开我

(12) give me the runaround 敷衍我 Just don't give me the runaround, ok? 能不能别敷衍我?

(13) turn a blind eye 睁一只眼闭一只眼 We turn a blind eye. 我们视而不见

(14) The rain will stop and the sky will be clear . Nothing will be bad forever . If you are caught in the rain . Please try to be a safe haven for yourself . 雨会停, 天会晴, 没有什么糟糕会永远透顶, 若你身陷雨中, 请努力做好自己的避风港。

(15) Zero update, restart up, 归零更新, 重启向上 Make money, live a good life, 努力赚钱, 好好生活, Flowers all the way! 一路生花! May we have many years to come, 祝我们年复一年, Every year, every year rich! 年赴一年, 年富一年!

(16) 车牌 license plate 车门 door 挡风玻璃 windshield 轮胎 tire 发动机盖 hood 侧视镜 side mirror 前大灯 headlight 后备箱 trunk boot 保险杠 bumper 雨刷 wiper

(17) You should not be too concerned about the gaze of others. 你不要太在意他人的目光 Worldly eyes are always unsatisfactory 世俗的目光总是不尽人意 Just be yourself. 做你自己就好

(18) Burn the midnight oil 熬夜加班、开夜车 Burning the midnight oil even on your last day? 都最后一天了还要熬夜加班吗

(19) On speaking terms. 和好如初

(20) Loving someone who doesn't love you back is like hugging a cactus. The tighter you hold on, the more it hurts. 爱一个不爱你的人就像抱着一颗仙人掌。你抱得越紧, 越受伤。 Save your

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