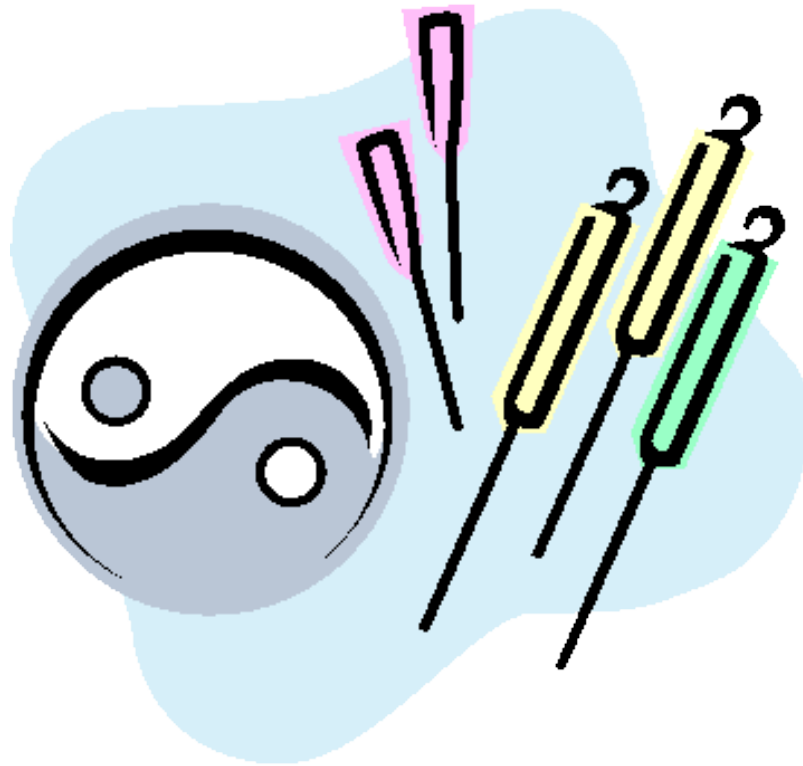


Unit 2 Fit for life



M7 U2 Project

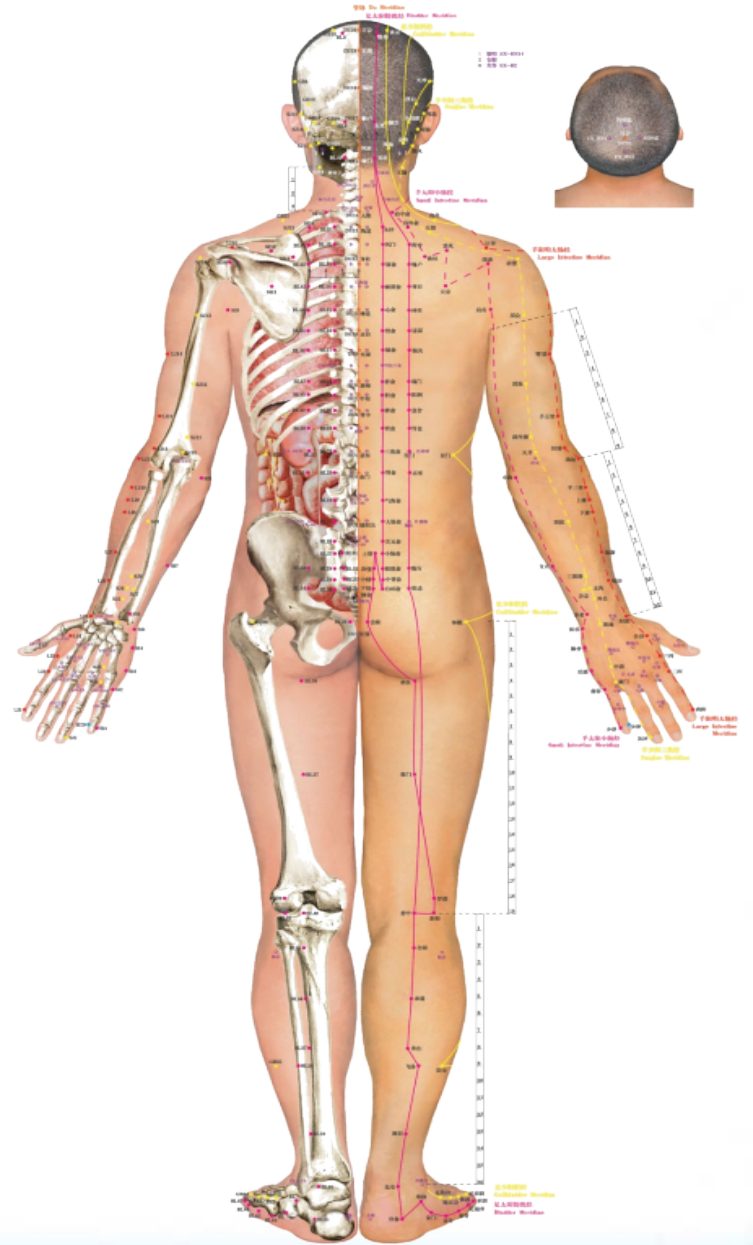
Exploring Chinese medicine



What is happening to this person?

