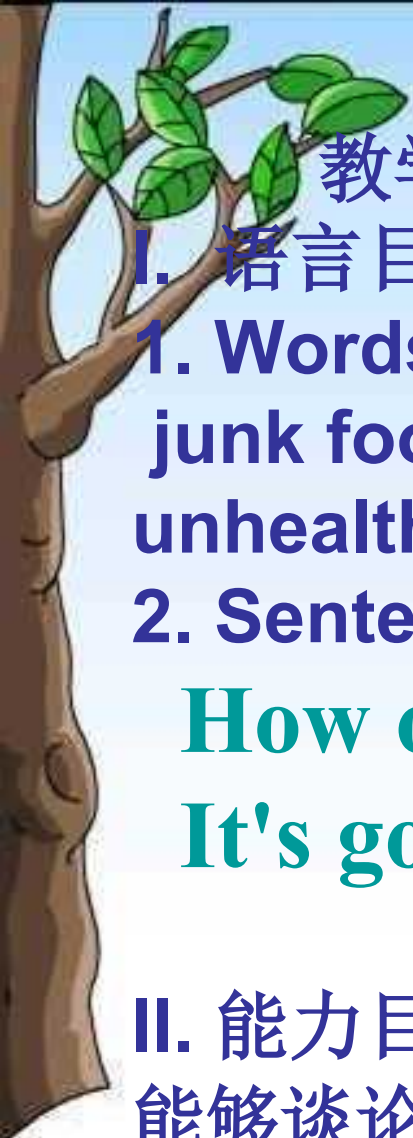




教学目标:

I. 语言目标:

1. Words & phrases:

junk food, fruit, sleep, vegetable, healthy, habit, unhealthy etc.

2. Sentences:

How often do you . . . ?

It's good/bad for . . .

II. 能力目标

能够谈论关于自己 and 他人健康方面的话题并恰当运用频率副词和短语。



Do you know what it is?



milk

How often do you drink milk?
Every day.

Do you know what it is?



vegetables

How often do you eat vegetables?

Every day.

Do you know what it is?



coffee

How often do you **drink coffee**?
Hardly ever.

Do you know what it is?



fruit

How often do you **have fruit**?
Three times a week.

Do you know what it is?



chocolate

How often do you **have chocolate**?
Three times a week.

Do you know what it is?



fruit

How often do you **have fruit**?
Three times a week.

Do you know what it is?



junk food

How often do you have junk food?
Hardly ever.

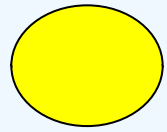
Do you know what she is doing?



She is sleeping.

How many hours (小时) do you sleep every night?

Seven hours.



Match the words with the pictures.

1. b junk food 3. fruit 5. sleep
2. a milk 4. c vegetables 6. coffee



a



b



c



d



e



f

---How oftendoyou drink,LiuFang?

--Idrinkmilkeveryday.

--Do youlike it?

---No.But my motherwants metodrink it. Shesaysit's goodformyhealth.

want sb.todosth.想要某人
人做某事

begood forsth...对.....有好处

begood with-----与.....相处得好

begood at擅长

***2 Listen. Then circle your answer
to each question***

<i>Does Tina have a good habits?</i>	<i>Yes</i>	<i>No</i>	<i>I don't know</i>
<i>Does Bill have a good habits?</i>	<i>Yes</i>	<i>No</i>	<i>I don't know</i>

Questions

2b

- How often do you exercise?
- How often do you eat vegetables?
- How often do you eat fruit?
- How many hours do you sleep every night?
- How often do you drink milk?
- How often do you eat junk food?
- How often do you drink coffee?

Katrina Bill

exercise ^{2b}	<u>everyday</u>	<u>hardly ever</u>
eat vegetables	<u>everyday</u>	<u>sometimes</u>
eat fruit	<u>everyday</u>	<u>never</u>
sleep	<u>nine hours</u>	<u>nine hours</u>
drink milk	<u>everyday</u>	<u>never</u>
eat junk food	<u>2 or 3 times a week</u>	<u>3 or</u> <u>4 times a week</u>
drink coffee	<u>never</u>	<u>4 times a day</u>

2a Rank these activities according to how often you think your classmates do them (1=most often, 6=least often).

watch TV

go to the movies

play computer games

exercise or play sports

use the Internet

go camping in the country

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/796001013025010202>