She is receiving an acupuncture treatment





pulse: energy channels

acupuncture

needles

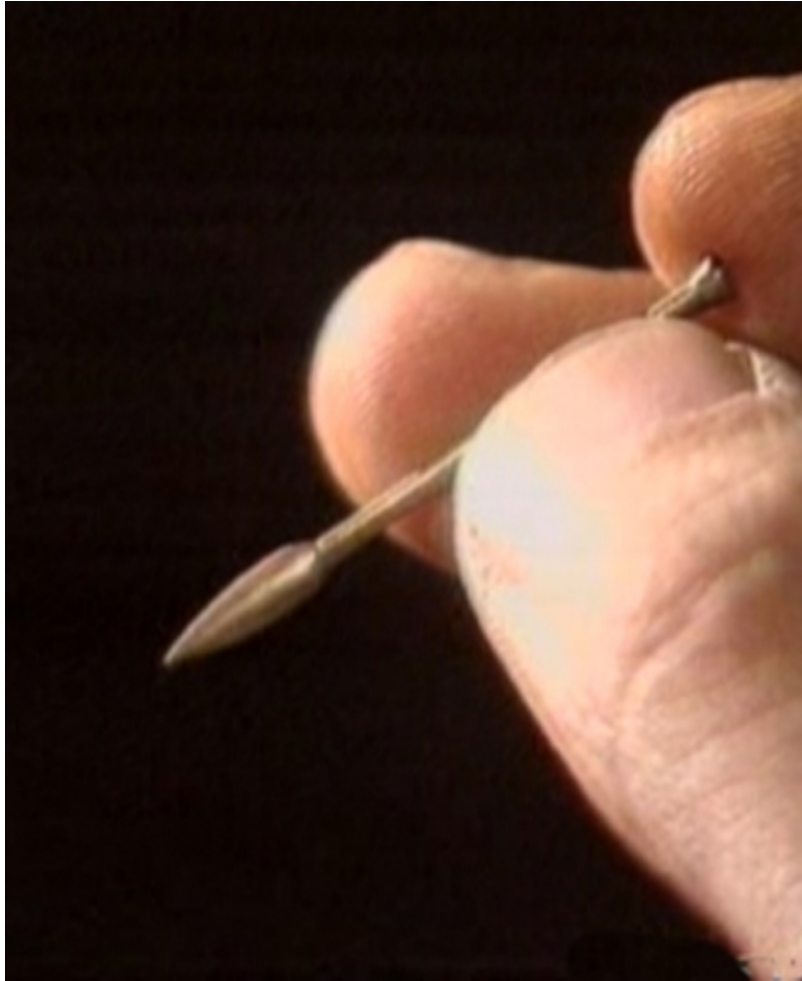
points

What disease?

How?



different kinds of needles
used in the past



arrowhead
needle

镜针

round needle

圆针





a needle that is
not sharp

推针

sword-like needle

剑头针



needles

- Original form: 'bian stones'

- Uses then: making holes on swollen areas of the body

- Development:

stone knives → stone/ pottery needles
→ metal needles

- Uses of 4 different needles:

Uses of different needles

Arrowhead needle	cutting the surface of the skin
Round needle	rubbing
A needle that is not sharp	knocking or pressing
Sword-like needle	letting liquid out of swollen parts

Examination

- ask the patient's medical history and lifestyle
- look at the color of the patient's skin and tongue
- listen to his breathing and check his pulse.

Pulse checking

- number of pulses: 6 on each wrist
- each is connected with a body organ or function of an organ.

Reasons for pulse checking

- help find out which energy channel doesn't have enough energy.



Numbers :

- past- 365
- nowadays- 2000

points

How do acupuncturists do acupuncture treatment?

- insert needles at or near the site of the disease
- select points based on the symptoms that the patient has

• What medical problems can acupuncture treat?

• How does acupuncture reduce and relieve pain?



What medical problems can acupuncture treat?

- bad pains(such as neck and back pains), headaches, injuries, stomach problems and blood pressure problems.
- addictions to cigarettes, drugs, alcohol and food (overeating).

以上内容仅为本文档的试下载部分，为可阅读页数的一半内容。如要下载或阅读全文，请访问：<https://d.book118.com/816055201033010201>